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Writing a Will is something many of us know we should do, yet it's often postponed. After all, there always seem to be more exciting or urgent ways to spend our money. With so many low-cost or DIY options available, it can be tempting to think that having a professionally drafted Will is an unnecessary expense.

Perhaps you've considered a "make-your-own" Will kit from a shop or online provider. Maybe a well-meaning family member has offered to help, using examples found on the internet, or a trusted professional such as an accountant, financial advisor, or long-standing family solicitor has offered to draft it for you. At first glance, these options may appear practical, cost-effective, and perfectly adequate.

However, the reality is that Wills are specialist legal documents and are far easier to get wrong than many people realise. While most of us would never consider using a non-specialist for complex or high-risk services - asking a mechanic to perform surgery or a vet to install a kitchen—people frequently underestimate the complexity of Will drafting. One missed clause, an unclear sentence, or an incorrectly executed amendment can fundamentally change how an estate is distributed, or even render a Will invalid altogether.

The consequences of a poorly drafted Will often only become apparent after death, when it is too late to fix. We regularly see estates burdened with unnecessary delays, increased legal costs, and, most sadly, family disputes caused by ambiguity or errors in a Will. What may have seemed like a small saving at the time can end up costing hundreds or even thousands of pounds in additional legal fees - money that could otherwise have been passed on to loved ones.

There is also the crucial issue of protection. Many non-legal Will writers are not regulated or insured to provide this service. If mistakes are made, your executors and beneficiaries may have no financial recourse. In contrast, when a suitably experienced legal professional drafts your Will, they are insured to protect your estate. This means that even in the unlikely event of an error, your intended beneficiaries should still receive what you intended them to have.

At Gedye & Sons, professionally drafted Wills start from £350 plus VAT. This modest investment offers peace of mind that your wishes are clearly documented, legally valid, and supported by detailed professional records of your intentions. It can mean the difference between a smooth administration of your estate and months (or even years) of stress, confusion, and conflict for those you leave behind.

Ultimately, the question is not whether you can afford a professionally drafted Will, but whether you can afford the consequences of *not* having one.

Protect your assets, your wishes, and your family's future by putting your Will in trusted hands. Call us today and make your appointment to speak to one of our experienced professionals.

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Editor's letter,

With Whit week having just happened - Whitsun was last Sunday - readers might be interested to see this procession up Grange Main Street on Whit Thursday 1908.



Main Street looking north with Procession on Whit Thursday

If you have any old photos and stories that you wish to share through the pages of Grange Now, please send them in.

The next deadline is Friday 19th June.

Best wishes, Chris

2026 looks like a bumper year for Classics over Sands



Once again, Grange's very own Classic Car Show takes place this year on Sunday 9th August, with an amazing assortment of classics from the 1920's right up to 2001.

With over 80% of entries already subscribed, it looks as though it will be another

full show. So if you've still to enter, get your skates on, as we expect entries to be full well before August.

This year we've new attractions and stallholders, with some very special children's entertainment, in fact something for everyone.

grange NOW

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Windows 26 at Grange Methodist Church



Saturday 16 May was a day of celebration at Grange Methodist Church when "Windows 26" saw the dedication of a large new window in the hall and secondary double glazing in the church.

Rev Hayley Edmondson led the service of dedication, which was attended by many people including Tim Farron MP, representatives of grant givers Westmorland and Furness Council and Action with Communities in Cumbria, members of the church, community groups and others from Grange and the surrounding area. There was a happy buzz in the air.

What the new windows will deliver is a better insulated,

warmer and more comfortable venue for the church and the many community groups who use the building for their activities. With better energy efficiency the building's carbon footprint will improve – which for Grange Methodist Church as an Eco Church is really important.

There was also the opportunity to learn more about the church's upcoming re-development project, "Open for Community". Exact details are to be confirmed but it is hoped the project will include a new kitchen and upgrades to the hall. All being well, work could start later in 2026. Watch this space!

Grange Shed

A very mixed month this last one. I have been out quite a lot on a variety for trips away from the Shed.

This means I have been a little delayed in doing things. Last month I said the Cox's Corner bench would be sorted out. It has been or it will have been! We have not finished it at the time of writing but it will be by the time you get the next Grange Now. It is secure but still needs painting so no picture.

We were hoping to get a picture of Bluebird but that, unfortunately did not work out.

We have, however, had lots of gifts of wood supplies in but it will take a long time to get all th nails out! Thanks to people for the donations

The Repair Café will be on Friday 5th June and we look forward to seeing people there or at the Shed itself on Monday, Wednesday and Friday mornings 10.00 until 13.00.

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN418	19th Jun	1st Jul
GN419	17th Jul	29th Jul



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Investment Matters

By Dan Birch APFS

When is the earliest I can access my pension?

Over recent years the government has been slowly increasing the state pension age. The current state pension age for both men and women is between age 66 and 67, gradually increasing to 67 over the next year and to 68 between 2044 and 2046. You can find your own state pension date at www.gov.uk/state-pension-age

For those who wish to plan for an earlier retirement, you may not have heard about important changes to the Normal Minimum Pension Age (NMPA). This is the earliest age from which most pension savers can access their personal pension arrangements (unless you satisfy certain ill-health conditions or have a Protected Pension age).

Under current legislation pension savers are typically able to access their personal pensions on, or after their 55th birthday. However, from the 6th April 2028 this will increase from age 55 to age 57.

The changes are unlikely to affect anyone born before 6th April 1971 as they will already have attained the age of 57 by 6th April 2028, however for anyone born after this date, some adjustments to longer term planning strategies may be required. Whilst the changes do not come into force for 2 years, this change is likely to have a fundamental impact on the plans of many people currently saving for their retirement. Such changes can lead to people worrying about financial uncertainty in the future, but by working with a financial planner we can help you plan for these changes so any additional savings, or investment strategies can be made available for the times when access to your pension may no longer be available.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Kents Bank Station Library



A traditional station bell has been restored at our historic.

Kents Bank station once had a bell which the station master used to warn passengers and crossing users of a train's approach. It was removed towards the end of the 19th century, though the bell's original position can still be seen. After a gap of over 130 years a bell (not the original, sadly) has been re-instated by our volunteers. It will be used for 'ceremonial' occasions!

The bell complements the reproduction Furness Railway-style clock which has been fitted in the original location of the station clock. Later this year the motor powering the clock will be replaced by a high torque

upgrade which will be good for many years.

We are holding a joint Community Rail Fete with Friends of Kents Bank Station and Foreshore and Beach Hut Gallery on Sunday June 7th. The fun starts at 1.00pm and we will be providing complimentary teas and coffees.

The library and bookshop are open every Friday, Saturday and Sunday 11.00 to 16.00, offering a huge range of railway books to browse, borrow or buy. Use of the library is free and we offer complimentary teas and coffee in our pop-up station buffet. More information: 07795 008691 email us on info@stationlibrary.org.uk or visit www.stationlibrary.org.uk

Furness Building Society Donation



Orchard Donation

The manager of the Grange over Sands branch of the Furness Building Society, Mandy Smith, handing over a cheque to a member of the Grange Civic Society to help finance the pruning of the Community Orchard.

Grange Promenade Gardeners Spring Update



We were busy again throughout winter and the early spring with plenty to do ,in terms of trimming bushes and planting along the promenade.

We planted a number of bulbs in autumn and the tulip display throughout April really was fabulous. The volunteers have been doing their best to keep everything looking as neat and tidy as possible ;having spread a lot of bark chippings and planted nearly 1000 donated bedding plants. We had a very positive meeting with W&F council and we hope that the council approved contractors will soon be able to do some of the heavier work on the Prom including hedge cutting and clearing the area around the central

playground. Unfortunately, there has been some minor vandalism but hopefully this has now come to an end... it's unfortunate that the good work of many can be ruined by the bad actions of a very few. Looking into the future, we hope to attract more funds. We are thankful to the many people who have contributed over the past six months and once again to the Prom Art team who have provided us with a pitch. We will be at Prom Art on the 31st of May where we hope to meet as many people as possible. We will be selling plants ,garden related items and you will have the chance to donate in person. Lets hope for some kind plant friendly weather..... daverimmer098@gmail.com

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Mayor's Report

Since my last report, the sun has been much in evidence – with our solar panels our electricity bill for the last month was 25 pence, and that includes charging the electric car.

This year is the 125th anniversary of the Victoria Hall and, as I have mentioned before, to mark the occasion we are embarking on Project 125. As the gas boilers at the Vic are ancient and on the sick list, we have decided to attempt a complete revamp of the Vic's energy systems. We intend to go green, air-source heat pumps, much insulation, draft proofing, secondary glazing and solar panels. It's an exciting idea and by the

time you read this we should have a detailed report on the feasibility of the project.

We are aware of the dissatisfaction within the Town as to the maintenance of our green spaces. We are assured that Westmorland and Furness are leaning hard on the contractors to get the standard up to the Town's expectations.

I must thank the current Councillors for their support in re-electing me to serve another term as Chairman of Grange Town Council. We do need another Councillor, please give some thought to joining us, new blood is always welcome.

Roger Handley

Walk to Chapel Island: Charity walk explores unique landmark



Join local cancer and bereavement charity **CancerCare** this August as they make their way across the sands of the **Leven Estuary** to the unique landmark **Chapel Island**.

The Chapel Island Walk sets off on Sunday 9th August at 1.30pm from Canal Foot before crossing the River Leven and walking onto Chapel Island, where those wishing to can explore the island and its vast array of wildlife.

The historic Collins Weir, an old cart line that reappeared in 2024 after being buried by the sands for over 70 years, will still be visible.

The walk begins at and returns to Canal Foot (near Ulverston), and whilst not a difficult walk, participants are advised to have a decent

standard of fitness. You will be safely guided across the sands by the royally appointed Guide to the Sands, Raymond Porter.

The circular walk is estimated to be between two and six miles, taking approximately three hours to complete. Parking is available nearby at Ulverston Park, approximately a five-minute walk from the start.

All proceeds raised from the Chapel Island Walk will go directly to CancerCare, a local charity that provides free counselling and complementary therapies to people affected by cancer, life-shortening illness and bereavement.

For more information and to book, please visit: <https://www.trybooking.com/uk/FYIC>



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Grange over Sands, Resort Or Residents

Grange isn't a proper paid-up holiday resort but nor is it purely a residential town.

We still have a fair number of visitors (hooray) who come for a day out, as this last May bank holiday weekend of mainly fine weather demonstrated. There are others who come for a long weekend or an off-season midweek break, lured by the tempting websites of accommodation providers. We have our stunning bay-views and a mile-plus promenade, we have award winning Gardens, we have some fine individual shops and eateries. We have two 'pubs' - although (whisper) we are not allowed to call them that because an ancient by-law prohibits public houses in Grange.

We also have a strong residential core, not least from those originally discovering Grange on holiday and retiring here, others moving from other parts of the country through work and to enjoy a better

quality of life. And of course the local families who have lived in Grange and surrounds for generations. Grange's residents provide the strong community spirit we are famed for and keep the hundred and more clubs and societies thriving.

We were almost a holiday resort once, for around a hundred years until the 1960s. In 1948 Grange had over 80 boarding houses and hotels – most offering H & C and spring interior mattresses! In a Town Guide dated 1973, 34 places to stay are listed - hotels, guest houses and 'holiday flats' to rent. Most who holiday in the UK now tend to book for short breaks, many off season. In the old days Grange's B&B's closed from the end of October to Easter, now they open all year round.

This article began posing the question, is Grange for visitors or residents? Actually it is for both.

Small stamps, big causes

Standfirst: Specialist Valuer Andy Bowden explores the use of stamps as micro-donations and one of the great success stories of the collecting world.

When we think of charitable giving, many of us picture Red Nose Day, collection boxes in independent shops, or fundraising events held in support of causes close to home. In 2024, the UK public donated more than £15 billion to charity.

Postage stamps may seem a long way from that world, but for more than 100 years they have played an important part in raising funds for good causes. Through special stamp issues, letter writers and collectors have made small contributions that, over time, have added up to something significant.

Across Europe, postal administrations have used stamps in this way with great success, supporting athletes in Germany, orphans in France, and clothing for soldiers in Sweden. One country, however, has been particularly successful: Switzerland.

In the early 1900s, tuberculosis was one of the world's major illnesses and was responsible for up to 25 per cent of deaths across Europe. In Switzerland, Dr Carl Horber, Secretary of the Tuberculosis Commission in Zurich, developed a plan to unite charitable organisations with child welfare missions. Pro Juventute, meaning "For the Children", was born.

The aim was to issue charity stamps in the lead-up to the holiday season, when people were sending greeting cards and letters. The first request, in 1912, came too late for postage stamps to be produced, so three non-postal labels were issued in Switzerland's principal languages: French, German and Italian.

In 1913, the first true semi-postal Pro Juventute stamp followed. It depicted Helvetia and the Matterhorn and sold for 10c, with a 5c postage rate. After a pause in 1914 due to the First World War, the series resumed in 1915 and has continued ever since, raising millions for children's charities.

For collectors, Pro Juventute stamps remain accessible and rewarding, with rarer first-day covers, postcards and "little letters" adding to the thrill of the find

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The Lake District Book Festival Cartmel Racecourse 12-14th June

Festival Organisers announce star-studded gala in Cartmel Priory on Friday 12th June.

In just over four weeks' time, the literary extravaganza that calls itself The Lake District Book Festival unfurls a three-day programme packed with talks by writers and thinkers from all over the UK.

And as the official curtain-raiser, a Festival Drinks Party to take place in Cartmel Priory on Friday 12th June 6:30pm-8:30pm, has just been announced.

Tickets are £20, include drinks, music and words and above all offer the public a chance to mingle with some of the many writers coming to take part in the festival. Head of Fundraising for St Mary's Hospice, Helen Carlson: 'We are absolutely delighted to be one of the charity partners for this year's Lake District Book Festival. Events like this not only help raise vital funds



Matt Frei

for St Mary's Hospice, they also help shine a light on the importance of compassionate care across our community. We are very much looking forward to being part of what promises to be a wonderful event and a magical evening in a very special setting.'

Tickets to the Festival Drinks Party and to most of the festival talks (Rory Stewart talk is sold out!) are on sale at www.lakedistrictbookfestival.co.uk.

For further information and interview requests, please contact Charlotte Fairbairn on 07754 163941. festivalproducer@lakedistrictbookfestival.co.uk

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New Names Announced for Yewbarrow Lodge Redevelopment

South Lakes Housing is pleased to share an update on the new homes at the former Yewbarrow Lodge site in Grange. Following strong community engagement, the development's official names have been confirmed – thank you to everyone who contributed suggestions.

When selecting the names, we carefully considered Grange's rich history, the character of the site, and its surroundings. We were also keen to recognise the much-loved communal orchard adjacent to the development. The seven homes located where Yewbarrow Lodge once stood will be known as Porritt Gardens, the apartment building will be called Huggett Heights, and the two neighbouring homes Pixie House and Pippin House.

Progress on Site

Construction is progressing well with Highall Developments Limited.

From mid-June, works will commence to alter the road known as Back Yewbarrow Terrace. We are aiming to maintain access while the works take place, and we will work closely with local residents to minimise disruption.

For safety reasons, the pedestrian route past the northern rockery remains closed until the development is complete.

We are grateful for the continued support and patience of the community as this development progresses.

For further information, please contact:
Development@southlakeshousing.co.uk
South Lakes Housing Development Team



RHS Chelsea gold medal for Cumbrian garden



Brantwood team at Chelsea, headed by Simone Daye on left

Brantwood House & Gardens has secured a prestigious Gold Medal on the first day of the RHS Chelsea flower show in London.

The award, widely acknowledged as a premier horticultural industry award, is in recognition of the garden's National Plant Collection of Wisteria. As well as being part of the RHS Chelsea display, the wisteria can be seen at Brantwood House & Gardens in Coniston, Cumbria.

Here the wisteria form part of the vast 250-acre estate



Brantwood Garden at Chelsea

which also encompasses the main house, and other buildings, alongside eight individually unique gardens that showcase the work of John Ruskin, its famous former owner, and his cousin Joan Severn.



CANNELLINI BEAN, COURGETTE & HARISSA FRITTERS

These crispy cannellini bean, courgette, and harissa fritters are a vibrant, protein-packed dish combining mildly spiced harissa with fresh courgette and creamy beans, making them perfect for a light lunch or dinner

INGREDIENTS

- 400g courgette
 - 600g Suma cannellini beans
 - 2 minced garlic cloves
 - 20g fresh chopped chives
 - 20g fresh chopped parsley
 - 4 tbsp grated vegetarian parmesan (or vegan alternative)
 - 1 tbsp harissa paste
 - 2 large eggs, lightly beaten (or vegan egg replacer)
 - 120g panko bread crumbs
 - Olive oil, for frying
 - Salt and pepper to taste
- Add all to basket

METHOD

- Coarsely grate the courgette, then wrap tightly in a tea towel and squeeze out any excess juice.
- Drain the cannellini beans and place in a medium sized bowl. Mash them roughly so they are just lightly crushed.
- Stir in the grated courgette, minced garlic, chopped herbs, parmesan, eggs and bread crumbs. Mix well and season to taste.
- Divide the mixture into 8 and form into round patties. You can add more bread crumbs to the mix if it is too wet to handle.
- Pour a little olive oil into a shallow frying pan and place on a medium heat.
- Add half the fritters to the pan, frying for 3-4 minutes each side or until golden brown.
- Transfer onto a plate lined with kitchen roll while you cook the remaining four.
- Season and serve warm with a crisp green salad.





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We apply our Client Due Diligence (CDD) to every new instruction, whether you're selling your business, making a will, or buying a home. It helps prevent fraud, stop criminals from disguising the origins of illicit money, and ensure that solicitors do not inadvertently facilitate financial crime. We must also identify Politically Exposed Persons (PEPs), ensure clients are not subject to Government sanctions and undertake ongoing monitoring.

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We refer to this whole process as 'client onboarding'. For more an in-depth look at our procedures and for some useful FAQs, visit our website and search for 'AML'.



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Grange and District Natural History Society – Summer Excursions



Bird watching at South Walney - Seppo Hakkinen

The summer programme started with a short 'Pop-Up' walk from Lindale to High Hampsfield to enjoy the fresh spring flowers, and to see the rare Toothwort and Herb Paris.

32 members met at South Walney Cumbria Wildlife Trust Reserve, to look at birds, seals and flowers. Led by Rebecca Watts, Assistant Reserve Warden, we had good views of many seabirds, curlew, shelduck, eider ducks, feeding on the salt marshes. Flocks of dunlin, and noisy Canada Geese flew overhead. A well camouflaged female Eider duck sat on a nest right by the path. Rebecca explained the importance of electric fences to protect breeding birds from predation. We admired a pair of Red-Breasted Mergansers on one of the ponds where native oysters are grown commercially. We glimpsed grey seals basking on the shore and hoped they would not be disturbed by people in boats. Passing the lighthouse, the last in Britain to go digital, we had an early lunch in the sand dunes, admiring the tiny flowers blooming in the short grass, rare pink Storksills, white Mouse-ears, and the beautiful Heartsease or Dune Pansy. In mid-May a visit was made to a GDNHS member's 9-acre smallholding, Bleacott Farm, in the Winster valley. 'Blea' is believed to be the dialect for blue, after the local, blue slate bedrock, though an old map names the area as 'Primrose Hill'. The land is

being managed for nature and utilises animal grazing provided by a local farmer: a good, working partnership. Walking round damp meadows, observing tree plantings, an orchard and an established pond, there were many spring flowers and birds: swallow, heron, kestrel, buzzard, curlew and singing calls of various warblers. Members hoped to add to the list of 130 plant species already recorded. Discussions arose on how much grazing is needed to protect the ant hills, and how to manage the wet, rushy areas and where to dig more ponds. After lunch by the pond, members thanked Edward for showing us around his lovely estate. See our summer programme on the web site www.grangenats.uk.



Toothwort, a parasitic chlorophyll-free plant, High Hampsfield - Sylvia Woodhead



Admiring the ancient Oak Tree on Bleacott Farm, Winster valley- Garry Whittaker

The Perfect Plot

June, flaming or not, is definitely summer and if you have an apple, pear or plum tree you or rather the tree may experience the unnerving and imaginatively named 'June drop'.

This is when some of the small developing fruitlets (aww!) fling themselves prematurely to the ground. There's no need to panic, this a natural thinning of the fruit, that takes place when you've had decent pollination, only fraction of the blossom (1/20) needs to develop for the tree to be at it's maximum fruit bearing capacity. Avoid doing any of your own thinning out till they've stopped falling in case you pick any off any of the chosen few that would make it past this stage.

The weather should be fine enough to plant out climbing beans and get your wig wams out, I made mine from a



combination of Hazel sticks and willow withies, you need to soak the withies for a few days before you use them this makes them flexible enough that with a little bit of fiddling you can make three or four rings of varying sizes to tie your poles to. If you're feeling adventurous you could try and weave to poles together with the willow, it'll look rustic at it's worst.

Puddled was something that my mum used to say about me, 'puddling in' is a way of planting out leeks, basically you poke a small hole in the ground with a 'dibber' or if you're more of a Bear Grylls type, with a stick! Drop your little leek seedling into the hole (roots first!) then top the hole up with water. It feels a bit callous but works well.

Article by John Random Love



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Why is the divorce itself not enough?

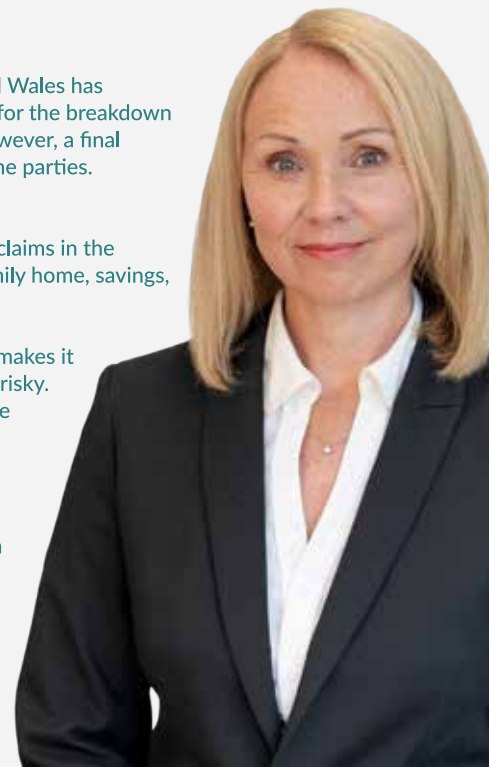
Since the introduction of no-fault divorce in April 2022, ending a marriage in England and Wales has become more straightforward. A divorcing couple no longer needs to blame one another for the breakdown of the marriage; they simply confirm that the marriage has irretrievably broken down. However, a final divorce order legally ends the marriage, but it does not sever the financial ties between the parties. This distinction is important.

Unless a financial order is approved by the court, either spouse may still be able to make claims in the future, even years after the divorce has been finalised. Those claims may relate to the family home, savings, pensions, investments, business interests, debts, or spousal maintenance.

A financial consent order records the financial agreement reached between spouses and makes it legally binding, providing certainty and finality. Relying on an informal agreement can be risky. Even if both parties agree who will keep the house, pay debts, or retain pensions, a private arrangement is not enough unless approved by the court. Circumstances can change, and unresolved claims may later become costly and contentious.

For any couples contemplating separation, the key message is simple: divorce ends the marriage, but only a financial order properly resolves the finances. Taking early advice can help ensure that any settlement is fair, enforceable, and protects both parties from future uncertainty.

We offer free 30-minute face to face appointments with an experienced family solicitor in either Grange or Kendal. If you are further afield, we can still help, by offering telephone or Teams appointments.



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Grange Drama

The set is vital to a theatre production because it's the backdrop and setting that helps ensure the audience engages with what they see and makes the actors feel comfortable in the illusion they attempt to create.

We are very lucky to have mother and son duo Alyson and Dan Irving in the role of set builders. Dan bringing his vision and joinery skills and Alyson her amazing attention to the correct period details.

For our recent production of 'Pack of Lies' Dan had to deal with tricky sight lines, imaginary walls and building a 1960's kitchen. Alyson dressed it authentically right down to the packets of OMO washing powder. Do you know why some housewives placed this in their window? Dan builds full scale models of every set to ensure he can translate the director's vision in a practical way. Alyson has a secret storage room hidden away in Grange which is a treasure trove of items

collected over many years. Her recreation of a 1930's railway station tea room for 'Still Life' was one of her most successful with members of the audience staying behind after the performance so they could get a better look. Hopefully we will be working together for many years to come.

Our next play reading, lead by Deborah Powell, will be 'Enchanted April' by Matthew Barber on 1st July in Grange Institute at 7.30pm.

The play follows the fortunes of two frustrated London housewives when they decide to rent a villa in Italy for a holiday to escape their bleak marriages. They recruit two very different English women to share the cost and the experience and there, in the Mediterranean sunshine, all four bloom again – rediscovering themselves in ways that they could never have expected.

You are very welcome to come and join us to read or just enjoy the play.

Any questions? Contact us at www.grange-drama.org.uk

Flookburgh band



Flookburgh Band is delighted to be returning to the beautiful gardens at the Clare House Hotel on 31st May and 5th July for two summer Sunday afternoon concerts.

The concerts start at 2pm and end at 4pm, they are free to attend and everyone is welcome. Please bring your chairs and enjoy the band in this lovely setting. Delicious refreshments will be available from the hotel. In the event of bad weather, the performances will still go ahead at the same time in the United Reformed Church in Kent's Bank Road.

On Sunday, 21st June, the band is performing on Barrow in Furness Park band stand, as part of a new series of six summer concerts organised by the brass bands based in South Cumbria. Again, starting at 2pm. We look forward to seeing you this summer.

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Repair Cafe

Are you one of those people whose shed, garage or attic is littered with defunct items you hoped to repair, but you never got the mythical 'round tuit' to enable you to do so?

If so, you need the Cartmel Peninsula Repair Café! We have skilled menders for most items and the glowing feedback we get for our mends is testament to how rarely anything is considered to be beyond repair. At June's café, we will have a basket weave repairer joining all our regular repairers so please bring along anything you think



Basketweaver

she could restore to usable order for you. As usual, our café is held from 5pm – 7pm on Friday, June 5th at Grange Methodist Church Hall where there will also be hot drinks and cakes on offer. We hope to see you then.

Music4charity on the 4th July

Don't miss a day of family entertainment at Allithwaite Community Centre on Saturday 4th July. Music4charity are raising funds and awareness for Andys Man club and Jaysleys voice.

Enjoy a chilled out day for all the family on the football pitch at Allithwaite community centre. Sitting around an open

marquee with Pump track, Football area, Bouncy castle Ben jinks is sponsoring the main event. Thanks also to Jim Bean for supporting us with the PA system all day.

Thank you to the community and businesses for their amazing support.

£10 Adults children under 16 free

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Lindale CE Primary School



We are so proud of our year 6 children for all of their hard work before and during SATs week.

They came in every day with smiles on their faces and positivity. On the Friday, we celebrated with a trip to the park and ice creams! They are now looking forward to the exciting activities and trips that we have planned.

As part of our whole school art project with Kendal Windows on Art, reception, year 1 and 2 have been sewing. They are creating a variety of lines inspired by maps. A great skill to learn! As part of their DT lessons, key stage 2 have also been sewing with a variety of stitches such as running stitch, cross stitch and blanket stitch.

Our school council have been discussing some suggestions for items to buy, special days and changes in school. First on the agenda was glue sticks and they were passionate and

persuasive. They decided to use some school council funds to purchase Pritt Sticks for all of key stage two. There was excitement and cheer when some of the year 6 members handed them out.

Our early years children enjoyed a visit from Archway Vets to learn about dog safety. With help from two gorgeous spaniels, they learnt how to safely approach dogs, what to do if a dog comes towards them and how dogs communicate.

Our early years class also set their beautiful painted lady butterflies free. They completed their butterfly diaries, and watched carefully as they flew out of the net into the wider world.

Year 5 and 6 are enjoying programming micro:bits. So far, they have created animations and coded a pedometer, which counted their steps and played a musical celebration when they reached their goal.



Grange C of E Primary School



Outdoor Muddy Potions



Y4 Viking Camp



Viking Shields



Y4 Buddhist Temple

The summer term at Grange Primary CE Primary School has been filled with engaging opportunities for pupils to learn, explore and grow.

Year 4 pupils brought history to life with an exciting Viking Day, marking the end of their topic. They began by learning how Vikings travelled vast distances in longboats, reaching as far as North America and the Middle East. Through their studies, pupils moved beyond the idea of Vikings as simply raiders, discovering they were also settlers, farmers and skilled craftsmen. As part of their homework, children created impressive Viking shields at home, which they proudly used during the day's activities.

The whole school also enjoyed a special

Outdoor Learning Day, celebrating the environment and the work of Sir David Attenborough. Pupils took part in a range of activities including den building, mud pie and potion making, and a maths orienteering course. A visit to the school pond gave children the chance to learn more about local habitats and the wildlife living within the school grounds.

In Religious Education, Year 4 visited the Manjushri Buddhist Temple in Ulverston. During their visit, pupils were given a guided tour and learned about Buddhist beliefs before taking part in a calm and reflective meditation session.

The school also welcomed families to an OPAL Play and Stay afternoon, where parents explored the outdoor play zones, including the popular 'Slip & Slide' Friday.



Y6 Ice Creams

The event was very well attended and received excellent feedback.

Finally, we would like to congratulate our Year 6 pupils. We are incredibly proud of the determination they showed in completing their SATs, celebrating afterwards with a well-deserved visit to Brew Café for ice creams.

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Eskfest

EskFest is a small music festival in the hidden valley of Eskdale, in the Western Lake District. Running across 3 days, from Thursday 9th to Saturday 11th July 2026.

Festival goers will experience regional bands, an open air ceilidh, local food tents, a fully stocked beer tent, acoustic stage, kids tent and all in a fantastic location, at the bottom one of England's steepest roads, the Hardknott Pass.

This micro-festival offers 4 stages of music and arts programming with over 60 bands and artists from all over the country, 30+ workshops, multiple stalls, hand-selected food stalls, some excellent bars, camping, glamping, campervan pitches, day tickets, a valley shuttle bus, and much more.

To buy tickets go online and search for 'Eskfest'

Leven Valley CE School



Rather than throw away expensive costumes, Leven Valley does a little something different for world book day.

This month we hear from Anna Davis yr 6:

We created hats that were based on our favourite books!

We spent all morning making the hats. They were made from paper and fabric and we could add things that we brought from home for decorations. There were hats made from so many books. There were some from Sherlock Homes, and the BFG. Lots of hats were made about Dogman. There were also lots about different dragons and unicorns. They were from lots of different places, from outer space to the deepest seas.

When everyone had made their hats, we had an awesome hat parade instead of our assembly. Each class got up individually and walked around the hall twice so everyone could see their



hats and they talked about how they got their design and how they made it. We all got to parade to different songs and it was a really fun afternoon.

Everyone enjoyed finding a fun way to bring their favourite books to life.

To finish the day we all got to eat the cakes from our bake sale to raise money for books!

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Property Talk

With

Craig Turner
Property Department Manager
and Valuer



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Local market – Worldwide issues

What an eventful year we are having. Wouldn't politics be a great thing if it wasn't for the politicians! And not just the ones on these shores. That said, even with uncertainty in the air both at home and abroad, the market continues to surprise.

At the time of writing we are seeing the build up to a leadership challenge in Government which only adds to the continuing disruption caused by the conflict in the Middle East. If there's one thing that shakes confidence it tends to be uncertainty as to what the future holds.

Nearly every market appraisal appointment I go into currently the question of what lies ahead is raised and what effect it will have on the market. The truth is we can't be sure - not the reassurance you were hoping for – but currently the Bank of England has chosen to hold interest rates at the current level of 3.75%. The fear is that with continued conflict comes a rise in inflation and off the back of that raises in interest rates to counter. This would lead to higher rate mortgages and a tougher lending environment. Not great news for the property market.

We have been here before though, and sadly in the not too distant past. The Ukraine war had a similar effect on markets with restrictions on agricultural products rather than oil. The property market during these times maintained and we are so far seeing the same response this time around.

The year has been, and remains, productive. Property is selling and not at reduced levels or prices. If Covid did anything for us it was to encourage a stubbornness to continue. If we can, we will and the British public do. So for now they will continue to buy houses.

We at Poole Townsend constantly keep an eye on how the local market is reacting to wider national and even international events and will be ready to advise the best course of action as the year continues.



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Allithwaite CE School



We have had a busy and exciting start to the summer term across the school, with each class enjoying a wide range of creative learning opportunities.

Snowy Owls have been learning all about healthy lifestyles and making good food choices. Inspired by the Supertato stories, the children designed their own superhero vegetables and created some fantastic "Supertatoes." They have also enjoyed preparing delicious dishes, including pasta meals and a hearty vegetable soup, developing their cooking skills and learning about healthy eating along the way.

Tawny Owls have been immersed in the world of fantasy through their exciting topic on dragons. The children have researched and written about dragons and have begun creating their own dragon dance. They are looking forward to completing their dragon masks to use as props in their final performances.

Barn Owls have been exploring the hills and lakes of the Lake District, learning about some of the birds that call this unique landscape home. They have sketched a variety of beautiful nests and created impressive 3D



nest structures. The children have also written and produced persuasive flyers describing the beauty and attractions of the region. In science, they have enjoyed designing and making their own electrical games.

Eagle Owls have been fully engaged in their World War Two topic, with many children bringing in fascinating artefacts from home and sharing stories about family members. A particular highlight was a visit from author Tom Palmer, whose book *After the War* the children greatly enjoyed studying. Year 5 pupils also took part in a thoughtful two-day Anne Frank workshop, exploring themes of equality and anti-racism.

Finally, a special mention must go to our wonderful Year 6 pupils, who completed their SATs this half term. They worked incredibly hard throughout the week and should be extremely proud of themselves — we certainly are very proud of them all.

Cartmel CE Primary School



All classes at Cartmel have engaged in outdoor adventures, with pupils visiting Castle Head in Lindale; searching for pond creatures, tackling an obstacle course – testing their perseverance and developing team-building skills on a low ropes course and in raft-building.

Some children dissected owl pellets to identify local small mammals, while others practised trust exercises.

Class 2 visited the National Trust Footprint in Windermere to compare temperate forest habitats with the rainforest as part of geography work, building rainforest-house models from woodland materials to learn about construction challenges. Class 3 braved damp conditions at Vindolanda and the Roman Army Museum, gaining insights into Roman life and archaeology. Class 1 explored seaside life in "Brilliant Britain" and are preparing for a forthcoming trip to Muncaster as they move on to a castles topic.

Pupils across the school also attended PE cluster events including tri-golf and mini tennis. Older pupils



experienced secondary-school science at Cartmel Priory School, using Bunsen burners to explore chemical changes in metals. A global live lesson celebrating Sir David Attenborough's 100th birthday, including coverage of the Royal Albert Hall celebrations, provided further inspiration.

The Gardening Club have been harvesting produce from our new allotment — radishes and shallots now, with potatoes, tomatoes and salad leaves to come — selling to parents to raise funds for the next phase of the Cartmel Primary Goes Wild project.

The school marked staff achievement with a special Celebration Assembly for Mrs Armstrong's 25 years at Cartmel, followed by afternoon tea with staff and governors. Finally, we must mention our pride in our Year 6 pupils, who approached their SATs tests with great maturity.

Cartmel Priory School



We have had another busy half term at Cartmel Priory School.

Year 9 students recently visited the stunning Manjushri Kadampa Buddhist Temple in Ulverston, where they enjoyed a guided tour around the temple and gained an insight into Buddhism teachings. Students explored the beautiful grounds, before being given the opportunity to take part in a meditation session.

As part of their Stewardship Award, students recently enjoyed a full day of fell walking, taking in Steel Fell, Gibson Knott, Calf Crag, Helm Crag and Grasmere. Favourable weather conditions and wonderful views made for a great day!

Year 10 food studies students have been busy creating delicious dishes; having learned to fillet plaice, students demonstrated their exceptional culinary skills

and creativity, producing beautifully presented fish dishes.

Well done to staff and students who took part in the Keswick/Coniston to Barrow 2026, a fantastic event, generating funds for valuable causes.

Annual mock interviews took place recently, thank you to all volunteers who generously gave up their time to enable our year 10 students to gain valuable interview experience.

Students recently enjoyed a fabulous whistlestop daytrip to London, beginning with a guided "Peoples Parliament" tour around Westminster and Black Rod's Garden, followed by a performance of Hadestown at the Lyric Theatre and a visit to Leicester Square.

GCSE exams are well underway, good luck to all students.

Severn Returns to Morecambe Bay

Severn, Arnside Sailing Club's 114 year old classic wooden yacht was back under sail, as she started her journey to Morecambe Bay and the place of her birth at Arnside.

She is now back, in commission under her guardians, the Friends of Severn, following a four year, £150,000 restoration by renowned wooden boatbuilder David Moss of Skippool.

Severn was built in 1912 by the famous Arnside boatbuilder William Crossfield and Sons, for the Royal

Mersey Yacht Club, to be part of their fleet of Rivers Class Yachts, to race off Liverpool. Her lines and lineage, however, derive from the Morecambe Bay Prawners, which once fished the coastal waters from the River Conway to the Solway and for which Crossfields were renowned.



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Cartmel Methodist Church

We are still reeling from the shock of learning of the sudden death of Paul Bryant, a regular member of our small Sunday congregation who played the major part in looking after our finances.

We will miss him greatly, and are most grateful not only for his practical help but for his sense of humour and all the questions he asked which made us think. Rest in peace,

Paul. Not such a good day for our coffee and chat morning last month, but we had a very pleasant morning anyway close to the heating, and look forward to our June gathering from 10:30 on Tuesday, June 9th. Many of our regulars live on their own, but anybody is welcome and we would love to meet you – no fixed charge for the coffee and shortbread, though donations are always welcome.

Cartmel Peninsula Churches Together

As I write this, I've just about dried out after celebrating Ascension Day on Hampsfell.

A small group of us scrambled up the slope by the golf course to the cairn on Fell End, where we remembered the Bible story of how Jesus was taken up into the heavens, leaving his followers looking upwards into the sky, having been told to wait for the coming of the Holy Spirit. After a short time of prayer, and a hymn, some returned home whilst a few of us walked on towards the top of

Hampsfell and promptly found ourselves pelted with hail and surrounded by rumbles of thunder. Quite dramatic, but we won't insist on a repeat next year! By the time you read this, we will also have celebrated Pentecost, when the disciples felt for themselves God's power working within them and found that they were able to speak confidently about the way Jesus embodied the love of God for all people. Now we look forward to Praise on the Prom at 4:30 on gloriously sunny (perhaps) Sunday afternoons in July and August.

Grange Methodist Church

Thanks to everyone who attended the Garden Open days and donated so generously, and to Sue and Peter Nicol for opening their garden (and looking after it so well all year!). Nearly £600 was raised for our Building Fund.

We look forward to the June Repair Café when we will be open on the first Friday of the

month as usual, from 5-7pm on Friday, June 5th. The Friendly Food lunch, however, will not be in its usual slot. Please note that it will be on the third Tuesday, June 16th, at the usual time of 12 noon, and will be home-made soup and sandwiches. Numbers in May were up to over thirty of us enjoying good food and company; all welcome, no need to book.

Cartmel Priory

The celebrations of Easter have passed, and as we move from Pentecost to Trinity and the green colours of Ordinary Time we look towards the summer.

There is much still to celebrate as the first Book Festival takes place and at Cartmel we remember William Wordsworth's teacher William Taylor. We invite you to come and stand on that very same spot where William Wordsworth stood and wept at the memory of this remarkable man. Access to the graveside is to be unveiled at 10.15am on Friday 12th June, coinciding with the 240th anniversary of William Taylor's death. Professor Stephen Gill, Emeritus Professor of Oxford University and Fellow of Lincoln College will 'cut the ribbon' and follow this with a talk 'William Wordsworth and Cartmel' to be given in the Priory at 10.30am. Free to all! As part of the Ulverston Music Festival, the Jervaulx Singers will be giving a concert at

7.00pm on Sunday 31st May. Tickets from The Coro website, in person or by phone, or on the door.

At 5.00pm on Sunday 21st June The King's School, Macclesfield will join us for their annual visit. Young singers and instrumentalists of all ages will once again entrance the audience with their skill and enthusiasm. Please come along and give these young musicians your support.

Finally, on Saturday 27th June at 7.30pm Voce will sing 'classic songs' and give us an 'unforgettable' night. Tickets £15 available from ticketsource or on the door.

Looking ahead, on Friday 24th July, you can enjoy an evening with internationally recognised contralto Jess Dandy, and David Pipe, the Priory Director of Music, as they offer a varied musical programme. Jess is taking time out of her very busy schedule to be with us, and further details will be available shortly.

Hope Church

On the 10th of May we had our AGM where we looked back on the previous year, a chance to take stock of all the events and comings and goings of the last twelve months as well as thanking those who have contributed their hard effort to keep the day to day works of the church running.

Also we heard of some of

the places around the world we have been able to bless financially, as well as some closer to home such as Manna House in Kendal and the Churches Together Youth Trust here in the peninsula. In the book of Galatians the apostle Paul writes "let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."

We also took time to look to our vision for the future with our name of Hope church reminding us that whatever discouragements we go through we do not give in to fear and that we can look to the truth of the good news and the promise of healing in Jesus name.

We continue to meet in Lindale Village Hall on Sunday mornings at 10.30am. Everybody is welcome.



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St Peter's Field Broughton

The service of Communion and the body of Christ will be celebrated with a service on Corpus Christi at 7pm, 4 June. This is an unusual service as we gather round one table with a said (not sung) service where the bread and wine is passed from one to another.

Of course St Peter's Day will be marked with 'Tea and Towers', from 1.30 to 4pm on Sunday 28 June. The Tower will be open with guided tours, enabling a view of the entire valley from the top. Delicious home made teas will be available on solid ground! We are still looking for extra help with cutting the

grass in the graveyard. If you have relatives buried there or intend to be buried there yourself, please consider helping with our Boon Days, another opportunity to try our homemade teas and get to know the community. We usually alternate such days with a paid grass cut, but this year we need a replacement gardener. Please let us know if you can think of anyone who could help. Just go to the website at www.spfb.org.uk, where you can view information and contacts for the church. Also have a look at our Sunday services from afar through our YouTube channel. Search St Peter's Field Broughton!

St. Paul's

As I write this, on Ascension Day, May 14th, Churches Together are meeting by the Golf Club and walking together to the cairn on the hill and then up to Hampsfell for a short time of reflection and prayer, led by Reverend David Edmondson. Let's hope the weather is kind to them!

Sixteen Solo Diners, who would usually be eating alone, met up at The Cumbria Grand hotel on Sunday 10th

May to enjoy lunch together. These Solo lunches take place every couple of months and anyone living on their own is very welcome.

Many of St Paul's congregation are working hard in preparation for our Spring Fair on May 23rd. Finally, the new bishop of Penrith is the Reverend Canon Dr Michael Leydon and we pray for him and his family as they settle into life in Penrith.

St. John's Flookburgh

Rev Mark will be in church for Morning Prayer at 9.30 on Tuesday 2nd, 9th 16th 23rd & 30th. Mid-week Holy Communion at 11am on Wednesday 24th.

On June 7 we have The Sweet Sorrows (The Sweet Sorrows) coming to church to give a concert as part of their UK tour. If you like acoustic,

folk, americana, Irish styled tunes and harmonies please come along at 7pm (£5 on the door)

If anyone would wish to contact the vicar you are most welcome to use

Email: allithwaite.flookburghvicar@gmail.com
Phone : 07810655684.

St. Mary's Allithwaite

Just to let you know that in the coming weeks there is going to be some work taking place on the church tower.

This will have some obvious restrictions as there will be work parties on site. Please check that your regular events in church are still happening over the coming weeks.

Rev Mark will be in church for Morning Prayer at 8.30 on Tuesday 1st, 8th, 15th 22nd & 29th. Mid-week Holy Communion at 11am on Wednesday 17th. Afterwards you will be most welcome

to stay for our monthly Community Lunch.

Look out for our Fun Day which is planned for June 13th. Just like recent years it will be a wonderful opportunity for folk to come together ... and ...as the day suggests have some fun!

For everything else going on in St Mary's can I encourage you to check out our website: [St Mary's Church](http://StMarysChurch.com) If anyone would wish to contact the vicar you are most welcome to use Email: allithwaite.flookburghvicar@gmail.com Phone : 07810655684

URC

Summer is now upon us. As I write this, it can't really make up its mind, but hopefully by the time you read this it will have properly arrived. Nevertheless the long days are definitely more cheerful.

We do hope that the sun shines for the BYO Pentecost Picnic on St Charles Field on Sunday 24th May 12noon – 2am. Hot drinks and

fellowship.

On Tuesday, 2nd June our monthly Morning Coffee will have the extra feature of a Book Market. A collection of Christian books will be available, donations welcome for the re: new centre in Barrow and the URC. Coffee as usual, so please come and see.

Meet-up sessions will be on the 1st, 15th and 29th of June. You are all welcome.

St. Charles Borromeo

Greetings to all Grange Now readers.

I am sad to report the deaths of two long-standing members of our congregation this month. One of whom was our parish secretary for many years. We say a fond farewell to Geoff and Marian. R.I.P. On a more cheerful note, we celebrated a 100th birthday on the 21st of May, Congratulations Bill!! Also we have our annual parish meal coming up on the 31st. During the month our congregation and any visitors who were in on the day were asked to sign a petition, organised by CAFOD to send to our government asking world leaders to mitigate the debts incurred by third world countries which are preventing them from spending money on education, health and infrastructure. It is good to be reminded that we do not merely concern ourselves with local issues, but also

play our part on the bigger stage of world affairs. We are also looking forward to our meeting with the bishop at the beginning of June as we explore ways to go forward in our six linked parishes. God bless to all who read this.



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Hamnet (12A) Sunday 14th June 7pm (doors 6.30pm)

From Academy Award® winning writer/director Chloé Zhao, Hamnet tells the powerful story of love and loss that inspired the creation of Shakespeare's timeless masterpiece, Hamlet.

Starring Jessie Buckley and Paul Mescal, based on the book by Maggie O'Farrell.

Winner of Best British Film at the 2026 BAFTAs, and Best Leading Actress for Jessie Buckley. 'a testament to the power of art to mend, move and unite' – The Observer Screened with subtitles.

Rating: 12A (distressing scenes, brief moderate sex).

Runtime: 2 hours 25 minutes (including 20 minute interval).

Bar, interval bacon buns, ice cream, tea and coffee.

Advance tickets from www.ticketsource.co.uk/vhsg Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.

Adults: £6.50 Children £4.50

BINGO AT THE VIC

Monday 1st June 7.30pm – 9pm

Eyes down for bingo night at the Vic! Over 18s only, £1 admission (cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.



What's On at The Vic - June

See www.victoriahall.info/whats-on for more details of all our events. Follow us on Facebook! Search for 'The Victoria Hall Grange' Subscribe to our NEW 'What's On @ the Vic' Newsletter! Fill in the form on our website homepage.

REGULAR EVENTS

James Reeder Dance Classes - Weds from 6.30pm.
Contact: james@reedersdance.co.uk

Various U3A groups - Contact U3A: 015395 35358. Monthly meeting 3rd Tuesday 10.15am - 12noon

Manjushri Buddhist Meditation Class – Wednesdays - 11am-12noon in Chamber. £5. www.manjushri.org

Parliamo Italiano - Tues & Thurs - beginners, post beginners & improvers - details: caroline_hakkinen@mac.com

Growing Singing Drop-in Sessions - light-hearted singing sessions - Thursdays 1.00-2.30pm - £8

Yoga & Meditation for all - Mondays 6.30pm & Thursdays 7pm, with Shelley Osman - www.shelleyosman.com

Beginners Drawing & Painting: Focus on Faces – Wednesdays 10am-noon – adultlearningcumbria.org

INDIVIDUAL EVENTS

01/06 Mon - VHSG Bingo at the Vic - Doors 7pm, Eyes down 7.30pm. £1 entry, £5 per Bingo card. Prizes - 18+

05/06 Fri - Friday Night Dancers - Ballroom & Latin Social Dance (not teaching): 7.30pm - all dancers welcome!

06/06 Sat - NT Live: 'Playboy of the Western World' (screening) (15) 7pm, doors 6.30pm - www.ticketsource.co.uk/vhsg

07/06 Sun – Music in the Park – Park Road Gardens (wet weather venue Victoria Hall) – 2pm –Free entry

08/06 Mon - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm

11/06 Fri – PEAT: Great Big Green Week Drop-In Sessions – 10-4pm

13/06 Sat – Simon McGregor & the Strictly Swing Band: Lost in Time - 7.30pm – www.ticketsource.com/victoria-hall

14/06 Sun - Cinema at The Vic: 'Hamnet' (12a) - 7pm, doors 6.30pm - www.ticketsource.co.uk/vhsg

21/06 Sun – Music in the Park – Park Road Gardens (wet weather venue Victoria Hall) – 2pm –Free entry

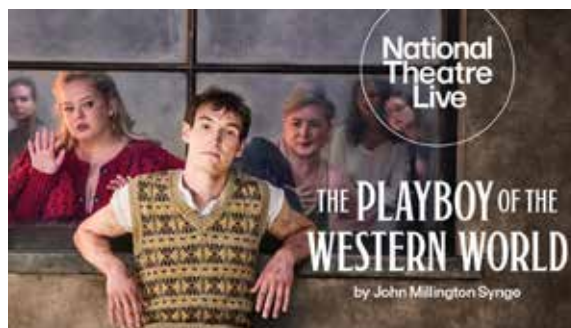
27/06 Sat - NT Live: 'Les Liaisons Dangereuse' (screening) (15) 7pm, doors 6.30pm - www.ticketsource.co.uk/vhsg

27/06 Sat – K. Atkinson Reflexology Workshop – Learn reflexology - 9.30am-3.30pm - reflexologyworkshops.co.uk

28/06 Sun – K. Atkinson Reflexology Workshop – Learn reflexology - 9.30am-3.30pm - reflexologyworkshops.co.uk

National Theatre Live at the Vic!

The Playboy of the Western World (screening) Saturday 6th June 7pm (doors 6.30pm)



Nicola Coughlan (Bridgerton) joins Éanna Hardwicke (The Sixth Commandment) and Siobhán McSweeney (Derry Girls) in John Millington Synge's riveting play of youth and self-discovery.

Pegeen Flaherty's life is turned upside down when a young man walks into her pub claiming that he's killed his father. Instead of being shunned, the killer becomes a local hero and begins to win hearts, that is until a second man unexpectedly arrives on the scene...

Filed live on stage at the National Theatre, Caitriona McLaughlin directs this darkly funny tale full to the brim with secrets.

'A sumptuous production, rich in detail, craft and spectacle' - Guardian

Bar, tea, coffee, ice cream.

Awaiting rating and run time.

Tickets £12 adults £10 children available from www.ticketsource.co.uk/vhsg

Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.

National Theatre Live brings the best of British theatre to local venues – unmissable theatre filmed live from Britain's most exciting stages.

What's On

Mondays 1, 8, 15, 22 and 29

South Lakeland Phoenixes. Drop-In/ Good Mood Café for people aged 18+. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, confidential, safe space between 1:00 and 3:30 p.m. for a chat and a brew. Venue: Thornleigh Hotel, 26 The Esplanade, Grange-over-Sands.

Tuesdays 2, 9, 16, 23, 30

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Tuesdays 2, 9, 16, 23 and 30

Baby group in Grange Methodist Church Hall from 9:30am. All parents and carers are welcome to come with their little ones.

Wednesdays 3, 10, 17 and 24

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon

Thursdays 4, 11, 18, 25

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528

Friday 5 June

Repair café in Grange Methodist Hall from 5-7pm

Saturday 6 June

Churches Together Men's Breakfast at 8:30am, Grange Methodist Church Hall.

Share a simple breakfast, fellowship and prayer together.

Sunday 7 June

Burneside Brass and June 21st - Sedbergh Town Band. Music In The Park 2026 Free Summer Concerts - Park Road Gardens - free entry. Drinks and ice-creams will be available

Monday 8 June

Grange Probus Club will meet at 12.15 for 1pm at the Netherwood Hotel for their Summer Luncheon. See the club report for more information.

Tuesday 9 June

Coffee and Chat at Cartmel Methodist Church from 10:30 to 12:00 noon

Wednesday 10th June

7.30pm Newton & Field Broughton WI meets in Lindale village hall LA11 6LE. Speaker - Mich Bridgewater who will give his entertaining talk 'The Sewing Bee and Me' Visitors welcome £4 includes raffle & refreshments.

Wednesday 10th June

14.00. Kents Bank Station Library Mutual Improvement Class: The Work of the Railway Benefit Fund; Jo Kaye, Chief Executive of the Fund, outlines the work of this remarkable railway charity, with a history stretching back to the early years of the railways. All welcome; free admission but please book as space is limited. Details www.stationlibrary.org.uk

Thursday 11th June

Come along at 2.00pm Reading Friends @ Grange Library when we shall be spending a relaxing hour chatting about Dreams (good and bad) over a cuppa ~all welcome.

Sunday 14th June

Table Top sale 9.00 am to 1.00pm, tables £5.00. Lower Holker Village Hall in Cark-in-Cartmel LA11 7NU

Tuesday 16 June

"Friendly Food" lunch and conversation in Grange Methodist Church Hall at 12:00pm

Wednesday 24th June

7pm. The Dorian Players make a welcome return to Tottlebank Baptist Church LA12 8AY (Greenodd) Admission Free but donations are invited to cover costs.

Thursday 25th June

Coach trip to Chester Flookburgh & District Over 60's Leaving Flookburgh Square at 9.30am Contact: Wendy Bland 07814470033

Age UK South Cumbria

Accessible Yoga – Grange United Reformed Church every Mon 11am – 12pm

Gentle Exercise Class - Grange United Reformed Church every Tuesday 2pm – 3pm & Thursday 2.30pm – 3.30pm. Currently full, please call for availability.

Lunch Clubs:

Grange - Thornleigh Hotel - 3rd Wednesday of the month.

Allithwaite - Pheasant Inn - 2nd Tuesday of the month.

Cark - also at the Pheasant Inn - 4th Friday of the month.

Please call 01539 728118 to book lunches, or for further details.

Also, we are currently looking for volunteers to help us run our exercise classes across the South Lakes including Grange

National Theatre Live

at the Vic!

Les Liaisons Dangereuses (screening)

Saturday 27th June 7pm (doors 6.30pm)

by Christopher Hampton

Based on the novel by Pierre Choderlos de Laclos

BAFTA Award-winner Lesley Manville (Phantom Thread) joins Aidan Turner (Rivals) in a striking new staging of Christopher Hampton's celebrated adaptation of the classic novel, where among the glittering salons of the super-rich, one misstep can mean ruin.

Marquise de Merteuil is a master in the art of survival. Alongside the magnetic Vicomte de Valmont, they turn seduction into strategy and weaponise desire. But when their alliance collapses into rivalry, the battle between them threatens to destroy everyone in their path.

Filmed live on stage at the National Theatre, Marianne Elliott (Angels in America) directs this thrilling game of love, lies, and social warfare.

Bar, tea, coffee, ice cream.

Awaiting rating and run time.

Tickets £12 adults £10 children available from www.ticketsource.co.uk/vhsg

Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.



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<p>The Growing Singers Flutes & Co 12th July 2:00pm</p>	<p>Kirby Lonsdale Brass Band 2nd August 2:00pm</p>	<p>Millsbridge Steel Band 30th August 2:00pm</p>

Wellness Trust supported by the Vic! Book in using the QR code on the poster.

George Tubb | SOMERSET HOUSE | THE BURNESIDE

Cartmel Art Society

Last month we were "Horsing around with Horses" led by Jane Pap, inspiring us with a wide variety of both technique and materials. This was followed by returning professional artist Francis Winder demonstrating "Exploring Watercolour with Atmosphere". On the 14th of June fellow member Rita Denby will lead a morning workshop featuring "Blossoms". For this session we will be working in acrylic. Rita's innovative style is sure to introduce a twist to this subject!

On the 24th of June Jill Colquhoun-Bardgett will be demonstrating in a Pastel Workshop. Lake District artist Jill is known for her work as a watercolour/mixed media artist. She will be showcasing light, pattern and movement using pastels; her work being inspired by the landscape in which she lives and works. Please confirm with Rita Denby if you will be coming to either meeting. You can contact Rita by email on: ritadenby45@gmail.com or call her on: 07587 705842.

Lower Holker WI

There was no speaker arranged for the April meeting of Lower Holker WI, and the attendance did not break any records. But members who were there, made plans for a celebratory lunch to celebrate 100 years of their WI. It is quite an achievement to keep a meeting alive for a century, and the members present acknowledged that. After a social time and friendly discussion, we all enjoyed a Jacob's Join tea. New members are always welcome and we meet on the first Wednesday of the month in Flookburgh or Lower Holker Village Hall, alternately. Please join us.

Grange Lions

In May we held our annual Presentation Evening where we invited the charities to whom we have donated monies to over the past year. It is always a fun and informative evening where we learn how the funds raised are spent, chat to our recipients and enjoy a superb buffet and quiz. Many of our recipients of funds are local charities ranging from Allithwaite King George V Jubilee playing field, to Bay Search And Rescue, Grange Preschool and Foodshare

We meet twice a month and have a wide age range of members – everyone is welcome. If you would like to be involved with Lions or come along one evening to see what Lions is about, please contact Rachel Fell on 0782 198 3300, rachelchilton3@gmail.com

Cartmel and District Flower Club

Our next meeting is on Monday 15th June 2.00pm at Cartmel Village Hall. Our guest demonstrator is John Thexton from Armathwaite with "This That and the Other". All visitors have free entry this month so please come along and bring a friend and enjoy an afternoon of floral

arrangements and refreshments and don't forget 10th July we have a Fashion Show from Colours, tickets still available so make sure you get your ticket for a super evening of fashion. For more information contact Isobel 015395 33136.

Grange Garden Society

On Friday May 15th 12 members of Grange Garden Society drove to Silverdale for a tour around Graywalls Garden. The garden was designed by Thomas Mawson, a renowned Garden designer in the late 19th century and early 20th century. He was local to the area and designed many well known gardens around Lakeland including Rydal Hall, Langdale Chase Hotel and Brockhole. He also designed gardens throughout the country and abroad and was an exceptionally talented designer. However many of his gardens became forgotten, neglected, overgrown and derelict after the war, among them Graywalls which had been his final project before he died in 1933. In 2014 the garden at Graywalls was rediscovered by an amazing gentleman, Brian Smith who has reclaimed the garden single handed, recently with the help of a few volunteers.

Our next meeting is on Friday June 19th at 7pm with refreshments served from 6.30pm. Karen Lund will be talking to us about the Growing Well Charity and we hope to visit one of their gardens at Tebay in September. Visitors are always welcome cost £3. There must be many enthusiastic gardeners in Grange who I'm sure would enjoy joining us. Membership is £15 per year. Do come along.

Lower Holker Village Hall

May 2026 200 Club winners, 1st £40-161-Daniel Croft, 2nd £25-200-Philip Barton, 3rd £15-19-Rod Tattersall, 4th £10-40-Terry Brown. Sunday 14th June Table Top Sale from 9.00 am to 1.00 pm, tables £5.00, available from Rhona on r.barton5353@gmail.com. Yoga, Tai Chi, Dancing, and Aerial Hoops, U3A Badminton, U3A Ukulele, and Pickleball are available. Thursday is Badminton/ Table Tennis day. Badminton 9.00am to 2.00pm. Table tennis from 9.00am to 4.00 pm. Cost is £2.00 per player per session. To book phone 07718 473144 (During school holidays this may change). Table Tennis Club details- Peter on lowerbirkby@gmail.com. Sewing Machine Classes every Friday morning 10-12, £15.00 per session, bring your own machine. Contact Natasha on Natashal27@outlook.com or 07901751197. Please follow us on Facebook at lowerholkervillagehall for all our latest news. Website is lhvh.co.uk. The Bowling Club is contact Ron on chrisonenil@btinternet.com. The Hall number 07718 473144(Caretaker), Secretary's (Rhona) mobile is 07484 784854.

Grange Stitches

Our meeting in May was led by Elaine, one of our members. Last year she visited

family in New Zealand and was fortunate to attend a three day workshop led by Wendy Williams, a well known quilter and designer in Australia. Elaine started her 'Little Baskets' quilt whilst away, completed it on her return, exhibited it at the Levens Quilt show last year and it was voted best in show. She took inspiration from this quilt and shared many ideas with us as a starting point for our own work. We had come prepared with a square of wool felt for the background, and many smaller pieces of felt to use for the design of our own square. There were lots of birds flying onto the felt as well as vibrant flowers. Our work is still in progress and hopefully will be viewed at our next meeting and on our blog-- southlakelandstitchers.blogspot.com

Before then, we are holding an exhibition of work at Grange Library, from Thursday 4 June through to the end of that month. A full range of stitching, felting, patchwork and weaving, will be on display.

PEAT

Lots coming up this June! We're delighted to share that we've secured funding for a public water fountain on the Prom in Grange, part of a long-held vision to be a 'Plastic Free Prom'. We're hoping it will be installed in time for the Prom Art weekends, making it easy for everyone to refill water bottles, reduce single-use plastics, and help protect our beautiful bay. If you have any unwanted water bottles that can be recycled we will be collecting them at Grange Library to give away as part of the water fountain launch. We will be having an official launch - more details soon!

Following the recent People's Emergency Briefing, we'll be holding a follow-up community event at Victoria Hall, Grange, Wednesday 11 June 11am – 3pm. So if you've ever wondered 'What more can I do?' come along for a chat. Whether you're interested in climate action, nature, local projects, or simply meeting others who care, we'd love to see you there. You'll also find us at Prom Art on 28 June and 26 July. Pop by to share ideas, discover what's happening locally, and explore ways to get involved in creating a greener, fairer future for our area

Grange Lecture Society

We have completed our programme for the new season of Ten Talks. Look out for a pink leaflet coming through your letter box later in June. The usual (or unusual) range of eclectic talks: Horse racing, a Mary Quant dress and riding a motor bike across America among several more. Please fill in your membership application on the back. It can be dropped off in either Gedyes solicitors' office or Daisyroots bookshop on Main Street. Pay online with your name as reference or enclose a cheque.

If you are wondering what the Lecture Society is all about do come along to

our introductory talk at Victoria Hall on Tuesday, August 11th. There will be free nibbles and drinks to wash it down. We will have a cabaret table arrangement and it's a great opportunity to meet new friends. If you are new to Grange, it's a great way to get connected.

Our President Peter Ratcliffe is organising an evening of swing music in Victoria Hall with a 17-piece band backing the lovely Simone McGregor on the 13th of June. Should be fun. Come and say hello to Lecture Society folks and have a natter.

Grange Soroptimists

Our Mental Health Awareness Day on May 16th in the Victoria Hall was very successful with excellent, informative speakers and a range of stands giving information about mental health and suicide prevention. We were so grateful to Tim Farron for opening the event and for all those who gave their time on the day. We all came away better informed.

At our May Club meeting local midwife Cath Holland talked about the charity Beyond FGM which works to prevent FGM in Kenya. Members enjoyed a good chat and get together at Uplands one evening in May. Members have been collecting bras for the charity Against Breast Cancer and have a box in the library where you can recycle bras in any condition. A big thank you to Men's Shed for repairing our bench at Cox's Corner. It is now serviceable! Our gardeners have been hard at work in the Sensory garden which looks lovely. Anyone interested in joining the club or getting further information please contact Mary Ann on 015395 32265 or www.sigbi.org/grange-over-sands/

Grange Probus Club.

The Club welcomed Christine Workman who gave a talk on "Suffragettes and Suffragists". She explained how the struggle for female emancipation could be traced back to the 1850s and how it gathered pace through the decades leading up to the end of the century. Frustration at the lack of progress resulted in the involvement of the Pankhursts and more militant action

in the early 1900s. Christine explained how the Suffragists strove to win votes for women through legal action whilst the Suffragettes were prepared to break the law to further the cause and used their subsequent imprisonment and hunger strikes to apply public and political pressure. World War 1 highlighted the ability and importance of women working in a wider variety of jobs and women over 30 with property won the vote in 1918 and the rest in 1928. The Club's next event will be their Summer Luncheon on Monday, June 8th at 12.15 for 1pm at the Netherwood Hotel. Grange Probus welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS'S meeting welcomed John Campbell who talked about Bowness - Old or Ancient? John explained that he had grown up in Bowness and, after travelling extensively in his career as a cartographer, had returned there in 2013. He had developed a keen interest

in the town's history and particularly in how it had developed over the centuries. Old maps and other sources indicated it was a small self-sufficient lakeside village from the 16th through to the early 19th centuries with mainly agricultural, fishing and boatbuilding activities.

Everything changed in 1847 with the opening of the Kendal to Windermere railway line and the arrival of tourists. John examined the history of the town's oldest buildings and also suggested how Bowness (from Bull Headland) probably had been an important ancient transport

hub with roads from the north meeting Windermere on which boats could be taken onwards to the south. CPLHS breaks its monthly talks until Thursday, September 3rd when Suzanne Tiplady will talk about the Bobbin Mills at Force. There will be outings over the summer. Further information on CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community <https://cplhs.wordpress.com/> or from Stuart Harling on 015395 36296.

Cartmel Institute

The Trustees of Cartmel Institute spent much of 2025 informing and consulting Cartmel residents about how, as the building no longer was required as a community facility and vital repairs could not be afforded, they had no option but to sell it. The village community had

supported proposals to use the sale proceeds to establish a new community trust the interest income of which would provide grants for the village hall and Cartmel schools in accordance with the original donor, the Rev Holgate's, wishes to provide recreational and educational facilities for local people. An application had been submitted to the Charity Commission (CC) for their permission for the sale and it had been hoped to put the

building on the market early in 2026. However, for some reason the CC decided that a short further public consultation was required and that public notices should be posted in the village to invite further comment. These notices will be displayed from May 18th on the boards by the Institute and Village Hall giving details of how comments and suggestions can be submitted by June 18th. The Trustees will publicise the outcome of the public consultation and will arrange a further public meeting in the village hall if there has to be any significant change to the previous plan.

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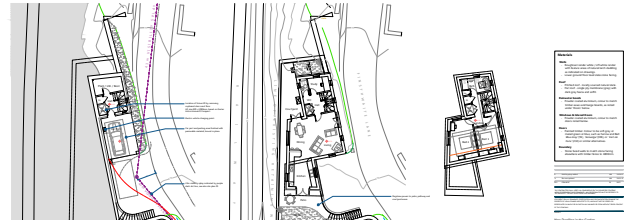
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Dear Editor,

I thought you might be interested to see the huge colony of bees hanging from a tree on Kents Bank Road, just opposite the flower shop

Dear Editor,

In the recent flyer from Westmorland and Furness Council about their plans to charge £60 per annum for emptying our green bins, they used the word 'harmonising' several times to describe these changes to their waste collection services. As I am going to have to pay for a service that was previously free, this is not music to my ears.

Alison Hinds

Dear Editor,

Walkway/Cyclepath Across The Arnside Viaduct. In May's edition it was stated this was a "low cost" project which is totally misleading. To date Lancashire County Council has given Morecambe Bay Partnership £59,000. and Westmorland and Furness Council a further £99,999. for "feasibility" studies, which advised the estimated cost could be around £30,000,000! Low cost really!

S. Jones

Dear Editor,

Grange Soroptimists would like to thank publicly those who very kindly sponsored their recent Mental Health Awareness Day in the Victoria Hall:

- Furness Building Society
- Gedye Solicitors
- Grange Now
- Independent Investment Associates Ltd
- Poole Townsend
- Progression Solicitors
- Thyme Out
- White Hart at Bouth

From the Library

Latest outdoor area update: South Barn 1850 recently handcrafted a bespoke oak storytelling chair and two matching oak benches, using locally sourced oak from Graythwaite Estate, which was milled in-house before being carefully crafted by hand.

The project was delivered in close collaboration with Footprint Forestry and Greg Thompson Quality Landscapes & Tree Care, celebrating local materials, traditional craftsmanship, and community partnership within the Lake District. We look forward to using the outside area as the weather improves. Keep an eye on this column and Westmorland and Furness Libraries Facebook pages.

Exhibition: Wednesday 3 – Friday 26 June - we welcome back South Lakeland Stitchers to our exhibition space.

Seed Library is working well. Help yourself to a variety of seeds. We welcome donations of spare seeds to go into the seed library. Pick up an envelope. Ask for a leaflet with further info.

Reading Challenge 2026: "Everybody

Wants To Rule The World" Tears For Fears, released 1985. Half-way there!

Digital Drop-in: IT help and advice with Charles - first Monday each month 10.30 -12. This month Monday 1 June.

St Mary's Hospice drop in: second Friday every month 10.30 - 12. See posters in library for contact details. This month Friday 12 June.

Storytime: Thursdays 10.15 - 10.45 (school term-time). Bring your toddlers. We have childcare groups attending and are happy to accommodate other groups. Contact us if have any queries about attending regularly.

Working and relaxing spaces and public computers are available. Computers provide free access to Ancestry, Find My Past, 1921 census and Which Magazine with your library subscription. Printing and photocopying facilities are available at a small cost. We can advise on accessing online resources and digital devices, as far as our own general knowledge allows.

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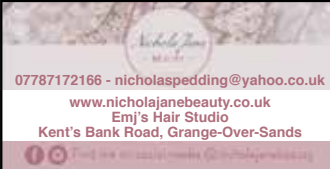
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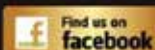
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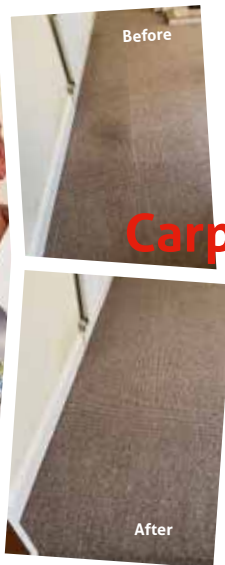
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