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Moving in with a partner or buying a property together can be an exciting time. Understandably, people do not want to think about what might happen if their relationship ends. Leaving these things to chance, however, can leave you stuck in a property with an ex-partner with no agreement as to how or when that property can be sold, how the proceeds will be split and how any associated costs will be dealt with. Alternatively, you could find yourself facing a lengthy and expensive Court battle to reach a resolution.

A Declaration of Trust and a Cohabitation Agreement are both legal documents that help define financial and property arrangements between individuals, but they can serve slightly different purposes.

There is still a misconception that the concept of 'common law marriage' exists in this country, but it does not. Cohabitees are afforded far fewer protections and rights than married couples, so it is important that individuals intending to cohabit consider entering into a Declaration of Trust and/or Cohabitation Agreement to set out what they intend their respective rights to be.

A Declaration of Trust

If you are buying property with another person, a Declaration of Trust will usually record the proportions in which a property is held and therefore how the sale proceeds of that property will be divided when the property is sold.

EGAL PEACE OF WIND SINCE 1903 Similarly, if you have purchased a property on your own and your partner later moves in, or indeed if you are the partner that moves in, a Declaration of Trust could record any interest in the property the non-owner is to gain over the course of living together, for example, off the back of them making contributions towards the mortgage or the improvement of the property.

A Cohabitation Agreement

A Cohabitation Agreement is a broader contract between unmarried couples and can deal with all of the matters set out above but often sets out the more practical arrangements that come with living together too such as how rent, mortgage payments or utility bills will be divided, what happens to furniture if the relationship ends and how pets would be cared for.

Of course, Declarations of Trust and Cohabitation Agreements do not just have to apply to romantic couples. If you are moving in with another friend or family member, the same considerations apply Similarly, parents helping their children get onto the property ladder should be entering into a Declaration of Trust if they intend to retain an interest in the property.

015395 32313 info@gedye.co.uk

Litter picking



There was a fantastic turn out by local residents in response to a call out for litter pickers last Sunday.

In Grange over Sands organised by PEAT (Peninsula Environmental Action Together) over 15 people helped collect many bags of rubbish, and again at High Newton and Lindale. All of which helps to keep the area where we live a safe, clean, beautiful place to live. Something we can all enjoy. This was done in conjunction with Lindale and Newton In Cartmel Parish Council. There will be more litter picks later in the year and all are welcome.

Grange Shed



And now for something completely different! Remember where that phrase came form? Well, we are revising memories and did something different from woodwork or repairs. We had a day out!

A trip to Hanger 42 at Blackpool Airport or to the Spitfire Experience. A group of our air enthusiasts this month made a visit to Blackpool, it was great fun. The exhibits are well put together, have something for everyone and the museum staff and volunteers are amazingly knowledgeable and great to talk to. There are also some wonderful virtual experiences on simulators and audio visual activities. You can go with the BBC on a bombing raid over Berlin as part of a Lancaster crew and watch the BBC sound engineer record the sound on a wax record, that was something before vinyl and way before the vinyl resurrection kids. And the café has a great range of cakes.

If you are interested we are now planning more trips to the Carlisle Air Museum and the Dock Museum at Barrow.

However, the rest of the work carries on. The Repair Café is back on May 2 and we are open as usual Monday, Wednesday and Friday mornings. Come along, join us or see if we can help you.

RNLI MayDay Appeal



Following a tremendous year last year celebrating the 200th Anniversary of the Lifeboats it is a bit back to normal this year.

However the need for the Lifeboat service has not gone away and is indeed increasing although in ways not envisaged by the pioneers 200 years ago. Grange-over-Sands Branch is starting its yearly campaign in earnest in May. Once again we have been invited to the Total Retro Show at the Westmorland Show Ground on 11 May and then on 18th May the branch is holding its MayDay event. MayDay is the annual RNLI appeal to provide specific funds for crew kit and is held through out the month of

May. In Grange-over-Sands, we are holding an event on the Promenade where we are inviting everybody and anybody to take a stroll along the promenade whether part of it or the whole of it and make a donation to the MayDay appeal. The event starts at 1pm and closes at 4pm. So please come along sometime between those times and show your support - come rain or shine! However, if you can't make the event and are interested in supporting the RNLI either with money or by volunteering time to help fundraising please contact the Branch Secretary, Phil Lundberg at pickle_028@tiscali.co.uk, or go the the RNLI website, https://rnli.org/support-us.

Repair Cafe is back!

After our Easter break, Repair Cafe will be back on Friday, May 2nd at Grange Methodist Hall, sticking with the new time of 5pm – 7pm.

Our friendly and talented team are ready to revive your tired textiles, wonky wooden items, misbehaving metals and expired electronics, so don't sling 'em - bring 'em! The repairers will be happy to show you what they are doing with your item to help you improve your own skills, all helped along by the usual

hot drinks and delicious home made cakes. Repairs and refreshments are all available for a donation of your choice.

Please do get in touch with us beforehand if you have a repair that might need a specific new part, so we can help you locate one to bring, or search through our own stashes to see what we have. You can leave messages on our Cartmel Peninsula Repair Cafe Facebook page. See you soon!



Grange Now, Kendal Road, Bowness, LA233HU info@grangenow.co.uk www.grangenow.co.uk Tel 015395 22234

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN405	16th May	28th May
GN406	13th Jun	25th Jun





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Investment Matters

By Will Wilson APFS

How can we protect ourselves against the effects of market volatility?

April 2nd saw US President Donald Trump sign an executive order imposing minimum 10% tariffs on all US imports effective April 5th with many being substantially steeper. Subsequently we have seen a 90 day pause on proposed tariffs above 10% but the trade uncertainty of the US tariff policy has led to significant market volatility, mostly on the downside. Trying to find your way around, particularly during times of high volatility, can be difficult. Stock markets may fall and rise, but rules of sensible investment remain

Ensuring your portfolio is suitably diversified across a mixture of asset classes, industry sectors and areas of the world will help to spread your risk, offering some protection against market volatility and unpredictable economic shifts. It is important to remember investments should be made for the longer term and any short term reactions can impact longer term returns.

In order to get the most from your investments, it is vital to take professional advice. Discussing your options with a Financial Planner will enable you to have a portfolio to suit your needs and objectives to ensure your money is working hard for you in a tax efficient manner, and you will have the comfort of knowing that as things change you have someone on hand to advise and guide you through those changes.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Mayor's Report

The summer Band Concerts have been subject of postings on Facebook, with some misinformation.

After an incident in Park Road Gardens involving a car, Westmorland and Furness became aware of the parking in the park and called a halt to the practice.

Charity and Co, a longstanding voluntary organisation, which has dwindled from twelve to five members, more than doubling the load on the remaining team, for some years have taken on the organisation of the concerts and provided the refreshments, have decided, understandably, that they need to step back.

To keep a season of band concerts alive, the Town Council have agreed to take the running of the concerts in house. This will require the use of paid staff, whose time is not accounted for in this year's budget. In consequence,

the Town Council will be providing a shorter season this year, until we find our feet and investigate a means of funding the concerts. Hopefully we will have a better idea of the way forward for next season.

On another note, we are just as frustrated and annoyed as most of our residents with the current condition of the multimillion-pound refurbishment of the Prom. All we know is that Westmorland and Furness are in negotiations with the contractors with the aim of getting the quality

Shearing The Shearing Shed would like to thank our customers for all your support over the past 11 and half years.



Help Secure the Future of Allithwaite Bowling Club!



For over 30 years Allithwaite Bowling Club has been at the heart of our community: fostering friendships, promoting well-being, and bringing people together through sport.

However, we now face a critical challenge that puts our future at risk. The essential maintenance our green requires is done by volunteers at the club and they are struggling to use our 30 years old, heavy equipment. We need to replace our outdated equipment with modern, lightweight, and easy-to-handle machinery or we risk losing the ability to maintain the green ourselves.

Throughout the years, we've remained self-funded through membership fees, fundraising events, and even a weekly Post Office session at our clubhouse. However, recent financial setbacks - including COVID-19 closures, a lost season due to green damage, and the costly reinstatement of the green—have stretched our club to its financial limit.

Bowling at Allithwaite is more than just a sport—it

is a lifeline for many in our community because it encourages physical and mental well-being; helps reduce isolation, particularly for older members and builds friendships and strengthens community spirit. To secure the future of our club, we must invest in new maintenance equipment to keep our green in top condition for years to come. In December we applied for support from Sport England and they have awarded us a conditional grant of £5,816half of the amount we need. However, to receive this funding, we must raise the remaining £5,816 through a Crowdfunder campaign by the end of July. Please help us safeguard this cherished community hub for future generations by donating on our Crowdfunder page https://crowdfunder.co.uk/p/ allithwaitebowlingclubnewgreen-machinery. Every donation-big or smallmakes a difference! Thank

For more information contact Julia Nicholson, Allithwaite Bowling Club Secretary. allithwaitesecretary@gmail.

lan's charity bike ride

A massive thank you to all the people who donated to our fundraiser for Pancreatic Cancer UK.

The 80 km ride for my 80th birthday raised a fantastic total of £2,480.00, both through justgiving and cash donations, well exceeding our target of £800 !!

We had a sunny day for the ride, and were extremely well supported by friends

and family who rode with myself and my wife Diane, a big thank you to all those who came along. The refreshments were well organised by my sister Hilary who did a good job of keeping the chocolate cakes out of the sun!

So once again thanks to all concerned, and who knows 90km on my 90th? We'll see. Ian Sisson

Maria's Brathay 10 in 10 Challenge



Maria Manning is running 10 marathons in 10 days, each one being a lap of Lake Windermere, and raising donations for the Brathay Trust, a charity that raises much needed funds for disadvantaged children and young adults around the UK.

Starting on 8th May, It's a physically and mentally

tough challenge in a beautiful part of the world for a very worthy charity. Starting in 2007 the Brathay 10in10 was the World's first 10 marathons in 10 days stage race. The challenge is simple; run 10 laps of the stunning Windermere Marathon course over 10 days. https://www.justgiving.com/page/maria-masters-172251696143

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New playground for Cartmel Primary School



Cartmel C of E Primary School is working hard to raise funds to transform its dated playground into a vibrant outdoor space with beautiful and inspiring areas for play, to support learning, and placing a strong focus on the environment and sustainability.

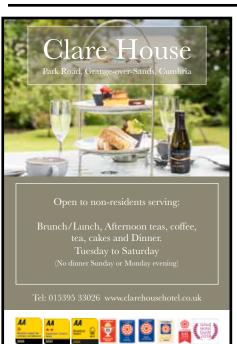
Simon Rogan's restaurants offered their services for a special fundraising banquet in support of "Cartmel Primary Goes Wild" project.

Seventy guests booked for the event and the atmosphere was festive and lively as guests arrived, delighted by the stunning transformation of the school hall. The evening featured live music by Georgia and Jamie, an exciting auction lead by Ken Partington and entertainment from local comedian Mike Wilkinson.

Rachel Battersby, Headteacher at Cartmel Primary School, said, "We would like to express our deepest gratitude to Simon Rogan's restaurant teams, who

generously provided their time and the dinner at no cost to the school, ensuring that all funds raised went directly towards the project. Dinner with a Difference was not only a fundraising triumph but a night to be remembered. A huge thank you to everyone who made it possible!".

The dinner raised an incredible £19.700 for the project, bringing the total funds raised so far to £130,000 and edging closer to the £160,000 needed to complete Phase 1 of the project.





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Portabello Blinds & Curtains are excited to introduce new products, new designs and a new team member.

We have been looking after people in the Grange area for over 20 years, and we have now added a fabulous new member to our team.

Jasper not only brings us the opportunity to see even more customers efficiently without compromising on our quality customer care, but has brought us a new skill set in window film application. Whether it is for privacy, security or to stop direct sunlight from spoiling a relaxing sit down or to protect fabric fading, we now offer a professional service, providing advice and made to measure films expertly fitted.

Our new product ranges now include an affordable shutter option which is the same



high quality that we previously supplied but at a fraction of the cost. We are also pleased to announce brand new fabric ranges for our curtains and roman blinds including an absolutely stunning William Morris Collection. Our complete selection of blinds is still available but with updated colours and designs with superior operating systems including state of the art automation for those hard to reach blinds.

Our free consultation, design and fitting services are available to make the process stress free. We are also launching a new website which has all the information that you require regarding blinds and curtains, plus the launch of our sister company Portabello Interior Décor which will sell a range of products for inside and outside of the home.

If you would like to book an appointment or have a query, please contact Jo, Darren or Jasper on 01524 702111.

Made in Allithwaite Spring Fair

Artists and makers living in and around Allithwaite are getting together to host their Spring Fair with on Saturday 3rd May 10.30-3.30 pm at Maychells cottage, Back orchard Road, Allithwaite, LA11 7QG. There will be -



Willow work and plant supports and by Susan Pettman





There will also be an opportunity to enjoy a range of delicious homemade cakes with a cuppa or coffee in the garden. Parking on road and also at the village community centre (not too far away) For further information take a look at the Made in Allithwaite facebook page



Steve Fairhurst- watercolours and acrylics



Lakeland Rings sustainably crafted jewellery

Floral linings leather notebooks and journals, plus garden grown flowers





Fran Brown - fused glass designs



Angela pollard Well-being- soap and ceramics





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>>> THE OLD VICARAGE TIMES NEWSLETTER



WINTER/SPRING 2025

WELCOME TO OUR NEWSLETTER

The months of January and February were incredibly chilly, but with warm hearts, and lots of laughter, we weathered those months rather well. Alice, our Activities Coordinator, introduced some wild and wonderful creatures such as snakes and owls which received a warm welcome.





>>>

JANUARY

Games and crafts figured high in the activities timetable, with dominoes being immensely popular. The introduction of a new 'Guess Who?' game called 'Anono Mask,' raised lots of laughter - see the photo of Anne. We celebrated Robbie Burns Day with Haggis, tatties, and neeps, and made, and tasted Cranachan, all whilst singing a rendition of Burn's most famous, 'Auld Lang Syne.'

During February, we enjoyed some fabulous music from Gaby, with a set entitled 'Strictly at Home.' This tribute to classic songs of yesteryear, and the joy of dancing, went down a treat, as you can see with the photo of Ena dancing with Mike, a Senior Care Assistant. For Valentine's Day, Keith Redfern sang love songs which were so good, we have now asked Keith to visit us every month!



FEBRUARY





>>>

MARCH

The 17th of March is always a fun time to be had at The Old Vicarage, as we just love celebrating St Patrick's Day singing Irish ditties, and lots of laughter. We met three owls called Gismo, Eva the Diva, Dusty, and a Harris Hawk, called Axl; it was a very wonderful afternoon indeed! The children from Allithwaite CE Primary School visited us for an Easter Egg Hunt in the garden.





>>> SUE'S VIEW

It is lovely to have the nicer warmer weather and for the residents to be able to get out and enjoy the beautiful sunshine. We have lots of exciting events coming up such as our Dementia funding raising coffee afternoon, our Yorkshire and Lancashire themed BBQ and our annual Strawberry Fayre. It is a pleasure to work at this lovely home with our fantastic residents and staff and please do not hesitate to contact me if you have any questions or queries.

New therapist-led bereavement group comes to Barrow



A new in-person support group for people who have been bereaved is launching in Barrow this spring.

Local charity CancerCare are holding a therapist-led bereavement group for adults at their centre on Duke Street. The sessions will run for eight weeks and will be led by two experienced counsellors.

Last year, CancerCare successfully trialled the first therapist-led bereavement group at their centre in Lancaster. The pilot study aided the development of a framework for the group to be rolled out into other centres, including in Barrow and Kendal.

The group will provide participants with the opportunity to share their own stories while also hearing the experiences of other group members.

'Staying active and positive thinking': meet the 85-year-old who is taking on a charity walking challenge this summer

An 85-year-old cancer patient is a shining example of how staying active and maintaining a positive outlook is the key to

longevity and vitality.

Kendal resident Shelia Mason is currently taking part in local charity CancerCare's walking challenge Every Step Counts. CancerCare provides complementary therapies and free support services to children and adults across North Lancashire and South Cumbria who have been affected by cancer, life-shortening illness and bereavement.

"I've always loved the fresh air and exercise," Shelia says. "Staying active is the most important thing in life, whether you've had cancer or not, and whether you're young or old."

Shelia first spotted CancerCare's Every Step Counts challenge advertised in the charity's Kendal centre. Every Step Counts is a



family-friendly walking challenge which is all about taking time out of our busy lives to explore the breathtaking landscape in and around the local area. Upon sign up, participants will receive a handmade knitted bird and a free Walker's Guide, which includes details of 12 local routes.

Shelia has completed two walks so far, though she now has friends looking to tag along on her next adventures. She has currently raised £300 for her efforts. Shelia takes her handmade bird, Chirpy, along with her on her walks. No two knitted birds are the same and each one has been lovingly crafted by CancerCare volunteers.



Hawkshead Relish is one of our longest-standing farm shop suppliers. We're sharing their tasty recipe Smoked Haddock and Beetroot Quiche, a fresh twist on a classic quiche.

This recipe headlines smoked haddock, though you could also try it with hot smoked salmon flakes. It's just as delicious served warm or cold, making it ideal for a springtime picnic.



Preparation time: 20-30 minutes Cooking time: 50 minutes Serves: 4

SMOKED HADDOCK AND BEETROOT QUICHE

INGREDIENTS

- 320g ready-rolled shortcrust pastry
- 2 tablespoons of Hawkshead Relish Beetroot & Horseradish Chutney
- 150g sliced leeks
- 30g Winter Tarn butter
- A small bunch of asparagus **METHOD**
- 180g smoked haddock or hot smoked salmon flakes
- 100ml cream
- 5 eggs
- Salt and pepper
- Chopped chives, to taste

Preheat the oven to 170°C. Line a 24cm quiche tin with the pastry and blind bake for 15 to 20 minutes. Remove the baking beans, spread the Beetroot & Horseradish Chutney over the base, and return to the oven for 5 minutes. Remove and leave to cool slightly.

- Gently soften the leeks in butter for 4 to 5 minutes, then add the asparagus and allow to cool. Poach the haddock in cream for around 6 minutes, then strain (reserving the cream) and flake the fish. Whisk the eggs with the reserved cream, seasoning with salt, pepper, and chives.
- Arrange the leeks, asparagus, and flaked fish in the pastry case, then pour over the cream mixture. Bake in the oven for 20 to 30 minutes or until just set. Allow to rest for 10 minutes before serving, or cool completely if serving cold.
- Recipe from Embellish With Relish by Hawkshead Relish (available in the farm shop)

GRANGE KITCHEN the beating heart of our hotel

WHERE CUMBRIAN CLASSICS MEETS CULINARY EXCELLENCE

What says it all about this fantastic Kitchen Brigade is, between them they have decades of long-term service here at Grange Hotel.

The kitchen is filled with such a warm family atmosphere it's no wonder you can taste the love and care in each and every bite of our dishes.

Orchestrating this sweet symphony is our outstanding $Head\ Chef\ Gladys$.

Approaching nearly 20 years of leading from the front, she really holds a strong and confident presence in the kitchen.

Her passion for designing and executing exquisite dishes is just outstanding.

Supporting Gladys every step of the way is our $Sous\ Chef\ David$, again with over 15 years at Grange, their collaboration is seamless.

David has a wealth of experience and has the most calming aura, bringing peace on even the busiest days.

Between them they guide, train and mentor what is rapidly becoming a hugely talented team, and as Grange Hotel transitions into a new era of excellence, the team are truly proud to be part of this.

So, why not join us for dinner in our beautiful Carriages fine dining restaurant, call in after a long walk along the prom for a delicious home cooked bar meal or indulge in a quintessential afternoon tea - all championing seasonal and inventive dining.

We're delighted to announce Gladys' famous Sunday Carvery has now returned! Her Yorkshires and cauliflower cheese really are out of this world!





WHERE CAN I RECYCLE?

Grange Soroptimists and PEAT have compiled a list of where to recycle items that cannot be placed in the regular Council waste and recycling kerbside collections. Given below is a list of where items can be collected, in the hope that it may encourage us to reduce, reuse and recycle products that would otherwise go to landfill.



Asthma inhalers Cohen's Chemists, Ulverston

Spar, Grange library, House Waste Recycling Centre **Batteries**

HWRC (Guides Lot), M&S, Aldi - box also available at the Repair Café in

Methodist Hall - 1st Friday of each month, 6-8 pm

Beauty products (plastic tubes/bottles/compacts/palettes, mascaras, eyeliners) - Sainsbury's

Blister packs Boots in Kendal & Ulverston, Superdrug Pharmacies

Chemicals **HWRC**

Clothes Charity shops, Salvation Army (RC church carpark), HWRC

Electrical items HWRC. Curry's Light bulbs and broken tools B&Q Medication Grange Pharmacies

Pens Rymans, Westmorland Shopping Centre, Kendal

Rags (textiles unsuitable for resale) Bay Search & Rescue (in bags marked clearly 'rags')

Shoes (not slippers) Any Clarks store for their ShoeBiz project

Grange Co-op, Aldi Soft plastics

Grange library, St Paul's Church, Lakeland Optical Spectacles Stamps Grange library, St Paul's Church, Flookburgh Church Tetrapacks (pasticized cardboard cartons for milk & other drinks)

Recycling Centre in Carnforth

Textiles (curtains, towels, etc) Bay Search and Rescue, Dunelm Mill NB Duvets and Pillows must be brand new and in their original packaging

Tools for Self-Reliance (tfsr.org) Tools

Toothpaste tubes Boots Wool Grange library

St John's Flookburgh are collecting phones, tablets, jewellery, stamps and videos – leave in church, and the Arnside Sustainability Group have a base for hard-to-recycle items such as pens of the Aprila Chin Star. at the Arnside Chip Shop.

Grange Household Waste Recycling Centre at Guides Lot is open Thursday-Saturday, 8 am-4 pm, and full details of items that can be taken are given on the web site — search for guides lot

Any items can be sold or given away on Facebook (Grange Buy and Sell), Cartmel Community page, or the Freecycle Network (freecycle.org)

Clean items of clothing and bedding can be taken to the Women's Centre—Nan Tait Centre, Abbey Road, Barrow-in-Furness, Cumbria, LA14 1LG (see web site for opening hours (www.womenscommunitymatters.org)

We aim to try and keep this list updated, so details of any other outlets will be welcomed https://sigbi.org/grange-over-sands/contact-us/

Learn to craft your very own bow.



This is an experience rooted in natural materials, inspired by ancient techniques and encouraged by untamed design.

Most materials are sustainably sourced and local, making each finished arrow and bow a true reflection of the Lake District landscape no two the same, each one as unique as a fingerprint.

Guided by skilled makers, you'll carve, tiller, and tune your bow by hand, craft your own arrows from a traditionally coppiced woodland, custom make a bowstring from natural

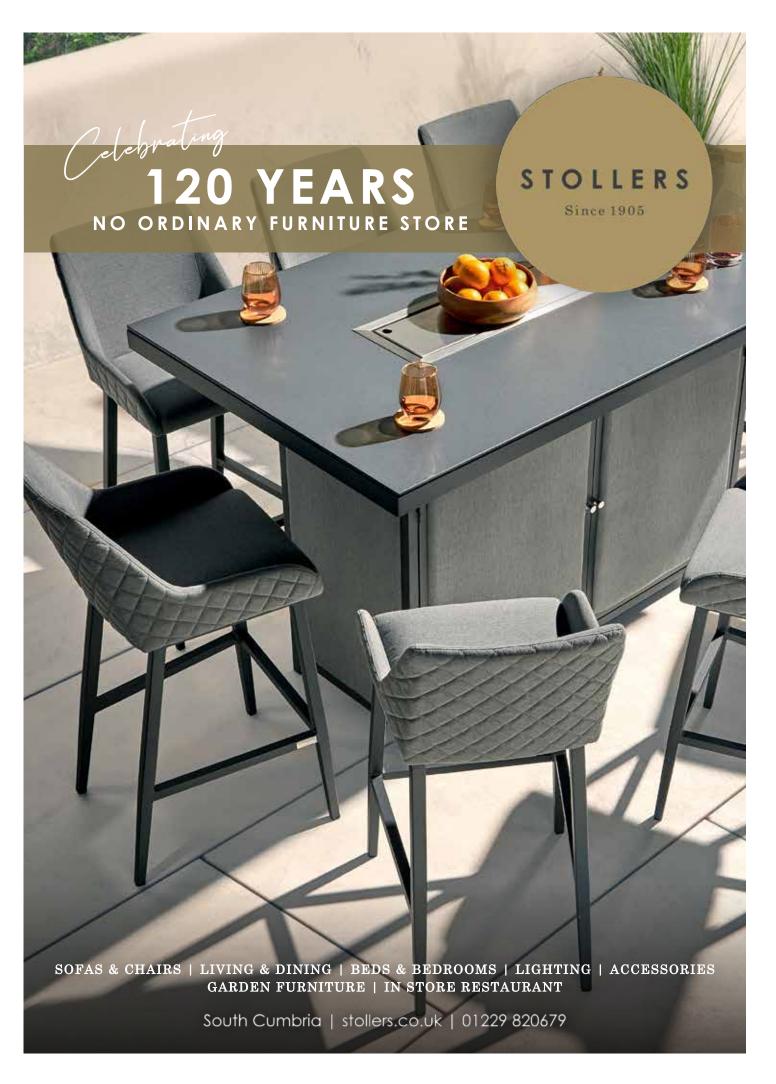
cordage or modern Dacron, and work with both stone age glue and modern fastening techniques giving you the freedom to choose your path.

This is a great introduction to many traditional methods used to create bows, arrows and cordage.

Whether you're a complete beginner or a seasoned maker, this is a rare chance to slow down, connect with the land, and walk away with your arrows and bow and bowstring that tells a story-Contact Ffion to find out more about workshops ToTheRoot. co.uk 07832027396









Grange Natural History Society



Volunteers unearth an old well at Cold Springs Reserve © CWT

Marian Jones, Head of Community at Cumbria Wildlife Trust (CWT) gave a fascinating account of CWT's new approach 'to connect people and nature'.

A core aim is to inspire people about the natural world. Her team of seven are asking people what they would like to see in their local area. Some answers have been wildlife corridors and growing food in communal gardens.

One example is at Cold Springs, a new CWT reserve on the northeast side of Penrith. Unusually this reserve started with a gift of three 'ordinary' fields, next to a new housing estate. People were asked what they wanted to see. Trees were at the top of the list and 'somewhere to walk dogs' at the bottom. A new dog walk has been made, fenced off, around the edge of the reserve.

Volunteers have planted trees and meadow plants; an orchard has been started and a herb garden is planned. Sunday 25 May is the grand opening event. See CWT web site. Grange Nats summer visits are in full swing, see www. grangenats.uk. Come and join us on a visit.

CHURCH NEWS

Cartmel Priory

After the solemnity of Holy Week and the glorious celebrations of Easter we can all look towards late Spring and Summer with confidence.

On Friday 9th and Saturday 10th May at 7.30pm a musical revue 'Sensational Sondheim' will present 24 of Sondheim's greatest songs. Tickets are available online via https:/www.ticketsource.co.uk/pccof-cartmel-priory or from the Priory shop. Talented, well-known local musicians will entertain us in style; tickets are priced at £15.

On Saturday 14th June Flookburgh Band, runners up in the Brass Band Northern Area competition in March and, as a result, competitors in the National Finals in September will entertain. The band is newly promoted to the Second Section and can guarantee an evening of 'the best of brass band music'. Look out for posters (and next month's Grange Now) for details of ticket sales but do come along at 7.30pm for another entertaining evening of popular music and no doubt something new, too!

We look forward to welcoming you to either, or both, of these musical events.

St Peter's Field Broughton

Last month the first part of the Boundary walk went off in very good weather - for walking!

Fairly cool with a stiff breeze, it was a near exact 3 hours from start (pictured) to finish. Rain only started as we climbed the steps to Heft pub in High Newton where refreshment was achieved (pictured). Stand by for part 2, High Newton to Broughton Bank, in September.

The next day flower posies were given out in a very beautiful Mothering Sunday service, and the story of the revival of the Day's origin and eventual revival was told. During Holy Week Maundy Thursday and Good Friday were observed with special church services, for the first time in many years. Easter Day was a great celebration and considerable Easter Bunny scampering in the churchyard





was discovered by the young.

From Easter the altar is dressed in the white altar frontal. It was beautifully made, as all the frontal dressings, by the ladies of Field Broughton so many years ago. Please feel welcome to call by the church any time - it's now open every day - to see this and the other arts and crafts decorations inside this delightful parish church.



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Grange Methodist Church

We have a lot going on in May!

We look forward to hosting the Repair Café from 5-7pm on Friday, May 2nd. If you haven't yet seen 'Peace Together', the set of banners celebrating three centuries of peace advocacy within the Methodist Church which we are currently hosting, there are two more chances. They will feature in the reflective evening service at church at 6:00pm on Sunday, May 4th, led by Rev Jo Rand, or come to the community coffee morning on Wednesday May 7th. Next, you may recall that in previous years we've had thought-provoking displays exploring the stories of Christmas and Easter. This year as we approach Pentecost (Whitsun) we'll be open for 'Journey with the Holy Spirit'. Although it doesn't get as much attention as other festivals, Pentecost is a great celebration, sometimes called the birthday of the Church. Come and see how we've decorated the building to

reflect on how God's Spirit is at work – even today – to give life and hope. Open from 26th May to 7th June, 10.30 – 4 on Mondays, Wednesdays, and Saturdays, 12 – 4 on Fridays, and Wednesday and Saturday evenings 7 - 8. Come along to our Pentecost celebration for all ages on Sunday 8th June at 10.30am when we'll be using the displays in the service. Away from our church building, our May fundraising event for the building development project is the popular "Garden Open Days" at Hollin Head Wood, Canny Hill LA12 8NT. Sue and Peter Nicol invite everyone to visit on Saturday, May 10th (10:30 to 4:00) or Sunday, May 11th (1:00 to 4:00). Hopefully the rhododendrons will be out! There will be tea/coffee and a cake stall too.

Places are still available on our Cross Bay walk on Saturday, June 21st - see www.slakesmethodist.org.uk/ walkacrossthesan.htm for details.

Cartmel Methodist Church

As summer brings warmer weather (we hope), Cartmel Methodist Church will open again at least once a month for "Coffee and Chat".

In May we will have coffee and home-made shortbread ready between 10:30 and 12 noon on Tuesday, May 13th. We love welcoming new people: why not join us for a while in this peaceful oasis?

Though, to be fair, it is even more peaceful when we are not chattering away over the coffee cups. Watch out for future dates. We would also like to give advance warning that we will NOT be holding our regular 11 a.m. Sunday morning service on Sunday, June 29th: there is racing at the Cartmel course that day, and accessing the village would be too difficult.

Grange URC

Spring has really sprung now, the magnolias and cherry trees have been magnificent.

As I write this, Easter is in the air, with all the special services. Reports next time.

Due to Public Holidays, our Monday Meet-up sessions will continue on Monday May 12th and then on June 2nd. Everyone is welcome, to join

in with jigsaws & colouring or just to drop in for a chat and a cuppa. Also there will be our monthly Morning Coffee session in May on Tuesday the 5th 10am -12noon for friendly company.

Remember we always gather for worship in the church on Sunday at 10.30am and in the hall on Thursday morning, also at 10.30am. Everyone is welcome.

Churches Together

We hope that all readers had a good time over Easter.

Our Lent lunches, held on 6 Fridays during Lent. were very much enjoyed. We are very grateful to all the people from 6 different church communities who provided us with soup and bread: conversations were enjoyed, relationships between the different churches strengthened, and money was raised for



the Leprosy Mission to help tackle a dreadful condition which these days is so easily treated that it doesn't exist where there is fair access to a fully functioning health service. After lunch each week we had a short time of reflection to help prepare us for Easter, which a group of us then celebrated at sunrise (6 a.m.!) on Easter Sunday overlooking the bay. This month's Men's breakfast will be in its usual slot on May 3rd at 8:30am in the Methodist Hall, but the "June" breakfast will be a week early, on May 31st. We look forward to our Annual General Meeting, where we will welcome Rev Kate Hunt as our new Chairperson, on Tuesday 13th May at 7 p.m. in the Methodist Church hall.

Hope Church

We're not accustomed to writing articles in Grange Now, although as a Church family we have been meeting in the Grange area for over fifteen years now under the banner of Hope Church.

So, here we go and we look forward to contributing again in future months and sharing with you a little about us and what we believe.

We meet each Sunday in Lindale Village Hall starting our service at 10.30am. We are of no specific Christian denomination or tradition, but everything we do is centred around the good news of Jesus and God's grace and mercy revealed to us. We

have one main speaker but also regular visiting speakers including two or three of our members. This week's speaker reminded us that God blesses us so that we can bless others, thus being a pleasing fragrance to God.

A warm welcome awaits anyone who would like to come along to a Sunday morning meeting and join us for tea/coffee and chat afterwards. We also meet on Tuesday afternoons at 2.15pm in various homes and alternate between a prayer meeting and Bible study. If you would like to know more, please ring Lucy on 07384221497.



St. Charles' and St. Cuthbert's

Our April festivities began with our usual Ladies lunch on the first Wednesday of the month.

However, as it was Lent for much of the month after that many of our parishioners were giving up some form of pleasure, quite often involving a kind of food. (No biscuits for me). The rest of the church activities continued with an extra meeting for the first five Mondays of Lent in the Father Magner room, where we were led in a simple study of penitential psalms. Then came Holy Week and the most important triduum (a period of three days) of the church's year. Maundy

Thursday saw an evening Mass with ritual washing of the feet of a representative number of the parishioners. Good Friday with Stations of the Cross and veneration of the Cross, one in the morning and the other in the afternoon. Holy Saturday where nothing happened, Christ being interred in the tomb, and then the joy of the resurrection on Easter Morning with eggs for the children representing the new life which Christ brought when he rose from the dead. A lovely service with many bells and rejoicing, rousing hymns and joyful smiles all round

St. Paul's

April has been a busy month for St Paul's, and as I write this some Holy Week services are still to be held.

The church was filled with children, teachers, parents and grandparents for the end of term service as the school broke up for the Easter holidays. There will be a busy morning for the children's workshop on Good Friday for the retelling of the Easter story.

The 'Spring Sing' held at St



Paul's earlier this month was a great success for the Bay Community Singers, with a good audience making for a very entertaining evening.

The Cuppa and Cake this month will be held at the Fell Church with a concert by the 'Sands Band'. This is on 7th May at 2.30pm. Our Spring Fair will be held on Saturday 17th May, starting at 10am. This is an important fund raising event so please come along and support us. There will be a raffle and all the usual stalls and wonderful bacon butties!!





St. John The Baptist, Flookburgh

We are delighted to report some good news.

Two and a half years ago our organ developed a problem, and as we have other more pressing issues with the building, felt it was not a priority to get it repaired. However, thanks to a legacy, we have now been able to go ahead. It was played for the first time on Palm Sunday by Leeds Cathedral organist David Pipe. It was fantastic to hear it again, and we can now look forward to hearing it more regularly and for special events.

Our 'Diddy Disciples' meet every Thursday morning. At one of their sessions they created a lovely pulpit frontal for Mothering Sunday which says 'Lots of hugs for mums'. Beautiful posies were also given out which had been created by congregation members.

The last of the Churches Together Lent Lunches was hosted by St. John's. We enjoyed homemade soup, fellowship, and a thought provoking short devotion led by Kim Bryan.

Advance notice: On Saturday the 21st of June we will be celebrating our Patronal Day, when we will be hosting a Strawberry Tea, and will be entertained by the Junior Section of the Flookburgh Band.

Tottlebank Church

Tottlebank Baptist Church welcomes you to a Coffee Morning in aid of St. Mary's Hospice on Sat. May 10th from 10a.m - 12noon.

All proceeds forwarded to the Hospice. Do join us at this rural Chapel, founded in 1669.

Tea, coffee and -of coursecake! Home-made cake stall, crafts and plant stalls, art and history displays and a prize Quiz. Charity no: 517738. LA12 8HY



ALLITHWAITE AND CARTMEL PARISH COUNCIL

ANNUAL GENERAL MEETING (AGM) AND PARISH MEETING

This year's Annual Parish Meeting will be held on Thursday 8th May at 7pm in Cartmel Village Hall, Supper Room, It will be followed by the Annual General Meeting of the Parish Council.

The Annual Parish Meeting is the occasion for the Parish Council, District and County Councillors to report on the last year and an opportunity for parishioners to ask questions and comment on other activities in the parish. The Annual Parish Council Meeting is the council's AGM at which the chairman and vice chairman are elected.

Parishioners are welcome to attend this meeting, as they are invited to attend all Parish Council Meetings. The minutes of meetings and agendas can be found on the noticeboards in Allithwaite and Cartmel and on the Parish website: www. allithwaiteandcartmel-pc.gov.uk.

PARISH COUNCIL - VACANCIES

Allithwaite and Cartmel Parish Council still have one vacancy and in accordance with Section 87 of the Local Government Act 1972 anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@ allithwaiteandcartmel-pc.gov.uk.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/ planningapplications.

HIGHWAYS - HIAMS

Reporting Highways matters has now changed from the previous website. In order to report a highways or public rights of way problem logon to the website: www.allithwaiteandcartmel-pc.gov.uk

- Select 'Council Services'
- Follow the instructions which are self-explanatory.

If any parishioners are having difficulties reporting potholes, blocked gulleys etc on line you can always ring 0300 373 3306 and speak to a customer service representative direct. Just hold on the line at the end of the call and you will be automatically diverted to speak to a human being!

Alternatively, for residents of Cartmel, you can contact Councillor Mark Pendlebury via email: mark.pendlebury@ allithwaiteandcartmel-pc.gov.uk to report highway problems, ie: pot holes, etc.

DOG FOULING AND NOISE

It's a shame that dog fouling in the Parish has become a regular feature in the newsletter because of the minority of owners who do not pick up and dispose of their animal's mess. Westmorland and Furness have again patrolled the area and placed new signs on lamp posts indicating the penalties for what is regarded as anti-social behaviour which is a finable offence.

The Parish Council has now introduced 'spray to remind scheme', where an individual can contact the clerk by email: clerk@allithwaiteandcartmel-pc.gov. uk with name and address and we will use biodegradable spray on the area to remind people to pick up.

Another issue which may be of concern to some residents is noise created by dogs which are constantly barking and disturbing residents over long and regular periods of time which also may be during unsociable hours. Advice is available on the W&FC website and incidents can be reported as noise or nuisance complaints to W&FC Environmental Health Department at: https://www. westmorlandandfurness.gov.uk/yourenvironment or email at: customer. services@westmorlandandfurness.gov.

ALLITHWAITE PLAYING FIELDS -EXERCISING OF DOGS

The exercising of dogs on the playing fields has increased recently, it is the policy of the centre that dog exercising within the playing field area is not allowed due to health and safety issues and the regular sports use of the area by all ages. This is not a new policy and is similar to that of local council run facilities.

PARISH COUNCIL MEETINGS -**AGENDA AND MINUTES**

The Agenda for meetings is displayed on the village noticeboards one week before the meeting and on the parish website. Residents who wish to attend the meetings and wish to discuss an agenda item need to contact the parish clerk: clerk@allithwaiteandcartmel-pc. gov.uk. The parish website also has the minutes from previous meetings plus details of Councillors, News and much more. Please visit the website which has recently been updated: https://www. allithwaiteandcartmel-pc.gov.uk.

SHEEP WORRYING

As we emerge from what feels a like a long winter and start the race through 2025 - we will begin to see an increase in young stock. Many farmers will be working around the clock to ensure the safe delivery of their new arrivals.

What we must not make light of is the responsibilities of dog owners with regard to livestock.

Sheep worrying occurs when a dog is either chasing or worrying a sheep to the point where it is reasonably expected that the sheep will endure suffering or injury. The cost of sheep worrying claims in 2023 amounted to £2.4 million for livestock that was severely injured or killed by dogs.

Under the Dogs (Protection of Livestock) Act 1953, if a dog worries sheep on agricultural land, the person in charge of the dog is guilty of an offence. The Act considers sheep worrying to include attacking sheep, chasing them in a way that may cause injury, suffering, abortion or loss of produce or being at large (not on a lead or otherwise under close control) in a field or enclosure in which there are sheep.

It is a criminal offence to allow a dog to worry sheep. Worrying includes attacking or chasing sheep and, in some circumstances, farmers are legally entitled to shoot dogs if they are endangering their sheep.

It is vital you keep your dog on the lead around sheep, even if you can usually trust it to come to call. If you live in or near a farming area, you must make sure your dog cannot escape from your property, as it may find its way onto land containing sheep. As a responsible dog owner, you can also ensure that everyone is able to enjoy countryside walks and protect wildlife by ensuring you pick up after your dog and dispose of dog waste appropriately

20MPH SPEED LIMIT - ALLITHWAITE

Public consultation was launched on Wednesday 4th September until Friday 18th October 2024 for the 27 proposed speed limit schemes in Westmorland and Furness. Speed limits will only be reduced to 20mph if the wider community supports the scheme. The statutory consultation and advertisement of the proposed Speed Limit Order has now concluded.

A total of 33 representations were received, with the majority supporting the proposals. A small number of individual objections were received, requesting additional restrictions, citing unrealistic speed limits for the area, and concerns regarding pollution.

The South Lakeland Locality Board will make its decision regarding the implementation of the proposed Order at its meeting on 23 April. Having considered all representations received. Officers' recommendation to Locality Board is to progress all proposals as advertised to implementation. The dates for implementation of schemes are yet to be confirmed, W&FC will be in touch with more information as soon as it becomes available.

Cartmel Primary School



We are thrilled to have received a glowing report in our recent Ofsted inspection.

Conducted in February 2025, the report praises the strong, caring relationships between adults and pupils, which are a key feature of the school's ethos.

The school is commended on our ambitious approach to ensure that all pupils, including those with special educational needs and/or disabilities (SEND), are supported effectively and able to succeed. Pupils are described as eager learners who value being part of the friendly and nurturing school community.

Inspectors highlighted the school's well-structured curriculum, which has been strengthened since the previous inspection. Pupils demonstrate a strong grasp of their prior learning, with older pupils confidently discussing topics such as the Second World War. The school's focus on developing pupils' reading skills from the start of the Reception Year has also been recognised as a strength. The school will now work on opportunities for pupils to practise their writing skills across the curriculum.

There is much praise for the school's provision for pupils' personal development. Pupils quickly learn the school's core values and demonstrate them through their consistently good behaviour and positive attitudes to learning. The school's commitment to safeguarding is also recognised as effective, ensuring that pupils feel safe and supported throughout their

development ensures Cartmel CofE Primary School continues to thrive in the local community, ably led by its close-knit team. This latest Ofsted report is testament to the hard work and and we are delighted that the report is a true reflection of all that our lovely village school has to offer and a celebration of both pupils and staff alike.







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Allithwaite CE Primary School

We have had a jam-packed Spring term with lots of enriching activities.

This term, the children have participated in two great visits to Holker Hall where the children have taken part in various outdoor activities. The Barn Owls and Eagle Owls have enjoyed their separate visits to St. Catherine Woods where they took part in a range of exciting outdoor activities as part of their Stone Age and Viking topics. We were visited by John from the Creepy Crawly Roadshow who bought an assortment of his collection to meet us and we discovered lots of exciting facts.

John from HP Activities has put the Barn Owls and Eagle Owls through their paces in PE and helped the Gymnastics, Hockey and football teams perform well in the local Cluster Competition events. Children who represented Allithwaite School at the County Trail Cross-Country event at Casterton did exceptionally well with their placing in the very challenging terrain and freezing temperatures. For World Book Day, the children

took part in their famous 'Allithwaite

Catwalk' where they strutted the catwalk dressed as their favourite book character. They took part in various activities including creating dioramas for their favourite books and wooden spoon characters where they re-enacted the stories for the younger children. We had the Scholastic Book Fair visit where the children were eager to purchase a new book using their World Book Day Vouchers.

The Song Writing Club have written a fantastic piece of music about a visit to the Waterpark and performed their piece to a large audience in St. Mary's Church as part of our music festival. The choir also sang a melody of songs from their performance in Young Voices at Manchester and the Barn Owls rocked the room with their Cornet rendition of 'We will rock you'! The children who have guitar tuition played a range of songs in both groups and soloists.

We ended the term with our annual Easter festivities, including egg rolling and egg decorating. We wish everyone a wonderful Easter break and we look forward to the summer term.

Philatelic terms explained

If you've ever hovered by the stamp section at 1818 Auctioneers and wondered what on earth a "Cinderella" is doing next to a Penny Black, you're not alone. Stamp collecting, or philately if we're being proper about it, comes with a whole suitcase of curious terms – but once you've cracked a few, it all starts to click.

Take "adhesive", for instance. It's not a fancy glue, just a regular stamp with a gummed back. An "albino" is simply a printing hiccup – the design's there, but missing its ink. Then there's the "bisect", which harks back to times of frugal ingenuity, when stamps were in short supply and postal authorities permitted people to slice them in half to make up the correct postage.

A "block" isn't a building, but a group of stamps still joined together, often prized for their tidy symmetry. "Tête-bêche" sounds like a French pudding, but actually refers to a pair of stamps printed head-to-toe – an eye-catching quirk that collectors love. And if you find a "cover", you're not looking at something to keep the dust off – it's simply an envelope that still bears its original stamp and postmark, giving useful clues about postal history.

It's surprising how quickly these little details start to mean something. A few terms in your back pocket and suddenly you're not just looking at old stamps – you're spotting treasures. With Andy, our in-house valuer at 1818 Auctioneers on hand to guide you, there's never been a better time to give collecting (or bidding) a go. You might just find yourself hooked.





1818auctioneers.co.uk

T. 015395 66201 E. info@1818auctioneers.co.uk Junction 36 Auction Centre. Crooklands, Cumbria, LA7 7FP



Leven Valley School



This month we here from Charlene in year 3:

On the first day of residential we had to walk to camp. After some delicious cupcakes, we grabbed sticks because we knew that the hike would be a challenge.

The hostel that we were staying in was painted all white. We expected it to be very cold inside but to our surprise it was warm and happy. We all went to our rooms to sleep but some of the kids kept making noise...

On the second day the girls woke up first then the boys who blamed the girls for waking them up, which was not true, this



was so funny. The instructors kept us busy with different activities throughout the day. We did different challenges like walking on slates near the river and we also went through old mines and we eventually stopped for lunch. The day was filled with lots of adventure. Then we went back to the Hostel for tea. In the evening the activity was star gazing on the mountain and we made wishes.

On the third day we went to "the Mine". It was wet and dark. We got to switch on our torches and we could see the holes drilled on the walls. The cave was wet and lucky we had our wellingtons on to keep us dry. The instructor made jokes and we laughed because we knew that he was joking and we were not scared

at all.

We then went on boats onto the river. Then to finish because we were cold we had some hot chocolate with cream and marshmallows. This was an adventurous trip that we enjoyed very much.

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Cartmel Priory School



This term has seen the start of a new venture at CPS-**The Lunchtime Classics** Club.

Mr Bowker has been teaching about life in ancient Pompeii, exploring the delights of Roman houses and meeting some Greek mythological characters such as Cerberus, the guard dog of the underworld. We have also had fun learning some Latin along the way.

CPS students recently competed at the Design **Technology Rotary** Competition. All 3 groups performed exceptionally well in a design and make task throughout the day. Congratulations to Ollie, Noah, Holly and Bo who were awarded first place in the foundation category!

A group of year 7 students recently took part in the Isle of Man Sports Tournament in the beautiful grounds of King William's College, a great time was had by all, with lots of memories made. We had a small number of students take part in the annual Brewery Arts Dance Platform, they performed beautifully on stage, well done to you all.

In GCSE combined students have been competing in a fierce contest to see which house team could rapidly wire and disassemble a 3-pin plug socket in a relay race. It was a close battle but the final rankings were 1st Marshal, 2nd Harington, 3rd Cavendish & 4th Preston. Well done to all 16 participants. We recently said 'thank you and farewell' to Cat and Lily our amazing year 11 library assistants. They have both been helping out in the school library since year 8. We appreciate all their hard work, enthusiasm and professionalism and wish them good luck for the future.

Grange Preschool

We have been having fun choosing and planting colourful flowers in our sandpit garden and watching them grow.

We have been measuring how much we have grown too! We have also enjoyed making butterfly prints on shiny paper to illustrate the story of the very hungry caterpillar.

Over the next few weeks, we will be looking more closely at other mini beasts we might find in our gardens, including Incy Wincy spider. We will

also enjoy using the new resources bought with the Bay Villa Trust grant, such as dressing up clothes, footballs, number beanbags and alphabet stones.

Thankyou to Chris for the donation of ducks and Jill for the books, including lots of beautiful lift the flap ones, which we love so much. Thanks also to Bay Community Singers who so kindly donated half the proceeds from their recent Spring Sing. We appreciate your support.

Grange C of E School



St Paul's Church welcomed the whole school for the end of term Easter Service on the last day of the spring term.



This was a glorious day and the children left church in sunshine with a positive outlook and the joy of a two-week holiday ahead! Y2 have been learning about 'symbols' of Easter and much enjoyed tasting the Easter foods, especially the biscuits containing currants and spices made by the Y4 children in their DT project. Father David came to visit the class and brought the chalice and patent to help the children understand the significance of the bread and wine in the Easter story. They also learned about the symbolism of the Paschal candle.

Our Early Years children have been outdoors and watching the changes in nature over the past few weeks. Frogspawn was spotted in our pond and blossom on our Japanese cherry tree (given to us by the Japanese embassy a few years ago). We keep the embassy informed as to how it is doing as part of the Sakura cherry tree project. The nursery children created their own cherry blossom and flowers from felted wool. This was part of developing good fine motor skills -felting needs a

lot of rolling and pressing to help the wool adhere! They chose their colours and were very proud of the finished flowers which were hung on twigs to celebrate the start of spring.

Our key stage 2 teams competed in the Cartmel Cluster 'Quick sticks' hockey festival -all played well and we were pleased at the team work and resilience they showed.

This term has been a very creative one which has included the dance and poetry project linked to wisdom and spirituality and a visit by an Opera singer who shared his passion for singing with the pupils and led workshops in the hall -playing the piano and helping them to create their own class performances-everyone was so joyful after taking part!

Next we are looking forward to an orienteering event in school using our own orienteering course and to celebrating V.E. day with family and friends at school on 8th May. The PTA have organised to be part of the cross bay walk on June 21st where we hope to raise money to support our outdoor and classroom projects.

Flookburgh CE Primary School : Lindale Muddy Boots Nursery





We've had a wonderful few weeks leading up to the end of this half term.

Hill Top Class has been busy giving their outdoor space a spring refresh. The children have spent lots of time carefully selecting a variety of flowers, seeds, and bulbs to plant, and we're all excited to watch them bloom in the coming weeks!

Dove, Bluebird, and Wainwright classes enjoyed a brilliant Fairy Tales STEM workshop. Dove class had a fantastic morning building houses for the Three Little Pigs, working together as amazing team players,

collaborators, and problem solvers. In Key Stage 2, students designed and created inventions to help Rapunzel escape from her tower. The imaginative designs included pulley systems, flying helicopter chairs, and even a water slide with an air dryer to dry Rapunzel's long hair. A huge thank you to BAE Systems for making this workshop possible.

Bluebird class had an incredible experience during their Stone Age workshop trip. They had the opportunity to handle real Stone Age artefacts and craft their own stone axes. The children learned how copper was used, made patterned copper discs, and created their own paints using rocks to replicate ancient cave paintings. They also learned how to start a fire using flint and wrapped up the day with a huntergatherer lesson, hunting for clues about where food might be found in the woodland. A heartfelt thanks to our Friends of Flookburgh School for their generous donations, which helped make this fantastic experience happen.

What a wonderful half-term we have all enjoyed at Lindale **Muddy Boots Nursery,** exploring and learning through play.

We have planted beans, carrots, potatoes and flowers, focusing on Spring and new life, also following the children's interests, we all enjoyed our special visitors, four lambs only a week old, the children were able to feed them and they played alongside them in nursery's front garden.



On our woodland walks, we have looked for signs of new life, finding lots of wild garlic, buds shooting out and wild flowers starting to bloom.

We've enjoyed the sunshine and had lots of fun playing in the stream at Lindale Park.

After exploring in our local environment, we all worked together to create an amazing Spring display.

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Flookburgh Band National Contest Success







Diane Turner winning her individual award



Mikey Anderson and James McClure who are our youngest members of the band and the Percussion section.

September at Cheltenham Racecourse and the band will be fundraising for the

trip and preparing a new test piece which

In March Flookburgh Band travelled to Durham to compete in the National **Brass Band Championships and once** again qualified to represent the North of England at the National Final in Cheltenham this September.

As well as being promoted to the 2nd section of brass banding, the band won 2 of the 3 possible individual awards in the

competition. Diane Turner, was awarded the trophy for the best principal cornet player and Flookburgh's percussionists won the prize for being the best percussion section. We were delighted by these awards, they were very well deserved by the players involved, who work very hard to reach these standards.

The National Competition is on 14th

we will share with you at one of our, ever popular, open rehearsals nearer the time. Please watch out for our events over the summer, our next concert is in Cartmel Priory on Saturday 14th June 2025. Follow us on facebook or our webpage

Grange Drama



L-R Jonathan, Helen, Claire, Anne, Lorna, Ian, Andy, Jim, Deborah

After a very frustrating transatlantic paper chase, we have finally secured a license for our summer production 'The Curious Savage' by John Patrick.

The Curious Savage is a lovely play, a light comedy that has a poignant message. It is set in The Cloisters, a home for the 'bewildered', whose residents are a group of individuals not ready for the outside world. However they readily accept and embrace the differing needs of their fellow residents. Into this group comes Ethel Savage. Her step children believe she belongs there as she is attempting to spend

her husband's inheritance on 'foolish things' and the family are endeavouring to recover this fortune at any cost. Rehearsals are going very well and it is shaping up to be a fabulous production. Put the date in your diary: Wednesday 11th June - Saturday 14th June 2025 7.30pm at Victoria Hall, Grange Over

We are also looking ahead to our Autumn production and there will be a play reading on June 18th. 7.30pm at Grange Institute. More details next month. Any questions? Contact us at grange-drama .org.uk

Sands. Box office opens 12th May.

Tickets: Adults £12. Under 16 £5.

Grange Musical Theatre Society

www.flookburghband.co.uk

GMTS will be hosting the Sing Along version of the film Wicked on Saturday 17th May at 7pm at the Victoria Hall, here in Grange.

Come along and

join us for an evening of fun with lots of singing. Refreshments will be available, the bar will be open & ice cream will be on sale. All proceeds will go into GMTS funds.

The film has a PG listing, so whilst children are welcome to attend (& we want them to come!) they must be accompanied by a responsible adult. Tickets (reserved seating) can be purchased online: www. ticketsource.co.uk/gmts Adults £6.50

16 & under (& full time students) £4.50. Tickets will also be available on the door on the evening of the film showing.

Looking forward to seeing you there.



Grange Town Council - Band Concerts

Grange Now received a letter regarding the band concerts and Charity & Co. as follows. We asked **Grange Town Council for** a statement to clarify the situation which they have done and also is below.

Letter received

Dear Editor,

Charity & Co who raise thousands for various local charities are having to stop doing their regular fundraising.

The local Ladies who volunteer to provide ice cream, cakes, teas & coffee at the band stand concerts are now being told any money raised has to go to the council.

Also the various bands have been reduced to 6 in total instead of 16.

The Bandstand was built to provide pleasure to hundreds of people throughout the summer.

I cannot imagine how many people will be devastated by this news.

Hopefully you will be able to report this & maybe investigate more .

Regards, Margaret

Reply from Grange Town Council

Charity and Co have run the concerts, in partnership with the Town Council, for many years, and we are extremely grateful to them for all their hard work.

Charity and Co have organised the bands, hosted the events and provided the refreshments. The Town Council provides insurance, speakers, staff to put out and put away chairs, the Portaloo, and applies and pays for the events licence from Westmorland and Furness Council.

Since last year's concerts, there has been a change in plan, as Westmorland and Furness Council have made it clear that, following a reported near miss with a vehicle in the Gardens last summer, parking in the Park Road Gardens is now absolutely prohibited.

Westmorland and Furness Council and Grange Town Council must put the safety of the public, volunteers, and staff as the top priority.

Westmorland is installing a bollard to prevent parking, and since this news, Charity and Co have been in discussion with the Town Council about how to continue running the concerts without being able to park in the Gardens. It has become clear that it would be too difficult for Charity and Co to run the whole event if they cannot park in the park itself.

Running the Band Concerts is a very physically demanding job which members of Charity and Co were finding increasingly challenging.

The Town Council is working on a rescue package to take over the organisation of this summer season and had hoped that Charity and Co would continue to do the teas and coffees and, as always, give the money they raised to their normal charities.

Sadly, Charity and Co have on reflection decided that they need to withdraw totally from the event. This was their decision, which the Town Council is sorry to hear but completely understands. Running sixteen outdoor concerts over the summer is a huge undertaking for anyone.

This year the Town Council hopes to run a shorter season of concerts, which will be a reduction on the previous season, but with the short notice is a realistic and affordable solution. Although providing the concerts will be a cost to the Council Taxpayers of Grange, Councillors believe that the benefit to the Town makes this a price worth paying. Charity and Co continue to provide their services at many other events in the area, including at the Victoria Hall, and we are sure will continue to raise money for charity for many years to come.



Inheritance Tax & pensions - the new rules



f@+ 015395 38288

For many individuals, pension funds were once a tax-saving vehicle and used for passing assets onto the next generation without being stung by huge inheritance tax (IHT) bills. From 6 April 2027, significant changes to IHT rules will impact how pension funds are treated after death. While the Government have not yet finished their consultation on the intricacies of the rules and the guidance that will follow, here's what we know currently.

Traditionally, pension funds have been exempt from IHT, making them an effective estate planning tool. However, under the new rules, this exemption will no longer apply.

When a person dies after April 2027, any remaining funds in their pension will be included in their estate for IH7 purposes. This means the value of the pension will be added to other assets to calculate the overall IHT liability. The pension scheme administrator will be responsible for paying the IHT attributable to the pension, in coordination with the deceased's personal representatives. How payment will work if the assets in the fund are immovable, such as property or land, is yet to be understood.

This change will result in a much higher effective tax rate on pension funds, as they will now be subject to both IHT and income tax. In high-income cases, the combined tax burden could approach 60%, drastically reducing the amount available to beneficiaries. Additionally, the inclusion of pensions in estate valuations could push some estates over the £2 million threshold, leading to the loss of the residence nil rate band (RNRB), a valuable IHT relief for families with children and further descendants.

Pension funds may no longer be relied upon for tax-efficient wealth transfer. Instead, reconsidering your broader estate planning strategies is crucial and with a window of time before the changes are implemented, you should seek professional and regulated financial and legal advice now to make any necessary changes.

If you do not currently have a financial advisor, we can help you find a trusted, regulated professional who can provide the appropriate pensions advice.



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What's On at The Vic

See www.grangeoversandstowncouncil.gov.uk/whats-on - for more details of all our events.

Subscribe to our NEW 'What's On @the Vic' Newsletter fill in the form on our website homepage.

REGULAR EVENTS

Manjushri Buddhist Meditation Class. Wednesdays 11am-12noon in Chamber. £5. www.manjushri.org

James Reeder Dance Classes - Weds from 7pm. Contact: james@reedersdance.co.uk

Various U3A groups - Contact U3A: 015395 35358. Monthly meeting 3rd Tuesday 10.15am - 12noon

Parliamo Italiano - Tues & Thurs - improvers & post beginners - details: caroline_hakkinen@mac.com

Latin Vibes - dance fitness class - most Fridays - 11-12 noon - for details: www.lifeflowwellbeing.com

INDIVIDUAL EVENTS

02/05 Fri - Friday Night Dancers - Ballroom & Latin Social Dance (not teaching): 7.30pm - all dancers welcome

03/05 Sat - Hey Beatles - The popular tribute band are back with all new set. www.ticketsource.co.uk/vhsg

06/05 Tue! - VHSG Bingo at the Vic - Doors 7pm, Eyes down 7.30pm. £1 entry, £5 per Bingo card. Prizes - 18+

11/05 Sun - Cinema at The Vic: Conclave (12A) 6.30pm for 7pm start - www.ticketsource.co.uk/vhsg

12/05 Mon - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm

17/05 Sat - GMTS presents: Sing Along Wicked - screening. Come and Sing Along www.ticketsource.co.uk/gmts

22/05 Thu - Lake District Summer Music Lunchtime concert - Paddy Davies - Percussion - 1pm: www.ldsm.org.uk

30/05 Fri - Friday Night Dancers - Ballroom & Latin Social Dance (not teaching): 7.30pm - all dancers welcome

31/05 Sat - Ulverston International Music Festival - Alistair McGowan - Satie - words & Music: 1pm, doors 12.30pm

Conclave (12A) Sunday 11th May 7pm (doors 6.30pm)

Conclave follows one of the world's most secretive and ancient events - selecting the new Pope. Cardinal Lawrence (Ralph Fiennes) is tasked with running this covert process after the unexpected death of the beloved Pope. Once the Catholic Church's most powerful leaders have gathered from around the world and are locked together in the Vatican halls, Lawrence uncovers a trail



of deep secrets left in the dead Pope's wake, secrets which could shake the foundations of the Church.

'well written, smart, taut and visually stunning' - The Spectator Rating: 12A (brief sexual violence references).

Screened with subtitles. Runtime: 2 hours 20 minutes (including 20 minute interval). Bar, interval bacon buns, ice cream, tea and coffee. Advance tickets from www.ticketsource.co.uk/vhsg Credit/debit cards, Apple Pay and Google Pay accepted on the door.

Adults: £6.50 Children £4.50

Friends of Grange Library May **News**

As Library users will know by now, Grange Library is to be closed for refurbishment, but the Friends are pleased to say that we shall be continuing to hold our 2 regular monthly meetings by relocating to the Father Magner room at St Charles Catholic Church on Kents Bank Road.

On Thursday May 8th, the topic of our Reading Friends get together is My Claim to Fame. What achievements are you most proud of ~ top marks in an exam, a winning entry in a national or local competition, passing your driving test at the first attempt? Or was it something more personal to you ~ overcoming your fear of flying, or stagefright at the mere thought of performing in the school play? Join us at our temporary meeting place from 2.00 p.m. on the 8th for a relaxing afternoon of chat and friendship. Refreshments provided! Later in the month we shall again be using the Father Magner room when we host our monthly Cake and Games afternoon on Thursday May 22nd again from 2.00p.m. If you enjoy board games do come along ~ we have old favourites such as Dominoes, Draughts and Chess as well as more recent innovations such as Articulate, Rummikubs and Triominoes to mention just a few! And of course there is always CAKE!!!!

From The Library

Grange Library is getting a fresh new look thanks to a £300,000 investment in refurbishment works.

Westmorland and Furness Council is undertaking an extensive programme of improvements at the building on Grange Fell Road, including works to the roof, windows, redecoration and a new reception desk. The library will need to close for an estimated eight weeks during the works. It will be closing on 6 May and a temporary library service will be operating from the nearby Methodist Church from 7 May until the library is ready to re-open. The temporary library will operate at the following

Wednesdays from 10am to 1pm I Thursdays and Fridays from 1pm to 5pm I Saturdays from 10am to 1pm

The temporary library will offer a small selection of stock as well as a book request service and library staff will be on hand

> to answer questions and support visitors. Anyone who experiences any difficulty accessing library services during the closure of Grange Library can get in touch with staff at Kendal Library for further assistance. Library users can also find details about our e-books and online resources at: Digital Offer: eBooks, magazines, comics and newspapers I Westmorland and Furness Council Grange Temporary Library contact number will be 07787 890023.



BINGO AT THE VIC Tuesday 6th May 7.30pm - 9pm - NB Tuesday this month!

Eyes down for bingo night at the Vic! Over 18s only, £1 admission (cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.

What's On May

Thursdays 1, 8, 15, 22, 29

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Saturday 3rd May

Churches Together Men's Breakfast at 8:30am, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Tuesdays 6, 13, 20 & 27 May

Grange Sequence Dance Club meet at Lindale Village Hall, 7.30 - 10pm. £3 for non members including tea and biscuits. All are welcome. Enquiries 07970 845573

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Baby group for parents, carers and their little ones in Grange Methodist Church Hall from 9:30 a.m.

Wednesdays 7, 14, 21, 28

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Friday and Saturday 9 and 10 May

Cartmel Priory, 'Sensational Sondheim' is a musical revue on at 7 30 pm showcasing 24 of the best songs ever written for the musical stage. All proceeds will be in aid of Cartmel Priory. TICKETS: £15 www.ticketsource.co.uk/pcc-of-cartmel-priory or in person from the Priory shop

Saturday 10th May

Daisy Roots Bookshop, Grange: Book launch for 'Northern Rail Heritage 1825 - 2025'. Author Paul Salveson will be in the shop from 10.30 to 12.00 signing copies and talking about the book and its links to this year's Railway 200 celebrations.

Saturday/Sunday 10/11 May

Garden Open Day at Hollin Head Wood LA12 8NT 10:30am-4:00pm (for Grange Methodist Church)

Sunday 11th May

Lower Holker Village Hall, Cark-in-Cartmel, Table Top Sale, 9 am to 1 pm. Free admission. Various exciting products for sale. Toast, tea and coffee available. Large free car park.

Monday 12th May

Grange Probus Club will meet at 10.30 at the Netherwood Hotel for a talk by Robert Wheatley with a talk on The British Empire. See the club report for more information.

Tuesday 13th May

Mothers & Others- Talk by Stuart from Kitridding Farm- in the Father Magner

Room behind St Charles' Catholic church, starting at 7.30pm

Coffee and Chat at Cartmel Methodist Church 10:30am to 12 noon

Cartmel Peninsula Churches Together AGM at 7:00pm in Grange Methodist Church Hall

Wednesday 14th May

2.00: Kents Bank Station Library will host a talk by John Violet on the life and work of Thomas Brassey, the railway builder. Free but advance booking essential on 07795 008691 or info@stationlibrary.org. uk

Thursday 15th May

Cartmel Peninsula Local History Society meets at 7.30pm in Cartmel Village Hall when Sophia Martin would talk about Settlements and Field Names in Finsthwaite. See the club report for more information.

Grange Natural History Society, Borrowdale National nature Reserve, meet at 10.30am at Seatoller NT car park. Non-members welcome £3.00 per head

Friday 16th May

Newton in Cartmel Village Hall. Doors open from 6pm. Legendary folk-rocker Martin Stephenson 3 times performer at Glastonbury, over 40 albums and thousands of gigs! Plus support Bramble Briar. Tickets £15 - CASH BAR. "My kind of musician!" - Billy Connolly. Book now: wendyandmike26@btinternet.com

Saturday May 17th and Sunday May 18th

The pop-station cafe will be available in the Kents Bank Station Library from 11.00 to 4.00pm offering complimentary teas and coffees (donations welcome).

Wednesday 21st May

Flookburgh & District over 60s Coach trip to Bury Market Pick up from Flookburgh Square 9.30am. Leaving at 4pm Contact: Wendy Bland 015395 58392/07814470033

May 24th May

Garden Society - Coffee Morning and Plant Sale on Saturday May 24th at the Methodist Church from 10.00am with Cake Stall, Tombola & Gardening items.

Monday 26 May - Friday 7 June

"Journey with the Holy Spirit" displays at Grange Methodist Church – see church article for days and times

Tuesday 27th May

Mothers & Others-Annual AGM followed by Pie & Peas supper- in the Father Magner Room behind St Charles' Catholic church, starting at 7.30 p.m

Flookburgh Village Hall 7-9pm. Tim Bloomer will be speaking about the ' Decarbonisation of Beer'. Tim is the Founder and Director of Sustainability at Fell Brewery Flookburgh who are intent on reducing their carbon emissions to make Fell Brewery the most sustainable brewery in the country. He is also a Westmorland and Furness councillor for Grange and Cartmel.

Wednesday 28th May

Grange Natural History Society, National Trust Footprint, meet at 10.00am at the Footprint, St Catherines, Windermere.

Saturday 31st May

Churches Together Men's Breakfast at 8:30am, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Mondays 12, 19, 26

South Lakeland Phoenixes. Drop-In for over 18s - Community Foodstore, Main Street, Grange over Sands. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, safe space, for a chat and a brew between 1:30 and 4:00 www. southlakelandphoenixes.com

Age UK South Cumbria

New Class - Chair Yoga – Grange United Reformed Church every Mon 11am – 12pm Booking required

Gentle Exercise Class - Grange United Reformed Church every Thursday 2.30pm – 3.30pm.

Lunch Clubs:

Grange - Thornleigh Hotel - 3rd Wednesday of the month.

Allithwaite - Pheasant Inn - 2nd Tuesday of the month.

Cark - also at the Pheasant Inn - 4th Friday of the month.

Please call 01539 728118 to book lunches or yoga, or for further details.

Allithwaite Bowling Club

invites you to their

"OPEN DAY"

on

Sunday 11th May

From 2 pm with 'kettle on'!

All are welcome!

'Free' to Come and have a go!

Find us at: The Bowling Club – next to Allithwaite Community Centre

Equipment provided! Please wear flat soled footwear for on the green!

(Children under 16 to be accompanied by an adult)

Grange Forum

The season concluded on the 25 th March with the AGM which went very smoothly. This was followed by a very good and informative talk about Colditz and Beyond given by Alan Anderson which was well received by the members. Afterwards refreshments were provided by Cumbria Grand and were well presented and extremely tasty.

The Forum walk around Ambleside and led by Andy around Lowe will take place on Tuesday April 15 th, 10.30 meeting up in the Large car park opposite the Struggle on the way out of Ambleside heading north. Calamity Jane at the Winter Gardens Blackpool in June has sold out. However. MissSaigon, at the Palace Theatre Manchester has been Wednesday organised for November 5 th and places to be booked on 33696 if interested.

The 24/25 Forum season has been very successful with many new members. The new season starts on Tuesday 14 th October and documentation will be sent out to members in early September. Anyone interested in joining the group next season please contact 33696 or 33057.

WI Federation event

At the lovely, refreshed Selside Village Hall, W I members from around the Cumberland/ Westmorland Federation met to hear samples of presentations by various speakers. cycling round England with a cello on your back, to the work of the Bendrigg Trust; or the newly founded Lakeland Farm Flowers and the Commonwealth War Graves Commission. It was a most informative afternoon, giving scope to choose future speakers for our local meetings. The subjects stirred rĕal interest and promised some illuminating future verv get togethers.

Grange Bridge Club

April winners :-

Tues 01 Teams. (Six teams) Sally-Ann & Mike Rothwell. John MacLachlan & Robin Rose.

Tues 08 Pairs Chris Walker and Chris Wilkinson

Following the excellent progress of the Wednesday evening students. The club feels it is nearly time to introduce them to "the real thing".

The members have decided to invite them to an evening of bridge at the club which will not be run under the auspices of the English Bridge Union but will be run using basic ACOL as the bidding method. Only 18 boards will be played instead of the usual 24 or 28. Help and advice will be given when asked for.

Kents Bank Station Library

We have just published our publication. first 'Northern Rail Heritage 1825 - 2025' is a readable introduction to the social history of railways in the North, through to the present day. It is written by Paul Salveson and contains a foreword by Railways Minister Lord Hendy of Richmond Hill. It has been made possible a generous grant ossCountry Trains. from CrossCountry available, free have copies of charge, for local schools individual copies sell at £5 and are available from Daisy Roots Bookshop as well as from the Station library and Beach Hut Gallery. We are holding a joint event with Daisy Roots on May

The library is now a not-for-profit community interest company - registered as THE STATION LIBRARY CIC (no. 16375684). We recently hosted a visit from Network Rail managers who gave up a day to help us with various jobs. Á big thank you to Phil James's team!

Our next event is our monthly 'mutual improvement class' talk on Wednesday May 14th at 14.00, with a talk on the work of the railway builder Thomas Brassey. Please email us or ring 07795 008691 if you would like to attend. www.stationlibrary. org.uk or info@stationlibrary. org.uk ring 07795 08691

Grange Over Sands Golf Club

We have a new Gents Captain, Sean Munsie and his wife Sarah is our new Lady Captain so a great husband and wife team. We have a few new Members join us this year so a great welcome to you all, enjoy our Course and Club. The Course is in great condition and the Greens are superb. We have a busy time coming up with many Societies and Visitors booked in. Also we have some Open Competitions in, on 23rd April, 28th May, 16th July, 13th August & 24th September. Our Ladies Open Competition is 22nd June. If you would like to play in any of these you can book in Online via our Website book in Online via our Website or contact Lynn in the Office via Phone: 015395 33180 or email Office@grangegolfclub.co.uk, she will provide any information you may need for tee bookings etc. We look forward to seeing you all soon.

Cartmel & District Flower

Our next meeting is on Monday 19th May at Cartmel Village Hall 2.00pm with guest demonstrator Sue Fairhurst from Lancaster with "Catch of the Day" . All members and visitors are welcome so please come along and bring a friend for a lovely afternoon of floral arrangements and refreshments. For more information contact Isobel 015395 33136.

Mothers & Others

Our speakers at the meetings in April have been varied and very interesting, as well as the very tasty one at 'At Home'! As May arrives we look forward to the last 2 meetings of this season, with the first one, on Tuesday May 13th, being a visit by Stuart of Kitridding Farm, near Kirby Lonsdale, who will tell us all about his farm and farm shop. Many people will have met Stuart at Farmers Markets and shows and will know that he can tell a good tale! The final meeting of this season will be on May 27th, our AGM, when members can discuss the future plans for Mothers & Others, and then enjoy a Pie & Peas supper. We hope that all our members will be able to attend the AGM as there will be important decisions to be made. Please note- Members will need to order their choice of pie in advance of the meeting. Both meetings will be held as usual in the Father Magner Room behind St Charles' Catholic church, starting at 7.30 p.m. If anyone would like to know more about Mothers & Others, please call Ann on 015395 33856 or Linda 0n 015395 33482

Grange Fell Golf Club

Late March saw our new Club Captain, Daniel Asplin, take the inaugural drive with the hickory shafted mashie and a fine job he made of it hitting it down the first fairway. This was followed by an enjoyable day's golf and meal. A wonderful start to the season. The April Stableford had Richard Smith take the win for a second time this winter with 43 points, a full 5 points clear of Richard Hincliffe in second place. The first named competition of the season was the Carlsberg Pairs. Again we had clear winners in the pairing of Club President Les Öllerton and Mick O'Doherty, finishing five points clear of Rob and Sarah Davies.

The Ladies section continued to play golf over the winter and had some social trips to Carus Green driving range in February and March to improve skills! We welcomed our new Lady Captain, Marjorie Blackburn at the AGM in February. The 2025 season began on April 1st with a record number of players entering Lady Captain's 9-hole drive-in. The all prize competition was won returning member Sarah Davies with Anne Clough second.

South Lakes Stitchers

Our April meeting saw 15 members making magic through the medium of collage. The session was led by Sue who invited us to conjuré our spells with papers, fabrics, sketches, stitches, even old calendars and mix these with her magic potions of melted wax and walnut ink crystals. We were bewitched by Sue's own pictures and our challenge for the day was to wave our wands to create our own cauldron of compositions. We could hand sew or use our machines, we could scrumple or layer our papers to produce texture, we could overlay our creations with fabric or chiffon and/or we could drizzle ink or iron wax to complete our collages. As usual, the result was a collection of magical and very different concoctions. The textured theme inspired several to make mountains and we had a variety of sizes from mini to maxi and different seasons, both winter and summer. Other ideas included textured tree trunks, a fluorescence of flowers, in particular, irises and a beautiful, detailed 'Art Nouveau' inspired collage in print and text, illustrated in black, white and gold. If you want to see more, pictures are available on our blog at:-

southlakelandstitchers. blogspot.com.

Allithwaite Bowling Club

The bowling season is now well underway. We have teams in the Kendal League, Rothay League, Seniors League and the Rural League, we also have our own internal doubles competition. As well as league matches there are also numerous competitions for all our club members including Jacob's Joins and singles and doubles matches.

If you would like to come and have a go or find out all about the club we are holding an open day on Sunday 11th May 2 pm-4pm. There will be members there to show you the ropes and answer all your queries. Please wear flat soled footwear, children must be accompanied by an adult. The kettle will be on and a warm welcome is a given. The club is behind the community centre down Quarry Lane Allithwaite.

Cartmel Art Society

The AGM was held on the 9th of April; the Spring competition was won by Liz Croy with a lovely pastel landscape for her entry under the theme of 'Sunshine & Showers'. Catherine Alexander leads the session on the 14th of May, discussing tulips paintings both past and present before members tackle the subject in their preferred medium. This is followed on the 28th with an all day pastel workshop with Greg Howard. He will be showing members techniques in creating landscape using pastels; an appropriate subject given the recent competition winner! Greg is a new demonstrator to Cartmel Art Society, and generally works in an impressionistic style.

Please let Rita Denby know if you will be coming to the workshops, either by email on ritadenby45@gmail.com or call her on 07587 705842. We welcome all budding artists from beginners to more advanced artists. Please get in touch via our Facebook page or our website: cartmelartsociety.co.uk if you have any questions.

Grange Lecture Society

After our final talk and AGM our program secretaries have been finalising the 10 Talks for next winter's season. There is much to look forward to.

President Peter wanted to round this season's talks with an evening musical entertainment in the Victoria Hall. So, at his own expense he brought in a band from Colwyn Bay and local songstress Diana Denney to entertain for free our audience and others on the 8th of April. Just over 80 people came through the doors for Peter's COUNTRY ROADS event where everyone was royally entertained. The incómé, including some donations came to £1026 of which Myeloma and Pancreatic research funds will share £500. The balance will go a little way to paying the considerable outlay for the evening. It was basically a gesture of goodwill by our President towards some close friends and the Grange Community and Society members. Lecture It was free to come along and this enabled folk of limited means have an entertaining evening in town.

Highlights for next season includes a return by Richard Kay who serenaded us last year with his history of musicals. Other talks include a history of magic, a discussion on fish, Women Railway Workers in World War II, Japanese Gardens, and a history of walking.

Lower Holker Village Hall

April 200 Club winners 1st £40-180 Geoff Critchley, 2nd £25-167 Holly Rose Treadwell, 3rd £15-178 Ann Taylor,4th £10-141 Jade Johnson. Sunday 11th May Table Top Sale- 9 am to 1 pm, tables are £5.00. to book a table contact Rhona on r.barton5353@gmail.com. Tai Chi, Yoga, and Hatha Yoga, Dancing, and Aerial Hoops, U3A Badminton and Hoops, U3A Badminton and U3A Ukulele are available. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm. Table tennis from 9.00am to 4.00 pm. Cost is £2.00 per player for the booking. To book for either phone 015395 58304 (During school holidays this (During school holidays this may change). Table Tennis Club now running. Contact Peter on lowerbirkby@gmail.com. Sewing Machine Classes every ` Friday 10-12pm. £15.00 morning per session, bring your own machine. Contact Natasha Natasha127@outlook.

com or 07901751197. Please follow us on Facebook at lowerholkervillagehall for all our latest news. Website is Ihvh.co.uk. The Hall number is 015395 58304 with ansaphone. Future Table Top Sales are Sunday 11th May; Sunday 8th June; Sunday 20th July; Sunday 10th August and Sunday 14th September.

Crake Valley Croquet Club

April has seen the Club's first round of league matches travelling to Chester and hosting Pendle at home. We also held a very enjoyable Alternate Strokes doubles tournament. The £10 introductory taster sessions were successful with several signing up as full members. 7th May we will host a National Qualifier for Golf Croquet, all welcome to watch.

PEAT

Did last month's news about the seaplane service spark your imagination? What if travel could be something we look forward to, - safe, clean, easy, affordable, and accessible for all? Too often, we settle for temporary fixes that only make things 'less bad.'But what if we reimagined travel from the ground up? Peninsula Environmental Together Action believes that local people understand what real, lasting improvements look like. That's why we've launched Let's Talk: The Future of Travel and Transport, on the Cartmel Peninsula, supported by a grant from CAfS

We'll be speaking to you in schools, local councils, sheltered housing, businesses, and more, to gather your ideas and experiences. Whether you're a student commuting for education, someone with limited mobility, or a business owner, your voice matters. As Cumbria considers new plans for devolution, including integrated transport, now is the time to speak up. We may not be able to control every outcome, but by coming together, we can better define what we want and challenge what we don't. Let's create a future where travel enhances life on the Cartmel Peninsula, not hinders it. Watch for opportunities to share your vísìon soon.

Grange Soroptimists

We held our AGM in April and were delighted to try on our new gilets sporting the new Soroptimist International logo which looks eye-catching on the bright blue background. The material is made of recycled PET (plastic) bottles. Members had an enjoyable get together for coffee at Charnleys in Dalton with a chance to chat and catch up. Our team of gardeners is working in the Sensory Garden, the library garden

and at the Ornis ring, which give great enjoyment to visitors and locals. Look out for them wearing their high viz jackets!

Members have continued volunteering in the clothes room at Barrow Women's Centre providing much appreciated help sorting donations and assisting clients. We will also be part of the team collecting for Barrow Women's Centre at Cartmel Races on Wednesday 28th May.

We have updated our information about where to recycle items and this is on our Website (see below). Anyone interested in joining the club or getting further information please contact Mary Ann on 015395 32265 or www. sigbi.org/grange-over-sands/

Grange and District u3a

We held a successful and wellattended AGM in April and are now looking forward to our next meeting on Tuesday May 20th , when Gary Rogers, An Ex Police Officer From GMP, Awarded The Queen's Medal, will talk to us about his work as a full-time undercover officer.

Please Note - The Later Start Time Of 10.30 - To allow for bus travel to the meeting . Visitors are most welcome to join us - entry is £2 , which includes refreshments after the talk.

Grange Garden Society

Our Annual Coffee Morning is on Saturday May 24th , from 10.00 am at the Methodist Church. As well as our famous plant stall, there will be a Cake Stall, Tombola and stall of garden items. We look forward to seeing you there. Our next meeting at the URC is on Friday June 20th, starting at 6.30 with refreshments. Joan Bentley will be giving us a flower arranging demonstration, based around garden flowers. The arrangements will be raffled at the end of the meeting. Do come and join us for an entertaining evening , not to be missed.Entry for visitors is £3.

Grange Probus Club

Grange Probus welcomed Steph Weber (with French Bulldog who talked about the Animál Care Lancaster (ACL) She described how the centre acted as a vital temporary home for unwanted pets with the aim of finding them new and more appreciative homes. Covid lockdown had prompted many families to buy pets but the return to work had resulted in many problems with anxious and bored pets which the owners no longer wanted. ACL worked with other agencies to rescue pets and rehabilitate them and catered for a wide variety of animals. The cost of feeding and vets' treatment was considerable and ACL ran an active education and fundraising programme. The club's next event on Monday, May 12th at 10.30am at the Netherwood Hotel will welcome the return of Robert Wheatley with a talk on The British Empire Grange Probus welcomes retired people as new members and

meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron 1 @ btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS's monthly meeting welcomed David Felton who spoke about Ten Centuries of Cumbrian Cartography. David had recently published a book on this subject with Bill Shannon. He described his passion for maps and explained how Cumbria had first appeared on the Cotton map of 1050. He progressed through further examples of maps of the area, increasingly accurate and with more detail until the Ordnance Survey ones in the 1840s. The society's next lecture will be on Thursday, May 15th at 7.30pm in the village hall when Sophia Martin would talk about Settlements and Field Names in Finsthwaite. Visitors are welcome with a £3 entry fee. Further information on CPLHS membership and activities can be found at Cartmel Peninsula Local History Society I Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

Cartmel Cricket Club report

At the time of writing the start of the season is nearly upon us. Our first game is on the 3rd May away to Penrith, a week later than the other clubs. Our first home game will be a week later against Milnthorpe. We remained in the Westmorland Cricket League Division Two where a couple of new teams have joined this Division, namely Ulverston 1sts and Kendal 2nds.

We had a very good winter, with indoor nets being well attended and also five new players have joined the team. Outdoor nets are on Tuesday evenings from 6pm. Joe Cowperthwaite continues to be the 1st XI captain and we wish him and the club all the very best this summer. We continue to have our Allstars and Dynamos junior cricket on a Friday evening and there is U11 hard ball cricket on a Monday night from 6pm.

We'd like to thank Oscars, Cartmel Cheeses, Unsworth Brewery, Crowe Painters and Gedye's for their sponsorship of our shirts. We also have many match ball sponsors during the year and we thank them too for their kind sponsorship.

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FRIENDLY HONEST PROPERTY ADVICE

A 'taxing' time of year?

It seems like the last month or two has centred around additional payments for the privilege of buying something from someone. Donald has been making headlines across the world and we are all familiar with the term 'tariffs' even if most of us don't fully understand the entirety of what is happening. All we know is that we are waiting to see how the world reacts and whilst, at the time of writing, everything is on hold (except for some one-upmanship with China) we wait to see how a variety of markets react.

What we can relate to within the property market is the reintroduction of the lower level of stamp duty land tax and those who keep an eye on the market, or even read these Property Talks, will know is that we have been waiting to see how this reintroduction would affect the property market.

As we have reported previously there has been a huge upturn in property completions which we have successfully navigated at the end of March as the deadline approached. Poole Townsend have experienced record breaking numbers across all of our offices with buyers and solicitors alike hurrying to finalise a purchase before the 1st April deadline.

What wasn't quite as certain was the response by the market after this deadline had passed and the effect on the property market. Well we are happy to report that there has been no drop off in market activity and, if anything, we have seen an increase in properties being marketed and sold.

Thankfully the stamp duty deadline has coincided with the Spring market and the annual upturn in market activity. As predicted the addition of the lower stamp duty, although a financial nuisance, has been taken in stride as we return to the pre-Covid stamp duty arrangement. Diaries are again full with valuation appointments and viewings and sales numbers are rising with Poole Townsend once again leading the field in their respective area.

If you think it's the right time of year to sell your home or just want to discuss your local property market why not contact us and we will happily help you through the process.



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LETTERS





Letters to the Editor are published on the understanding that they may have to be shortened to fit available space. Publication of a letter in no way reflects the views of Grange Now. All letters must be accompanied by a name and address even if the correspondent requests anonymity. In this case 'name and address supplied' will be added.

I thought you may be interested in this info about VE Day in your May issue.

May 7th, 1945

My mum and I went to Redcar for the weekend as a seaside treat. Her friend and her son Bobby came with us. We'd gone to bed as usual, then at 2.00am, I was woken up by my mum. "Wake up Judith, the war's over!" I was very excited because it was my 6th birthday on *May 8th, 1945*.

That day was very special. When we went home there was a big street party to celebrate. We children were entertained by a Punch & Judy show and fireworks.

We lived in Stockton-on-Tees (Teesside), near Thornaby aerodrome. We'd experienced a lot of bombing. My father repaired aircraft and my mother worked at ICI Billingham during the war.

Judith Pool (nee Reyer) Grange-over-Sands

Dear Editor,

The Spar Grange team would like to thank everyone who supported the raffle in aid of Marie Curie.

The draw took place on Tuesday 15th April and raised £210.00. The Lindt 1kg Gold Easter Bunny winning ticket was held by Joy, congratulations.



The second prize of an extra large Lindt Easter egg went to Nicola. Wishing everyone a wonderful Easter!

The Spar Team

Dear Editor,

It is a sad goodbye to a long established family in Grange who are moving to Skelton, near York to be nearer family.

Bill and Joyce Wearing came to Grange in 1967, as Bill's parents ran a shop on Yewbarrow Terrace, then they had a greengrocers shop on Kents Bank Road (now Fletchers) also a card shop next to the Post Office.

Their daughters attended Grange Primary School, where Joyce was school governor. One is now a professor in America and the other an accountant in York.

Bill was a long serving town councillor, mayor and county councillor, for over 40 years, and was always available and helpful with matters regarding the area. Joyce was a volunteer gardener at Yewbarrow rockery. They have both always supported shops and businesses in the town, and therefore will be missed.

Judith Shapland

Dear Editor,

May I through Grange now, extend my very grateful thanks to Anna and the kind people who took me to Nutwood Surgery by car after my fall on Monday 24th Mach at the foot of Murrell Hill. I should like to thank you personally if in any way you would let me know who you are. My sincere thanks again. Eileen Burke, Hampsfell Grange

South Lakes Housing

South Lakes Housing is pleased to share the latest update on the redevelopment of Yewbarrow Lodge.

We know many of you have been keeping a keen eye on the site, and we really appreciate your patience as we've worked through the initial demolition and levelling phase with our contractor, L&W Wilson. Though the process took a little longer than anticipated, we're happy to say that demolition is now complete.

Looking ahead, we're aiming to start the new build phase in early summer 2025, subject to securing the necessary funding and finalising contract details. Recognising the significance of this project to the community of Grange, we will continue to provide updates through Grange Now, ensuring key milestones and progress are shared.

Thank you once again for your continued patience and support.

South Lakes Housing Development Team

Development@southlakeshousing.co.uk

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Work Pattern: Monday and Tuesday 06:00am - 11:00am

Role Overview:

Overall responsibility on set days for ensuring the food produced and served is of the highest standard in line with guest expectations. Breakfast will be served each day from 7:00am. There will be a maximum of 24 covers, rising to 32 by May 2025. In addition to carrying out cooking duties yourself, the chef is responsible for the management of Health and Safety, ensuring all areas of the kitchen are compliant and the required processes and procedures in place in relation to risk assessments. You will be the sole chef on duty, so this is very much a 'hands on' role.

What you'll be doing:

- Produce breakfast each day from 07:00am as per the agreed set menu and Guest orders.
- Responsibility for the health and safety, cleanliness and organisation of the kitchen.
- Monitor and manage stock levels, including ordering ingredients in advance and minimising waste.
- Providing a personalised and memorable experience for guests.
- Ensure front of house team understand the dishes and stories behind the produce.

About you:

- Previous experience to Sous-Chef level in a 4-star environment or similar.
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What you'll be doing:

- Serving drinks consistently in line with Manor standards, taking note of guest preferences including wines, beers, spirits, soft drinks, and cocktails.
- Providing a personalised and memorable experience for guests.
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- Managing the bar inventory, including preparing suggested orders.
- Accurately processing payments, whether card/cash payments or room charges.

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