

Spring Forward! - Clocks go forward 30th March

Thermoshield John Rishton
Windows & Doors

With over 30 years experience supplying and designing uPVC Windows, Doors & Conservatories

FENSA Registered Company 3025

Tel: 015395 34212 Mob: 07970 537 871
email: thermoshieldgrange@gmail.com

ARNOLD GREENWOOD

Incorporating Shirley M. Evans Solicitor Limited

Solicitors & Estate Agents

w: arnoldgreenwood.co.uk/solicitors
t: 015395 35208

TB Shepherd & Son Ltd
Plumbers & Heating Engineers

DAVID 07810 835 236
GRAHAM 07810 646 568

Since 1952

OPTEC **OWIAPS** **safe 5421**

digital aerial & satellite specialists

Domestic Digital & Aerial Upgrades
Commerical Systems - Design & Install
Sky Installation & Repairs
Home Sound & Vision Systems

digital TV
Reg No: 18265860

FREESAT HD **skydigital** FREEVIEW

Grange 015395 32792
Mobile: 07798 697880

PORTABELLO
Blinds & Curtains Ltd

'We are now supplying window film for shade/ privacy and security'

Please phone Darren or Jo **01524 702111**
'Where Quality and Courtesy come as Standard'

JJM Garage

Open daily 8am - 5pm

GREAT VALUE TYRES

For fantastic service and customer care...

MOT & Service Centre **Tel 015395 58920**
Mile Road Garage, Moor Lane, Flookburgh.

LOCKS EXPRESS
All Lock Problems Solved

The only Locksmiths based in Grange

All Lock Problems Solved

- Trading Standards Approved
- Locks Opened, Repaired & Fitted
- Domestic & Commercial
- UPVC Door Lock Specialists
- Police (CRB) Checked
- High Security Locks Fitted
- OAP Discount

Eden Mount Road, Grange
Mobile 07886 831336
www.locks-express.com

Rp Services
GRANGE LTD

STATION YARD GARAGE

VEHICLE SERVICING / REPAIRS, TYRES, EXHAUSTS, BATTERIES, MOTS, DIAGNOSTICS

015395 35443
office@rpservicesgrange.co.uk
Station Yard Garage, Station Yard, Grange-Over-Sands, Cumbria, LA116DW

ACORN TREE SERVICES

Tree Surgeon
Covering all aspects of **Tree Surgery**

07771 680 919
015395 34299
acorntreeservices@icloud.com

YEWBARROW GARAGE

MOT TESTING STATION

GRANGE'S NUMBER ONE M.O.T. TESTING CENTRE

SERVICING & REPAIRS TO ALL MAKES AND MODELS, CARS, VANS, (PETROL & DIESEL) ALSO ALL VEHICLE AIR-CON SYSTEMS CHECKED AND RE-GASSED.

FREE COLLECTION AND DELIVERY OR FREE COURTESY CAR BY APPOINTMENT

FREE fitting on batteries, tyres & exhausts
Latest Vehicle Diagnostic Equipment
Hofmann 4-wheel alignment system

AIRCON RE-GASSING AVAILABLE NOW FOR NEW HFO1234YF SYSTEM

Tel: 015395 34291
24hr Accident & Breakdown Recovery: 07968 091 428
Email: yewbarrowgarage@live.co.uk

EVANS AUTOBODY
Accident Repair Specialists

Providing accident repairs from our purpose build Accident Repair Centre in Flookburgh. From a minor scratch to severe accident damage. Carrying out repairs for private, trade and all major insurers.

- Guaranteed excellence at competitive prices
- Cars, vans, motorhomes, motorcycles & restorations
- Alloy wheels refurbished
- Interior valeting & exterior polishing/detailing
- Courtesy cars & vans
- Accident recovery service

www.evansautobody.co.uk
Moor Lane, Flookburgh, LA11 7LS
(Follow road 3/4mile then take second left turn)
015395 58329

LOOKING TO BUY YOUR FIRST HOME?



Being a first-time buyer can be hard work, stressful and nerve-racking. Chances are that you won't necessarily know the market and it's easy to be blind-sided by the excitement of viewing dream homes. But the property market is highly competitive, and it is important to put yourself in the best possible position before starting the process.

If you want to be ready to compete with other buyers in such a buoyant market, then you need to spend time getting all your ducks in a row - this is essential. Speak to a financial adviser to find out exactly what you can afford, and which mortgage route is best for you. There is a big misconception around the level of deposit required and how much you can borrow, so it's important to be clear on your price range right from the beginning. It's also beneficial to get a mortgage agreement in principle because this shows the estate agent and the vendor that you are a serious contender and a ready-to-go applicant.

A key benefit of choosing a local estate agent is the advice they can offer. They will understand the market better than anyone in that area and can, of course, help guide you through the entire buying process.

Before you start the viewings, you should research sold prices in the area you are interested in. Have a think about what you really want from your new home and ask yourself the key questions.

- What does the property need to provide?
- Is it a five or ten-year home that you will grow into?
- Is the distance to local schools important and what about the transport links to your place of work?
- What sort of property best suits you?
- If you opt for an older style home, have you considered the cost of any maintenance versus a new build?
- If you are looking to buy a flat rather than a house, have you considered service charges?

Once you have a clearer idea of what you want in your head, you're ready to start the exciting bit and organise viewings.

Starting the viewings for your first home is an exciting but also anxious time. Often it can feel like there is a lot of pressure to secure your dream property. Stay focused but don't linger around if you find something you love, otherwise someone will snap it up from under your feet. However, remember to keep a clear head and ensure that you have considered all the practical elements of the home. Spend time at the property to identify the state of repair so that you know what you are getting into. Look for watermarks, damage to the roof and any damp problems.

When you are ready to make an offer, show the agent your mortgage agreement in principle and confirm the timescale that you are hoping to work towards. A first-time buyer in a good position can be just as appealing as a cash buyer or investor, providing you can show that you are organised and ready to move forward quickly.

Once your offer has been accepted, don't take your foot off the gas. Have a solicitor lined up ready to do the conveyancing so that you can get the transaction moving along quickly.

Navigating the property market can be a scary and stressful time for a first-time buyer - let our experts guide you along the way.

LEGAL PEACE OF MIND SINCE 1903

015395 32313
info@gedye.co.uk





Editor's Letter

We are sorry to see that Westmorland and Furness Council have removed funding for the Prom Gardeners. This seems very petty when such a small amount of money is involved to be used for plants and tools by volunteers in making the promenade look so fantastic. Please read more on page 5.

This is a jam packed issue full of good news, inspirational ideas for things to do and lots of useful dates for your diary.

On 8 May 2025, we mark the 80th anniversary of VE Day. Our nation will unite to celebrate 80 years of peace since the end of World War II in Europe. We encourage everyone to take part—raise the VE Day flag at 9am, gather in streets, gardens, town halls, clubs and pubs. More details at <https://ve80.com/>

Wishing you all a very Happy Easter.

The next deadline is 18th April

CancerCare's Cross Bay Walk

Sunday 20th July

Arnside to Grange-over-Sands 1pm



Scan here to book tickets



Join one of the biggest charity walks of the summer!

www.cancercare.org.uk/news-and-events




Cark Station Wins Silver



(L to R) Dawn McGough, Community Rail Manager, Community Rail Cumbria. Tim Owen, Community Rail Partnership Furness Line Chairman and Cark Station adoption team member Cark Station adoption team members Janet Mardon, Pam Bancroft, David Stubbin, Jane Murray, Northern Station Manager Lakes and Cumbria.

At the National Community Rail Awards held on 13th March, the volunteers at Cark Station received an award and certificate in the silver category of the "It's Your Station" section.

This is a testament to the hard work put in by a team of people who meet regularly on Thursday mornings at the station to keep it looking spotless, tend the lawns and put an amazing range of flowers in the planters. They



have also created a wildlife garden surrounded by bushes supplied by the Woodland Trust. The team have exciting plans for enhancing the station further over the coming months.

Cartmel Institute

The Trustees of Cartmel Institute are applying to the Charity Commission for permission to sell their listed building as it is no longer required for its original purpose and requires major expensive conservation work.

They are proposing to modify the Cartmel Institute charity in the interim to be able to support local educational and recreational needs from income from its investments whilst it is decided how best

to use the funds for the longer term needs of the village. There will be a public meeting in the village hall for Cartmel residents on Thursday, April 24th at 7pm when the background and current plans for the Institute will be presented and questions can be asked. Local households will receive flyers giving more information on the event and the institute secretary can be contacted on 07929 833528 or e.cameron1@btinternet.com

Date for your diary

May 10th celebrating VE day.

Dress in world war 2 clothes. And indoor party at United reform church. More details in the next issue of Grange Now.



grange NOW
 Grange Now, Kendal Road, Bowness, LA233HU
info@grangenow.co.uk
www.grangenow.co.uk
 Tel 015395 22234

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN404	18th Apr	30th Apr
GN405	16th May	28th May



**INDEPENDENT
INVESTMENT
ASSOCIATES
LIMITED**



Independent Chartered Financial Planners

Cragdale House, Kents Bank Road,
Grange-over-Sands. LA11 7EY

Tel: 015395 36964

Email: info@iiagrango.co.uk

Web: www.iiald.co.uk

Financial Planners:

Leigh S. Hornby BA (Hons), IMC, CFP
Gary Richardson FCIB, CFP, Jason Crane APFS, CFP,
Andrew J. Troughton APFS, Ian D Hartley MCSI, CFP,
Will Wilson APFS, Chris Hill CFPTM, Chartered MSC1,
Dan Birch APFS

Authorised and Regulated by the Financial Conduct Authority

Investment Matters

By Dan Birch APFS

Making pension contributions are not only a way to help save towards your retirement, they can be an extremely tax efficient investment. Depending on your income tax rate at the time, contributions can attract tax relief of up to 45%.

In the past there has been an upper limit on the amount you can build up in a pension over your lifetime and still receive this tax relief on your contributions, this is known as the lifetime allowance (LTA). This was last set at £1,073,100 and while most people may never reach this amount, the LTA was abolished in the former governments spring budget of 2023.

While someone who does reach this figure can now continue to top up their pension and receive tax relief there are still some limitations in place. Most people can choose to take 25% of their pension pot as a tax-free lump sum, but if your pension has exceeded £1,073,100 then the maximum you can take is still 25% of this figure, so a maximum tax-free lump sum of £268,275.

This is just one example of how changes made by the government can affect your financial plans. With a Spring Statement (not a budget) due from the chancellor on 26th March there could be further changes announced. Another recent change proposed by the government will mean that from April 2027, pensions will no longer be exempt from inheritance tax.

Seeking professional advice which is tailored to your individual needs and can be adjusted when changes do occur allows you to focus on the things that are important to you.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Pancreatic Cancer Charity Ride



Local resident Ian Sisson is turning 80 this April and is challenging himself by cycling 80km (50 miles) around a local circuit. He is raising money for Pancreatic Cancer UK, having recently lost a good friend to the disease, and is hoping to raise £800.

The challenge will take place on the 9th April, starting at 9 am, setting off from under the Lindale bypass bridge on Back of the Fell Road. He will be doing 6 circuits, each circuit being 13.5km,

(8.4 miles). He would be very pleased if anyone would like to join him and his wife and friends for a circuit or two on the day.

He has set up a Just Giving page for donations towards the charity which has already had a good response, and there will also be a collection box at the start point, just hoping for a dry sunny day now!!

www.justgiving.com and type in Ian Sisson and it will come up.

The **DOBSONS**

Here to help

Professional Carpet and Upholstery Cleaning Service

We offer...

- Full clean
- Stain removal
- Odour removal
- Domestic and Commercial

All work carried out by NCCA approved technicians



Contact us...

☎ 015395 22612 or 07704032012
✉ thedobsonsketh@gmail.com
🌐 thedobsonsonline.co.uk

Friends of Grange Library News

We've changed the clocks, and the days are warming up ~ now is a perfect time to enjoy a Walk In The Woods and appropriately enough this is to be the theme for our next Reading Friends meeting on Thursday April 10th from 2.00 p.m.

Do you have a woodland walk which holds a special place in your heart? What makes it so memorable ~ wildlife you may have seen or the woodland flowers? Do you enjoy walking with

friends and family, or do you prefer your own company? There are numerous poems celebrating Woods and Trees ~do you have a favourite? Bring it along to share with us. Later in the month on Thursday April 24th our ever-popular Cake and Games afternoon will take place from 2.00 p.m. If you enjoy playing board games or cards, these afternoons are a great way to relax and meet new people over a cup of tea and homemade cake.

Keith Retires after almost 44 years!



Keith Miller of Flookburgh, being presented with a farewell retirement gift from Judith Shapland, one of the Volunteer Gardeners in Grange.

Keith began working in the town on the 1st May 1981, initially for South Lakeland District Council, then later for Continental Landscapes.

This long and dedicated service continued for 43



years and 10 months.

The 'thank you' basket of gifts also contained 6 leaflets about the areas in the town, where Keith had worked for so many years.

Jazz trio gig

Sam Nicholls, a young jazz drummer from Kendal, will be performing with 2 friends who are all studying at a music conservatoires in London at Rookhow Quaker Meeting House, Rusland Valley (LA12 8LA) on 1st April showcasing some of their own compositions and free improvisation. Refreshments 7.30pm. Music 8-9pm. Pay as you feel. Please email



contactrookhow@gmail.com to reserve a space.

Funding ceases for Grange Promenade Gardeners



Now that the new financial year is upon us the previous annual funding from Westmorland and Furness Council has now ceased.

The annual grant has been paid since our formation, paying for plants, insurance and tools but due to the current difficult financial circumstances it has now stopped. Various volunteer gardening organisations

operate in Grange and the lack of funds is going to severely curtail the promenade gardeners ability to keep the beds on the promenade looking at their best. If anyone would care to donate(no matter how big or small a donation) or perhaps even leave some money in a will, then please contact our treasurer Ruth who will be able to provide any details required. Many thanks indeed. ruth_archer5@hotmail.com

NEWBY BRIDGE HOTEL



Spring Lunch Offers

Available throughout April

SOUP & SANDWICH

Soup of the Day, a Sandwich*
& freshly brewed pot of Tea or Coffee

Offer price only **£9.95** per person

*Choice of sandwich from normal sandwich menu.
Served Monday to Saturday 12 noon - 3.30 pm.
Full Price £14.95. No further discounts apply.

or

FISH & CHIPS

Fluffy and fresh beer battered haddock,
triple cooked chips, mushy peas
and bread & butter (for a chip butty!).

Small: **£11.50** pp or Large: **£14.50** pp

Served Monday to Saturday 12 noon - 3.30 pm.
Full price £12.00/£15.00 not including bread and butter.
Garden Peas available. No further discounts apply.

Please quote **"GRANGE NOW"** for the offer price
when booking or ordering

Local Discount Cards available for Residents with
LA11 and LA12 Postcodes (proof of address required).

Tel: 015395 31222 ~ Email: stay@newbybridgehotel.co.uk
Newby Bridge Hotel, Newby Bridge, LA12 8NA.

The Grange Shed

We had the Repair Café in March which was very lively with a wide variety of things to be repaired.

The most interesting was a ceramic poppy from the Centenary Remembrance of the First World War brought in by Steve. After the event people could keep them as a souvenir, one such came to Grange and fell foul to an overactive cat, resulting in it flying off the shelf and ending in two dozen pieces.

Repair was a real challenge as we usually deal with things that are less fragile. There will not be a Café in



April but our repairers will all be back on Friday 2 May. In the meantime, you can bring things direct to the Shed and we will do what we can. People do keep asking for details of when we are open which is, as we always say, Monday, Wednesday or Friday mornings 10.00 – 13.00. We are particularly keen to see nice friendly people who bring down cakes and biscuits, they are always very welcome.

Mayor's Report

As I write this in the middle of March, I ask myself "was that summer?". What a super weekend we have just had.

Good weather brings people out of doors to exercise themselves and their pets. As we are not opening the putting green on the prom at present, there are no staff in attendance to monitor the use of the area. We have had several incidences of dog-fouling recently, which is a danger to children playing on the grass and also very unpleasant for the grass cutting team. New signs will be in place shortly requesting dog owners to keep their pets off the grass at all times. This will apply to the putting green

and also the area under the exercise equipment. Thanks in advance for your cooperation.

The government have set up a public consultation with a view to establishing a Mayoral Combined Authority across Cumbria. This will be headed by an elected Mayor, who will have responsibilities similar to those of the Mayors of Merseyside and Greater London. This will affect us all, for details visit: <https://www.gov.uk/government/consultations/cumbria-devolution>

and to take part and have your say, please visit: <https://consult.communities.gov.uk/iggc/cumbria-devolution-consultation>.

Roger Handley

Now taking bookings for 2025

A fantastic alternative to kennels while you are away



Book now to avoid disappointment

Top Dog Sitters offers a Home Boarding Service for dogs as an alternative to Kennels. Some dogs may find kennels stressful, so our service allows your dog to have a holiday whilst you are away.



Your dog will be given the space they need to run, sleep, play and relax in the sitters' home where, as part of the family, they will get fuss and attention. It is a holiday for your dogs at its best!



We cover North Lancashire, Cumbria and Dumfries and Galloway.

topdog sitters

Contact us on 0800 6891519
info@topdogsitters.co.uk
www.topdogsitters.co.uk

Cartmel Peninsula Craft Destash Fair is Back!

Following on from the success of the craft destash held last year, the second Cartmel Peninsula Craft Destash Fair will take place on Saturday 26th April 2025 at Allithwaite Community Centre from 1 pm to 3.30pm.

This is a great opportunity to protect the world's resources by keeping items in circulation – whilst freeing up your cupboard space!

Stalls are available to sell surplus craft and hobby items – not crafted items, but the materials used, such as fabric, art

supplies, yarn, cardmaking items, tools for hobbies etc. We will again have a community stall to sell donated craft destash items. Items for donation will be collected in early April. If you wish to book a stall to sell your items, please contact Janet Jackson on 07713255238 as early as possible as stalls sold out quickly last year. Profits and leftover goods from the community stall will be donated to St Mary's Hospice. Please see the PEAT updates in the next edition of Grange Now for further details about the event.

Clare House

Park Road, Grange-over-Sands, Cumbria

Open to non-residents serving:
 Brunch/Lunch, Afternoon teas, coffee, tea, cakes and Dinner.
 Tuesday to Saturday
 (No dinner Sunday or Monday evening)

Tel: 015395 33026 www.clarehousehotel.co.uk

ST. JOHN'S

Hearing Aid Centres Ltd.
 Hearing Aid Consultants

Over 50 years service in Cumbria

- Experienced, qualified audiologists
- Free home consultations
- Free aftercare plus servicing and repair
- Competitive prices and interest free payment plans
- Microsuction ear wax removal

Tel 015395 36391
www.stjohnsac.co.uk

Main Street, Grange-over-Sands

KELDRIGG SHUTTERS LTD

Supply and installation of locally manufactured Garage doors, Industrial roller shutters, Security gates and Steel personnel doors. We also carry out repairs and same day call outs.

Tel 07836 367599
info@keldriggshutters.co.uk

We have been serving the South Lakes and surrounding areas since 1996.

GRANGE KITCHEN

the beating heart of our hotel

WHERE CUMBRIAN CLASSICS MEETS CULINARY EXCELLENCE

What says it all about this fantastic Kitchen Brigade is, between them they have decades of long-term service here at Grange Hotel.

The kitchen is filled with such a warm family atmosphere it's no wonder you can taste the love and care in each and every bite of our dishes.

Orchestrating this sweet symphony is our outstanding *Head Chef Gladys*.

Approaching nearly 20 years of leading from the front, she really holds a strong and confident presence in the kitchen.

Her passion for designing and executing exquisite dishes is just outstanding.

Supporting Gladys every step of the way is our *Sous Chef David*, again with over 15 years at Grange, their collaboration is seamless.

David has a wealth of experience and has the most calming aura, bringing peace on even the busiest days.

Between them they guide, train and mentor what is rapidly becoming a hugely talented team, and as Grange Hotel transitions into a new era of excellence, the team are truly proud to be part of this.

So, why not join us for dinner in our beautiful Carriages fine dining restaurant, call in after a long walk along the prom for a delicious home cooked bar meal or indulge in a quintessential afternoon tea - all championing seasonal and inventive dining.

We're delighted to announce Gladys' famous Sunday Carvery has now returned! Her Yorkshires and cauliflower cheese really are out of this world!



JOIN US FOR OUR FAMOUS

Sunday carvery

£23.50
FOR 2 COURSES

£27.50
FOR 3 COURSES

TO BOOK

015395 33666

info@grange-hotel.co.uk

Walk-ins welcome




THE GRANGE HOTEL
EST. 1866

The Grange Hotel
Grange-over-Sands, Cumbria, LA11 6EJ
www.grange-hotel.co.uk

An Adventure Like No Other:



In August 2026 fifteen of our scouts, together with 5 leaders will journey to the International Scout Centre in Kandersteg, Switzerland. There are trips that are memorable and then there are those that will change your perspective on the world.

This International Camp will be a melting pot of cultures, involving participants from

every corner of the globe. With late night campfires, where scouts from different countries can gather to share stories, sing songs in different languages and celebrate their shared love of adventure and community. They can learn about different traditions and scouting practices from other nations, swap Neckers (neck scarves) and in a time when it feels more important than ever, learn how we can all unite, despite our differences.

Scouts will take part in all manner of activities, climbing, navigation, team building, the Kander challenge, canyoning and the light trail to name but a few. These activities are centred around trusting your team, pushing your limits and embracing the spirit of determination.

Embarking on such an adventure requires funding. Our Scouts have risen to the challenge with enthusiasm. They have engaged and participated in all manner of fundraising activities from organising a duck race and a Halloween party, to building birdboxes and attended craft fairs. We have also been well supported by the local community, with grants from Bay Villa Trust and the Charles Godwin Trust, along



with amazing raffle prizes from local businesses (too many to mention here!). Our Scouts are so very grateful for the amazing support they have been shown by our wonderful community.

This adventure will broaden horizons, deepen appreciation of being part of a global community and forge unforgettable memories. It isn't just an international trip, it is a journey that will teach the value of friendship, perseverance and the power of adventure.

Is there a fundraising opportunity you feel our local Scouts can get involved with? Are you an Ex-Scout who would love an opportunity to give back? Can you offer support to our young people in any way? Please do get in touch with us, we would love to hear from you. Email: nicsjald@live.co.uk

DID YOU KNOW THYME OUT RESTAURANT OFFERS ALL THESE SERVICES IN OUR AREA?

• TAKE AWAY • FROZEN MEAL DELIVERY • OUTSIDE CATERING CALL 015395 34079

Take Out available from our Restaurant

Open Daily Mon - Sat
Call 015395 34079 to order



Frozen Meal Delivery throughout Grange area



3 MEALS FOR £14
DELIVERY AVAILABLE
OR PICKUP FROM THYME OUT GRANGE

GREEK BEEF STIFADO	£5.95
GREEK BEEF & PORK PASTICCIO	£5.65
HUNGARIAN BEEF GOULASH & DUMPLINGS	£5.50
BEEF LASAGNE	£5.15
BUTTERNUT SQUASH LASAGNE (V/GF)	£5.15
AUTHENTIC CHILLI CON CARNE (GF)	£5.50
SWEET POTATO FIVE BEAN CHILLI (VEGAN/GF)	£5.15
HUNTERS CHICKEN AND POTATO BAKE (GF)	£5.15
COTTAGE PIE (GF)	£5.15
ROASTED CAULIFLOWER, CHICKPEA, SPINACH CURRY (VEGAN/GF)	£5.15
TRADITIONAL LAMB MOUSSAKA (GF)	£5.95
STILTON LEEK & MUSHROOM BAKE (V)	£5.15
VEGETARIAN MOUSSAKA (V/GF)	£5.65
LUXURY FISH PIE (GF)	£5.15
BUTTER CHICKEN CURRY (GF/DF)	£5.35



RING US MONDAY-SATURDAY 10-10PM
015395 34079
£14 MINIMUM ORDER

GF: GLUTEN FREE V: VEGETARIAN DF: DAIRY FREE

THYME OUT GRANGE MAIN ST,
GRANGE-OVER-SANDS,
LAIN 6DP

Outside Catering.
Wedding Events,
Christening,
Private Parties



Celebrating

120 YEARS

NO ORDINARY FURNITURE STORE

STOLLERS

Since 1905



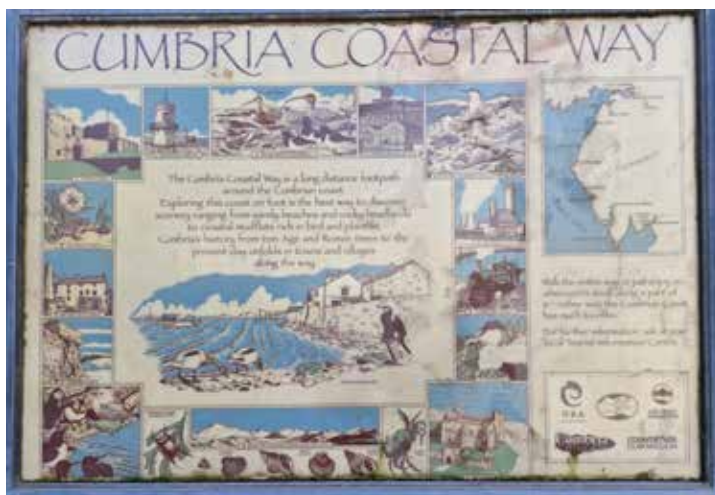
**SOFAS & CHAIRS | LIVING & DINING | BEDS & BEDROOMS | LIGHTING | ACCESSORIES
GARDEN FURNITURE | IN STORE RESTAURANT**

South Cumbria | stollers.co.uk | 01229 820679

Grange Natural History Society - A King's Reserve and a Coast Path



Wood pasture at Thorneythwaite, Borrowdale, © John Hooson



Sign at Grange Station © Sylvia Woodhead

Borrowdale Rainforest is the newest of the King's National Nature Reserves to be designated.

Its wet, mild climate and moss-and-lichen-covered ancient trees make it an Atlantic Temperate Rainforest. John Hooson, Nature Conservation Advisor in the Northwest for the National Trust, gave us some fascinating insights into the setting up of the new reserve, and of his television appearance in a Countryfile edition based in the woods. The National Trust owns much of the Borrowdale valley and several farms.

The Reserve includes seven woods in

total, from Great Wood near Keswick in the north, to Johnny's Wood in the south near Seatoller. The trees are green with mosses, liverworts, lichens and ferns, growing as epiphytes on the branches. GDNHS member Roger Holme led us on an exciting journey from Silverdale to Gretna Green walking the Cumbria Coastal Way. While on the summit of Black Combe a friend had challenged Roger to walk the whole of the Cumbrian Coast without using a car. Roger completed 204 miles, mostly alone, all but four journeys starting from Roose railway station. He explained the three types of County: ceremonial (Cumbria),

historic (Lancashire) and administrative (Westmorland and Furness). The coastal route is now part of the King Charles III National Trail, intended to go around the coast of England. Roger eulogised Barrow and Workington for their richness in rare flowers, calling them 'botanical treasure troves'. He identified some 'floral highspots', including the Walney Geranium. He also praised the informative signs at Kents Bank railway station, identifying birds of the Bay.

Details of summer excursions are on the web site www.grangenats.uk. Visitors are always welcome.

With its new bright and breezy packaging, Northern Pasta is outstanding on the farm shop shelves. Of course, it's what's inside that matters, and Kendal couple Imogen and Matt have done their absolute best to make a product from interesting grains that fully satisfies the tastebuds. Combined with pancetta from nine-generation family business Woodall's of Waberthwaite, this simple recipe is a tribute to all the wonderful family businesses in our area.

RIGATONI CARBONARA

INGREDIENTS

- 120g Woodall's smoked pancetta
- 150g Northern Pasta Co Rigatoni
- 1 Myers Farm egg + 2 egg yolks
- 45g of Parmesan, finely grated

METHOD

1. Place a large pan of salted water on to boil.
2. Add the pancetta to a heavy-bottomed saute or frying pan and place on a medium-low heat. Fry for around 6-7 minutes, rendering down the fat slowly as the pan heats up. Turn up the heat to fry the pancetta for a few minutes.
3. Add the Northern Pasta rigatoni to the boiling water and cook for 9 minutes or until al-dente.
4. Meanwhile, add the egg and yolks to a small bowl along with Parmesan and a small splash of the pasta water. Stir to form a paste and season well with black pepper and a little salt. Add the pancetta and the rendered fat and mix to warm the egg a little.
5. Once the pasta is cooked, drain, saving some pasta water. Add the rigatoni back to the pan. Add the egg mixture and remove from the heat. Ensure the egg doesn't overcook, stir well until the sauce has coated the pasta.
6. Add small splashes of pasta water to loosen the sauce until everything is glossy and coated in the sauce.
7. Divide between 2 bowls and finish with some extra Parmesan over the top.



Recipe adapted from the Northern Pasta website.



CASTLE WINDOWS

Suppliers and Installers of Quality PVC-U
Windows, Doors & Conservatories

At Castle Windows, we are a family run business of highly respected professionals, who have earned a reputation for providing a fantastic service.



DOORS

Our qualified and experienced door fitters can advise on suitable types, makes or models for your installation.

WINDOWS

We supply and fit 'A' rated windows for customers throughout Morecambe, Lancaster and surrounding areas.



Take a look at our reviews. We are currently ranked 1st place in the local area for Google & Facebook reviews!

 Castle Windows Morecambe

 01524 841314

 castlewindowsmorecambe@aol.com

 www.castlewindowsmorecambe.co.uk



"IT'S LESS HASSLE WHEN YOU BUY FROM CASTLE"

The Signature
COLLECTION
WINDOWS & DOORS

Grange Methodist Church



After Easter we are hosting 'Peace Together', a set of banners celebrating three centuries of peace advocacy within the Methodist Church.

All are invited to an evening of Music and Readings for Peacearti on Sunday 27th April, 7-8pm, when there will be a chance to view the banners while reflecting on the world's need for peace. There will also be the opportunity to make a simple origami butterfly to contribute to a display as a sign of commitment to peace. The banners and butterfly-making will also be available 10:30-12 on Wednesday mornings 23rd and 30th April and 7th May, during the coffee morning. We hope that the banners will also make an appearance in one or two other places in the local area while we have them.

Our Toast Church won't be meeting at church on April 6th, as we are looking forward to a

weekend away together at the Quaker centre at Rookhow in the Rusland Valley. We hope many of our congregation will join us on the Saturday afternoon, April 5th. Our Taizé-style service is a week later than usual, on April 13th (many of the musicians will have been at Rookhow the weekend before!). Do join us at 6:00pm for "Stillness and Song".

Before we host the Peace Together banners, we mark Holy Week and Easter. On Maundy Thursday, April 17th, we have a joint service at 7:00pm at the United Reformed Church, led by Rev Kate Hunt. Then on Good Friday, April 18th, there is a joint service at our church, led by Rev Jo Rand. On Easter Sunday, April 20th, some of us will attend the Churches Together Sunrise service, then the celebration service at our church will be at 10:30am. All welcome to join us at any of these services. On Easter Sunday, some of us will gather at 9:30am to share a simple breakfast; all welcome to that too.

Please note that there is no Repair Café in April. We look forward to hosting that again from 5-7pm on Friday, May 2nd.

DALTON
WOODLAND BURIAL GROUND
Natural Woodland Burial Ground
"Return to the Earth, naturally"
www.daltonwoodlandburial.co.uk
 Burton-in-Kendal
01524 782442


Meets every Sunday at 10.30 am
 Lindale Village Hall, School Hill, Lindale, LA11 6LE
 We are a group of ordinary Christians, who serve an extraordinary God - Come along and meet Him
 Telephone: 07384 221497

Cartmel Priory

As Easter approaches we remember the special events which led into that first glorious Easter morning. Holy week begins with Palm Sunday on 13th April as we recall Christ's journey into Jerusalem on the back of a donkey.

At 3.30 on Palm Sunday (13th April) Cartmel Choral Society will be performing appropriate music in the Priory church: Christus by Mendelssohn, Passion Song by Rheinberger and Haydn's Te Deum in C.

Holy Week continues with the singing of Compline, a quiet time of reflection in the late evening. You are welcome to join us at 9.00pm Monday, Tuesday and Wednesday evenings for 15 minutes of this ancient Office. Maundy Thursday, when Christians remember the Last Supper that Jesus shared with his disciples,

there will be a service at 6.30pm. This will be a service of Holy Communion followed by the stripping of the altar in preparation for Good Friday when the Priory Church will keep the Observance of the Hours (12.00 – 3.00) giving time and space to reflect on the events of the crucifixion.

Easter Eve, Saturday 19th April, is the opportunity to welcome the risen Christ and celebrate the 'light of Christ', the arrival of Easter, and the lighting of our new Paschal Candles. Do join us at 8.30pm Our joyful Easter Day services will be at 8.00am, 10.30am Choral Eucharist, and Choral Evensong at 3.30pm. The morning Eucharist at 10.30am will be followed by an Easter Egg Hunt around the church and grounds.

You will be given a warm welcome whether you choose to come to one or all of our services.

Cartmel Peninsula Churches Together

We have been enjoying meeting in different churches every Friday afternoon in Lent at 1 o'clock for 15 minutes or so of prayerful reflection, preceded by a simple meal (usually soup and bread) beforehand, from 12 noon.

Anyone is welcome, and there are still a couple of "Lent lunches" left this year, at St Paul's Grange (April 4) and St John's Flookburgh (April 11). Do join us. This is all part of our preparation for Easter, and when Easter Day itself arrives some of us will joyfully gather at Hampsfell Road car park to welcome the sunrise

(hopefully) on the greatest day of our Christian year. At 6 o'clock (it's always earlier when the clocks have changed before Easter!) we will have a short celebration before retiring along the road to St Paul's for a hot drink and hot cross buns. The individual churches, of course, will have their separate celebrations later in the morning, but it is great to get together at the opening of the day. Finally, by the time you read this I'm afraid it will be too late to plan to come to the Men's breakfast on the first Saturday morning of the month: the April one was on March 29th! The next one will be in its usual slot on May 3rd at 8:30 in the Methodist Hall.


Alan Postlethwaite
 FUNERAL DIRECTOR
 Independent family firm - Complete funeral service
 Private Chapel of Rest - 24hr Availability
 - Golden Charter funeral plans arranged
Golden Charter
 Smart Planning for Later Life
015395 33040
 Windermere Road
 Grange-over-Sands,
 Cumbria LA11 6EG

www.alanpostlethwaitefuneraldirector.co.uk

St Paul's

St Paul's has re-opened after being closed for the installation of new heating boilers.

We should now have a lovely warm church whatever the weather! As we say goodbye to the cold, wet winter we welcome the spring sunshine and the wonderful displays of spring flowers. The Bay Community Singers invite everyone to join them for a 'Spring Sing' at St Paul's on Thursday 3rd April at 7pm. Proceeds from the evening will be shared between Grange Pre School and St Paul's church building fund.

Unfortunately Cuppa and Cake on March 5th had to be cancelled because of building works but please join us on April 2nd at 2.30pm when we will be back with tea and delicious cakes.

St Paul's services for Holy Week are as follows-

- Sunday 13th April-Palm Sunday 11am Holy Communion
- Monday 14th April-9am Morning Prayer, 7pm Holy Communion
- Tuesday -15th April 7pm Holy Communion
- Wednesday 16th April-9am Morning Prayer. 10am Holy Communion. 11am reading Mark for Lent. 7pm Holy Communion.
- Maundy Thursday - 9am Morning Prayer. 7pm Holy Communion
- Good Friday- 8am Morning Prayer
- 9am The Easter Road (children's workshop)
- 12-3pm Devotions at the Cross
- Saturday 19th April -8am Morning Prayer
- Sunday 20th April -6am Sun Rise Service, Hampsfell Road Car Park.
- 11am Holy Communion.

United Reformed Church

Doesn't time fly by?

Since I reported last month, we have had a lovely World Day of Prayer service in St Paul's church which reminded us about the different challenges women face in different societies around the world. We also had a happy afternoon at the URC with games, music & refreshments where we collected pasta for the Kendal food bank and contributions for 'small for all'. We had a really lovely heap of contributions as well as enjoying ourselves. Thank you to all who supported this event.

April 1st will see our monthly

Morning Coffee session, and on Mondays 7th & 14th there will be our Lent Monday Meet-up sessions. Everybody welcome!

During Holy Week we have joint services with our Methodist friends. On Maundy Thursday, 17th April we meet at the URC at 7pm for a service led by Revd Kate Hunt and on Good Friday, April 18th at 10.30am we meet at the Methodist Church for our service led by Revd Jo Rand. Please join us for these special services.

Then on Sunday 20th April we celebrate Easter with our service at 10.30am.

Finally for April we have our COFFEE MORNING on Monday 21st 10am-12noon!



Little and Caine
FUNERAL DIRECTORS

Our family looking after your family

Grange: 015395 33550
Also at Barrow, Dalton & Ulverston
www.littleandcaine.co.uk



Innovation
COMPUTERS

Home Computer Repairs & Support

Based in Grange over Sands
Home Computer Repairs & Support from £20.00
Custom Built PC.s - Laptops - Tablets

Call for a free quote
Oliver Lunn 07772 444 009
NOW RE-OPEN FULL TIME
New website launching soon...



St. Charles Borromeo

We are now in the season of Lent, as a preparation for, and run-up to, Easter, the greatest feast of the church's year, Lent began on Ash Wednesday, as always, with a service that included the giving out of ashes.

These are smeared on the foreheads of all those who wish to receive them, as a sign that this life is merely a passing matter, but the life to come is permanent. After this,

there are weekly Lent lunches at various churches round the area, organised by Churches Together. This year the one from the Catholic church will be held at Boarbank Hall on the 28th of March. These are soup and bread lunches, with a collection which goes to the less well-off in our society. In April we have Palm Sunday, Holy Week and of course Easter to look forward to. More of that next time. God bless.

St. Peter's Church, Field Broughton

The last service in March will be Mothering Sunday, with distribution of flower posies to mothers and others. Thoughts will be for families and homes, please join us.

The day before, 29 March, the first section of the Field Broughton with Lindale Boundary will be walked, setting off from Broughton Bank at 9.30am and ending at High Newton around 12.30, enquiries to john@hibbertfamily.org. The second

section will be covered in September.

The traditions of Easter are marked with an evening service at 7pm at Field Broughton on Maundy Thursday 17 April. The next day, there is a Good Friday vigil in church from 12 noon. Of course there will be a Communion service at 9.30am on Easter Day. Chocolates may be in evidence in the churchyard after the service ...



Saunders & Son
— Funeral Directors —

Established over 100 years
Tel 015395 32566 | 07580 863585
24 hour availability

liam@saundersfunerals.com
www.saundersfunerals.com
Now providing Golden Leaves Funeral Plans



ALLITHWAITE AND CARTMEL PARISH COUNCIL

ANNUAL GENERAL MEETING (AGM) AND PARISH MEETING

This year's Annual Parish Meeting will be held on Thursday 8th May at 7pm in Cartmel Village Hall, Supper Room. It will be followed by the Annual General Meeting of the Parish Council.

The Annual Parish Meeting is the occasion for the Parish Council, District and County Councillors to report on the last year and an opportunity for parishioners to ask questions and comment on other activities in the parish. The Annual Parish Council Meeting is the council's AGM at which the chair and vice-chair are elected.

Parishioners are welcome to attend this meeting, as they are invited to attend all Parish Council Meetings. The minutes of meetings and agendas can be found on the noticeboards in Allithwaite and Cartmel and on the Parish website: www.allithwaiteandcartmel-pc.gov.uk.

PARISH COUNCIL – VACANCIES

Allithwaite and Cartmel Parish Council still have one vacancy and in accordance with Section 87 of the Local Government Act 1972 anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@allithwaiteandcartmel-pc.gov.uk.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/planningapplications.

HIGHWAYS - HIAMS

Reporting Highways matters has now changed from the previous website. In order to report a highways or public rights of way problem log on to the website: www.allithwaiteandcartmel-pc.gov.uk

Select 'Council Services'

Follow the instructions which are self-explanatory.

Alternatively, for residents of Cartmel, you can contact Councillor Mark Pendlebury via email: mark.pendlebury@allithwaiteandcartmel-pc.gov.uk to report highway problems, eg: pot holes, etc.

ESTABLISHING A MAYORAL COMBINED AUTHORITY ACROSS CUMBERLAND AND WESTMORLAND AND FURNESS

Cumbria could be given new devolved powers and funding to help improve, opportunities, transport, housing, skills and more. Have your say on Cumbria

devolution, put Cumbria's future in the hands of local people.

The consultation, which runs from 18th March until 13th April 2025, seeks your views on a proposal to form a Mayoral Combined Authority for the local government areas of Cumberland Council and Westmorland Furness Council (referred to as Cumbria in this consultation).

The Government want to hear your views on creating a new mayoral combined authority for Westmorland and Furness and Cumberland to bring devolution to the area. This would mean important decisions would be made by someone who understand the needs of our community and what changes will have the best and biggest impact.

How to respond:

The Government is encouraging everyone to use this opportunity to share your opinions on the proposal for the establishment of a Mayoral Combined Authority across this area

The easiest way for you to respond and engage in the consultation is by completing the online form - <https://consult.communities.gov.uk/lggc/cumbria-devolution-consultation>.

THE LOCAL GOVERNMENT BOUNDARY COMMISSION FOR ENGLAND (LGBCE)

The Local Government Boundary Commission for England (LGBCE) are undertaking a review of electoral arrangements for Westmorland & Furness council.

Their first round of consultation finished late last year, and W&F Council submitted proposals about how the new wards could be configured to ensure every Councillor represents roughly the same number of electors.

The LGBCE have today published their Draft Recommendations - these set out their proposals for how wards will be configured.

A public consultation has also opened and runs until 12 May 2025. The proposals can be found at: <https://www.lgbce.org.uk/all-reviews/westmorland-and-furness>.

ALLITHWAITE COMMUNITY CENTRE

Allithwaite Community Centre have unfortunately lost the services of their Treasurer who is moving on, thanks go to Emma who has fulfilled the position for a number of years.

The Committee now are looking for an individual to fill the voluntary position as soon as possible as the centre is a busy

part of the community and the books do need keeping up to date on a regular basis to fulfill their obligations for the Charities Commission.

If you are interested in helping this well-established Community Project which is a charity and will take a couple of hours per month of your time please contact Heather Wilson, Secretary, Allithwaite Community Centre on 07582706353.

THE CARTMEL TRAFFIC REGULATION ORDER (TRO)

Parishioners will be aware, review of the TRO, now by Westmorland and Furness Council (WFC), is long overdue. Much of the preparatory work including village surveys was conducted during the summer of 2024. Progress has been on hold until funding to progress the legal aspects could be available. We are now advised this is budgeted 2025/26 with an October date line to move forward with the review including public consultation.

PARKING PERMITS

Councillors continue to engage with W&FC on their rationalising some of the potential misuse of Parking Permits.

THE FORD FOOTBRIDGE

Efforts to secure long-awaited adoption of the iconic Food Footbridge by W&FC is now being progressed with the sourcing of fresh plans and a request for additional documentation.

FOOTBRIDGE FOOTPATH AND MARKET SQUARE COBBLES

Following completion of the footbridge in 2020, Council has been endeavouring to secure a commitment to resurface the footpath into Market Square including limited flood protection and drainage repairs. In addition, the deteriorating condition of the protected cobbles outside the Kings Armas and Royal Oak, not part of Title to those properties, has frequently been brought to Councillors attention. The Parish Council is engaged with W&FC to see how this strategic area within the Cartmel Conservation Area can be actioned.

THE RIVERSIDE TOILETS

Despite efforts over the past 5 years by Council and others to raise the necessary funding to redevelop the derelict public conveniences, it has been agreed with W&FC to surrender the residue of the 99 year lease. Almost £120,000 from five grants was optioned but raising the balance to progress the project has proved impossible. A decision on the riverside site future will now be taken by W&FC and we will seek to keep Parishioners informed.

Lindale CE Primary School

The staff and pupils at Lindale have really crammed in a huge amount of extra-curricular learning since our last report. These extra opportunities take a great deal of time and effort from our staff which is rewarded by pupils who say fantastic things like ‘this is the best day EVER!’



pupils, with all manner of wheel-based tricks being mastered.



We began the 2nd half of the Spring term with our bi-annual trip to Young Voices. KS2 pupils travelled down to the Co-op Live arena in Manchester to sing their hearts out. We had a fabulous time performing in a choir made up of 7933 children with live music and some famous guest stars too.

In sports this half term we have taken part in the Cartmel Cluster events at CPS, including Key Steps Gymnastics and Year One Multi-Skills. The children really enjoy these opportunities to work with pupils from other primary schools within the cluster. We also had a whole morning of Skateboards and Scooters at school which was a huge hit with all our

As a whole school, adults included, we embraced World Book Day by dressing as our favourite book characters. We had everything from Mr Tickle to Dog Man and all sorts in between. The children enjoyed mixing across year groups to share books together, created tube models and entered our World Book Day Bake Off competition. The standard of baking was fabulous and proved very difficult to pick just one winner from each class.

Our younger pupils have been out and about around the community, firstly visiting St Peter’s church to learn about baptism and welcoming a new baby with Revd David. Along the theme of new life, they also took a trip to Kirket Nook Farm



in Witherslack. Here they were able to hold and feed the lambs. They also had the opportunity to tag a lamb – on a toy lamb of course!



KS2 children joined up with our friends from Selside Primary for a jam-packed residential visit to the city of York. Staying at the Youth Hostel as a base to explore the many museums and historical features of the city proved to be a great success. Despite miles of walking over the three day visit the children returned to school absolutely buzzing with excitement about all the places they’d been, the facts they had learned and the activities they had taken part in.



RYA Training Centre

COME SAILING ON LAKE WINDERMERE.
Experience the thrill of sailing along on England's largest lake surrounded by mountain scenery.

Full day, half day or 2 hour evening sail. Great birthday present or a chance to try something new. No experience required. Fully qualified RYA senior instructor and fully insured boat.

Contact hello@sailwindermere.co.uk
www.sailwindermere.co.uk



DEAN TAYLOR
BATHROOMS & WETROOMS

THE WHOLE PACKAGE
From taps to tiles we cover your whole bathroom renovation!

Design - Supply - Install

- Plumbing • Electrics
- Flooring • Tiling

All hassle free with our customer satisfaction guarantee
Proudly Covering the South Lakes

01539 821384 / 07841 955357
info@deantaylorbathrooms.co.uk
deantaylorbathrooms.co.uk
1 The Boulevard, Windermere Rd,
Grange-over-Sands, LA11 6EG



GRANGE FELL GOLF CLUB

**‘3 MONTHS TRIAL’
TASTER MEMBERSHIP**

At Just £115 for 3 months.
Play 7 days a week – online tee booking.
Email – info@grangefellgolfclub.co.uk
Or Text – 07976 720156 for full details.
(Offer is not available for previous taster members)

FUNCTION ROOM AVAILABLE FOR HIRE





Leven Valley

This month we hear from Year 5 student Anna DuPlooy:

Last month, Class 3 from Levens Valley joined other local schools at Ulverston Victoria High for the 2025 Dance Performance.

We left afterschool for rehearsals at UVHS. Before our own practice, we were able to watch the other groups. They were all really good. There was action, drama and fun from everyone. Once the rehearsals were over, we played games and had a delicious treat of fish and chips. Thank you Chippy Bank! Our teachers told us the show

had started and we all waited excitedly for our turn to be called up. Only once we got onto the stage could we see all the people who had come to watch. It felt a bit scary but, when the music started and the lights went on we had so much fun. We danced to the song 'Beat It' by Michael Jackson and all wore black and white clothes to help us look good for the show. The audience made us feel really confident and they cheered very loudly for all the performers. Once we had all finished, and the final round of applause was done, we knew it had all been worth it in the end.

Mouseman & Friends: Yorkshire's Timeless Craftsmanship

Robert Thompson, affectionately known as 'Mouseman', was a distinguished Yorkshire craftsman born in 1876 in Kilburn, North Yorkshire. His exceptional hand-crafted oak furniture is revered today, each piece adorned with an intricately carved mouse, which has become emblematic of the Arts and Crafts Movement.

Thompson's mouse motif stemmed from a workshop conversation about being "as poor as a church mouse," which inspired him to carve a mouse onto his furniture—a hallmark that still endures. This whimsical touch reflects the Arts and Crafts philosophy, emphasising quality and individual craftsmanship over industrial mass production.

Thompson's work has inspired other Yorkshire craftsmen, each adopting unique carved signatures while adhering to Arts and Crafts principles. Stanley Parker, known as "Gnomeman," incorporated gnome carvings into his pieces, while Thomas Whittaker, the "Rabbitman," featured rabbit motifs. These artisans, among others, have contributed to a rich tradition of blending artistry with functionality, creating furniture that serves as both practical items and cherished heirlooms.

Today, pieces by Mouseman and similar Yorkshire craftsmen are highly sought after at auction by collectors and enthusiasts. Their work is prized not only for its durability and practicality but also for its unique character and historical significance, standing as a testament to the enduring influence of the Arts and Crafts Movement in the region.

**EIGHTEEN
EIGHTEEN**
AUCTIONEERS



Mouseman Napkin Rings

1818auctioneers.co.uk

T. 015395 66201
E. info@1818auctioneers.co.uk
Junction 36 Auction Centre,
Crooklands, Cumbria, LA7 7FP



Flookburgh Primary School



This year's World Book Day was truly a fantastic celebration! Our students made a wonderful effort by dressing up as their favourite book characters and sharing their beloved stories with each other. From wizards and princesses to Gruffalos, sports heroes, and even a tomato, the creativity was impressive! In a fun twist, students brought in a piece of fruit to transform into their character, leading to some incredibly imaginative creations.

A huge thank you to the Friends of Flookburgh School for their generous donation of a new oven. Thanks to their kindness, Hilltop were able to enjoy delicious pancakes during our Shrove Tuesday snack time – a treat that was thoroughly enjoyed by all!

We're also incredibly proud of our Key

Steps 3 gymnastics team, who recently competed in the district finals. They gave it their all and secured an outstanding 4th place among schools in South Lakeland. We couldn't have asked for more from these talented girls, and we're all extremely proud of their achievement! Our Year 1 students also really enjoyed attending Cartmel Priory School to participate in the Multi-skills afternoon working with the Year 9 leaders.

Our Wainwright Class embarked on an unforgettable outdoor adventure day, set in the beautiful backdrop of Coniston Water. The sun shone brightly, and the excitement in the air was palpable as the students begun their adventure by ghyll scrambling up stream. Children participated in various team building challenges, but naturally were able to, and enjoyed 'cheering on' and encouraging each other. It was a true



testament to the spirit of the Wainwright Class. After we reached the peak of the ghyll, children then assembled for dinner, ready to participate in some climbing and orienteering activities during the afternoon sessions. With tired feet but happy souls, children all exclaimed that they wanted to do this 'everyday' as we set off back to school. As always, it was a pleasure to watch the awe, wonder and enjoyment radiating from the children – these are the types of memories which we never forget from our time at school.

To find out more about what the 'Flookburgh Spirit' is all about, visit our website: www.flookburgh.cumbria.sch.uk, or Facebook pages: Flookburgh C of E Primary School; The Burrow

Don't miss out, 75 percent sold!

Housing 21
Extra Care Living

Reserve a bungalow or apartment today.
Apartment prices from £60,000 for a 25 percent share*.

Live independently in beautiful surroundings close to the Lake District. Our properties feature quality fitted kitchens, level access showers, and a 24/7 support calling system.



On-site
Care Team



Communal
facilities and
activities



Housing
Benefit
accepted

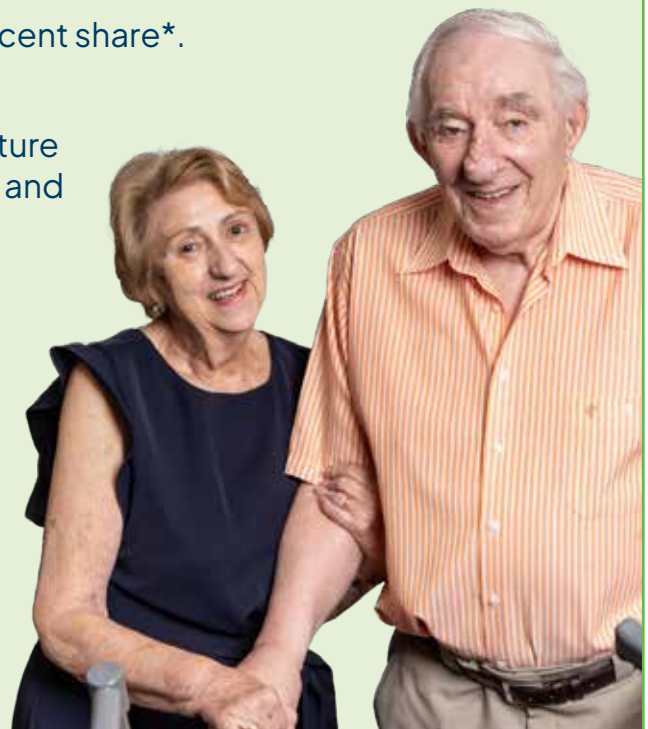
Get in touch to find out more:



0153 967 8288



housing21.org.uk



Grange C of E School



This half term we were lucky to be part of the Diocese of Carlisle Wonder Project.

Working with a poet and dancer, the Y5 children created work around this theme with ideas from-why is chocolate so irresistible to how are trees so towering above us?

The children and staff had the chance to work with a performance poet and this was inspiring as he had a strong faith to share. Our main Christian values during the month have been hope and courage and through this creative art experience the children were able to express their ideas and feelings about hope for the future and show courage to perform their dances and poems in front of their peers.

The Key steps gymnastic teams went to the S Lakes final in February and we are proud of them for performing so well. Our next event is the Quick Sticks hockey cluster competition.

What a fun day world book day was! The staff all joined in and dressed in costumes

from a range of books-the children loved seeing everyone taking part.

Fund raising continues to be an important part of our School Council's agenda. They helped the whole school to raise £320 for a heart charity by wearing red and baking cakes and visited the Hospice in Ulverston to see the Cuddle Bed bought with donations from our school and the other local cluster school with help from local churches.

Our school is underway with a new exciting playtime project to enable us to further discover the potential for the school's outdoor spaces and we hope you may be able to help with resources that you may not have use for any more. We are currently looking for wellingtons in sizes 12-6 so that our children can play on the field all year round. If you have any, please drop them into school. Waterproof trousers or suits in children's sizes are also something we would like-up to age 12-13. Look out for more notices about what we are collecting.



Cartmel CE Primary



Pupils have been busy practising their gymnastics skills at Cartmel CE Primary this term!

A bespoke club after school saw many children attending to prepare for the competition. Children throughout school participated in Key Steps Gymnastics at Cartmel Priory School. We attained two 2nd and a 5th place, with pupils being placed 1st in small schools for Key Steps 1 and Key Steps 2! Children then took part in the next round and were fabulous ambassadors for our school. We've also been fortunate to obtain a grant from the Lacrosse Foundation for a new set of sticks, balls and goals to further support our learning in the PE curriculum.

Continuing our Artsmark journey, CHOL Theatre Company from Sheffield visited school again this month. Our longstanding collaboration with the company stems from the pandemic when teachers and students engaged with

an online project creating an 'Imaginary Community.' All children in our school have been working on a continuing oracy project with the Headteacher, developing skills in drama, storytelling, scene, plot and character building, which in time will also feed into creative writing skills. The visit from Lauren captured the children's imaginations as they began to work on character development. They played as 'equal playmakers,' ensuring all ideas are welcomed and used, to think about who may live in this community we are creating.

Representatives from the Diocese and NISCU visited school to work on a 'Stories of Wonder' project with Class 3. They used storytelling, poetry, dance and bible stories to explore spirituality and thought about the impact on our own lives in today's world. This is a continuing project as part of our cluster working ethos.

Food Waste Action Week!

Did you know? Emissions associated with food & drink account for around 25% of a Cumbria resident's carbon footprint!

Reduce your carbon footprint and save your family an estimated £83 per month by reducing your food waste.

Discover more at our FREE webinar, happening Monday 28 April at 7pm. Register here: <https://cafs.org.uk/events/?>



Cartmel Priory School

CPS hosted the Key Steps Gymnastics Competition at the beginning of this half term. We had visits from local primary schools to take part and our year 9 students were on hand to judge some impressive gymnastic skills.

A group of eighty year 10 and 11 students made a trip to Blackpool to watch 'An Inspector Calls' The students felt the production really brought the text to life. We celebrated World Book Day and held a 'Top of the Books' quiz with our staff team retaining the trophy for the second year running against Team Library. Our congratulations also go to Arthur, Eleanor and Isabella in year 7 who all joined 'Millionaire Club. Each student has read a million words in a year! Well done!

Our annual 'Mock Interview Day' for year 10 students took place at the beginning of March. The students were able to practise their



interview skills. Thank you to all the volunteers who came in to interview them, it was a highly successful morning Pancakes went down well on Shrove Tuesday with our fantastic catering team serving up a very impressive 170 pancakes in total. They were as delicious as always. We also celebrated Pi Day in maths with Wednesday pie day and pi biscuits! Thanks to our Catering team! Finally, in individual sports achievements, Sophia gained her blue belt in judo last week and was also awarded gold in a tournament in Scotland. Sophia has also been awarded a place at a camp in Germany where squads are often selected for the European Championships. Well done Sophia!

Allithwaite School

Snowy Owls are enjoying a selection of picture books and have created fantastic artwork based on the book, Journey.

This includes designing their own magic carpets and collage doors to their magical worlds. Our famous Lighthouse Keeper will also be returning to school to visit the Snowy Owls. The Tawny Owls have blasted off to space this half term and are thoroughly enjoying finding out about the History of space travel including learning about Strelka the dog. They have taken part in some Astronaut Training as part of British Science week where they participated in various activities including planning a space meal. The class have all learnt their Astronaut Training School badge – well done, Tawny Owls! The Barn Owls have continued with their Stone Age topic and have been writing instructions about how to wash a woolly mammoth! They are looking forward to

creating their very own Stone Henge in their DT lessons out of clay. Their cornet lessons are going from strength to strength where they are learning a range of notes and are already onto their second piece of music. Eagle Owls have travelled back in time to the Vikings where they have drawn portraits of Viking warriors and have created shields and helmets ready for a reenactment for their parents at the end of the term. They have also written instructions for how to raid an Anglo Saxon settlement.

Both the Barn Owls and Snowy Owls classes are looking forward to their trip to Holker Hall for their outdoor learning and we have also had a visit from the Creepy Crawley Roadshow where the children observed a range of animals and learnt lots of exciting facts. We have celebrated World Book Day with a range of activities including making dioramas of our favourite books.



Importance of making LPAs

You may have recently watched Martin Lewis's tv show highlighting the importance of preparing lasting powers of attorney.

In today's unpredictable world, having LPAs is crucial for safeguarding your future. An LPA ensures that your financial, health, and welfare decisions are managed by someone you trust, should you become unable to make them yourself.

Choosing a regulated law firm to prepare your LPAs offers peace of mind; adhering to strict professional standards, ensuring your documents are legally valid and adapted to your specific needs. LPAs are more than a form filling exercise; there are very important considerations to be made and options to be discussed which should be led by professional advice.

LPAs cover a wide range of decisions. Financial LPAs allow your attorney to manage your bank accounts, investments, and property transactions. Health and care LPAs enable your attorneys to make decisions about your medical treatment, living arrangements, and daily care. They also allow you to give your attorneys authority regarding 'life sustaining treatment', which are significant decisions for a person to make on your behalf.

Without an LPA, if you lose mental capacity, your loved ones will need to apply for a deputyship order from the Court of Protection. A deputyship means less control over who makes decisions on your behalf, because the court appoints a deputy as opposed to being chosen by you. The application process is lengthy, costly and can be stressful, leaving your affairs in limbo until the court grants the order. Due to delays at local authorities, it also means that the attorneys might not have authority to sell your house for a substantial amount of time, which can have an impact on your financial resources.

Contact us to arrange an appointment with our private client specialists to create your LPAs.



Richard



Pam



Hannah



Pollyanna



Sam



Saleha

Contact us today to speak to one of our experts.

0333 305 7777

Kents Bank Road, Grange-over-Sands LA11 7EY

www.progressionsolicitors.com

ULVERSTON | WINDERMERE | GRANGE | BARROW | LANCASTER

Motor Museum's Bluebird exhibition gets £10K facelift



The legendary escapades of the record-breaking Campbell family have been given a new lease of life at the Lakeland Motor Museum in Backbarrow, Cumbria, where a dedicated exhibition to the life of the Campbells

The popular attraction has an entire building dedicated to the racing careers of Sir Malcolm and Donald Campbell and has recently undergone a renovation to rejuvenate the exhibit including the addition of an audio-visual display.

The exhibition features full-sized replicas of the 1967 Hydroplane Bluebird K7, 1939 Powerboat Bluebird K4 and 1935 Bluebird

Car. While there are more modern examples of record-breaking attempts by the family in the form of the original 1996 Bluebird Electric 1. In 1997 the vehicle was driven by Don Wales, grandson of Sir Malcolm Campbell, when it broke the British speed record for an electric vehicle.

The museum's exhibits delve into the lives of the family and the technology used as they push the limits of speed on both land and water. There are hundreds of items on show dedicated to Bluebird including engine displays, timelines and an audio-visual presentation to learn more about how and why they developed the technology.

Meeting the Wise Owls



Ena with Gismo and Sylvia

The residents of The Old Vicarage Care Home in Allithwaite, Grange-over-Sands, had a hoot of a time on Monday 10th March when they received a visit from three wise owls and one flighty Harris Hawk.

Owen and Mel from Owl Adventures (www.owl-adventures.co.uk) travelled from Ripon in North Yorkshire with Gismo (an Indian Scots Owl), Dusty (a Dark Breasted Brown Owl), Eva the Diva (a Canadian Great Horned Owl), and finally a Harris Hawk name of 1980's legend, Axl!

What was wonderful about the visit was the joy these four beautiful birds of prey created when introduced to the residents. The gauntlet was handed to many residents who happily sat gently stroking each bird whilst they sat calmly on their hand.

The owl show was presented in variations of sizes which increased each time a new

bird of prey was shown by Owen and Mel, to a captivated audience. Gismo, (aged six) was the smallest, followed by medium sized Dusty (also aged 6), then Eva the Diva (aged 12) who has an incredible wingspan and finally, Axl (aged 2) who just loved perching wherever he could to enjoy looking at his audience!

Lots of wonderful facts were provided, including the fact that Eva the Diva could become an incredibly wise old owl indeed, with a life expectancy of 50+ years! And that owls have an ability to turn their heads by up to 270 degrees.

Alice, the Activities Coordinator said, 'It was a wonderful visit, and the with the residents being able to handle and stroke Gismo, Dusty, Eva and Axl, they would most certainly welcome back these most fabulous birds of prey.'

Cumbrian music festival launches 2025 line-up

Ulverston International Music Festival has launched its line-up for 2025, featuring an impressive range of famous faces and international artists including Alistair McGowan and Peter Donohoe.

Taking place between 30 May – 8 June 2025, Ulverston International Music Festival is a celebration of live music of a wide variety of styles

and genres - from classical and folk to jazz and tango - captured through its motto 'more than classical'.

Amongst the performers for the 2025 event are impressionist and comic Alistair McGowan who has turned his hand to piano recitals, taking place on 31 May at the Victoria Hall, Grange-over-Sands.

Panararmer
Kitchens • Bathrooms • Bedrooms
1983 - 2023. 40 YEARS OF BUSINESS

Call Us
015395 63523

Stylish kitchen, bathroom and bedroom design and installation



Visit our
showroom in
Heversham

A full design and installation service

Your new kitchen from Panararmer will reflect your life and style. Visit our kitchen showroom to discover beautiful traditional designs from Laura Ashley, high-quality appliances from trusted brands such as BOSCH and NEFF, and the Quooker tap.

We've been providing quality design, installation, excellent products and efficient workmanship since 1983.

www.panararmer.co.uk

Celebrating 40 years working in our local community
Unit 3 Princes Way, Leasgill, Milnthorpe, Cumbria LA7 7FG

Sensational Sondheim

A two night celebration
of the words and
music of Stephen
Sondheim



Featuring experienced local artists and being performed in the wonderful setting of Cartmel Priory, 'Sensational Sondheim' is a musical revue on Friday and Saturday 9 and 10 May at 7 30 pm showcasing 24 of the best songs ever written for the musical stage.

The choice of songs from 12 musicals will reflect the brilliance of Sondheim's music and lyrics.

There will be selections from legendary Broadway shows such as West Side Story, Gypsy, A Little Night Music ('Send in the Clowns') Sweeney Todd, Company, Follies, Into the Woods and Merrily We Roll Along.

The cast will include Grace Heap, professional singer, actor and producer, Michael and Julia Carroll who have performed regularly at Liverpool Empire theatre in many musicals, Mike Butterworth, who recently played Mr Bumble in Oliver at the Coro and devised the revue, narrator Ian Wilson and accompanist Anthea Bremner assisted by the wonderful flugelhorn of Mervyn Bean.

All proceeds will be in aid of Cartmel Priory. TICKETS: £15

www.ticketsource.co.uk/pcc-of-cartmel-priory or in person from the Priory shop

**SENSATIONAL
SONDHEIM**
A MUSICAL REVUE

Featuring 24 of his greatest songs
from 12 musicals, including...

2 nights only...
**Friday 9th &
Saturday 10th May**
7.30pm at Cartmel Priory

Tickets £15

Proceeds in aid of
Cartmel Priory

Tickets are available online via the website or QR Code. Alternatively, please visit The Cartmel Priory shop to purchase in person

<https://www.ticketsource.co.uk/pcc-of-cartmel-priory>

Grange Drama

Attention has now turned to our summer production and we are delighted that Pete Crocker has agreed to don the director's cap this time.

Pete and his wife Anne moved to Grange from Leicester four years ago. They are both keen amateur actors and were members of Ratae Cooperative Players in Leicester for 34 years. They have both performed in several of our recent productions with some stand out moments. Notably: Anne's 'big reveal' and Pete's masterclass in method acting as an ironing board in 'One Man Two Guvnors'!

Preparations for the summer are going well with the auditions resulting in a very talented cast. Full details of the play will



be revealed next month.

The performances will be at The Victoria Hall on Weds 11th to Sat 14th June. Make a note in your diary!

Any questions please contact us at: www.grange-drama.org.uk.

PromArt Is Back April 27th



PromArt showcases fine art and crafts from some of the regions finest and most respected artisans along the Victorian Promenade at Grange-over-Sands, Cumbria in the Southern Lake District. If you love art it's a great day out!

Each month there are up to 80 stalls set up ready to display a wide range of beautiful original art work and crafts on

the Promenade overlooking the beautiful Morecambe Bay estuary. PromArt has earned it's reputation as the best and largest Art and Crafts fair in Cumbria.

Come and see why at our next event!
Dates for 2025: Sunday APR 27th,
Sunday MAY 25th, Sunday JUN 29th,
Sunday JUL 27th, Sunday AUG 31st,
Sunday SEP 28th.

8th APRIL 7.15pm - Doors

FREE on the door -
SING - DANCE - ENJOY and then...

Pay what you wish!
Cash or Cards accepted

**COUNTRY
ROADS**

A great evening of Folk Rock, Country & Folksy ballads

Featuring...
NEAL & SHEREEN ACOUSTIC BAND
with - International singer/songwriter
DEZ WALTERS
DIANA DENNEY - The Itinerant Songstress

BAR - SNACKS - ICE CREAM - CABARET STYLE OR BALCONY SEATING

Supporting...

VICTORIA HALL - MAIN ST, GRANGE LA 11 6DP

Spring Concert at Cartmel Priory

Cartmel Choral Society, with Andy Plowman (organ), invite you to their Spring Concert at Cartmel Priory.

A performance celebrating 'Palm Sunday', the beginning of 'Holy Week', the most sacred week of the Christian year. Music by Bach, Rheinberger, Mendelssohn, Somerville and Haydn. Sunday April 13th at 3:30pm

Admission by programme, or pay at the door...

Adult £12.00...children under 16 free...

Including interval refreshments

What's On at The Vic

See www.grangeoversandstowncouncil.gov.uk/whats-on - for more details of all our events.

REGULAR EVENTS

Creative Photography - Alternate Thurs 7pm. Contact: seppo_hakkinen@icloud.com

Manjushri Buddhist Meditation Class. Wednesdays 11am-12noon in Chamber. £5. www.manjushri.org

James Reeder Dance Classes - Weds from 7pm. Contact: james@reedersdance.co.uk

Various U3A groups - Contact U3A: 015395 35358. Monthly meeting 3rd Tuesday 10.15am - 12noon

Parliamo Italiano - Tues & Thurs - improvers & post beginners - details: caroline_hakkinen@mac.com

Latin Vibes - dance fitness class - most Fridays - 11-12 noon - for details: www.lifeflowwellbeing.com

Dr Strangelove Saturday 5th April 7pm (doors 6.30pm)

The Victoria Hall Support Group is delighted to announce that our next NT Live screening at the Victoria Hall will be Dr. Strangelove.

Seven-time BAFTA Award-winner Steve Coogan plays four roles in the world premiere stage adaptation of Stanley Kubrick's comedy masterpiece Dr. Strangelove.

This explosively funny satire, about a rogue U.S General who triggers a nuclear attack, is led by a world-renowned creative team including Emmy Award-winner Armando Iannucci and Olivier Award-winner Sean Foley.

'Steve Coogan is stellar' – Independent Bar, tea, coffee, ice cream.

Tickets £12 adults £10 children available from www.ticketsource.co.uk/vhsg

Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.

National Theatre Live brings the best of British theatre to local venues – unmissable theatre filmed live from Britain's most exciting stages.

National Theatre Live at the Vic



INDIVIDUAL EVENTS

04/04 Fri - Friday Night Dancers - Ballroom & Latin Social Dance (not teaching): 7.30pm - all dancers welcome

05/04 Sat - Town/Unitary Councillor Surgery - Room 4 - 10am - 12noon

05/04 Sat - NT LIVE: Dr. Strangelove. Doors: 6.30pm for 7pm start - £12 - www.ticketsource.co.uk/VHSG

07/04 Mon - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm

08/04 Tues - 'Country Roads' - Folk/Country Live Music event - Free Entry - Pay what you feel - 7pm, door 6.30

10/04 Thu - Piano Recital - Jill Crossland - 3pm. <https://www.ticketsource.co.uk/jill-crossland-concerts>

13/04 Sun - Cinema at The Vic: Small Things Like These (12A) 6.30pm for 7pm start - www.ticketsource.co.uk/vhsg

14/04 Mon - VHSG Bingo at the Vic - Doors 7pm, Eyes down 7.30pm. £1 entry, £5 per Bingo card. Prizes - 18+

17-19/04 - Thu, Fri, Sat - Six (Teen Edition) - by Footsteps to Theatre. www.trybooking.com/uk/events/landing/79062

03/05 Sat - Hey Beatles! - Tribute Act - Doors: 6.30pm for 7pm start - £15 - www.ticketsource.co.uk/VHSG

Hey Beatles – Saturday 3rd May 7pm (doors 6.30pm)

Back by popular demand, acclaimed tribute act "Hey Beatles" return to the Victoria Hall with a new set for 2025! Come and enjoy some of the greatest pop hits of all time. Evoking the spirit of the swinging 60s from the Cavern to the Rooftop, this not to be missed concert will transport you back in time to the height of Beatlemania. Dressing up, singing and dancing is encouraged!

This unmissable show will take you on a journey through the music of John, Paul George and Ringo via period correct costumes, instruments and plenty of chances to sing along.

Enjoy our well-stocked bar and bacon buns to order!

This event sold out last time, so book in advance to avoid disappointment.

Tickets £15 (unallocated seating downstairs, allocated seating in the balcony).

Tickets in advance from www.ticketsource.co.uk/vhsg Cash/cards on the door.

Victoria Hall
VHSG
Support Group



Small Things Like These (12A) Sunday 13th April 7pm (doors 6.30pm)

Devoted father and coal merchant Bill Furlong (Cillian Murphy) discovers startling secrets kept by the convent in his town, along with some shocking truths of his own. The film reveals truths about Ireland's Magdalene laundries -- horrific asylums run by Roman Catholic institutions from the 1820s until 1996, ostensibly to reform "fallen young women." Adapted from the Booker Prize nominated novel by Claire Keegan. 'an absorbing, committed drama' - Guardian

Rating: 12A (upsetting scenes). **Screened with subtitles. Runtime: 2 hours** (including 20 minute interval). Bar, interval bacon buns, ice cream, tea and coffee.

Advance tickets from www.ticketsource.co.uk/vhsg

Credit/debit cards, Apple Pay and Google Pay accepted on the door.

Adults: £6.50 Children £4.50

CINEMA at the VIC



BINGO AT THE VIC

Monday 14th April 7.30pm – 9pm

Eyes down for bingo night at the Vic!

Over 18s only, £1 admission

(cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.

What's On April

Tuesdays 1, 8, 15, 22, 29

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Tuesday 1st April

'Beekeeping' - a talk by Richard Smith in the Father Magner Room behind St Charles' Catholic Church on Kents Bank Road, starting at 7.30 p.m

Tuesdays 1, 8, 15, 22, 29

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m.

Thursday 17: Maundy Thursday joint service at Grange United Reformed Church at 7:00pm

Friday 18: Good Friday joint service at Grange Methodist Church at 10:30am

Tuesday 1st April 7.30 for 8pm

Sam Nicholls, a young jazz drummer from Kendal, will be performing with 2 friends who are all studying at a music conservatoires in London at Rookhow Quaker Meeting House, Rusland Valley (LA12 8LA.) 7.30pm. Music 8-9pm. Pay as you feel. Please email contactrookhow@gmail.com to reserve a space.

Wednesdays 2,9,16,23,30

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Thursdays 3, 10, 17, 24

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Thursday 3rd April

Cartmel Peninsula Local History Society meets at 7.30pm in Cartmel Village Hall when Dr Bill Shannon will return to speak about Sleaford Salt Making in Medieval and Early Modern Cumbria. See the club report for more information.

Fridays 4 and 11

Lent Lunches at 12:00 noon; see Churches Together article for venues.

Tuesday 8th April

Country Roads music event at Victoria Hall 7.15 - see advert on music page.

Wednesday 9th April

7.30pm Newton & Field Broughton WI meets in Lindale Village Hall LA11 6LE. A lively talk by author Jo Horsley, 'The Girl in the Purple Dress.' Visitors welcome £4 incl. Refreshments & raffle ticket.

Sunday 13th April

Lower Holker Village Hall, Cark-in-Cartmel, Table Top Sale, 9 am to 1 pm. Free admission.

Monday 14th April

Grange Probus Club will meet at 10.30 at the Netherwood Hotel for a talk by Steph Weber on Animal Care in Lancaster. See the club report for more information.

Tuesday 15th April

Meal out-'At Home'- by reservation with Mothers & Others -7.00 p.m.for 7.30

Thursday 17th April

Maundy Thursday joint service at Grange United Reformed Church at 7:00pm

Friday 18th April

Good Friday joint service at Grange Methodist Church at 10:30am

Easter Saturday 19th April

Lower Holker Village Hall, Cark-in-Cartmel, Craft Fair 10.00 am to 3 00 pm. Free admission, plenty of parking, delicious refreshments.

Sunday 20th April

Churches Together Easter Sunrise service at 6:00am at Hampsfell Road Car Park

Tuesday 22nd April

Grange Natural History Society, Foulney Island Nature Reserve, meet at 10.00am in the Roa Island car park. Non-members welcome £3.00 per head

Thursday 24th April

Cartmel Institute public meeting at 7pm in the village hall. See the club report for more information.

Coach trip to Shackletons Home & Garden Centre & Holmes Mill. Pick up from Flookburgh Square 9.30am. Leaving at 4pm Contact: Wendy Bland 015395 58392/07814470033

Saturday 26th April

Grange-over-Sands WI Annual Coffee Morning, 10am-12noon at the United Reform Church Hall, Kents Bank Road. Free admission. Tea/ coffee & homemade biscuits £2.50. Raffle, cake sales & various stalls. All welcome.

Sunday 27th April

"Music and Readings for Peace" at 7:00pm at Grange Methodist Church

Monday 28th April

South Lakeland Phoenixes. Drop-In for over 18s - Community Foodstore, Main Street, Grange over Sands. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, safe space, for a chat and a brew between 1:30 and 4:00 pm. www.southlakelandphoenixes.com

Tuesday 29th April

'Bob Sutcliffe-Artist'-a talk by a local artist-in the Father Magner Room behind St Charles' Catholic Church on Kents Bank Road, starting at 7.30p.m

Age UK South Cumbria

New Class Starting 28th April - Chair Yoga – Grange United Reformed Church every Mon 11am – 12pm

Gentle Exercise Class - Grange United Reformed Church every Thursday 2.30pm – 3.30pm.

Lunch Clubs:

Grange - Thornleigh Hotel - 3rd Wednesday of the month.

Allithwaite - Pheasant Inn - 2nd Tuesday of the month.

Cark - also at the Pheasant Inn - 4th Friday of the month.

Please call 01539 728118 for further details.

VE80



On 8 May 2025, we mark the 80th anniversary of VE Day, our nation will unite to celebrate 80 years of peace since the end of World War II in Europe.

VE Day 80 is not only a tribute to those who fought for freedom but also a powerful reminder of the resilience and unity that have defined our country ever since.

At 9:30pm, beacons and Lamp Lights of Peace will shine across the United Kingdom, Channel Islands, Isle of Man, and UK Overseas Territories—symbolising the enduring strength of our communities. From city squares to village greens, we will stand together in gratitude, honouring the sacrifices that secured our freedom.

We encourage everyone to take part—raise the VE Day flag at 9am, gather in streets, gardens, town halls, clubs and pubs.

More details at <https://ve80.com/>

Grange Bridge Club

Sally-Anne Rothwell, Mike Rothwell, Robin Rose and John MacLachlan are in the final of Cumbria Bridge Associations "teams of four" tournament held in Carlisle. Good luck you four.

This month, Grange Bridge club took part in Cumbria County Winter SIM competition which is played throughout the County by all other clubs. The highest placed GBC members were Sam Norman and Alan Anderson who finished seventh.

Teams night this month was won by Christine Ward, Babs Matthews, Trevor Ward and John Farmer, with 65imps. Far ahead of the rest of the rest of the teams.

Every night of play requires a director who is responsible for setting the movement, selecting the number of boards to be played, setting up the hand held electronic scoring pads & lap-top, starting the session resolving anomalies, finishing the session, producing the results and uploading then to the EBU and other scoring facilities. I am happy to say that GBC member, Chris Walker passed with flying colours and is now a fully fledged director.

Anybody is welcome to join us on Tuesday evenings to watch or join-in. Plenty of free coffee.

U3A Friendly Whist

Make it first on your list. Every Wednesday starting at 2. We meet in the Grange Institute

Join our friendly group. Half time Conversation with Tea or Coffee biscuits & prizes for winning & booby too. Never played before not a problem. Whist is a simple game to learn We'll have you up to speed in a jiffy. £3 per meet every week. Join us on Wednesdays at the Grange Institute at 2.

Mothers & Others

At Mothers & Others we seem to be rapidly moving through our programme, and in April we have 3 meetings to look forward to. On Tuesday 1st April we have a visit from Richard Smith who will talk to us about Beekeeping. I am sure we have all noticed a few bees around now that the weather has improved, and hopefully Richard will tell us what is happening in the 'Bee world' in Spring. At the second meeting, on April 15th, we are indulging in yet another meal out, when we go for dinner 'At Home'. There is no doubt that at Mothers & Others we like our food! Finally on April 29th Bob Sutcliffe will be telling us about his work as an artist. You may remember

Bob when he worked at Grange Garden centre, and you may also have admired his lovely cards which were on sale there. Our meetings are held in the Father Magner Room behind St Charles' Catholic Church on Kents Bank Road, starting at 7.30 p.m. and ending with a cup of tea or coffee and a time to share friendship together. It has been encouraging to see visitors at some of our recent meetings, so if the subject is of interest, or you would just like a bit of company, please come and join us, you will be warmly welcomed into our very relaxed atmosphere. If you would like to know more please call Ann on 015395 33856 or Linda on 015395 33482.

Cartmel Art Society

Val Hebblethwaite demonstrated painting on Yupo paper using inks in March. In a change to the previous report Valerie Wood followed on the 26th, demonstrating painting and drawing birds using a combination of graphite, crayon and watercolour paints.

Due to the Easter holidays there will be just one meeting in April. The AGM and Spring Party will be held on the 9th with the usual competition, Jacob's Join and Kev Bell entertaining us with some folk songs. The theme for the Spring Competition this year is 'Sunshine & Showers'. The AGM is an opportunity for members to voice their thoughts on future events at the Society. Exhibition packs will also be distributed. After Easter Catherine Alexander will lead a morning session on 14th May. The subject is 'Tulips'. She will discuss tulips paintings both past and present before members tackle the subject in whatever medium they prefer.

Please let Rita Denby know if you will be coming to the AGM and the workshops, either by email on ritadenby45@gmail.com or call her on 07587 705842.

Grange Lecture Society

Our Ten Talks series is now over. Our Programme Secretaries have virtually completed the new programme for winter 2025/26. It's a challenge to find and select 10 speakers who, we hope, can bring pleasure to members and visitors. This season has been a great success, thank you Richard and Philip.

This year, in a spin-off from Presidential duties, I'm personally offering a folk concert to follow on from the winter talks. On Tuesday evening, 8th of April I am promoting 'Country Roads', a concert by the Neal

and Shereen Acoustic band. Folk, rock country and swing. They are supported by local travelling songstress Diana Denney. The event will be free with no upfront payments and is designed to be enjoyed by local friends, members and guests. I do ask however, for people to "Pay as you go" if you enjoy the event. A percentage of takings will go to two cancer treatment charities, Myeloma and Pancreatic cancers. Payment by cash or by card. Cabaret style seating and the bar will sell wines, beers and soft drinks. Doors open 6.30, Event starts at 7.15.

Please feel free to phone me on 07973 122017 if you'd like to be involved in the Lecture Society, even if only to suggest speakers for future years. Peter Ratcliffe – President.

South Lakes Stitchers

'Two Corners' was the theme for the South Lakes Stitchers March meeting, offering the chance to make 2 different bags in one meeting, a two for one bargain! This challenge was accepted by 11 members, who arrived equipped with fat quarters and charm packs of fabric, thread, scissors, sewing machines and plenty of inspiration. The first challenge was to make a 'Japanese Flower Bag' from 2 fat quarters of fabric sewn together, turned right side out and prepared beforehand. The morning's instructions were provided by Wendy, using both sewing and origami skills! By the end of the session, all 11 bags were well on their way to completion. Traditionally hand-sewn, some members followed their forbears example, by hand-sewing beautiful Japanese fabric with flowers, dragons and 'Sashiko' designs. Moving rapidly on, Janet continued with corner 2, a Japanese Tama (Jewel) bag, made of 10, 5x5 inch fabric squares, with 8 squares and 4 triangles pieced together to form the outer bag. The same process was then repeated for the lining and 8 tabs made to thread the cord through the tabs at the top. Jewel bags can be made in a variety of sizes and have many different uses including toy bag, present bag etc..... The challenges for both bags turned out to be accurate measurement and correct insertion of the cord, with one strand in each direction! It was an intense, but productive day and many of us took a break to admire the elegant blackwork pin cushions and bookmarks, completed after the session. The day's work can be seen at: southlakeslandstitchers.blogspot.co.uk

Cartmel and District Flower Club

Our next meeting is on Monday 14th April at Cartmel Village Hall 2.00pm. This month our Committee members will demonstrate and entertain us with "Ready Steady Arrange" also on Tuesday evening 15th April 6.30 for 7.00pm at Cartmel Village Hall we are having a Fundraiser Fashion Show by Colours, tickets purchased in advance please. So come along to both events, bring a friend and if you are wishing to join the club we are still taking memberships. For more information contact Isobel 015395 33136.

Grange and District u3a

We meet on Tuesday 15th April in the Victoria Hall at 10.0 for a 10.15 start for our AGM.

We aim to have a brief, informative and inclusive meeting which will be followed by a short talk given by member Rob Martin, entitled "The Secrets of the Stones" - an illustrated talk on how the architecture of Cartmel Priory gives clear hints as to its historical development. The talk will be followed by refreshments - visitors are very welcome

Grange Garden Society

The next meeting of the Garden Society is on Friday 11th April at the URC hall, Kents Bank Rd. at our Summer starting time of 6.30pm for refreshments followed by a talk at 7.0 pm. The talk will be about the running of the charity Cumbria in Bloom - their mission is 'Transforming Spaces, Cultivating Communities and Growing Together' - so it promises to be a very interesting evening. Do come and join us, visitors are very welcome.

Grange Fell Golf Club

Our new Club Captain, Daniel Asplin, would like to welcome all members and visitors to another exciting year at Grange Fell Golf Club. We have a full programme of competitions ahead and some wonderful social events planned. We have made significant investments in the course and machinery this year in our continued efforts for maintaining and improving the golf course. Membership rates and green fees are very reasonable and anyone interested in trying their hand at golf could take up our Taster Membership for 3 months.

We are a very sociable and friendly golf club open to all and any standard of golf. We have weekly rollups, a large men's competition section playing Sundays and our ladies

section is going from strength to strength. Visit our website (www.grangefellgolfclub.co.uk) for details of how to join, tee bookings and club fixtures for the coming year. Richard Hinchcliffe continued his tremendous winter form winning the March Stableford with 42 points.

PEAT

To celebrate the arrival of spring PEAT are offering free bird/bat/hedgehog boxes to all schools on the Cartmel Peninsula. Made by the Men in Sheds in Grange - all from recycled materials. This provided by the generosity of Chrissy Ogilvie a well known local resident who left a small legacy to PEAT to improve the environment and nature of the area. Get in touch at peatmessages@gmail.com.

Craft Destash is back on 26th April at Allithwaite Community Centre from 1 pm to 3.30 pm. If you wish to book a stall to sell your items, please contact Janet Jackson on 07713255238 and if you wish to donate. See more details in Grange Now. Please respond to the devolution consultation out at the moment. <https://consult.communities.gov.uk/ggc/cumbria-devolution-consultation/> It contains important content regarding the environment and we would urge everyone to respond and especially with the message to make a statutory duty on the Strategic Authorities to drive climate and nature action effectively, without this they may lack the mandate, resources and accountability necessary. This could have a real bearing on the shape of the new devolution deal for Cumbria.

Grange Probus Club

Grange Probus' AGM received short reports from Secretary and Treasurer Ewen Cameron and Lecture Secretary Andrew Roberts. The club had been on the point of disbandment at the last AGM due to the lack of volunteers as club officers but had continued when Andrew had offered his services. Membership and finances are stable and plans have been made to continue at least until March 2026. The meeting then welcomed Bob Sutcliffe who talked about How Art Saved My Life. Bob described his training as a landscape architect and his career progression through the Lake District National Park Authority and teaching. Everything had changed due to complex and serious medical conditions but Bob had discovered an amazing

talent for painting, which had helped him to overcome his issues. He had also used this work to form a charitable trust to raise money for medical charities, hoping to reach £1,000,000 in the near future. The club's next event on Monday, April 14th at 10.30am at the Netherwood Hotel will be a talk by Steph Weber on Animal Care in Lancaster. Grange Probus welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS hosted a packed meeting with 79 members and guests attending Andy Lowe's talk on Bank Barns, Buskins and Beeboles. Andy explained how he had worked for the Lake District National Park for over 30 years advising on the conservation of the many historic farm buildings within it. Whilst most of the farmhouses had been altered over the years, many barns remain relatively unchanged since they had been built and effectively provide "architectural time capsules". Andy delivered an enthusiastic and detailed description of a range of typical buildings, their uses and features which give the Lake District much of its charm and character. Bank barns are a particular feature with two storey buildings offering crop storage and threshing space above and animal accommodation below. Buskins are the simple slabs of slate used to form animal pens and beeboles are alcoves in walls to protect the beehives from the elements. CPLHS's next lecture will be on Thursday, April 3rd at 7.30pm in Cartmel Village Hall when David Felton will speak about Ten Centuries of Cumbrian Cartography (this replaces the previously advertised talk). Visitors are welcome with a £3 entry fee. Further information on CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

Lower Holker Village Hall

March 200 Club winners. Friday 21st March (note the change of day!) Another

fabulous Quiz Night with hot supper at £3.00 and fabulous raffle prizes with prizes for winning quiz team and £30.00 cash prize available. Don't forget your drinks and glasses. Doors open 7pm for 7.30 start. Up to 4 in a team at £1.00 entry per quiz member. Sunday 13th April Table Top Sale- 9 am to 1 pm, tables are £5.00. Easter Saturday 19th April 2025 Craft Fair, from 10 am to 3 pm. Tables are £12.00, to book a table for either for either contact Rhona on r.barton5353@gmail.com. Tai Chi, Yoga, and Hatha Yoga, Dancing, and Aerial Hoops are available. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm. Table tennis from 9.00am to 4.00 pm. Cost is £2.00 per player for the booking. (During school holidays this may change). Table Tennis Club now running. Contact Peter on lowerbirkby@gmail.com. Sewing Machine Classes every Friday morning 10-12pm. £15.00 per session, bring your own machine. Contact Natasha on Natasha127@outlook.com or 07901751197. Please follow us on Facebook at [lowerholkervillagehall](https://www.facebook.com/lowerholkervillagehall) for all our latest news. Website is lhvh.co.uk. The Hall number is 015395 58304 with ansaphone.

Grange Soroptimists

At our March club meeting we had a thought provoking and inspirational talk from our new member Rebecca Bilkau who

talked about the inspiration for her poetry writing from early childhood to her current "Beacon" project. 21 members enjoyed a meal out and a trip to see the highly amusing Blithe Spirit at the Dukes Playhouse in Lancaster.

Our team of 6 swam 168 lengths in the Swimathon at Kendal Leisure Centre on March 15th raising over £800 for ShelterBox which provides tents and essentials for people displaced by natural disasters or war.

Our team of gardeners is working again in the Sensory Garden, the library garden and the Ornis ring, which give great enjoyment to visitors and locals.

Anyone interested in joining the club or getting further information please contact Mary Ann on 015395 32265 or www.sigbi.org/grange-over-sands/

J P Computers

Based in Cartmel
Free consultation
Collect & return service

Tel: 015395 35513
Mob: 07964 180021

www.johnparrycomputers.com

LEICHT
THE ARCHITECTURAL KITCHEN

UP TO
£1750
CASHBACK
NEFF & SIEMENS

FREE
LEICHT WORKTOPS &
QUOOKER TAP

GET 6
MIELE
APPLIANCES
FOR THE PRICE OF 5

TERMS AND CONDITIONS APPLY. ASK IN STORE FOR DETAILS

— LAKELAND —
KITCHENS

WWW.LAKELANDKITCHENS.COM

SHOWROOMS: LAKE DISTRICT - KENDAL | CHESHIRE - HANDFORTH

Property Talk

With

Craig Turner
Property Department Manager
and Valuer



FRIENDLY HONEST PROPERTY ADVICE

A Spring market ready to bloom

We've seen a quieter month for property news but as expected a busier month for property completions. As discussed previously, the stamp duty changes come into effect as of the 1st April and the legal teams are working hard to meet these deadlines. With a matter of days left in the month we approach a new financial year in good spirits and with market optimism.

As usual the national and international news is filled with uncertainty and trepidation but our little corner of the world remains resilient and the property market is following the well-trodden path. As the months pass by the numbers grow. More new property, more viewings and more sales.

In fact across the first few months of the year there has been a 3% average annual increase in average house prices in the North West according to Zoopla reports, which is more than double the increase in the South.

Perceived fears that the impending stamp duty changes will have a limiting factor on the market and lead to lower agreed sales are not bearing fruit. We wait to see if the proposed renters reform and changes to leasehold tenure will have any impact.

There is evidence that the 200% council tax charge on second homes is leading to more people looking into selling and therefore a further increase in available property. The continued attraction of the area still sees high demand from locals and those coming in from farther afield so the increase in property is just helping service demand.

With the always anticipated busy Spring months upon us we are ready to help you buy or sell your property and guide you through the process from start to finish. Having led the market for sales this year across the South Lakes and Furness, as usual, we are best placed to handle your property in the Spring market.


**POOLE
TOWNSEND**
Property

For PROPERTY advice call us
FREE on 015395 33316
or visit our website at
www.pooletownsend.co.uk



Poole Townsend are Independent Financial Advisers
authorised and regulated by the Financial Conduct Authority.
Regulated by the Solicitor Regulation Authority No. 00076553.

Seaplane service from Grange to commence



"Pilot" Loof Lirpa

Some years ago Grange Now reported that an unscheduled town council meeting took place to discuss issues of a slightly delicate nature.

Due to the sensitivity of the subject matter the meeting was held late at night with some reports suggesting it was just gone 8 o'clock, but Grange Now believe it was very nearly quarter past.

In a unanimous and unprecedented decision Grange Town Council at the time voted for nudist bathing on the prom. Civic Mayor at the time, Councillor Tricia Thomas told Grange Now, "nudist bathing is making a real impact in other areas and I think we should embrace it."

Now in a similar spirit, Grange Now can report the (not) likely introduction of a regular sea plane service between Grange and the Isle of Man. A just about serviceable craft has been purchased second hand from the Manx cat society who no longer need it as all cats have now been delivered safely to their rightful owners.

Apparently a new 1000 metre long jetty will be installed from the newly refurbished ("when will it actually be finished") lido out into the bay where passengers will be welcomed by recently appointed pilot Loof

Lirpa and his merry crew (sometimes too merry, if you know what I mean!) - in a change from normal airline staff uniform conventions, this crew all wear lifejackets and parachutes all the time which is unusual and makes it tricky to navigate past the drinks trolley to the toilets (which you will definitely need to do!) Handy tip for first time travellers - take a bucket!

Concerns were raised at the highest level as to how passengers might navigate such a long jetty especially on a breezy day and at high tide. 'Fear not' suggested the visiting very expensive consultant from Youvebeenad Partners who advised that the jetty would actually be floating and so would go up and down withanywaves, thereby saving passengers from getting their feet wet.

After sitting back in relaxing comfort passengers will be able to relax in style and marvel at the aquamarine environment. One wit at the meeting jokingly said, 'well as long as they don't end up actually in the aquamarine environment. The Youvebeenad consultant looked ready to leave at that point so the meeting came to a close.

Bookings will soon be open so head online to the new website on April 1st and get ready for the adventure of a lifetime!

SITUATIONS VACANT



Aynsome Manor Hotel

PART-TIME CHEF

Salary: Up to £18.00ph

Work Pattern: Monday and Tuesday 06:00am – 11:00am

Role Overview:

Overall responsibility on set days for ensuring the food produced and served is of the highest standard in line with guest expectations. Breakfast will be served each day from 7:00am. There will be a maximum of 24 covers, rising to 32 by May 2025. In addition to carrying out cooking duties yourself, the chef is responsible for the management of Health and Safety, ensuring all areas of the kitchen are compliant and the required processes and procedures in place in relation to risk assessments. You will be the sole chef on duty, so this is very much a 'hands on' role.

What you'll be doing:

- Produce breakfast each day from 07:00am as per the agreed set menu and Guest orders.
- Responsibility for the health and safety, cleanliness and organisation of the kitchen.
- Monitor and manage stock levels, including ordering ingredients in advance and minimising waste.
- Providing a personalised and memorable experience for guests.
- Ensure front of house team understand the dishes and stories behind the produce.

About you:

- Previous experience to Sous-Chef level in a 4-star environment or similar.
- Excellent knowledge and experience of food preparation, cooking techniques and presentation
- Guest-focused with excellent attention to detail.
- First class communication and organisational skills
- Knowledge of food safety and sanitation regulations.

Please apply by email with CV to
aynsomanor@btconnect.com
or telephone 015395 36653



Aynsome Manor Hotel

BARTENDER

Salary: Up to £14.50ph

Work Pattern: Wednesday – Sunday 4:00pm – 10:00pm

Role Overview:

You will be responsible for ensuring a high level of service at the bar, providing a warm and welcoming environment for guests, and maintaining the cleanliness and organisation of the bar area. This role involves serving drinks, managing bar inventory, and ensuring compliance with health and safety regulations.

What you'll be doing:

- Serving drinks consistently in line with Manor standards, taking note of guest preferences including wines, beers, spirits, soft drinks, and cocktails.
- Providing a personalised and memorable experience for guests.
- Ensuring the cleanliness and organisation of the bar and surrounding area.
- Managing the bar inventory, including preparing suggested orders.
- Accurately processing payments, whether card/cash payments or room charges.

About you:

- Guest-focused with excellent attention to detail.
- Excellent mixology knowledge.
- Strong communication and organisational skills.
- Previous experience as a barman in a minimum 4-star environment.
- Methodical and a team player.
- High standard of guest care and awareness of Health & Safety.

Please apply by email with CV to
aynsomanor@btconnect.com
or telephone 015395 36653



LETTERS

Letters to the Editor are published on the understanding that they may have to be shortened to fit available space. Publication of a letter in no way reflects the views of Grange Now. All letters must be accompanied by a name and address even if the correspondent requests anonymity. In this case 'name and address supplied' will be added.

Dear Editor,

Funding ceases for Grange Promenade Gardeners
Now that the new financial year is upon us the previous annual funding from Westmorland and Furness Council has now ceased. The annual grant has been paid since our formation, paying for plants, insurance and tools but due to the current difficult financial circumstances it has now stopped. Various volunteer gardening organisations operate in Grange and the lack of funds is going to severely curtail the promenade gardeners ability to keep the beds on the promenade looking at their best. If anyone would care to donate(no matter how big or small a donation) or perhaps even leave some money in a will, then please contact our treasurer Ruth who will be able to provide any details required. Many thanks indeed. ruth_archer5@hotmail.com

Dear Editor,

At Cartmel Peninsula Repair Café, we continue to get lots of positive feedback from the people whose items we have brought back to life. A small selection of comments from last month's café tells us: "My first visit – very pleased!", "Came for one repair to my rollator and had three done! Very happy!" and "The textile ladies were very thorough and managed an almost perfect repair of my coat fastening. Glad I came!"

If reading this has prompted you to bring us some of your own tired, broken or damaged items to work our magic on, please remember that we take a break in April and the next café will be on May 2nd, 5pm – 7pm at Grange Methodist Hall. Hope to see you then!

Alison Hinds

SITUATIONS VACANT



T: 015395 52548

W: heydayscare.co.uk

Heydays Care

Full & Part time positions

We are looking for caring professionals to join our wonderful team of support workers.

Do you enjoy working with people? We always say tea and cake here at Heydays as our job is so relaxed and enjoyable.

We love getting out and about with our clients check us out on FB or visit our webpage to see what we are all about and why we are different to other providers.

We currently have a full or part time senior role available £17.20 per hour plus mileage allowance.

Full or part time support worker £15.70 per hour plus mileage allowance.

If you think you can bring a little joy to someone's life and enjoy helping people please give us a call or pop into the office.

We have hours to suit everyone.

Tel 015395 52548.



FREE FOR SALE

Next deadline is 18th April, subject to space. Five items max. Single items max £200, in writing to our offices or e-mail info@grangenow.co.uk, include your name and address

Cross-Trainer. York x302 Diamond with programs, heart rate, calories burned etc. Hardly used £75. Beko under the counter style fridge. Good condition £25. Tel 07854972918.

Charnwood multi fuel inset stove. 4 years old, hardly used. £200. Solid oak fire surround. £80. Tel no. 07966 944664.

Kitchen Table 150cm x 90cm 74cm high + 4 chairs £95 015395 34426

Technics SC-CH9 CD Stereo System includes Tuner, Amplifier, CD Player, Cassette Deck, 2 Speakers, Remote Control, Instructions. £125. 07748694045

Approx.80 used paving flags 18 x 24 ins good for garden paths ect. £1-00 each also 2 garden sheds 6'x 8' one with nesting boxes free to take away. tel.07804605453

Evopower Cordless Lawnmower 36v- Lightweight- In very good condition. £120 Contact 07950991196

Apollo Transfer Mens' Hybrid Bike M Frame (Blue) 18 gears Used only twice Has puncture protection. Must Be Checked Over Before Use! £140 cash Rob 07923 345489

Hayter Harrier Lawn Mower Good Working Order £50 Can Deliver Local Free. Sheen X300 Flame Gun Only Used Once £75. 07787953688

TV Corner Unit - Oak. £50. Please contact 07921153936

Kayak - a basic general purpose glassfibre kayak approx. 4.1 metres long, in blue. Free to a good home. Needs to be collected. Contact 07761350939

Two seater sofa. Wide beige/cream stripes Width 5' 6". £150 Tel: 07952 652753

ACCOUNTS/SELF ASSESSMENT

ANTHONY CLYNES ACCOUNTANTS Accounts, Self Assessment, PAYE/wages, Bookkeeping/VAT, Personal friendly service - Contact Tony 07778 485 475 (Grange)

APPLIANCE REPAIRS

Domestic Appliance Centre. For all your Domestic Appliance Needs. One call takes care of it. Call 01539 741241

BATHROOMS

Bathroom specialist and property maintenance. All work undertaken. Call Arthur 07411151181. 015395 92736

BOOKS

BOOKS BOUGHT Collectable items or whole collections. PBFA Member. Phone 015395 35125 (Allithwaite)

Daisyroots Books for new & used books, cards, maps, prints & vinyl records. Three floors, over 40,000 books. Modern thrillers and crime fiction always sought. Main Street, Grange. Open Mon-Sat 10am-4pm. Tel. 015395 38817 www.daisyrootsbooks.co.uk

BUILDERS

MARK SUMNER General Builder with over 30 years experience Bricklaying, repointing, internal and external decoration. Floor and wall tiling. External carpentry, including decking, wooden handrails and fencing. Tel: 07946 391143

Builder / Handyman - former main contractor now doing smaller jobs. Bathrooms, kitchens, joinery, decoration, insulation, plumbing, etc. 20+ years experience. Local references available. David Pattison 07939 092454 / david@pattison.uk
General building repairs and maintenance R Ellwood 07773572712

CARE SERVICES

BAY HOME CARE LTD. Established 2014, fully registered professional provider of home care and community support services. Based in Grange Over Sands and managed by Grange residents we offer a full range of care services to adults within their own homes. This includes support with personal care, medication, shopping, cleaning, community transport and much more. For more information please call 015395 34987.

Anne Parker. Private carer, DBS and training up to date, excellent references 07908620227

CARPETS

HDC FLOORING Albert Road, Grange-Over-Sands Tel: 07905 687672 www.hdcflooring.co.uk Carpets, Vinyls, Amtico, Karndean Laminate, Engineered Wood

CARPET CLEANERS

THE DOBSONS Carpet and upholstery 01539522612

CHIMNEY SWEEP

ROB CHAMBERS All types of chimneys and flues Member of the National Association of Chimney Sweeps. Fully Insured Tel: 01229 588025 Mobile: 07881 921529

ANDREW BACKHOUSE CHIMNEY SWEEP LTD 25 years of quality workmanship in your area Trading Standards Approved 015394 45117 or 07763 145 594

CHIROPODIST/PODIATRIST

DAVE HEMMINGS memb (IoP) HCPC Registered. Qualified 1982. Home visits Grange & Surrounding areas. 07736448702 or 015395 35487.

SUE LAWTON (D.Pod.M, RCPod) HCPC Registered. Qualified & Registered for over 30 years. Home visits to Grange and surrounding villages. 015395 83625

Dr Anders - Podiatrist. Expert treatment and advice for all foot problems. Dr Judith Anders PhD is a highly trained Degree qualified Podiatrist with over 20yrs experience. Tel: 07584 301653 www.dranderspodiatry.co.uk

NICOLE WATERS, BSc (Hons) Podiatry, MRCPod, HCPC Registered. Home visits to Grange & surrounding areas. Call 07760832027 or email info@nwaterspodiatry.com for an appointment.

CLEANING SERVICES

LAKELAND MAIDS PROFESSIONAL CLEANING SERVICE
DOMESTIC & COMMERCIAL Regular, builders, spring cleans, Holiday change overs, End of Tenancy
Helen 015395 35277 or Lakelandmaids@gmail.com

DEBBIE YOUR DAILY COMPANION
Debbie Howard - Independent cleaner & companion with over 15 year experience
Cleaning Ironing Shopping Cooking Appointments
In need of some help, Just ask Debbie
07761717691 dj.walkins68@btinternet.com

LITTLE MISS MOP & BUCKET Weekly and fortnightly cleans, Deep cleans, End of tenancy cleans. Call Kelly 07810 415406.

DOMESTIC CLEANING AND HOME CARE services: Email: tim007521@gmail.com Tel: mobile 07826660981

HOLIDAY LET CLEANING Holiday let cleaning including laundry services, deep cleans and end of tenancy cleans. Call Dawn 07980972780

Deborah's Cleaning Business. All your household duties taken care of. Please contact Deborah on 07580094158

CLOCK & ANTIQUES RESTORER

THE CLOCK WORKS Antique Clock Repair, Restoration & Sales Quality Work Fully Guaranteed BW&CMG member Est 1991 01229 822680

COMPUTER SERVICE

COMPUTER HELP AT HOME. For computer problems or tutorials in plain English. Call Graham Brook a certified computer engineer on 07787727443 or 015395 60868

COUNSELLING

Rachael Mary Counselling, face-to-face, online and phone sessions are available. BACP member Tel: 07846 611632 www.rachaelmarycounselling.co.uk

Alix Jagger, appointments in Grange and online. BACP member. 07818 896 170. www.alixjaggercounselling.co.uk

Counselling/EMDR Louise Tych BACP Accredited. 15 years experience. In person, online, phone. www.southlakescounselling.co.uk 07775610480

Lara Roocroft Counselling: the 1st step towards your desirable changes for the new year.

Email: lararocroft@outlook.com Phone: 07778540171 Website : https://lararocroft.com/

CURTAINS/SOFT FURNISHINGS

Arabella Jane Interiors Made to measure curtains, Roman blinds and soft furnishings. Contact Bella on 07920748770 www.arabellajaneinteriors.co.uk

DOG GROOMING/ WALKING

Jude's Groom Room based in Kents Bank. C&G. Natural shampoos. Call Jude 07914644852

DOG GROOMING/ WALKING

Small Paws Dog Grooming
BY ANDREA NELSON
Over 40 years experience
07470 409414
Collection & delivery in the local area

DOG WALKING Jude 07914 644852 Fully insured, experienced, kind and caring

Bark of Beyond Dog walking and training services. Specialising in active, outdoor dogs & working breeds. Fully insured. For details visit www.barkofbeyond.com or call Mick on 07794754199

ELECTRICIAN

MBSG Electrical Services EV Chargers, Landlords Safety Certificates, EICR, Testing and Inspection, New Fuseboards / Consumer units and Distribution Boards, Central Heating Controls, Wired or Wireless and Smart controls, Auxiliary / Emergency / Generator, Switchovers, for those inevitable Power Cuts / Losses., Garden Lighting and Controls, Small jobs undertaken, fully qualified, registered & insured., Napit & OLEV approved installer., All aspects of electrical work undertaken. Call: 07 831 007 646, MBSG Electrical Services www.MBSGElectrical.co.uk mbsgelectrical@gmail.com

AM & CO ELECTRICAL LTD. Domestic and commercial electrician 17 years experience, Napit approved electrician, OLEV approved EV installer, testing and installing. www.amcogroupltd.co.uk 07400562162

D.M. Cowgill electrical contractor, Grange area - small jobs undertaken, lights, powerpoints etc. tel 07970 601379

T W Electrical (Cumbria) Ltd, Electrical Contractors, All aspects of electrical work undertaken, Domestic, commercial and industrial, NICEIC Approved Contractor, Call 015395 59089 or 07702792916.

FENCING

GRANGE SERVICES ~ fencing & gates, Steve 07968 100114

FITNESS & WELLBEING

Physiotherapy support and Personal Training in the comfort of your own home. Specialising in rehabilitation and re-introduction to exercise (including for conditions such as COPD, Stroke, heart disease). Assistance with improving balance, flexibility and strength. Elaine 07855 135714

Angela Pollard Reflexology, Aromatherapy, Sound Healing. Monthly Chi Kung and sound bath workshops. 07810070288 www.angelapollardtherapies.co.uk

Wellbeing practitioner, Menopause support, EFT, Metamorphic Technique, Reflexology in the comfort of your home. Appointments in Grange area Wednesday and Friday mornings. To book contact Angela on 07721011943

FUEL SUPPLIES

SMOKELESS FUELS Long established, approved coal merchants delivering quality service 7 days. Best SMOKELESS prices in area. 07488 372851

FUEL SUPPLIES

AR Dickson Countryside Services Ltd Seasoned firewood, Kiln dried firewood, hardwood or softwood, Kindling. Bulk bags, net bags, trailer loads or barrow bags. Please contact 07824736255 angus1990@btinternet.com

GARAGE DOORS

KELDRIGG SHUTTERS - Supply and installation of locally manufactured Garage doors, Industrial roller shutters, Security gates and Steel personnel doors. We also carry out repairs and same day call outs. 07836367599 - info@keldriggshutters.co.uk. We have been serving the South Lakes and surrounding areas since 1996.

GARDENING

GRANGE GARDENERS for GARDEN MAINTENANCE & DESIGN

Extensive plant knowledge
We maintain gardens all year round
Call Michael and Liz
Thornborough 015395 32118
mobile: 07796 674 861
www.grangegardeners.com

M.T. HOWARTH

Garden maintenance carried out to a high standard incl mowing, hedges, tree work, fencing and pressure washing. Overgrown gardens cleared and rubbish can be removed. All jobs considered large or small.
HOME: 015395 32188
MOBILE: 0789 4737 069

Lawn mowing and hedge trimming to a high standard, plus general clearance and strimming of overgrown areas. Established 10 years, local, friendly and fully insured. Call Simon on 07950 912212 or 015395 34640

GRAHAM'S GARDEN SERVICES Friendly and reliable service for all your garden requirements. Our services include Grass Cutting, Garden Maintenance, Patios Jet Washed, Fencing and hedge cutting. Telephone 07815 313 828 or 015395 58664

Pruning, Hedge trimming, Mowing and Lawn care including scarifying, Borders Tidied, Trees, etc. Excess green waste can be taken away and recycled. Insured and Trained, Call George on 07425262789 or 015395 35716

GARDEN MAINTENANCE, grass/hedge cutting, weeding, pruning, treework, dry stone walling. James Hawksley Ltd Tel 07980 354 651

LAWNMAN Specialist in fertilisation, weed/moss control, eradication of Japanese Knotweed. Scarification available 01539538949

GLAZING SERVICES

Graham Foxcroft Ltd est 1990. uPVC windows and doors replaced or repaired. Blown units changed. Commercial and residential. 07889 677027. office.grahamfoxcroftld@gmail.com

GROUNDWORKS

S + A HODGSON LTD. - Excavation contractors 26n ton Beavertail Wagon.1-13 ton excavators and breakers drainage and groundworks. Tree Shear and flail mulcher. Andy 07836 782707 or 015395 52458. Please visit our website www.sandahodgsonplant.co.uk

GUTTER CLEARING

Clearview. 015395 33810, 07971 344277

HAIRDRESSERS

MICHELLE Mobile 34904
CHARLOTTE Mobile Hairdresser 07966 543223

Studio 39 Hair Salon Grange-over-sands. Ladies, Gents and children. For appointments call Laura on 07990 772745 Also on facebook

Galina Mobile Hairdresser and Barber. 07412591591

HANDYMAN/WOMAN

I'm your local, friendly handyman. Specialising in painting and decorating. Also DIY and general repairs around the home. All jobs considered. Call Simon on 07950 912 212 or 015395 34640.

GRANGE SERVICES FOR SENIORS ~ Steve 07968 100114. Call to discuss needs.

Handyman, Cartmel & surrounding areas. Call John 07552 045017

Handyman Services since 2016. Painting, fencing, guttering plus many more DIY jobs. Excellent reputation. Call Trevor 07810717450

Friendly and reliable handyman specialising in painting indoors and outdoors. Will also consider small DIY type jobs and general repairs. Phone Brian on 07579786966.

Loft, house, shed and garage clearance. Gutters cleared. Overgrown gardens cleared. Exterior painting and decorating. Jet washing. Grange and surrounding areas. 07956 266264

HEALTH

Synergy Health Kendal - McTimoney Chiropractic and Wellness Centre. Massage. Homeopathy. Flower Essences. Cranial Sacral Therapy. Alexander Technique. Reflexology. Nutritional Therapy. Yoga. Healing. Counselling. Animal Chiropractic and Holistic Vet in our Animal Annexe. Bridge Lane, Kendal LA9 7DD 07942 141019 www.synergyhealthkendal.co.uk

HEARING SERVICES

St Johns Hearing Centre, Main Street, Grange. Comprehensive Hearing Service. Free home consultations. Full aftercare service. Hearing tests, Repair service, Batteries and Accessories. Gentle Wax Removal Service. 40 Years experience. Tel 015395 36391

HOLIDAYS FOR DOGS

KENNEL MAIDS

The Original Holidays for Dogs Since 2000 Officially Rated 5 Stars by SLDC Licensing Authority. Professional Home Boarding Licence no: AHB 003 Professional Dog Day Care Licence no: DDC 039897 Fully insured - Vet Approved - 20 years of references WWW.P4WS.CO.UK wendysenior360@btinternet.com

HOME HELP

HOME HELP Offering trustworthy, professional, and person centred support tailored to your needs. Insured, experienced, and DBS checked. Please contact Anna for more details, mobile: 07946 242799

HOUSE CLEARANCES

WA House Clearance & Removals Garages, sheds etc 07528 049 516 / 015395 59469

House Clearances, Houses, Garages, Sheds cleared and all contents removed. For prompt reliable and confidential service contact Graham Walkden. Tel: 015395 32793

JOINERS / BUILDERS

BB Wilson & Son All aspects of Joinery and Building from Ground Work to Slatting Landscaping, Conservatories Loft conversions, Extensions. Established 50 years, no job too small Free estimates. Tel: 07972 811 706 - 015395 58340

MICHAEL DAVIS JOINERY LTD. All aspects of joinery work undertaken. Quality workmanship guaranteed from time served joiners. Over 30 years experience. Tel 07791409755

Mark Walmsley Building Services
All building work undertaken
Renovations, Extensions etc Call Grange
015395 32126

KITCHEN FITTING

KITCHEN FITTING SERVICE

We also supply kitchens or simply replace doors

Complete service with tiling, plumbing and electrics



Call Chris for a free quote
07939 625059

LANDSCAPING

HARD LANDSCAPING fencing, walling, block paving, flagging, paths, patios, driveways, ponds. Free estimates, all work guaranteed. Call Martin Eland 015395 594 72, mobile 07821 260 730

J&R Landscapes Specialising in stone walling, fencing, paving, garden rooms and lawns. Bespoke garden design and build. Free estimates. Call 07954336176 or 07871878101

Phil Hawkins

GROUNDWORKS

patios | driveways | garden fencing | tarmac work drainage | digger work
20 years experience

m.07890 636167
phgroundworks@outlook.com

LOCKSMITHS

Locks Express The Only Locksmiths Based In Grange. All Locks Repaired & Fitted. Trading Standards Approved & Police Checked. Eden Mount Road, Grange. Telephone 07886 831336

LOCKS EXPRESS
The only Locksmiths based in Grange

All Lock Problems Solved

- Trading Standards Approved
- Locks Opened, Repaired & Fitted
- Domestic & Commercial
- UPVC Door Lock Specialists
- Police (CRB) Checked
- High Security Locks Fitted
- OAP Discount

Eden Mount Road, Grange
Mobile 07886 831336
www.locks-express.com

LAKEWOOD
- Lock & Safe Co -
Locksmith & Safe Engineer

Locks and safes, supplied, repaired and fitted with over 30 years experience
Edward Lenihan 07407 192270

Next deadline
18th April



FOUR SEASONS

Garden Maintenance & Local Handyman Service

Fully insured, experienced friendly gardener & handyman
Regular gardening slots available or one-off jobs considered

Call Rick on 07799 571998

Gardening: borders · shrubs · mowing strimming · hedge care · clearing
Maintenance: External & internal painting · jet washing · fence/shed care · garden furniture maintenance

MAN WITH VAN

THE DOBSONS

From a letter to a sofa we cover any distance. 01539522612

METALWORK

M.E.L. Traditional Blacksmiths specialists in gates, railings, handrails and all types of decorative metalwork. Established local business with 30+ years of trading. Free site visits and quotations given. Email: info@melcartmel.com Tel: 015395 36269 www.mel-cartmel.com

MONUMENTAL MASONS

Able Memorials - Monumental Masons. Time served masons with over 30 years experience. New memorials, Second inscriptions, repaints, regilds and renovations. Free estimates and home visits given. 1 Wildman Street, Kendal LA9 6EN. Phone 01539 735583 or 01524 784920.

PARKIN and JACKSON Monumental Masons. New memorials, second inscriptions, repaints, regilds and renovations. Visit the showroom on 14 Appleby Road, Kendal LA9 6ES. Telephone 01539 722838. Free estimates and brochure on request. www.parkinandjackson.co.uk

NURSERY SCHOOL

ACORN MONTESSORI Mon to Thurs 8.45 am - 3.15 pm, Friday 8.45 am - 12.15 pm. Contact Melanie Knight 015935 35629 / 07971 828 797.

OPTICIANS

LAKELAND OPTICAL, Main Street, Grange. 015395 32951 Independent practice with owner/optometrist Lisa Sariwee. Private & NHS Examinations. NHS Emergency Eye Care service. Contact Lenses. Latest equipment, modern frames, friendly service. Thank you for supporting a local business. www.lakelandoptical.co.uk

PAINTING & DECORATING



lady interior painter
& hand painted murals
Experienced - Reliable - Careful
Colour schemes - Styling tips
Grange and Surrounds
Call Kate 07989 969058
paintpadinteriors

Lee Logan Ltd Quality painting, decorating & tiling. Reasonable rates, free quotes. Experienced, reliable, local. 07708 213079

PAINTING & DECORATING

D Logan Ltd painting and decorating 07931258752

PEST CONTROL

TOWN & COUNTRY Pest Control Over 30 years experience. Most up to dates methods. 24 hour service. All aspects covered including Cluster flies. Wasps, Fleas, Rats, Mice, Moles. Tel. 015395 62795. Mob 07887 977 085. www.tandcpestcontrol.co.uk

PET CARE

Cozy Cats Cattery, licensed and insured 07732 508932 www.cozycatscattery.com

PET FEEDING

THE DOBSONS

Dogs cats and other small animals 01539522612
Jude 07914 644852 Fully insured, experienced, kind and caring

PICTURE FRAMING

Picture Framing Service at the Beach Hut Gallery - Kents Bank Station. Plus large range of local artists' work. 07795 008691

PLUMBING & HEATING



Miniheat
PLUMBING & HEATING ENGINEERS
Est. 1968
GAS LPG PLUMBING
Shop/office 015395 32053
office@miniheat.co.uk



Richard Wyatt
Plumbing & Heating
No job too small
richardwyattplumbing@outlook.com
Tel 07772 602 506

TAYLOR Plumbing & Heating Engineers Gas Safe Registered, Lindale **Darren Taylor** 07778 394 206

A. TYSON PLUMBING & HEATING LTD. Gas Central Heating Worcester Accredited Installer Gas Safe Registered 015395 32761 - 07967 384 114
P.W. Gas Services Plumbing & Heating Gas Safe Registered OIL - GAS - LPG Worcester & Baxi Accredited Installer Phil Wood 07793 543440

Next deadline
18th April

POWER WASHING

Power Washing Pathways, Patios, Deckings, Driveways Mark 07368 984485

Clearview 015395 33810, 07971 344277

THE DOBSONS 01539522612

PROPERTY

A Commercial Property

Opposite the Post Office
Main Street Grange Over Sands.
Shop front with entrance area.
Large space with two good sized rooms off the main area.
Suitable for multiple business purposes.
£740.00 per month.
Tel: 07501 340 155
office@sel.co.uk

PROPERTY MAINTENANCE

BUILDING SERVICES stone facing, water mains and drainage. Pressure washing, painting. Free estimates, all work guaranteed. Call Martin Eland 015395 59472, mobile 07821 260 730.

Graham Foxcroft Ltd Est.1990. PVC Installation, Composite Decking, Outbuilding Conversion, Gutters, Roofing Repairs & Joinery. 07889 677027 Email office. grahamfoxcrofttd@gmail.com

REMOVALS

Steele's Removals Ltd
Local * National * International
Secure Self- Storage 24hour access
+ Self-Drive Removal vans
Storage facilities in Flookburgh
www.steelesremovals.co.uk
info@steelesremovals.co.uk
01229 820 777

SEWING / REPAIRS

Stitch in Time. Sewing repairs & alterations. Maureen Maddock 58436.

STORAGE

Caravan, boat, trailer and motorhome storage. Grange over sands area. All year round. Secure compound. Tel Paul 07774 822069

SHEDS

GRANGE SERVICES - shed removal, repair, and installation, Steve 07968 100114

TAXIS

GRANGE CARS TAXI

Based in
Grange-over-Sands

078 67 88 11 12

South Lakes | Airport
Grange-over-Sands

24/7 Taxis
(Promenade Taxis)
015395 63405

7 days a week taxi service
4,6 & 8 seater cars
wheelchair access vehicles

we do all work inc airports, stations,
hospital/docs, shopping and tours.
Accounts and Contracts available.

TILING

Lee Logan Ltd 07708 213079

TILER (bathrooms and kitchens) Former B&Q and Bathstore contractor. Reliable, local friendly service. Paul Tilley 07799388998

TREE SURGEON

Max Reynolds Tree Services - fully qualified, professional and reliable Arborist covering all aspects of tree work and forestry contracting for both commercial and domestic clients. 07376804724 enquiries@maxreynoldstreeservices.com www.maxreynoldstreeservices.com

The Care of Trees - 15 years experience in all aspects of pruning and removals. Tree surveys for planning applications & condition and risk assessments. Contact Matt 07595 050821 or info@thecareoftrees.co.uk

BT FORESTRY Based in Grange. Tree, hedge and dead branch removal, storm damaged trees, pruning and bird/owl box installation. Call/text Ben 07746995045

Acorn Tree Services in Grange. 07771 680 919 or 015395 34299

WINDOW CLEANING

ClearView 015395 33810 or 07971 344277

PAINTING & DECORATING



PAINTING AND DECORATING
Local painters and decorators in and around Grange area covering all aspects of decorating, including interior and exterior, wallpapering, airless and HVLP spraying.
Contact John
Mob 07902 025716 Tel 015395 36279
jrdixondecorating@yahoo.com

Find us on facebook

PLUMBING & HEATING

RAD HOT HEATING

Plumbing and Heating Engineer

- ✓ New Boilers
- ✓ Service & Repair
- ✓ Landlord Gas Safety Checks
- ✓ Radiators
- ✓ Power Flushing
- ✓ Basic Plumbing Jobs



Call Stuart 07999228878
Locally based in Cark

PAINTING & DECORATING



Unit 1a, Station Yard, **Grange-over-Sands LA11 6DW**

Please visit or give us a call should you require a **FREE quotation for any size decorating project.**



TEL: 015395 35832 | EMAIL: info@differentstrokes-uk.com | WEBSITE: www.differentstrokes-uk.com



COLOUR YOUR WAY



grange NOW

6 issues for the price of 5
Advertise your business in the
classified section of Grange Now
info@grangenow.co.uk
Tel 015395 22234

WANTED

TOOLS, gardening, joinery, engineering etc. Garages cleared. Tel 32793

Clocks by Barber of Winster and other Lake District makers 01229 822680

War Medals WW1/WW2 & earlier Also badges, bayonets, swords, helmets, uniforms, anything military considered. Also interested in Railway Items, Lamps, Signs etc. Tel Colin 07712206786

Watches bought, wrist and pocket, working or not. Cash paid 07749 807111 mpcontactme@yahoo.co.uk

WANTED Vintage and antique suitcases, chests, wooden crates and boxes, leather bags, flags, hat and coat stands, tailors dummies and vintage clothing. Please text or call Peter on 07539290879 or email eigerbird@hotmail.co.uk

STORAGE FOR PANTOMIME COSTUMES Must be dry: garage, shed or cellar considered. Contact: Hilary 015395 34631

Next deadline
18th April

ROOFING

Your local roofing specialist
With over 35 years of experience

- ✓ Pitched roof, slating & tiling
- ✓ Leadwork / welding
- ✓ Gutters
- ✓ Velux Installation
- ✓ Chimney Stacks
- ✓ Repairs & re-roofing
- ✓ All structural work undertaken



All aspects of roofing

Tel: 015395 68046
 Mob: 07824 469427
 Email: nc@carter-roofing.co.uk
www.carter-roofing.co.uk



BRACKEN'S

ROOFING
& BUILDING COMPANY LIMITED



Est. 1997 - 30 years experience | Re-roofing slate, tile, pitched, lead, flat roofs
 Installation of Velux windows and roof lights | Insulation work (up to building control standards) | PVC guttering and fascia boards | Listed property works
 Lead work | Slate repairs

Tel 01539 733401

info@brackensroofingkendal.co.uk

Bracken's Roofing & Building Company Limited | Unit 9B, Lake District Business Park
 Mint Bridge Road | Kendal | Cumbria | LA9 6NH

Registered as a limited company in England and Wales under company number: 03362418

Commercial & Domestic

VELUX®



Covering Cumbria and Lancashire

ASK Roofing

Specialists in Listed Buildings, Natural Slate,

Slate & tile repair | Chimney work | Guttering | Ridge tiles | Re-roofs
 Lead work | All felt and fibreglass flat roofs | Wood & UPVC fascia boards

Registered Velux window installer.

www.askroofing.co.uk

Grange: 015395 35635
 Email: info@askroofing.co.uk

Mobile: 07788 411602
FREE ESTIMATES

HOME SERVICES

Man with a Van Service

The **DOBSONS**
Here to Help

- Two Luton size vans
- Nationwide Delivery
- Commercial and Domestic
- Small Flat/House moves
- Collection and Delivery
- No job too small

Contact us...
 ☎ 015395 22612 or 07704032012
 ✉ thedobsonsketh@gmail.com
 🌐 thedobsonsonline.co.uk



hdc
FLOORING

THE HOME OF DOMESTIC AND COMMERCIAL FLOORING
 Carpets, Vinyls, LVT, Laminate, Engineered Wood

HDC FLOORING

Albert Road, Grange-over-Sands, Cumbria LA11 7EZ
 Tel 015395 34061 Mobile 07905 687672
 Email: enquiries@hdcflooring.co.uk
 hdcflooring.co.uk



PLUMBING & HEATING

Wareing & Son
 Plumbing & Heating
 Engineers

Locally established
 with over 40 years
 experience.



No Call Out Fee
 Prompt, friendly service
Tel: 35425

PLUMBING & HEATING

Miniheat
 PLUMBING & HEATING ENGINEERS
 Est. 1968



- GAS
- LPG
- PLUMBING



2 DEVONSHIRE PLACE, KENTS BANK ROAD
 Shop/office 015395 32053
 office@miniheat.co.uk

A. TYSON
 PLUMBING AND HEATING LTD

185147 30 years experience

Gas Central
 Heating



- HIGH QUALITY • FRIENDLY SERVICE •
- REASONABLE RATES •



FREE ESTIMATES
 Tel: 015395 32761
 Mob: 0796 7384114



grange NOW

**6 issues for the
 price of 5 Advertise
 your business in the
 classified section of
 Grange Now**

REPLACEMENT UPVC

IAN BUCHAN
WINDOWS



UPVC Windows, Doors
 Replacement Double-glazed Units
 Repairs | Fascias, Soffits etc
 015395 32593 | 07971 698541
 Email ianbuchan17@gmail.com
 Assure registration | 30 years experience

PAINTING & DECORATING

Andy Huddart
 Painter & Decorator

- 35 years experience
- free no obligation quotes

07766 337 625
 andyhuddart@btinternet.com

D. Logan Ltd.

PAINTING & DECORATING

- 18 years experience
- Internal and external

Contact David for a free quotation
 07931 258 752

BUILDING

DAVID ROCKLIFFE
 GENERAL BUILDING

All aspects of building work undertaken.
 Extensions, plastering, tiling etc.
 Over 30 years experience. No VAT on labour
Telephone 0775 4439694

Revive
 Carpet
 Cleaning

Professional Carpet & Upholstery Cleaning

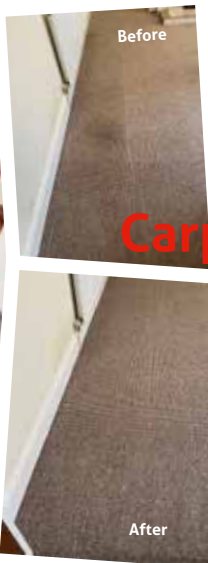
We are a local, independent
 company serving the Furness and
 South Lakes areas.

Book now!

We will wear a face covering on request.

revivecarpets.co.uk

01229 230821 07747 043919



We also
 clean
 upholstery,
 including
 leather.

ACCOUNTANCY, TAXATION AND BUSINESS ADVICE

ACCOUNTANTS

bfms
 ESTABLISHED 2004

- Year End Accounts
- Cash Flow Forecasting
- Business Planning
- Company Formation
- Tax Returns
- Bookkeeping
- Periodic Accounts
- VAT Returns
- Payroll
- Auto Enrolment

☎ 015395 36163 www.bfmsltd.co.uk
 3 Lowther Gardens, Grange-over-Sands, LA11 7EX

