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Writing your own Will may seem cost-effective, but mistakes can be costly - leaving loved ones with stress, disputes, and financial loss.

Even minor errors can have serious consequences. If a Will isn't properly signed or witnessed, it may be invalid, and your estate could be distributed under intestacy rules - possibly excluding those you intended to benefit.

Common DIY mistakes include:

- Invalid witnesses
- Vague wording
- Missing substitute beneficiaries
- Omitted clauses
- Not updating after marriage
- Incorrect signing or dating

DIY Wills can also increase tax liabilities and fail to reflect modern family arrangements, leading to further complications.

A Solicitor ensures your Will is valid, clear, and tailored to your circumstances - protecting your wishes and your family's future.

FREE WILLS REVIEW EVENT:
27 August 2026 from 9.30am

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Sessions: 9.30–12.00 & 2.00–4.30pm

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Grange shed



A great vote of thanks to Grange Now.

Last month we asked for the owner of a repaired cot to come forward as we had lost her phone number and she came forward after reading the piece.

This month we have been working on tables. Here Alan is making a dowel hinge pin for a table we are repairing. Well not really repairing but

raising the height of because it was too low to fit in with the owner's other furniture. Result!

We have also just made and been able to sell a wrought iron and wood table made from other people's cast offs.

There will be no Repair Café in August, the next will be 4th September. But don't worry because you will be able to catch up with us at Classics Over Sands! We will have a stall there and a few cars. Unfortunately, you will not be able to listen to me waxing lyrical about my Citroen as I did last year.

Remember, as ever, we are happy to meet people at the Shed any Monday, Wednesday and Friday mornings 10.00 until 13.00, we don't close for Bank Holidays.

Grange Gardens Trail



The Grange in Bloom Group, part of the Civic Society, organised a Garden Trail around the Highfield Road area of Grange on Sunday June 28th.

We were extremely lucky with the weather, it had rained overnight but stopped by 9 in the morning and it was a pleasantly sunny day, not too hot. 8 gardens kindly opened to the public and refreshments, plants and hand made aprons were available to buy at Hollingarth, Highfield Road. It is always a very enjoyable friendly day, you never know who you might bump into, if a little tiring for those who managed all 8 gardens. The total raised was £1040, many thanks to those who supported us and for their generosity. Thanks also to those who manned the refreshments and plant stall all day and to those who

opened their gardens.

The committee will meet shortly to decide how to use the money to improve the gardens in Grange. The station gardens need very little extra planting and we are very pleased with how they look.

In order for us to make more of an impact on the gardens around Grange we desperately need more volunteers. You don't need to know much about gardening, you just need to offer 2 hours of help on a Tuesday afternoon 2-4pm. Our established gardeners will help show you what to do and give advice. We provide the large tools but it helps if you can bring your own small fork, trowel and secateurs. If not we can provide them. Look forward to seeing a few new faces.

Jan Tomlinson jantom374@gmail.com

A Small Tap, A Big Difference



This summer, there's one more reason to bring your reusable water bottle when you visit Grange over Sands.

PEAT (Peninsula Environmental Action Together) has installed a free public water refill station opposite the Lido building on Grange Prom, thanks to funding from the Sea-Changers Coastal Fountain Fund, and the support of Grange Town Council. At first glance it might seem like a simple addition, but water refill stations are one of the easiest ways communities can reduce plastic waste while helping people stay healthy and hydrated.

Millions of plastic bottles are bought every day, yet many are never recycled. Every refill helps reduce demand for single-use plastic while avoiding the energy needed to manufacture, transport and chill bottled water. If just ten people refill their bottles each day instead of buying bottled water, that's around 3,650 single-use plastic bottles avoided every year. If fifty people use the station each day, the figure rises to more than 18,000 bottles annually.

The refill station also reflects another challenge we're increasingly facing. As the recent heatwaves remind us, access to free drinking water is becoming more

important. Whether you're walking the Prom, cycling, visiting, or simply enjoying the town, you can now refill your bottle quickly and easily. For PEAT, this is about more than installing a drinking fountain. It is part of a wider ambition to encourage practical action that makes sustainable choices easy for residents and visitors alike. Small changes, repeated every day, can have a surprisingly big impact.

The refill station is also part of a growing movement to make towns more welcoming and sustainable. Visitors increasingly expect to be able to refill their bottles rather than buy bottled water, and many actively look for refill points when planning days out. By providing free drinking water, Grange is helping to reduce waste while making it easier for everyone to enjoy our beautiful coastline responsibly.

So next time you're on the Prom, bring your reusable bottle and fill up for free. Together we can reduce plastic waste, stay hydrated, and help keep Grange Prom and beautiful Morecambe Bay clean for future generations. Every refill is one less plastic bottle. Sometimes the smallest actions make the biggest difference. PS We are now trying to get a second one at the station end of the Prom

grange NOW

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Future Deadlines

ISSUE	DEADLINE	RELEASE
GN420	14th Aug	26th Aug
GN421	18th Sep	30th Sep



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Investment Matters

By Will Wilson APFS

The Great Wealth Transfer: Is Your Family Prepared?

Over the coming decades, trillions of pounds are expected to pass from one generation to the next, making effective estate planning increasingly important for many families. While inheritance is often viewed primarily as a financial event, it is also an opportunity to help future generations achieve their goals and protect family wealth. Without careful planning, however, a significant portion of an estate could be lost to taxation or distributed in a way that does not reflect an individual's wishes.

Starting the conversation early can make a substantial difference. Reviewing wills, considering powers of attorney, and understanding available inheritance tax allowances are important steps in ensuring assets are passed on efficiently. Gifting can also play a valuable role. Making use of annual gifting allowances and developing a structured wealth-transfer strategy may help reduce future inheritance tax liabilities while allowing family members to benefit sooner.

Importantly, wealth transfer is not just about money. Discussing family values, financial responsibility, and long-term objectives can help ensure future generations are well prepared to manage the assets they inherit. By taking a proactive approach, families can create a legacy that extends beyond financial wealth, providing security and opportunity for generations to come.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Classics over Sands 9th August



With all the organising committee hoping for lovely weather, we have now closed to new entries as the field is full!

The local scouts will be sorting out visitor parking once again, with Grange Primary School PTA organising refreshments. This year we are joined by the local Young Farmers, who will be helping with the set-up of the day (and the "tear down"). A big thank you, in advance, to all our local volunteers assisting with gate entries for visitors (which were busier than ever last year) and to our Marshalls, organising the entries and keeping the field

safe.

This year our charities are the local Hospice, St Marys in Ulverston, Prostrate Cancer UK, as well as our local Prostrate Cancer support, who provide local support for those impacted. As usual we will be supporting Cumbria Wildlife trust, who will have representation on the day.

With over 300 amazing vehicles on display, together with some fun Children's activities (we've a Clown joining us in his little car), as well as a couple of local bands to keep everyone entertained, this is a brilliant family day out.

Booths Bus Service Returns

Do you remember the dedicated bus that used to take people to Booths in Ulverston?

Following last year's Travel and Transport project, PEAT (Peninsula Environmental Action Together) has been exploring ways to improve local public transport and encourage people to make fewer journeys by car. In collaboration with Blueworks Buses, we are piloting a weekly shopping bus to see whether there is still demand for this much-valued service.

The service will run every Tuesday, starting on Tuesday 21 July. The bus will leave Cartmel at 10.30am, picking up at Grange Station (10.40am), Kent's Bank Station (10.45am), Allithwaite (10.55am) and Flookburgh (11.05am), before travelling directly to Ulverston, arriving at approximately 11.45am.

Passengers can choose to be dropped off at Booths, County Square or Aldi/M&S (or speak

to the driver on the day if you'd like to move between these stops). The return journey leaves Ulverston at 2.00pm, following the same route home.

If you've been hoping to see this service return, we'd really encourage you to give it a try. The success of the pilot will help determine whether it can continue into the future and whether similar services might be developed for other destinations. Please also spread the word to friends, neighbours and anyone else who might find the service useful.

How does it work?

Please pre-book at least 24 hours in advance (by Monday at the latest) by calling Dale on 07557 851097 or emailing phil@blueworks.uk.com.

Cost: Adult single £3 Child single £2 | NoWcards accepted.

Watch out for more transport announcements next month!

Victoria Hall Bay Search and Rescue (BSAR) Event

An Evening with Gary Parsons – Founder Member and Commanding Officer

15th August 2026. 7.30pm - 9.00pm (doors open 6.45pm)

Bay Search and Rescue (formerly known as Bay Hovercraft Rescue) was formed as a direct result of a near tragedy in Morecambe Bay. A man had been trapped for 10 hours (overnight); his entire body held upright by the deadly grip of the quicksand and with the incoming tide creeping ever closer to his mouth. He was badly hypothermic and his body had virtually shut down. The assembled emergency services managed to loosen the hold of the sands and with only minutes to spare, he was rescued.

This rescue focused the minds of 2 experienced coastguards and in 1999, Bay Search and Rescue was formed. BSAR are a volunteer rescue team and a registered charity (number 1090880); based in Flookburgh. Although BSAR is an independent entity, they do work with all the emergency services. A team can be deployed 24 hours a day, 7 days a week. Since its inception, BSAR has been involved in an average of 50 calls per year. (To date, there have been 25 call-outs in 2026 – all in Morecambe Bay). The rescue

of people, animals and vehicles that have become stuck in the quicksands of Morecambe Bay is what the Team was initially founded for. However, today, due to the development of expertise and skills, BSAR are involved in much more than quicksand rescue. For example, in 2004, they provided assistance to HM Coastguard during the Morecambe Bay 'Cockling Disaster', and in 2009, to Cumbria Fire and Rescue during the Cockermouth floods.

Please come along and support this local charity. Gary's talk will include an exploration of the inception, history and development of BSAR. It will recount numerous and wide-ranging rescues (on the Bay and in wider areas) involving humans, animals, and marine animals. There will be video footage of Quicksand Rescues and incidents where lives have been saved.

A Bar will be available for the purchase of alcohol and soft drinks. Why not try the unique Bay Search and Rescue beer which will be available on the night.

£5 per ticket - details available from Victoria Hall.

There is no age restriction however, due to the content of the talk and descriptions of rescues, parental discretion is advised.

Mayor's Report

It is sad to mark the passing of ex Councillor Mrs. Judith Shapland earlier this month. She dedicated much time to Grange and was involved in many projects, which enhanced our environment.

We must also think of our friend, Ged Jones, who also served Grange well, putting in a sterling shift with both Civic Society and u3a. Ged had been unwell for sometime but continued to contribute till just before he died.

There is good news this month. W&F have arranged with the contractors to provide Grange with a dedicated groundsman, who will spend

four days each week in Grange, two days on grass cutting and two days on general maintenance. Anyone who has visited Park Road Gardens of Cox's Corner will appreciate the difference. Well done to the team at W&F.

At the July Council meeting, Unitary Councillor Tim Bloomer was able to announce that the concrete terraces at the bathing pool site, which have been a worry for some time, have passed their stress tests, which should enable W&F to open the gates in the near future. At long last, a new lease of life for the old pool.

Roger Handley

Table Top Sale

Lower Holker Village Hall are having a Table Top Sale on Sunday 9th August from 9 am to 1 pm with tables costing £5.00. Autumn Craft Fair is on Saturday 24th October from 10 am to 3 pm. Tables are £12.00. Tables for Table

Top/Craft Fair from Rhona on r.barton5353@gmail.com. Tai Chi, Yoga, Aerial Hoops, U3A Badminton and Ukulele, Table Tennis Club, Sewing Class are available. Hall's phone is 015395 58304, Caretaker (Mark) is 07718 473144, Secretary (Rhona) is 07484784854.

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Lido update from Grange town council meeting on 13th July

Westmorland and Furness Councillor Tim Bloomer:

1. Lido Refurbishment –

stress tests on the concrete steps have now been passed and Westmorland and Furness Council are entering the final stages of the project, in preparation for handover to a new tenant.

Grange Now remains hopeful of more information from Westmorland and Furness Council. The reply we received on 22nd June was

The last we said was we hoped work would be complete by the "end of the summer"



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Wimbledon Under 14s

All about the tennis!!!



Rowan Thornborough from Allithwaite village is on his way to Wimbledon to play in the National finals in the Under 14 boy's competition held over a week starting 2nd August and finishing on the 7th in the hallowed turf of Wimbledon.

Winning the county finals at Kendal Tennis Club playing a group of 8

qualifiers for the tournament. Rowan won his rounds, semi final and final against strong opposition.

Rowan is playing tennis at progressive high standard heading mainly southwards every weekend to play any competition available to him.

Rowan has just turned 13 years old in June and is from Cartmel School. Rowan has played at County level for the last 3 years playing for Cumbria Under 11s, 12s and 14s.

Rowan's dedication to training daily has paid off with 12 to 14 hours of tennis every week, plus an additional 5 hour's fitness work for the last three years continually.

Rowan is unbelievably strong minded and determined. The very best people have helped Rowan and the most important person in Rowan's life aside of his parents Michael and Elizabeth is County coach Jon Griffin.

Jon took an average young boy and taught him as well as others in the county squad and at Under 11s Rowan raced into the top 80 in the country within his age group.

Time's have been good and bad, but in his short career Rowan has won 11 tournaments and come runners up in 15

tournaments in less than 3 years.

Travelling far and wide to compete in Liverpool, Manchester, Newcastle, Sunderland, Leeds, Leamington Spa, St Andrews, Chesterfield, Wrexham, Dumfries, Carlisle, Warrington, and countless times to over 30 locations in Cheshire and Lancashire. Rowan has done so well learning the game winning matches in Mens open singles and Under 18s, winning tournaments in Under 16s, 14s, 12s..

Rowan's success has been down to dedication winning the Kendal mens doubles league with Lancaster based team Bowerham Tennis Club has massively helped him grow in confidence. Playing with a team of 4 seniors and himself Rowan has risen and shone with the help of his team mates.

Rowan in 3 years has played also now 400 LTA matches mainly singles. Reaching 26 finals across the age groups on his way and winning 11 of them finals.

Rowan has certainly earned every right to be at Wimbledon, and one thing for sure Rowan won't be going as a token holiday Rowan is off to wear the Cumbria badge proudly and compete with everything he can give..

Well done Rowan go enjoy your special moment and do your thing..


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Last Night of the Proms with Flookburgh Band

The band presents its annual Last Night of the Proms concert on Saturday 8th August in the Victoria Hall at 7pm.

A concert of the best brass and popular music including all the "Last Night" traditional favourites bringing the Royal Albert Hall to Grange over Sands. A chance to sing a long, wave a flag and enjoy the best of British music. The concert, this year, will be conducted by David Pipe, the Director of Music at Cartmel Priory and our guest is local singer Susan Harrison. Refreshments will be provided by Charity & co. Tickets £10 (accompanied children's tickets free) are available from, Johnstons of Grange, Cockles in Flookburgh, or on line at trybooking.com and flookburghband.co.uk as well as at the door.



Last Night of the Proms concert

Drop in Chorus



It started with taster sessions sessions last July and really took off when it started in earnest in September. We meet in the Victoria Hall on Thursdays at 2pm

We sing easy uplifting songs .We celebrated a first year anniversary of drop in Chorus Sessions at Grange. This time last year we started our trial month to see if there was appetite for our style of singing in the day time in Grange. Very happily, it turned out that there was and we began regularly in September. (I wonder if we can be like the Queen/ King and have 2 birthdays!?) Wonderful Julie bought a cake, along with a number 1 candle, and we ended with a rendition of Happy Birthday.

Many thanks to the marvellous regulars and visiting singers of Grange Chorus - we are delighted to be celebrating with you all!

Grange Drama

Our next play reading will be 'Lucky Sods' by John Godber.

This is a hilarious and compassionate comedy about guilt, luck, and superstition, and lives changed forever. Jean and Morris are the lucky sods of the title – they've just won the lottery. Morris bought the ticket and picked the numbers, but Jean changed one at the last minute. They sat, they watched, they won, it happened to them. Nothing on Friday and two million pounds on Saturday. But is it a dream come true?

Come along on August 12th and find out. Grange Institute 7.30pm. All are very welcome. The reading will be led by Steve Pollard who is a long time member of Grange

Drama. You may remember him from his hilarious portrayal of the hapless and ever hungry Francis Henshall in 'One Man, Two Guvnors'. Or the verbose intelligence agent Stewart in 'Pack Of Lies'. Steve is a fan of John Godber's work and it promises to be an entertaining evening. We will have two play readings in September:

'Deckchairs 1 and 2 ' by Jane McConnell on the 9th.

'Good Things' by Liz Lochhead on the 22nd.

More details about these plays in next month's edition.

Any questions? Contact us at www.grange-dram.org.uk

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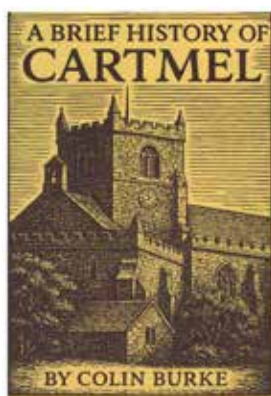
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SCAN ME

Cartmel Village Society 2026 Lecture

CVS are pleased to announce their 2026 Annual Lecture which will be given by Colin Burke on the subject of "Who has left their mark on Cartmel...and who hasn't".

Weaving his way through his book, A Brief History of Cartmel, Colin will identify those characters and events which have left their mark on the village, whether through direct or indirect influence, and those who have not. With some surprising inclusions and equally surprising exclusions, he hopes to both entertain and enlighten. The talk will be in Cartmel Village Hall on Friday, October 23rd at 7 for 7.30pm. As usual entry will be free (including refreshments afterwards) and places will need to be booked in advance – arrangements for booking will be given in the September edition of Grange Now.



Record number of osprey chicks tagged at Foulshaw Moss Nature Reserve

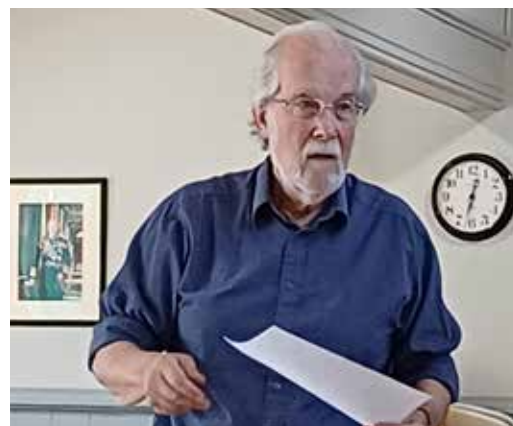
An unprecedented five chicks were given leg rings and tagged, to aid tracking

Five osprey chicks at Foulshaw Moss Nature Reserve, four females and one male, were recently tagged and weighed by a licensed and experienced bird ringer, and given a coloured ID leg ring.

This is a record number of osprey chicks to be tagged in one year at Cumbria Wildlife Trust's wetland nature reserve near Witherslack. Previously the highest number of osprey chicks in one season at Foulshaw Moss was three.



Cartmel Choral Society



Cartmel Choral Society is very pleased to announce that Ian Jones has been appointed as our new Musical Director, all ready to start rehearsals in September.

Ian is a very well-known and respected chorus master, and conductor in the area having founded Levens Choir and who is currently Musical Director of Cumbria Festival Chorus, and Eversley Choir.

Joining us in September, his first concert with us will be in December at Cartmel Priory. The rich tradition of Cartmel choral singing will continue, a tradition dating back to 1908, performing a Christmas, and an Easter concert at the historic Cartmel Priory. Ian joining us in September is a new and exciting collaboration.

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Bay Community Singers



Bay Community Singers (Grange's very own Community Choir) are currently enjoying a well deserved summer break after another fantastic year of singing. Their most recent performances included visiting the Old Vicarage Care Home in May to entertain the residents and a few weeks later they were hosted by Clare House Hotel where they sang in beautiful sunshine to an enthusiastic audience who enjoyed some delicious refreshments courtesy of Clare House. A collection raised £460 for St Mary's Hospice. The choir are very grateful to Clare House and to all who came to support and they look forward to a return visit next year. Last weekend we joined with a couple of other choirs for an

informal gathering in Kendal to perform for each other – it was a lovely afternoon. Our autumn term starts on **THURSDAY SEPTEMBER 10TH** at 7 pm in the URC hall on Kents Bank Rd. We welcome anyone who would like to come along and give it a try. No previous singing experience is necessary and you will find us all very friendly and welcoming. We have lots of exciting things planned for our thirteenth year including a concert in Windermere with South Lakes Acapella on Sunday October 11th. To find out more about us, please take a look at our website, www.baycommunitysingers.co.uk or drop us an email on baycommunitysingers@gmail.com.

BROAD BEAN RISOTTO

This lovely risotto brings the flavour of Italy to our British summer, with tender young broad beans, fresh green herbs and a little saffron if you have it to hand. It's lighter than a traditional creamy risotto, but still generous and full of flavour, with butter-soft spring onions or baby leek stirred through the rice.

Serve warm as a simple lunch or supper, with extra herbs scattered over the top and a crisp green salad on the side.

INGREDIENTS (serves 4)

- 5 spring onions or 1 baby leek, chopped
- 100g (3.5oz) butter
- 250g (9oz) rice
- sea salt
- black pepper
- 700ml (1.25 pints) water, boiling
- 1 bunch fresh parsley, chopped
- 1 pinch saffron strands (optional)
- 175g (6oz) young podded broad beans
- 1 bunch fresh dill, chopped

METHOD

1. In a pan stew the onions or leek in the butter until soft, about 5 minutes, then stir in the rice with a pinch of salt.
2. Add most of the boiling water when all the grains are coated with butter and stir to separate them.
3. Add the parsley and a teacup of water containing the saffron, if using, put on a lid and remove from the heat. Leave for 10 minutes, by which time the rice should have cooked by itself.
4. Steam the beans in a steamer, or cover with boiling water for 4 minutes, and test them for tenderness.
5. Check to see if the rice is done, starting up the heat again and adding more water if necessary. Drain the beans and add to the rice with the dill and some more salt and pepper to taste.





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>>> THE OLD VICARAGE TIMES NEWSLETTER



The Old Vicarage
Allithwaite

WELCOME TO OUR SPRING/SUMMER NEWSLETTER

Time sure flies—it feels like just yesterday we were sharing winter moments, and now we are surrounded by sunshine and smiles! These photos capture the warmth and joy of the season so far. Here is to the memories made and the adventures ahead.

Oh yes, pencil in Saturday 15th August, which is our annual Strawberry Fayre. We hope to see you then!

Spring/Summer 2026



>>> APRIL

April was full of wonderful moments for our residents, beginning with a special visit from two beautiful little lambs from the South Lakes Farm Experience, who quickly charmed everyone they met.

The entertainment continued with Tom from the all-singing, all-dancing Folksy Theatre, who performed a magical set entitled 'All the Nice Girls.' Not only was there lots of music, but also some puppetry which was most amusing.

Easter crafts did figure highly, and many creative Easter bonnets were paraded within our home.



MAY

The Bay Community Singers filled the garden with beautiful song, delighting everyone with a performance worthy of the famous nightingales of Berkeley Square. This talented local choir not only provided wonderful entertainment but also raised funds for St Mary's Hospice, making their visit even more special.

It was also a particularly special occasion for Margaret, who was over the moon to be reunited with her former choral group, the Bay Community Singers. Staff and residents joined in too, creating a joyful rendition of "Sweet Caroline" that had everyone smiling.



>>> JUNE

Tom Collins performed a marvellous Rock 'n' Roll set for our Afternoon Tea, and we most certainly had fun! Alice and Christine dressed in a fifty's style for the occasion and Gloria and Sue jived with anyone who wanted a dance!

The music theme continued with visits from Keith Redfern and Elaine of The Old Vicarage Voices Choir.

With the heat being so intense, Alice went with a Mocktail activity which was fun and delicious!

And recalling childhood memories of long summer days, it seemed right to make daisy chains!

To view the full version of our newsletter, please go to www.theoldvicarage.care

The Old Vicarage, Vicarage Lane, Allithwaite, Grange-over-Sands, LA11 7QN Tel - 015395 33703

Lindale CE Primary School

The last half-term has been jam-packed with trips, fun activities and new experiences.



The whole school joined Crosthwaite Primary School for their lumberjunking festival. The children designed their creation and then chose the materials and tools to create their vision from recycled wood. The children developed skills in using tools such as saws, drills and hammers. Everybody made something they could take away and we were so impressed by their determination.



The following day, we took the whole school out for our annual sports trip. This year, we went to Greenlands Farm where they conquered the aerial hammock, learnt circus skills, tried out grass sledging and, for KS2, an extra session on mountain boarding. An amazing experience for all and memories that will last!

We took to the park for our Sports Day this year. The sun was shining and the teams were ready to compete. It was lovely to see the older children helping the younger during our carousel of activities followed by class races. Year 6 enjoyed being soaked by reception in our wet and wild finish! It was lovely to have so many family members join us to support their children.

We've also had a range of activities in



school such as screen printing as part of our art project; Mrs Brooks sharing her sea cadets knowledge with KS2; trips to St Peter's Church in Field Broughton; specialist computing sessions with Mrs O'Kane from iCompute; visiting the dressmakers at the village hall; a codebreaking visit from STEMfirst; and reception and key stage one's exciting trip to Castle Head. We have been busy!

As we reach the end of the school year, we are reflecting on our achievements, the progress made and the memories created. We said a heartfelt goodbye to our year 6s and wish them luck in their next adventure.

Separation Agreements

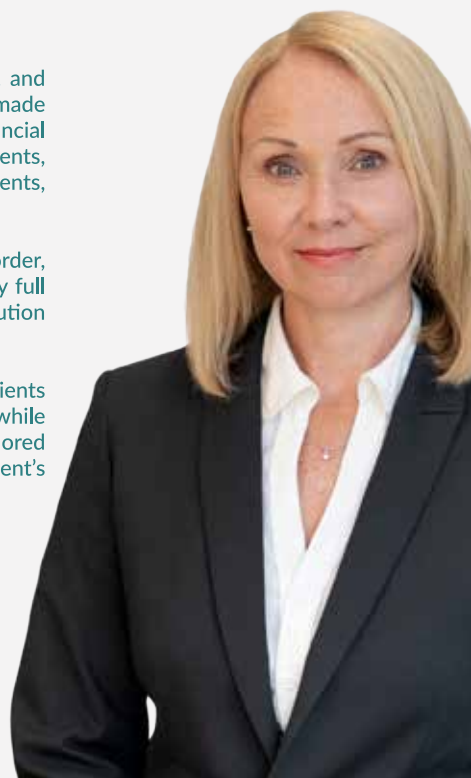
When a relationship breaks down difficult decisions about finances, property, children, and future arrangements need to be made. A separation agreement is a written agreement made between separating cohabiting partners or spouses, setting out practical and financial arrangements following separation. It can cover issues such as mortgage or rent payments, responsibility for debts, division of savings and personal belongings, child arrangements, maintenance, and what should happen to the family home.

Although a separation agreement is not automatically binding in the same way as a court order, it can carry significant weight if properly prepared, entered into freely, and supported by full financial disclosure. It can also provide a valuable framework before divorce or dissolution proceedings are finalised, helping both parties move forward with confidence.

Arnold Greenwood understands that separation is often an emotional and difficult time. Clients need clear guidance, careful drafting, and a practical approach that protects their position while encouraging sensible resolution. The firm's experienced family law team provides tailored advice, ensuring that agreements are fair, comprehensive, and appropriate to each client's circumstances.

By choosing Arnold Greenwood, clients benefit from a trusted local firm with a strong reputation for professionalism, discretion, and client care. The team takes time to explain options clearly, identify potential risks, and prepare agreements designed to minimise future disputes.

For anyone considering separation, or already living apart from a partner or spouse, a well-drafted separation agreement can provide clarity, security, and peace of mind. Arnold Greenwood is well placed to help clients take that important step.



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Leven Valley

This month we hear from Toren Guest about the top classes



residential:

On the first day, we set off on a long journey to the Time Capsule where we went swimming and ice-skating. There were lots of water slides and a lot of happy faces. After that we set off to the youth hostel and discovered our roommates.

The next day, we went on a really fast and exciting river boat ride on the Clyde. We visited a tall ship and the Riverside Museum, which were really interesting. Then we went to Hampden Park Stadium, where there were interactive and exciting things to do. We finished the day with Ten Pin Bowling – I won all of my games!

On Wednesday, we went to Edinburgh by train and visited more really cool



museums. I really enjoyed the National Museum of Scotland because it was very interactive, like the hot air balloon exhibit.

Thursday was my best day because the Science Centre was the King of the Museums! It's not like the others as everything is interactive and there are lots of cool shows on. In the afternoon, we went skiing and tubing and that was another of my highlights!

We travelled home on Friday, ready to see our families again.



Everest Base Camp trek raises more than £55,000 for local hospice



A team of trekkers has raised more than £55,000 for local charity St Mary's Hospice after reaching Everest Base Camp.

The group, aged between 19 and 62, took on the challenge over two weeks in April. They were expertly led by Matt Le Voi from LMG Treks and Expeditions. Standing at an altitude of 5,364 metres, Everest Base Camp is regarded as a bucket-list trek for many adventurers.

Nine people completed the trek. The original group of 10 was missing Jonny Wright, who was unable to take part after being involved in a serious road traffic accident that resulted in the amputation of his leg. Despite this, Jonny and his friend, Matthew White, raised more than £13,500 for St Mary's Hospice.

The final fundraising total was revealed to the trekkers at a special celebration held on 2nd July.

A legendary record returns to auction

Standfirst: From acid folk psychedelia to handmade inserts and a remarkable schoolroom story, 1818 Auctioneers' Vintage Vinyl and HiFi specialist valuer reflects on a very special lot.

"I was thrilled to present another copy of the legendary Courtyard Music Group album, Just Our Way of Saying Hello, here at 1818 Auctioneers," says Simon, the saleroom's Specialist Valuer for Vintage Vinyl and HiFi.

"This copy was a globetrotter, having been privately consigned from the USA before safely making its way for sale here in Cumbria. It was also kind of local, having been recorded in the Scottish Borders in a 'free' school before being pressed at Deroy Studios in Carnforth.

"It is a very handmade affair," he says, "with some lovely inserts, a silkscreen dragon, beautiful lyric sheets with exceptional calligraphy, and a lino-printed sleeve." Together, they give the album "a real lo-fi, bespoke, crafted/folk-art feel."

But what about the music? To get a feel for that, he recommends heading to YouTube to listen to the track The Magician.

"It builds with percussion and woodwind and goes into an almost psychedelic jam that sounds like it was recorded live in one take," he says. "On paper, it shouldn't really work, but in reality, it is a thing of beauty."

The album was recorded in semi-isolation at Kilquhanity House School in Galloway, southern Scotland, a free school founded and run by John and Morag Aitkenhead. Only 100 copies were pressed, and its rarity has helped build its reputation.

"Acid folk and psychedelia are terms associated with this record, but it runs deeper than that in my opinion," Simon says. "It just feels like it has emerged organically and demands your attention."

Offered as Lot 601 in 1818 Auctioneers' second Vinyl and Hi-Fi auction of 2026, the album sold above its £800-£1,200 estimate at £1,500. Three copies have now been handled by the saleroom, and all have performed well; the team would love to hear from anyone with one of the remaining 97.

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Allithwaite School



Allithwaite School Year 6 leavers

We have had an enriching and wonderful end to the summer term, packed with exciting experiences and memorable events for all our children.

Our youngest pupils in Snowy Owls enjoyed two fantastic animal-themed trips. They travelled by train to Coronation Hall to watch *The Tiger Who Came to Tea* before rounding off the term with an exciting visit to Blackpool Zoo, where they had a wonderful day exploring and learning about a wide variety of animals.

Tawny Owls also enjoyed an adventure by train, taking the steam railway from Haverthwaite to Lakeside. They visited the Lakes Aquarium before boarding a boat across Lake Windermere to Fell Foot, making the most of our beautiful local area.

Both Barn Owls and Eagle Owls took part in the Westmorland County Agricultural Society Open Farm Day at Heaves Farm, where they learned all about where our food comes from. Barn Owls also enjoyed a spirituality day in Cartmel, while Eagle Owls harvested the potatoes and onions they had grown before celebrating with

an Indian cooking day. They prepared a range of delicious dishes and embraced the opportunity to try lots of new foods.

The highlight of our summer calendar was undoubtedly our KS2 production of *Peter Pan* at Victoria Hall. Once again, the children completely amazed us with their confidence, talent and professionalism. They gave outstanding performances and should all be incredibly proud of what they achieved.

Another key event was our annual Sports Day. Thankfully, the weather was kind to us, allowing the event to go ahead. Every child demonstrated excellent sportsmanship, determination and team spirit, representing Allithwaite brilliantly throughout the morning.

It has been an incredibly busy term, filled with opportunities for our children to learn, grow and shine. We are immensely proud of everything they have achieved and have loved seeing their confidence flourish in so many different ways. They are certainly ready for a well-earned summer break, and have also shown that they are ready for the exciting

opportunities and challenges that next year will bring.

Finally, a special mention must go to our wonderful Year 6 children. They have embraced every challenge this year with determination, resilience and enthusiasm. They achieved fantastic SATs results, making excellent progress and accomplishing so much to be proud of. Beyond the classroom, they have shone on stage, stepped outside their comfort zones and demonstrated that they are confident, caring and well-rounded young people. Although we will be very sad to see them leave, we know they are more than ready for the next chapter of their journey. We wish them every success at secondary school—go and shine bright. They are very lucky to have you.

We would like to wish all of our children, families, staff and the wider community a wonderful, restful summer break. Thank you for your continued support throughout the year. We look forward to welcoming everyone back in September for another exciting academic year, filled with new adventures, opportunities and achievements.





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In transactional matters, we also need to confirm your source of funds and your source of wealth. The first is the evidence that you hold the required money to complete the transaction. The second sounds similar but is distinct; it looks deeper into how you acquired those funds to eliminate any risk of exposure to acting where there is involvement with the proceeds of crime or terrorist financing.

We refer to this whole process as 'client onboarding'. For more an in-depth look at our procedures and for some useful FAQs, visit our website and search for 'AML'.



Flookburgh CE Primary School



Flookburgh CE Primary continues to grow and thrive at a remarkable pace.

This month, our incredible school grounds have been enhanced even further. A polytunnel has been installed with the support of Haven Holiday Park, our raised beds have been filled with topsoil donated by Mr Lambeth, and already our tomatoes and squash are flourishing. Our after-school gardening club has got off to a fantastic start, and gardening skills are being built into the curriculum from September. The children are loving it and are taking ownership of constructing the willow fencing that will guide visitors around the different areas of the

garden.

The exciting developments will continue over the summer. The local authority is making a significant investment in the future of the school, with new external doors and windows being installed, and the hall floor, Key Stage 2 corridor, and guttering all being replaced. Our woodland area is also being developed to enable Forest School to become part of the curriculum from October.

Our staff team has been cultivated to provide this outdoor learning experience, as well as recognising the unending potential of each child from whatever their starting point.

Friends of Grange Library

Last months Reading Friends meeting was very well attended despite the soaring temperatures and we had a lively discussion about the books we all enjoyed as children.

In August we are thinking travel and will be chatting about and remembering My First Trip Abroad (or in the UK for those that haven't been overseas). Do you remember the first time you stepped on foreign soil ~ the excitement and slight trepidation? Join us on Thursday August 13th at 2.00 p.m. and if you have any photos or mementoes of your trip, do bring them along. If you enjoy board or card games why not come along to our monthly Cake and Games afternoon on Thursday August 27th from 2.00 p.m. It is a great way to

meet people and a fun and relaxing way to spend an afternoon.

Finally we are holding another of our popular Quiz evenings in the Library on Monday August 10th starting at 7.00 p.m. This time it is all about Scran and Peevie (Food and Drink to those who are unfamiliar with northern dialect!). There will be a Raffle and Refreshments and suitably tasty prizes for the winning team. Tickets are £4 and are available at the Library (01539 713154). The maximum number per team is 4 but you are more than welcome to come along as an individual, or a couple, as teams can be made up on the night. However, due to space constraints, it would be helpful, if possible, to book your place.

Grange School Celebrates Double Award Success



We are delighted to be celebrating two significant achievements that reflect our commitment to developing happy, healthy and active children: the **OPAL Platinum Award** and the **Gold School Games Mark Award for 2025/26**.

We were especially proud to learn that we have achieved the OPAL (Outdoor Play and Learning) Platinum Award, the highest level of recognition within the programme. The award recognises the outstanding opportunities we provide for children to play, explore, create and learn outdoors. Through our investment in outdoor spaces and play provision, pupils develop confidence, resilience, independence and teamwork every day. We firmly believe that play is a vital part of childhood and an essential element in educating the whole child.

Adding to this success, we are also delighted to have been awarded the Gold School Games Mark Award for the 2025/26 academic year. The School Games Mark is a Government-led award scheme, launched in 2012 and facilitated by the Youth Sport Trust, which rewards schools for their commitment to developing sport and competition both within school and across the wider community.

Throughout the year, our pupils have embraced a wide range of sporting opportunities, representing the school with enthusiasm, determination and excellent sportsmanship. We are



particularly proud of all our pupils who have taken part in local inter-school competitions.

As part of the award process, we were assessed in the areas of participation, competition, workforce and clubs, and we are thrilled that the dedication of our pupils, staff and families has been recognised through the award of Gold status.

These awards celebrate our commitment to providing rich opportunities beyond the classroom. Whether through play, outdoor learning or sport, we are passionate about helping every child flourish and achieve their full potential.

As we reach the end of another successful school year, we thank our pupils, families, friends, staff, governors and wider community for their continued support, and wish everyone a very happy, restful and enjoyable summer.



Property Talk

With

Craig Turner

Property Department Manager
and Valuer



FRIENDLY HONEST PROPERTY ADVICE

Property – Tax'em and Burnham?

It seems like every time I come to write a Property Talk there has been an event, either national or international, that could have an impact on the property market. Having been in the local property market for over 20 years I have had my experiences of quite a few ups and downs. Thankfully, it's usually only the major ones that have a true impact on the market.

As I write this we are about to welcome (or not depending on your point of view) a new Prime Minister into Government. Andy Burnham, dubbed the 'King of the North' in some sections of the press, will take over and with that will come a changing of parliament and potentially a changing of policies.

Within the property market a keen eye will be kept on anything that will change and affect our industry. Radical change is often avoided and as we know can have hugely detrimental consequences if not carried out with sufficient forethought.

The one question many in the industry have is whether Mr Burnham will restructure property taxes. Historically, there has been support for an idea put forward by the Fairer Share campaign, which involved scrapping stamp duty and council tax in favour of an annual property tax.

The proposal goes that stamp duty and council tax are replaced by a 0.48% tax on the value of the property - which would be assessed on an annual basis. The belief is that the differences in value of a tax banded property in say, Macclesfield compared to a similar banded property in London, are disproportionate.

Now there are obviously logistical problems with this (how does every home in the country get valued every year?) and there is no suggestion currently that anything like this will be implemented. What I can say is that our local property market is currently performing very well in spite of outside influences and we are still selling houses successfully.

Poole Townsend have been through all the ups and downs in the property market over the last few decades and are best placed to guide you through a property sale or purchase no matter what the world throws at us.


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All monies raised will be split be-
tween Bay Search & Rescue and
Derian House Children's Hospice**Cartmel Priory School**

As another school year draws to a close, we reflect on a busy, eventful year at Cartmel Priory School.

A group of year 8 students recently competed in the South Lakes District Athletics Competition at Queen Katherine School, securing an impressive fourth place; a fantastic result, reflecting their hard work and determination. Special commendations go to William and Jessie, who secured first place in the shot and javelin respectively and will both go through to the county final in Carlisle.

Our new intake of GCSE food and nutrition students are looking very professional in their chef whites and are ready to create some awe-inspiring dishes!

Some of our year 8 students attended the STEM powered workshop hosted by BAE systems. Their task for the day was to design a road bridge which could better accommodate submarines leaving the wet dock. Their pitch delivery and rigorous design earned them an impressive second place.

We said a final farewell to our class of 2026 at their prom, a fantastic night was had by all and lasting memories made. Thank you to the Netherwood for hosting a memorable evening, we wish all our students the best of luck in their future endeavours, we will miss you!

Wishing students, staff and the extended CPS community a restful summer.

A Fond Farewell to Grange Preschool

After 58 years or so at the heart of the community, Grange Preschool will finally be closing its doors in the Summer of '26.

So many happy memories and lasting friendships have been forged here. Mrs. Mellor, Julie, Vicky and Liz would like to thank all the wonderful children, siblings, parents, aunts, uncles, grandparents and great grandparents who have been a part of its shared history.

Your contribution helped make this such a friendly, fun-filled place to play and learn. Thankyou to all those who went the extra mile to serve as staff, on the committee or at fundraising events too.

It is never easy to say Goodbye and sincere apologies go to the few dear remaining families who will be most impacted by the closure. We hope that the toddler group at the Methodist hall on Tuesday mornings and the storytime sessions at the Library on Thursday mornings will help to fill the gap.

The decision to close was not made lightly, our reasons being as follows:

The declining health of the playleader; changing childcare needs now requiring longer hours than we can offer; the continuous financial struggle to cover

costs and the difficulty of recruiting and retaining voluntary committee members to assist with administrative duties.

We are pleased, however, that the Early Years Alliance, whose constitution we adopted as a charity, have allowed us to pass on our lovely furniture and quality resources to Grange CofE Primary School, to be ringfenced for use in their Early Years department. This means that our wish was granted for our assets to remain useful within the close-knit community who helped provide for them in the first place.

Our heartfelt thanks go to the generous individuals and groups who have so kindly supported us over the years, including Charity&Co., Grange and District Lions, the Co-op, Tracy and Matt at the Keg&Kitchen and Tricia at the Victoria Hall Christmas Fair. We also very much appreciated more recent donations from our Just Giving page, Bay Community Singers, Bay Villa Trust, Mothers and Others, plus all the local businesses that gave prizes and vouchers for our raffle at the Classics over Sands car

show in August last year.

When all is settled and sorted, we may arrange a get-together to reminisce over good times, but in the meantime - Thankyou - and best wishes to you all.



Cartmel CE Primary



As another busy and successful school year draws to a close, pupils at Cartmel CE Primary have enjoyed a wide range of memorable activities and achievements.

Class 1 recently enjoyed a fantastic trip to Muncaster Castle, where they were captivated by the birds of prey display before exploring the historic castle and gardens. It was a wonderful opportunity for learning and discovery.

Class 3 impressed families and staff with their end of year production of Snow White. The pupils performed with confidence and enthusiasm, showcasing their acting and singing talents.

The whole school also took part in a Design and Technology burger-making day, experimenting with different ingredients while developing valuable food preparation skills.



Members of Gardening Club celebrated the success of a produce sale, raising funds for the Cartmel Primary Goes Wild project. In addition, our fundraising team achieved a record-breaking £10,500 at Cartmel Races, setting a new charity fundraising record for the event.

Sports Day was another highlight, with pupils enjoying an afternoon of athletics and competitive races. We are grateful to Holker for the use of their field, and the parents' and Year 6 leavers' races were especially popular.

We ended the year with the Cartmel Summer Arts Showcase in The Priory, celebrating pupils' performances, writing and artwork, before wishing our Year 6 leavers every success for the future. We also thank Mr Blair and Mrs Payne for their dedication and wish them well as they leave our school community.

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St. Charles Borromeo

Greetings to all Grange Now readers.

I hope you are enjoying the hot weather!!! We had a celebration at church on Sunday 12th July for the anniversary of ordination of our deacon, Joe Pryslucki. There were cakes and drinks in the Father Magner room after Mass, instead of the usual tea/coffee and biscuits. Joe is a valued member of our parish and he, and his wife Liz, work very hard on our behalf. Thanks to both of you. Some of our members

along with members of both the URC and Methodist churches are preparing for a visit to Grange from a group of Asylum seekers/refugees from Darwen, (that's Darwen near Blackburn, not Darwin Australia). They are coming to Grange on Wednesday 29th July for a fun day out. Hopefully they will enjoy the facilities we have to offer. If you see us out and about, please say hello and show some of the famous Grange friendliness. Thank you. God bless all who read this.

St. Paul's

As I write my report there is a service taking place in St Paul's church for Grange Primary School leavers.

We wish them well as they move on to their secondary school education. Let's hope that the fine weather continues as the school holidays start.

Still coming up in July is a summer concert by the Kimichi School of

Birmingham. Then we have a church trip to the Pine Cone Church Wreay. There will be a guided tour of the church by the church warden and then a short service led by David in the afternoon.

Everyone is welcome to Praise on the Prom, near Clare House Bridge on Sundays at 4.30pm-5.30pm. This takes place throughout July and August.

URC

As I write this, we are all roasting in the heat. Wonderful up to a point, but it does bring problems, so if it is still with us when you read this, do take proper care.

This is rather a quiet time for events at church, but Sunday services and Midweek services on Thursdays, both at 10.30am still continue as usual and Monday Meet-up is on 10th & 24th August for tea,

chat & activities. Everybody Welcome. Also Morning Coffee will be served on Tuesday 4th August.

Of course, there is the occasional exception to every rule, and on September 20th we are holding our morning service jointly at St Mary's Allithwaite to celebrate the Christian Youth Work taking place in the district so there will be no service at URC Grange. We are pleased to support those working to teach the Christian word.

Hope Church

In June, three ladies from Hope Church travelled to Blackpool to attend the 'Aglow National Conference'.

Aglow International is a Christian organization with a heart to build the Kingdom of God in all communities, cities and nations, whilst demonstrating the power of Heaven!

The theme this year was Kingdom Momentum. We were challenged to be people who reach out to others with the Gospel message. God wants His Kingdom to grow in us, and flow through us. Our prayers are so important too – the speaker reminded us to keep praying and not give up.

In our own church we recently had a bible study looking at Saul's conversion on the



road to Damascus, whilst our Sunday morning preacher looked at the account of Zacchaeus the tax collector, who had his own conversion when he met Jesus.

A group of ladies met at Sizergh Barn for an afternoon coffee and cake, and saw the cows being milked as well. The men also went a few days later for breakfast.

Sunday morning meetings continue at Lindale Village Hall at 10.30 am. All welcome.

St Johns Flookburgh

August is often a time when we take a rest, go on holiday, do something different.

Church remains open at certain times during the day and, especially in the heat we have been putting up with / enjoying (depending on your point of view!) I can safely say that one of the coolest places to be at the moment is inside the church building. Some of our regular weekly events may be taking a break for a few weeks but, as I say, the building is available for a place to find stillness and some gentle coolness. Jesus tells us that if we're tired or weary we can go and find rest.....and, let me tell you this, your beautiful church, with all of its stories over the past 100+ years is a place where you can find rest. We

all could probably use a bit of peace in our lives at the moment....might I suggest that you find it in the bricks and mortar of St Johns.

Rev Mark will be in church for a short service of Morning Prayer at 9.30 on Tuesday 4th, 11th & 25th. There will be no mid week service of Holy Communion in August.

Across my two churches there will be one service each Sunday at 10am. The services at St Johns will be on August 9th and 23rd

If anyone would wish to contact the vicar you are most welcome to use

Email: allithwaite.flookburghvicar@gmail.com

Phone : 07810655684.

I'd love to hear from you.

Rev Mark



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Wednesday 9th September 7.30pm Newton & Field Broughton WI invite you to their open meeting in Lindale Village Hall LA11 6LE. Speaker - Dr Nick Gent who will lead us in an interesting evening talking about "Navigating Critical Health Challenges in the Cayman Islands". All welcome. Entrance for visitors is £3 to include raffle ticket & refreshments.



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Cartmel Methodist Church

Sad news this month, I'm afraid. We are reeling from the loss of two of the members of our little chapel.

First, Gladys Langrell – who some readers with long memories may remember from her district nursing days – passed away after living for some time at Cartmel Grange. We will miss her. A greater shock was the passing of Judith Shapland, whose loss will leave a significant hole in many places (not least the Grange Now letters page!). It is probably no exaggeration to say that without Judith and Ron our chapel would have closed quite some time ago, and Judith lent her support to so many other people and groups in the local community. Judith was determined that there should be no fuss after her death – and no funeral. Which gives us something of

a dilemma when it comes to giving people the opportunity to mark what feels like the end of an era. Some of us are going to be in Cartmel Chapel between 2 pm and 4 pm on Monday, August 3rd, offering tea/coffee and cake to anyone who would like to come to exchange memories of Judith. At 3 o'clock we will pause our conversations to remember her. There will be the chance for anyone to speak briefly if they would like to, otherwise we will have a quiet time and finish with a short prayer thanking God for Judith's life, and thinking of those who were closest to her. Do feel free to join us if you knew Judith and miss her.

Life goes on, and so do our monthly "Coffee and Chat" mornings. August's will be on Tuesday August 11th, from 10:30 to 12 noon as usual. All welcome.

Cartmel Priory

As this remarkably warm summer continues, many visitors (and locals) are discovering that the Priory Church is a wonderful way to enjoy some downtime – both in the sense of temperature and in taking a little time out to enjoy the peace and quiet of a beautiful building and the traditional services to be experienced here.

However, the quiet times are complemented by joyful and uplifting singing, as demonstrated when the Priory and Kendal Parish Church choirs shared Evensong together. A wonderful sound and good fellowship.

Lake district Music Festival

are holding several events in the Priory in August which are advertised separately, but August 1st brings the Cumbrian Society of Organists Organ Marathon. This is an all-day event enabling Cumbria wide organists to demonstrate their skills both to one another and anyone who cares to listen. Always a very entertaining day, drop in for as long or as short a period you choose – free of charge.

Looking ahead to September, on the 11th and 12th there will be a community 'Come and Sing' event – The 'Sound of Music'. Keep an eye on Facebook and the September issue of Grange Now for more details.

Grange Methodist Church

Thanks to everyone who has already supported our "Draught Buster" campaign through Aviva.

We have reached our £10,000 (including Match Funding) target, yet the good news is that Aviva continue to match fund all individual donations of up to £250 (which have to be made in one go by credit or debit card) before the window closes on August 5th. If you do still wish to donate and haven't already, do go to <https://communitiesfund.avivafoundation.org.uk/p/draught-buster>.

Nor have we forgotten wider needs. Thanks to all those at our services and at the Wednesday Community coffee mornings who have donated to our appeal for the victims of the Venezuelan Earthquake, which raised over £500. We recently celebrated our "First Fruits" Harvest with an all-age service, passing on food, toiletries and cash

donations for the work of Barrow Foodbank as they gear up for increased demand during the school holidays.

The menu for our August Friendly Food lunch, which will be in the church hall at 12:00 noon on Tuesday, August 11th, will be Quiche Lorraine, new potatoes and mixed beans followed by Pear Belle Helene. All welcome, no need to book, no set charge, donations for church funds welcome.

We have a Church Council meeting that afternoon, and hope to have more news about our redevelopment project to put in the September edition of Grange Now.

We are enjoying supporting "Praise on the Prom" again this year and have met some lovely visitors to our town; details in the Cartmel Peninsula Churches Together article.

Cartmel Peninsula Churches Together

"Praise on the Prom" has made a really good start this year.

Many people see it as one of the Grange summer traditions. It has been good to welcome locals and visitors alike to the promenade at the bottom of Clare House Bridge; so far we've had visitors from Scotland and Germany as well as all parts of England. We're there from 4:30pm to 5:30pm; you are welcome to join us at any point during that time, and stay for as long or short a time as you wish. We provide hymn books and take requests for what we sing. We

will continue every Sunday through to the end of August (weather permitting – it's been glorious so far!).

In September we look forward to our annual joint service to celebrate the youth work happening on the peninsula. More details next month; for now, please note in you diaries that the service will be at St Mary's. Allithwaite at 10:00am on Sunday, September 20th.

Grange Town Council
Before the meeting commenced, a moment of quiet reflection was held to remember two members of the community who died this month; Judith Shapland who died on 4 July and Ged Jones who died on 9 July 2026.

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Song Sung Blue (12A) Sunday 9th August 7pm (doors 6.30pm)

Based on a true story, two down-on-their-luck musicians (Hugh Jackman and Kate Hudson) form a joyous Neil Diamond tribute band, proving it's never too late to find love and follow your dreams.

'Hugh Jackman really is the greatest showman' - The Guardian

Screened with subtitles.

Rating: 12A (upsetting scenes, references to sex and drugs, injury detail, strong language).

Runtime: 2 hours 30 minutes (including 20 minute interval).

Bar, interval bacon buns, ice cream, tea and coffee.

Advance tickets from www.ticketsource.co.uk/vhsg

Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.

Adults: £6.50 Children £4.50

BINGO AT THE VIC

Monday 3rd August 7.30pm – 9pm

Eyes down for bingo night at the Vic! Over 18s only, £1 admission (cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.



From the Library

Summer Reading Challenge 2026 "Read to the Beat": there is still time to sign up for the challenge of reading 4 or more books, with the chance of stickers, rewards and entry into a prize draw. Join at the counter.

Neighbourhood Policing Team Drop-in Surgery: aiming for this to be a monthly offering. The first surgery will be Tuesday 21 July 10-11am.

Department of Work & Pensions Mobile Drop In: sited in the carpark on alternate Tuesdays, for the moment. This month – 4th August ONLY. Staffed by experienced Work Coaches, it offers support with job searching, training and other associated advice.

Digital Drop-in: IT help and advice with Charles - first Monday each month 10.30 -12. This month Monday 3 August.

Exhibition: August "The Spell Garden" is based on the book The Lost Words by Robert Macfarlane and Jackie Morris parts of which were written whilst in the Lakes and connect people, stories and nature. It displays ideas of a permanent living woodland garden - hopefully to be commissioned and installed at Fell foot park in the near future.

Reading Challenge 2026: 1971 by Mungo Jerry "In The

What's On at The Vic - July

See www.victoriahall.info/whatson- for more details of all our events. Follow us on Facebook! Search for 'The Victoria Hall Grange' Subscribe to our NEW 'What's On @ the Vic' Newsletter! Fill in the form on our website homepage.

REGULAR EVENTS

- James Reeder Dance Classes** - Weds from 6.30pm.
Contact: james@reedersdance.co.uk
- Various U3A groups** - Contact U3A: 015395 35358. Monthly meeting 3rd Tuesday 10.15am - 12noon
- Growing Singing Drop-in Sessions** - light-hearted singing sessions - Thursdays 1.00-2.30pm - £8
- Yoga & Meditation for all** - Mondays 6.30pm & Thursdays 7pm, with Shelley Osman - www.shelleyosman.com
- Intro to Drawing People** – 4 week beginner friendly art classes from 5th Aug-10am-noon – contact@amyjanehardy.com

INDIVIDUAL EVENTS

- 01/08 Sat** - VHSG Summer Nights Disco! – 7.30 til late.
Tickets £10 (pre-book or on the door) ticketsource.com/vhsg
- 02/08 Sun** – Music in the Park – Park Road Gardens (wet weather venue Victoria Hall) – 2pm –Free entry
- 03/08 Mon** - VHSG Bingo at the Vic - Doors 7pm, Eyes down 7.30pm. £1 entry, £5 per Bingo card. Prizes - 18+
- 07/08 Fri** – Lake District Music: Nasia String Quartet– tickets from £7.50 - tickets.ldsm.org.uk
- 08/08 Sat** – Flookburgh Band: Last Night of the Proms– tickets from £7.50 – tickets £10 from flookburghband.co.uk
- 09/08 Sun** - Cinema at The Vic: 'Song Sung Blue' (12a) - 7pm, doors 6.30pm - www.ticketsource.co.uk/vhsg
- 10/08 Mon** - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm
- 11/08 Tues** – Lec Soc: Dr Richard Hinchcliffe: The Life and Times of the Beach Boys (free taster talk!) 7:15 start
- 15/08 Sat** – Town Councillor Surgeries: Meet your councillors –10am-12pm
- 15/08 Sat** – Bay Search and Rescue Talk & Display – 7pm
- 21/08 Fri** - Friday Night Dancers - Ballroom & Latin Social Dance (not teaching): 7.30pm - all dancers welcome!
- 29/08 Sat** – Cumbria Opera Group: Carmen – 7pm tickets from £10 from cumbriaoperagroup.com
- 30/08 Sun** – Cumbria Opera Group: Carmen – 3pm tickets from £10 from cumbriaoperagroup.com
- 30/08 Sun** – Music in the Park – Park Road Gardens – 2pm –Free entry

Summertime".

Storytime: on hold throughout the school holidays and will return early September. We are keen to chat to any child minding or nursery groups who think they might like to attend regularly.

Working and relaxing spaces and public computers are available. Computers provide free access to Ancestry, Find My Past, 1921 census and Which Magazine with your library subscription. Printing and photocopying facilities are available at a small cost. We can advise on accessing online resources and digital devices, as far as our own general knowledge allows.

Opening: Mon–Fri: 10am –5pm, Sat: 10am –1pm Tel: 01539 713154

BANK HOLIDAY CLOSURE: Monday 31 August

What's On

Saturday 1 August:

Churches Together Men's Breakfast at 8:30am, Grange Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Mondays 3, 10, 17 and 24

South Lakeland Phoenixes. Drop-In/ Chatty Café for people aged 18+. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, confidential, safe space between 1:00 and 3:30 p.m. for a chat and a brew. Venue: Thornleigh Hotel, 26 The Esplanade, Grange-over-Sands. www.southlakelandphoenixes.com

Tuesdays 4, 11, 18, 25

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Every Sunday in August:

Praise on the Prom by Clare House Bridge 4:30 to 5:30pm

Tuesdays 4, 11, 18 and 25:

Baby group in Grange Methodist Church Hall from 9:30am. All parents and carers are welcome to come with their little ones.

Wednesdays 5, 12, 19 and 26:

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon

Thursdays 6, 13 20, 27

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Monday August 10th

7.00 p.m. Friends of Grange Library Scrab and Peevie Quiz (Food and Drink!) at Grange Library. Tickets £4 available from Grange Library

Monday August 10th

Grange Probus Club will meet at 10.15 for 11am at the Netherwood Hotel for a talk by Bill Nelson on the History and Future of Auctioneering. See the club report for more information.

Tuesday 11 August

Coffee and Chat at Cartmel Methodist Church from 10:30 to 12:00 noon

Tuesday 11 August

"Friendly Food" lunch and conversation in Grange Methodist Church Hall at 12:00pm

Wednesday 19 th August

Grange District Natural History Society Evening Tree Walk in Grange. Meet at 6.00pm at Grange station

Thursday 27th August

Coach trip to Ormskirk Market Leaving Flookburgh Square at 9.30am Contact: Wendy Bland 07814470033

Age UK South Cumbria

Accessible Yoga – Grange United Reformed Church every Mon 11am – 12pm

Gentle Exercise Class - Grange United Reformed Church every Tuesday 2pm – 3pm & Thursday 2.30pm – 3.30pm. Currently full, please call for availability.

Lunch Clubs:

Grange - Thornleigh Hotel - 3rd Wednesday of the month.

Allithwaite - Pheasant Inn - 2nd Tuesday of the month.

Cark - also at the Pheasant Inn - 4th Friday of the month.

Please call 01539 728118 to book lunches, or for further details.

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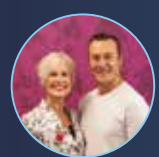
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Grange Soroptimists



Grange Soroptimists collecting at Cartmel Races

On 28th June eight members had a productive and fun time at Cartmel Races collecting on the course with the help of Champion the Wonder horse and spaniel Filly McWoof for Women's Community matters (Barrow Women's Centre). We were delighted to help raise £1306 from generous racegoers and this will help support women fleeing domestic violence and support women and children experiencing other problems.

At our July Club meeting Eve Westwood gave a very informative talk "Music therapy and Me" about training as a Music Therapist. Members were delighted to hear about Eve's passion for the subject, having sponsored her Masters University course using a legacy left by a previous member. Members enjoyed a good chat and get together whilst knitting items including bereavement hearts for local hospitals.

Members and other helpers have been working hard in the sensory garden maintaining a great environment for everyone to enjoy. Anyone interested in joining the club or getting further information please contact Mary Ann on 015395 32265 or www.sigbi.org/grange-over-sands/

Lower Holker W I

A hundred years of Womens' Institute meetings is certainly a cause for special celebrations and Lower Holker W I celebrated in style. They held an al a carte lunch at Cumbria Grand Hotel and among the invited guests were Lady Cavendish, her daughter Lucy, WI Federation chairlady, Karen Hanks, and other Federation members. The after lunch speaker was Mitch Bridgewater, a contestant on the Greet British Sewing Bee TV programme, who displayed the shirt and girl's dress which he made for the competition..

There was a special cake decorated with a ribbon which stated "Lower Holker W I 100 years" that a member had embroidered; the cake tasted as good as it looked and there was a gift for each member.

A week later, was the usual monthly meeting when the speaker was Andrew Allshore. who demonstrated a machine which did 3D printing, and which made a W I Tree logo for each member.

Grange Civic Society

Thanks to Jan Tomlinson for organising the Bloom Group Garden Trail on 28th June, and to those people who opened

their gardens. It's lovely to see how people use their green spaces and to see all the different plants that grow in Grange!

We have finished scrubbing the underpass gallery walls, which are now much cleaner! Thanks to all the scrubbing participants over the 3 sessions, and to Abi and Tom's for water.

Two longstanding Civic Society members have died recently:

Judith Shapland co-ordinated the Community Orchard and the Normandy Veterans' Garden, recently co-curated 'Old Grange' photos in the Library, planted up the ornamental garden's wall troughs, restored Colonel Porritt's grave, initiated the Historic Plaques Trail and restoration of the plaques, and had an unerring gift for finding pockets of money! We send our condolences to Ron.

Ged Jones, our Chair, previously served as Secretary, and his tactful committee diplomacy was much appreciated! He previously organised our trips, and was diligent in flagging appropriate planning issues, and produced our newsletters with information about how to, and who to, contact at the Council before the online portal made access for all easier. We send our condolences to Susan. grangeoversandscivicsociety@gmail.com

Cartmel Art Society

We will be holding our Annual Summer Art Exhibition from Friday the 14th until Sunday the 16th of August; opening from 10.30am until 7.00pm on Friday and Saturday. Sunday opening times are from 11.00am until 4.00pm.

The exhibition will showcase our members' work, with the opportunity to buy framed paintings, mounted browsers and greeting cards at affordable prices. Visitors to the exhibition are invited to vote for their favourite piece after viewing. Votes will be counted at the end of the exhibition, with the winner being announced and rewarded with a small prize.

Our venue - Cartmel Village Hall - offers free entry, free parking with disabled access, as well as a pop up cafe serving light refreshments.

We hope to see lots of visitors at our lovely venue at the heart of Cartmel village; with our members on hand to engage with our visitors and enhance their enjoyment of the exhibition.

Grange Fell Golf Club

Another highly successful month has passed for golf at The Fell and for the members. On 19th June we held a very successful and well supported Open with a 4BBB competition won by Jess Woodhouse and Martyn Willacy on 44pts, 2 days later Willie Crowe won the Barry Newton Trophy with 39pts and, a week later, Dave Robb won the bogey competition with +4 to take the Gedye Trophy. On Saturday 4th July our team of ladies played in the Route Trophy at Casterton. The team of Margaret Shepherd, Dayna Davidson,

Christine Kearsley, Carol Howarth and Kirstine Curwen enjoyed an amazing win to gain the trophy by 3pts from the home side. At the start of July, our juniors played for the G&M Shepherd Trophy with Lenny Kendall the winner on 18pts Stableford. Sunday 5th saw a win for Luke Davidson with 44pts to secure the Men's Fell Cup and the John Magnall Pairs Competition was won by Ian Knowles and Craig Davidson with net 62. During the month the ladies enjoyed the beautiful weather when playing their Tuesday competitions and the Ladies 9hole qualifiers were won by Lady Captain Janet Crowe with 20pts and Christine Kearsley with 18pts. To celebrate her year of Lady Captaincy at the Fell, Janet Crowe and a large group of ladies enjoyed a fantastic visit to Bentham Golf Club with beautiful golf and excellent facilities to share which everyone enjoyed so much.

Repair Cafe



Cartmel Peninsula Repair Café

Cartmel Peninsula Repair Café will take a break in August and be back in September at the usual time – 5 – 7pm on Friday September 4th. Where we will be, however, hasn't yet been decided. Depending on whether or not the work has started on improvements to the Methodist Church Hall, we will either still be meeting there or will have moved to the URC hall on Kents Bank Rd. Please check in your September copy of Grange Now and/or look out for where our banner is up in the week beforehand and also at any posters around Grange. Wherever we are, we will have our full range of menders and our usual supply of drinks and cake, so we hope to see you then.

PEAT

When our community took part in PEAT's Let's Talk: The Future of Travel and Transport on the Cartmel Peninsula project, it built a shared picture and story of what life is really like on the Cartmel Peninsula. That evidence has helped to shape discussions about transport on the Peninsula, enabling us to speak credibly on your behalf with councils, transport providers and other organisations. In collaboration with others it has contributed to positive changes, including the return of the Booths Bus.

Every response strengthens the evidence for change. So, when you have the opportunity to take part in a consultation, please do. By sharing your views, you are helping to shape the future of our community. The future is shaped by those who choose to take part. Current

opportunities to have your say:

* Westmorland and Furness Local Plan – This consultation will help shape how our area develops over the next 20 years. Please take a few minutes to respond.

* Age Friendly Accessibility Audit – Age Friendly UK is looking for volunteers to help with an accessibility audit in our area. If you'd like to get involved, please contact us at peatmessages@gmail.com.

Grange Lions

Big News! We are very pleased to announce the return of our fantastic Curry Night! - raising monies for local causes. The evening is being held on Saturday 26 September 6.30pm start at the United Reform Church Hall in Grange Over Sands. The 2024 was a sell out event so get your booking in quick! Price is held from 2024 at £25.00 per person with a free drink for those who buy and pay for tickets before 1st September! Dietary requirements can be accommodated. Please contact Rachel to buy tickets 0782 198 3300 rachelchilton3@gmail.com. We very much



Grange Lions football tournament July 2026 - Grange won

look forward to seeing you there.

We have had a busy month in July. We organised a 5 aside football tournament for the local primary schools, with help from pupils at Cartmel Priory School. We had great weather and all the children enjoyed it very much. 5 teams entered with Grange Primary School winning!

The following Saturday, we were at Allithwaite Music Festival, raising money with a teddy tombola and bouncy castle. Another great day had by all..

Kents Bank Station Library

We've had a busy summer so far, sorting some large donations of books and magazines. Our group trip to Garsdale as guests of Friends of Settle-Carlisle Line was a great success; seeing preserved 'Blue Peter' steam past was an added bonus! We have expanded our 'pop-up station buffet' to include some space outside the Beach Hut Gallery. It's a nice shady spot during the very hot weather and anyone is free to use the space. You can make yourself teas and coffees in the space downstairs in the library.

We have welcomed several new recruits to help with various jobs including cataloguing our vast collection. Anyone interested in volunteering please get



Blue Peter gets a wave on our visit to Garsdale



Volunteers Philip, John and Star take a break from creating our new seating area

in touch. You'll find it worthwhile and enjoyable. We are hoping to commission a Furness Railway-style lamp bracket, similar to those on Grange station. It would be positioned above the entrance to the library. We will be launching an appeal for the bracket and a Furness Railway-style bench this August. Please get in touch if you're interested in contributing. We are open every Friday, Saturday and Sunday from 11.00 to 16.00. For more details of our activities see www.stationlibrary.org.uk or ring 07795 008691

Grange Probus Club

The Club's members welcomed the return of Robert Wheatley with his talk on the Kennedys of Stonecross. Robert explained how this prominent Furness family had made a considerable fortune in the mid and late-19th century through the discovery and mining of iron on their property. Miles Kennedy had the mansion of Stonecross built in 1882 for his wife Margaret and their family of 16 children – who all remarkably survived. The property was sold in 1946 and for several decades was a children's home before being converted in the early 2000s into luxury apartments. The Club's next event will be a talk by Bill Nelson of 1818 Auctioneers on the History and Future of Auctioneering on Monday, August 10th at 10.15 for 11am at the Netherwood Hotel. Grange Probud welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS celebrated its 30th Anniversary with a supper and quiz night in Allithwaite Community Centre. Thirty-six members enjoyed an excellent evening with a

marvellous quiz on Cumbria organised by Jeff Appleyard. Barbara Copeland who was a founding member cut the celebratory cake. Members of the society also paid a most enjoyable and informative visit to Newland Blast furnace near Ulverston. Seventeen CPLHS members heard how the furnace had been established in 1747 and had operated until the 1890s. A trust had been established in 1989 to preserve and restore the historic site and had worked to clear tons of rubble and to reconstruct the important and historical industrial buildings. The visitors were given tours in small groups led by Newland trustees who vividly described how the furnace had originally operated and the impressive work that they had carried out to conserve the site. CPLHS continues its break of its monthly talks until Thursday, September 3rd when Suzanne Tiplady will talk about the Bobbin Mills at Force. There will be outings over the summer. Further information on CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

Cartmel Institute

The Institute's trustees have considered Cartmel Priory's belated request that they should receive a share of the proceeds from the proposed sale of the Institute building and have made recommendations to the Charity Commissions (CC). The original primary purpose of the Institute charity was to provide educational and recreational opportunities for local village residents and the Trustees still maintain that interest from investment of the sale proceeds should be paid as grants to Cartmel Village Hall and the Cartmel schools. Considerable time and effort had been spent previously investigating possible use of the building by Cartmel Priory but the church ultimately had indicated that they would not be using it. The Institute Trustees have acknowledged the Reverend Holgate's secondary interest in supporting church activities "for public benefit" and are proposing that the Cartmel Methodists, Quakers and the Priory should also be eligible to apply for grants for such specific purposes. It is hoped that the Charity Commission will accept these recommendations and give authority for the sale to proceed, avoiding further delay and undesirable legal expenses. Local residents will be kept informed of developments and progress.

Lower Holker Village Hall

Lower Holker Village Hall are having a Table Top Sale on Sunday 9th August from 9 am to 1 pm with tables costing £5.00. Autumn Craft Fair is on Saturday 24th October from 10 am to 3 pm. Tables are £12.00. Tables for Table Top/Craft Fair from Rhona on r.barton5353@gmail.com. Tai Chi, Yoga, Aerial Hoops, U3A Badminton and Ukulele, Table Tennis Club, Sewing Class are available. Hall's phone is 015395 58304, Caretaker (Mark) is 07718 473144, Secretary (Rhona) is 07484784854.

Grange Lecture Society

Tuesday August 11th sees our first of the FREE taster sessions at Victoria Hall stating at 7.00. Our Programme Secretary Richard Hinchcliffe will talk about The Life and Times of the Beach Boys. Great music interspersed with what was going on in America. Bring your surf board for this 'try out' session where we recruit new members, collect this year's subscriptions from existing members and meet up with old and new friends. The key thing about this event is that we dish out free drinks (beer, wine, fruit juice, non-alcoholic beer and provide nibbles in a cabaret style seating format so that we can all have a good chat. If you don't know what the Ten Talks programme is all about it's a good chance to come along, get a free sample and meet your neighbours.

Then on Tuesday 22nd of September Prof. Paul Salvesson gives the second of our FREE talks titled – The Community Rail Story: A Very British Revolution. Paul is the guiding light behind Kents Bank Station Railway Library and Art Gallery. Paul's claim to fame is the pioneering role he has played in developing railway communities throughout the country making a significant contribution to the continuing renaissance of passenger railways in this country and around the world.

Our TEN TALKS programme then kicks off on Tuesday 13th of October with Kate Orvis talking about how geonomics (DNA etc) is transforming medicine and understanding the natural world. See our pink programme for more talks.

Grange Garden Society

The Garden Society were delighted to welcome Bertie Swainston, head gardener at Sizergh Castle to talk to us about his life at Sizergh since he started work there in 2024. Bertie has worked at many well known gardens including Edinburgh Botanic Gardens and Harlow Carr. He is slowly making changes at Sizergh introducing a more sustainable method of gardening, for example instead of picking up all the leaves in the autumn where appropriate they are being left on the borders as a mulch. This saves on work and also helps to nourish the soil. We could all do this in our gardens and refrain from being too tidy. There are 4.4 paid gardeners, the .4 being a gardener who works 2 days per week, but there are over 60 volunteer gardeners. Without them the gardens would be hard to manage. Since taking over Bertie has overseen the planting of thousands more bulbs especially in the daffodil lawn in front of the castle. Soon the garden will be accessed from the topiary lawn rather than the entrance near the rock garden. The rock garden and stumpery had become a

little overgrown and are being reworked as is the alpine rockery. More varied planting is being introduced into the herbaceous border and each gardener now has their own area to manage in the vegetable garden. If you haven't been for a while do go again and see the changes.

In August and September we will be going on garden visits. On Friday Aug 14th we will be visiting a garden in Levens, Rose Croft, which is open to groups as part of the RHS gardens open for charity. The cost will be £5 which includes refreshments. On Friday September 18th we are having a visit to Growing Well Nursery at Tebay followed by a visit to Acorn Bank a NT garden near Penrith. This will be a coach trip, cost £23 with £11 entry fee for non NT members. We are happy to have visitors on these garden visits. Email Jan Tomlinson jantom374@gmail.com if interested.

Cartmel and District Flower Club

Our next meeting is on Monday 17th August 2.00pm at Cartmel Village Hall with our guest demonstrator Karen Schofield from Preston with "Garden Party". All members and visitors are warmly welcome to attend, so please come along for a lovely afternoon of floral arrangements and refreshments. For more information, contact Isobel 015395 33136.

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Grange and District Natural History Society-orchids and butterflies

On a warm but windy day in June, Grange Nats members met at Ormsgill slag banks, Barrow to look at orchids and butterflies. Roger Holme, a Barrow native, informed us that in 1870 Barrow had the largest ironworks in the world, using Furness iron ore.

The waste slag from the blast furnaces was dumped north of Barrow forming a line of hills, white with lime used in the smelting process. The slag bank, once the largest in Europe, is now vibrant with flowers, birds and butterflies. The southern, Hindpool section was white with ox-eye daisies, and we identified huge spikes of five different orchids. Yellow-wort, a type of Gentian, coloured the banks yellow. Despite the wind, we observed eight butterfly species including the Small Blue, a national rarity. Martin Chadwick described how this Cumbrian speciality has established a thriving population amongst the kidney vetch on the slag banks. A visit to the banks is most strongly recommended.

In July, members met at Raven's Lodge, Whitbarrow for a short walk along the base of White Scar, a dominant cliff of Carboniferous Limestone. Sylvia Woodhead explained some of the research currently being undertaken into the three different limestones, and how the cliff had developed since the end of the last Ice Age 10,000 years ago. A variety of plants has colonised the limestone, the most striking of which was a tall clump of dark-red helleborine. In the afternoon, Scott Petrek, Reserves Officer for Cumbria Wildlife Trust led a visit to Latterbarrow, a small jewel of meadowland, vibrant with flowers. Scott explained the difficult issues of managing the encroaching scrub.



Latterbarrow reserve (Andrew Musgrave)



Looking at orchids on Ormsgill Bank (Sylvia Woodhead)

Some of the tree seedlings have been dug up, potted on, and hardened- off for transplanting to the CWT Skiddaw reserve in the north of the county. We counted seven species of butterfly. How lucky we are to have such lovely places to visit so close to Grange. Summer field visits are continuing. See www.grangenats.uk.



On the Big Slab, Whitbarrow (Sylvia Woodhead)

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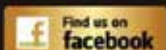


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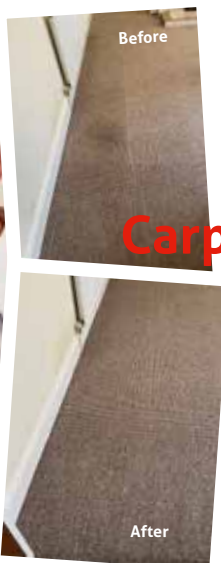
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