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ISSUE 399 DECEMBER 2024
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**Cartmel Village Volunteers
 make a difference - see page 3**

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There is little doubt that the phrase 'we live in interesting times' is very apt for 2024.

Elections, wars, floods and increased taxation - the traumatic headlines just seem to come one after another. It is all very gloomy.

As we approach Christmas and the start of 2025 everyone must be concerned about themselves, their family, their friends and the vulnerable in society, especially those locally. There are increasing pressures on older family members to make their own ends meet let alone support younger family members who struggle. Charities both local and national face increasing calls on their funds but with increasing overheads.

In our 120-year history Gedye and Sons have been at the heart of advising our community through a variety of 'interesting times' - and we will go on being here, hopefully for another 100 years, helping you unravel the complexities of buying and selling properties and businesses, as well as powers of attorney, estate planning and probate.

*We wish you all a
Merry Christmas and
a Happy New Year*

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Editor's Letter

Wishing all our advertisers, contributors, readers and deliverers a Happy Christmas and thank you for everything you have contributed this year to make Grange Now happen every month.



It is a great team effort and helps to inform and hopefully entertain the community with news, local events, groups and societies and sometimes even urgent requests for help - for example see page 19 Sir Galahad!

It also highlights the numerous voluntary groups who give their time and energy to improve the local area, the prom, gardens and generally contribute to improving their community. Well done one and all.

Next deadline 13th December

Merry Christmas to you all

Chris.

Cartmel Village Volunteers



The Cartmel in Bloom group was created some years ago to help bring a focus on the village's endeavours competing in Cumbria in Bloom.

Whilst extremely successful in Cumbria in Bloom and the national competition, the group decided 7 years ago to cease competing but has continued to work hard to look after the village and its surrounds.

The group was led throughout by Linda and David Crabtree whose passion and love of the village shone through and drove the team onwards. Prompted by Linda and David hanging up their gardening tools, the group has reaffirmed its purpose and

renamed itself better reflecting its focus - Cartmel Village Volunteers.

Some 20 volunteers regularly litter pick the village and well beyond its boundary, undertake maintenance tasks and plant some of the communal areas. 25 volunteers came together for an Autumn Tidy Up recently. It is also a very sociable group holding eg wine tasting, BBQs and Christmas Decorations workshops fundraising for local charities and causes and is always very glad to welcome new friends.

If you make Cartmel your home or have a business and would like to get involved please contact gillianbates@rocketmail.com

Grange Girls u10 Football



Grange girls u10 have recently been sponsored with new home and away football kits. We would like to thank all of our sponsors for kindly sponsoring the shirts.

The sponsors for the shirts are WJ Crowe decorators and Off Limits music duo

for the home kit and HDC carpets for the away kit.

Thank you all so much for kindly sponsoring the teams shirts. The girls have had a terrific year this year so far improving every week well done girls keep going and keep the good work up.

Friends at Christmas

Arrangements and preparations for our Christmas day get-together are well under way.

Invitations have now been delivered and replies are being received.

If you live on your own, in Grange or the surrounding area, and will be spending Christmas day on your own

you would be welcome to join us. We enjoy a traditional Christmas dinner, entertainment and, most importantly, companionship.

This is a free event, however you do need a ticket to attend. If you are interested in joining us, you can contact Steph on 36426 for more information.

Repair Cafe Times are Changing

Following some positive feedback about the earlier start time of the Christmas special Cartmel Peninsula Repair Café on Nov 1st, we are going to hold our next three cafes from 5pm – 7pm, on Jan 3rd, Feb 7th and Mar 7th.

We will still be in Grange Methodist Church Hall and all the usual repairers and menders will be there to give your tired or broken items a new lease of life. There is no repair café in December, so we wish you all a very happy Christmas look forward to seeing you in the new year!

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN400	13th Dec	30th Dec
GN401	17th Jan	29th Jan



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Investment Matters

By Chris Hill CFPTM, Chartered MCSI

Looking towards 2025... (and beyond!)

As we approach the end of the year, I like to take a look at what challenges we may be faced with in the coming years. Back in October, the Chancellor introduced a Budget to raise tax receipts, and whilst there were some immediate increases to taxes such as Capital Gains Tax, other measures were announced which, if introduced, are likely to have a significant impact on many people's financial plans.

For longer term estate planning, the current Inheritance Tax (IHT) allowances have been frozen until April 2030, and additional changes have been proposed which could affect the IHT treatment of agricultural property and business property assets. In the world of pensions, potentially the most impactful change was the announcement that from April 2027, defined contribution pensions will be included in the assessment for Inheritance Tax (IHT). This will invariably lead to many questions being asked what actions may need to be taken in response.

All financial plans should be reviewed regularly, (but not everyone one does)... The latest budget serves as a reminder that in the next couple of years we will all need to pay more attention to our longer term savings strategies

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Flookburgh Band Christmas Concert



To celebrate the end of a very successful year on the contest stage, Flookburgh Band will perform their annual Christmas Concert on Saturday 21st December 2024 at 7pm in the Victoria Hall.

This ever popular concert is often hailed as "the beginning of Christmas" for many people. The North of England Champions and National runners up hope you will come along

to celebrate with them and enjoy an entertaining Christmas evening of music and carols. The band will also proudly show off the silverware they have won this year. Refreshments will be provided by the fabulous Charity and Co. Tickets are £10 (accompanied under 16s free) available at the door or from Cockles in Flookburgh and Johnston's the jeweller in Grange or online at www.trybooking.co.uk

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NEW YEAR'S EVE

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£38.50 per adult / £20.00 per child (under 12)

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Hansel and Gretel, Pantomime



Tickets are still available for the panto Hansel and Gretel at the Victoria Hall here in Grange (LA11 6DP) for all performances: Friday 6th December at 7.30pm, Saturday 7th & Sunday 8th at 2pm.

Tickets are: £10 for adults & £8 for 16 and under. They can be bought online from: www.ticketsource.co.uk/gmts (no booking fee) or on the door

GMTS also needs your help. Do you have a garage or shed you are not using?

We are looking for dry storage for the panto costumes & props as our current facility is closing.

If you can help or have any suggestions, please contact the society secretary Ann Heap by email: annheap@yahoo.co.uk

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RESERVE YOUR SPOT

Santa's Grotto in the Community Foodstore!



Saturday 21st & Sunday 22nd December 2-6pm

Santa's back at the Community Foodstore for the fifth year running! Please come and say hello, warm welcome for all the family! Delicious hot chocolate, seasonal homemade buns, busy elves, festive arts & crafts and lots of fun and games in Victoria Hall to help run off the Christmas zoomies!

Pay What You Can (suggested price £5/ household, if you have HAF code bring it with you), each child will receive a small gift and a book, each household will receive a festive Foodshare.

Further info. 07985505415 / twbs2020@gmail.com

Emergency Foodshare Arrangements Xmas 2024

Thursday 19th and Friday 20th December
We'll be delivering Xmas Foodshares to all our 999 Foodshare members.

If you or anyone you know is fretting about Christmas and kids and food etc...please ring 07985505415
See you at Santa's Grotto. Special thank you to HAF at the council for funding all this fun!



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Father Alf Parker



Father Alf Parker, 88, died peacefully surrounded by family and friends at Cartmel Grange Nursing Home on November 7.

He had a great sense of humour and regularly visited our Grange Now office as well as sending in his monthly missive complete with the famous p.s. joke.

Father (William) Alf Parker was Parish Priest of St Charles Borromeo, Grangeover-Sands from 2000, St Andrew, Cottam from 1996 – 2000 and Holy Trinity and St George, Kendal from 1983 – 1996. Prior to this he was Assistant Priest in English Martyrs, Preston from 1982 – 1983, St Edward, Windsor in 1965, Holy Ghost, Crowthorne, Berkshire from 1964 – 1965 and the Cathedral

in Portsmouth in 1964. Father Parker held additional appointments for Sick and Retired Priests, the Council of Priests from 2009 and on the teaching staff at Underley Hall from 1965 – 1975 and St Joseph's College and St Mary's RC High School, Blackpool from 1975 – 1982. He was ordained priest in Workington in 1964.

A vigil will take place at St Charles RC Church, Kents Bank Road, Grange-over-Sands, on Thursday, November 28 at 6:45pm followed by Requiem Mass on Friday, November 29 at Boarbank Hall Chapel at 11:30am. Donations, if desired, are for CAFOD and World Vision, which can be made online via www.saundersfunerals.com or sent to Saunders and Son Funeral Directors, West Winds, Allithwaite Road, Grange-over-Sands, Cumbria, LA11 7EP.

Remembering Fr. Alf Parker
Sending love, prayers from Holy Family Church, Preston.
Fr. Parker was a good friend to Fr. Peter Dolan and to our prayer group. May he rest in peace.

Issue 400

Our next issue is a big milestone as being number 400, it represents 33.33 years of monthly issues of Grange Now.

In that time Grange Now has reported a multitude of news, reports, information, adverts and whats on information. A typical issue is 32 pages, although this one is 40 pages. That represents 12,800 pages and 2.4

million copies delivered through the door, since the paper started in 1991.. If you would like to send in a news report, event, advert or news for issue 400, the deadline is 13th December.

Thank you to everyone, especially the advertisers, who have helped Grange Now reach this milestone. Long may it continue.

Fundraising Table Top in Allithwaite

Thank you so much to all the support received at my Table Top Sale in Allithwaite Community Centre at the start of November!

As my first fundraising event, I was able to raise a grand total of £496.26 to go towards my Girlguiding International Conservation Trip to Costa Rica in 2025! I also received

some generous individual donations, which are really appreciated. Thank you very much to everyone that came to support me and to the stall holders as well. I am much closer towards my goal but still have a way to go, so if you were unable to make it to my Table Top, please do consider joining us at one of my upcoming events!



Hi! I'm Lily, I'm 15 and I am in my last year at Cartmel Priory School, where I am Deputy Head Girl.

I am a Young Leader at 1st Grange Guides and have enjoyed being in Girlguiding since I was 5, as a Rainbow.



Me at my first briefing weekend



I am thrilled to have been selected to go on Girlguiding North West England's Journey to Zero Conservation trip

to Costa Rica! This will be my first international trip.

I will be staying for two weeks during summer 2025, most of which will be spent volunteering at 'Rescue Centre Costa Rica' to help rescue, rehabilitate and release rainforest wildlife including sloths and exotic birds. We will have a focus on sustainability throughout preparation and the trip itself. We'll meet up with a guide group there too!

But to get to Costa Rica I need to fundraise almost £3,000! If you wish to support my fundraising, please consider attending one of my upcoming events:



CHRISTMAS COFFEE EVENING

Thur 28 November 7.30-9 pm
St Mary's Church, Allithwaite
Cakes, crafts and games with Grange Guides. £2 inc. mince pie and coffee

CHRISTMAS CRAFT STALL

Sat 30 November 10am-1pm
Victoria Hall Christmas Fair

CHRISTMAS DANCE WORKSHOP

Tue 17 December, 5-7 pm

Cartmel Village Hall
Age 4-11, snacks and drinks provided, £8, booking required. Supported by Dance Afkik

Any donations on GoFundMe greatly appreciated!
Lily's Costa Rica Conservation International 2025



For more details, please don't hesitate to get in touch. Thanks!

lily.costarica2025@gmail.com

Woodlands Restaurant

Meathop, Grange-over-Sands,
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Christmas Party

November & December

Whether you require an intimate evening or a large gathering for family, friends, or work colleagues we shall be happy to accommodate you.

We look forward to making your party a memorable occasion.

We have three sumptuous menus for your group to choose from.

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Grange Shed



It is now time to wish everyone a Happy Christmas.

If you are still at a loss for presents you can buy some of our bird boxes, storage boxes, tealight and phone holders or other stuff, we can still recycle church pews into any size of seats.

We are currently working on our Christmas Tree for St Paul's Festival. We will be there for the event at the beginning of December.

Our repair activities are flourishing. There seem to be a lot of people who want garden benches and chairs repaired in advance of next

spring. When we first opened we turned those things away but since then we have built up more and better skills and can now do that sort of thing.

One repair that really caused us some heartache was a butter churn. There was a challenge making new staves and getting the steel bands on! But we did it

We are still operating on Monday, Wednesday or Friday mornings 10.00 – 13.00 and love to see people who call in for a chat or to bring in a repair or donation. In the meantime have a great Christmas, see everyone in the New Year.

Local author publishes second novel

Local author, Paul Rand, is publishing his second novel of the year and will be signing copies of both his books at Daisyrroots Bookshop on Saturday 14th December.



Them and Us is the sequel to Paul's debut novel, Joe with an E. Both are set in an imagined future Britain in which all humans (except a few) are biologically 'neut' – neither male nor female. Paul is also holding an online launch for Them and Us, on Zoom, at 7pm on Thursday 12th December. Details of this will be posted on his Facebook and Instagram pages – @paulrandwriter – or can be found on his website paulrandwriter.co.uk.

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Information for Customers

We hope this message finds you well. At Grange Bakery we have always strived to bring you the freshest and highest-quality baked goods.

As of Saturday 30th November, we will stop making bread at Grange Bakery. Unfortunately, due to the current economic climate, with the significant increases in the costs of ingredients, energy, and operational expenses, it has become unsustainable for us to continue our in-house production without compromising on quality or facing significant financial losses. We have had to make this difficult decision which you may appreciate, we have not made lightly.

What This Means for You

- While our in-house bread production will cease, we remain committed to providing you with high-quality bread through partnerships with local suppliers who share our dedication to excellence.
- All your favourite pastries, cakes, and other baked goods will still be made with the same care and craftsmanship you have come to expect from us.
- We are exploring new and innovative ways to bring more delightful products to our shelves, ensuring that your visits to our bakeries remain enjoyable and satisfying.

We deeply appreciate your loyalty and understanding during this transition. Your continued support is invaluable to us, and we look forward to serving you with the same passion and dedication that has always been our hallmark.

We would like to thank all our bakers, production, delivery & packing staff for their hard work, and we wish them well in the future.

Thank you for taking the time to read this. We hope to continue to serve you to the best of our ability and value your feedback.

If you have any questions or concerns, please feel free to reach out to us at bakery@grangebakery.co.uk

*Kamal Siddiqi
Director*



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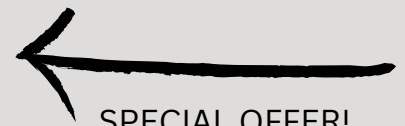
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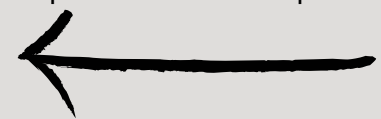
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St Mary's Allithwaite

Advent at St Mary's is busier than ever and we hope the range of events and services will offer something for all ages.

Returning on December 3rd is the popular 'Create for Christmas' craft sessions in church, 1.30 till 3.30 and 7 till 9pm. Our festive Community Lunch is on December 18th, 12 till 1.30, followed in the evening by carol singing round the village, finishing in The Pheasant Inn. This is your chance for a 'Big Sing'! Meet at church for 5.45 or join us from 7pm at the pub. At a loose end on Christmas Eve? Come for mince

pies and more carols in church from 10 till 11.30 at a special 'Elevenses'.

There's a full programme of services too, with all ages welcome. Join us for an activity-filled Christingle Service at 4pm on December 8th and for a story around the Nativity Crib at 4pm on Christmas Eve. For something more traditional, our Carol Service is at 4pm on Sunday December 22nd and there's an informal Family Celebration Service for Christmas Day at 10am. Whatever your plans for Advent, we pray that you may know God's blessing, joy and love in your homes this Christmas and always. www.allithwaitechurch.org.uk



ST MARY'S ALLITHWAITE BIG SING

COME AND JOIN US ON 18TH DECEMBER FOR CHRISTMAS CAROLS AROUND THE VILLAGE

Starts at 5.45pm at St Mary's & 7pm at the Pheasant inn

for more information contact Andrea on 0737781808

Grange Methodist Church

We welcome everyone to join us as we celebrate Christmas again.

The theme this year is "Hush the Noise: Join the love song this Christmas". Our Nativity service is on Sunday, December 15th at the earlier than usual time of 10:00am, led by members of our Toast Church. Our Carol service is at 6:00pm on Sunday, December 22nd. Worship will be led by Rev Jo Rand and by a singing group made up of members of our congregation. This will be followed by mince pies and hot drinks.

Christmas Eve brings a communion service at 8:00pm led by Rev Sue Nicol. Our Christmas morning celebration family service is at 10:30am. Do pick up a postcard from the noticeboard outside church to remind you of all the dates

and times. There won't be a service at our church on December 29th, as we are joining with our friends at the United Reformed Church at 10:30am.

Our community coffee morning continues throughout December, on Wednesdays from 10:30 – 12 noon. We'll just miss Christmas Day itself – we'll be open again on New Year's Day.

New Year's Eve brings a Watchnight service at 11:30pm – do join us if you would like to welcome the New Year in worship.

There isn't a Repair café in December. We look forward to being open again on Friday, January 3rd, when we're trialling an earlier time slot of 5-7pm.



You are invited to a...

Christmas Coffee Morning

at Grange URC

Saturday 7th December 10-12 ...with music from the Community Carollers

£2 for Coffee and Mince pie

Contact - Rev. Kate Hunt
kate.hunt@nwsynod.org.uk 07821 801528

Cartmel Methodist Church

The church was packed on November 4th to celebrate the life of Peter Mardon, a much-respected figure in the community who will be missed very much.

We were very grateful to the local community for their support on the day.

As Christmas approaches, we are looking

forward to our Carol service which will be at 11:00am on Sunday, December 15th, led by Rev David Edmondson. On Tuesday, December 17th we invite you to share in "Coffee and Carols" from 2:00 to 3:30. Do come along to sing your favourite carols and enjoy some refreshment.



You are invited to a...

COMMUNITY LANTERN-LIT CAROL SERVICE

Come and celebrate together in words and music with the Bay Community Singers

Thursday, December 19th-6pm

FOLLOWED BY HOT DRINKS AND MINCE PIES

Raising funds for St Mary's Hospice and Alzheimer's Research

Grange URC LA11 7EY

kate.hunt@nwsynod.org.uk 07821 801528

St. John the Baptist Flookburgh

In 2025 we will be celebrating our 125th Anniversary. Look out for concerts and events in the new year.

Our first series of concerts finished in November with by K Shoes Male Voice Choir treating us to a rousing and memorable evening. This and the other concerts have been part of our fundraising programme to raise the money to have the church rewired, which needs carrying

out as soon as possible.

Our Christmas services to which all are welcome are:

Sunday 15th December:

Candle Lit Carol Service 4.00pm 24th Dec.

Christmas Eve:

Family Christingle at 4.00pm;

Christmas Holy Communion 9.30pm

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FESTIVE AFTERNOON TEA *£27.50 per person*

Unwrap the Magic of Christmas with our Enchanting Festive Afternoon Tea.

With Inspiration taken from the Nutcracker Ballet, let us Welcome You to an Afternoon of Delicious Treats, Warm Magical Surroundings with a Dusting of Christmas Fairies and Toy Soldiers.

Starting on Saturday 16th November, why not start your Christmas Festivities off early and enjoy a Family Get Together or Work Christmas Lunch with a 15% discount for parties over 10 guests!! £27.50 per person, unlimited tea and coffee.

For Bookings, please contact katie@grange-hotel.co.uk

St Peter's Field Broughton

Special Christmas services

Sunday 1 December 9.30am Holy Communion (BCP) for Advent Sunday. Hang a star decoration on the tree of light for remembrance

Sunday 15 December 4pm Christingle service with blessing of the crib, great for families

Sunday 22 December 6pm Nine Lessons and Carols in church

Christmas Day 9.30am Christmas Holy Communion service

Sunday 5 January 9.30am Epiphany Holy Communion (BCP) with Epiphany lunch at Field Broughton Parish Rooms afterwards

Carol singing round the parish

– all welcome, al fresco, maybe frio(!), bring torches, scarves, gloves and hats and stay warm with fruit punch and mulled cider.

Tuesday 10 December 6pm Carol singing at Lindale, by the Christmas Tree above the old Post Office

Thursday 12 December 6pm Carol singing at Field Broughton in the churchyard

Tuesday 17 December 6pm Carol singing at High Newton outside the Village Hall

Remember: the church is open every weekend over the winter. ... with blessings and a very joyous Christmas to all

St. John the Baptist Flookburgh

In 2025 we will be celebrating our 125th Anniversary. Look out for concerts and events in the new year.

Our first series of concerts finished in November with by K Shoes Male Voice Choir treating us to a rousing and memorable evening. This and the other concerts have been part of our fundraising programme to raise the money to have the church rewired, which needs carrying out as soon as possible.

Our Christmas services to which all are welcome are:

Sunday 15th December: Candle Lit Carol Service 4.00pm

24th Dec. Christmas Eve: Family Christingle at 4.00pm; Christmas Holy Communion 9.30pm

St. Paul's

After a very mild November we are moving towards some colder weather and a very busy December.

At 10am on **Saturday 30th November** we will be having our Christmas Fair in St Paul's. Please come and support us, have a coffee and a bacon sandwich and then browse the usual stalls. You will be made very welcome. On **Wednesday 4th December** at 2.30 pm we have our Cuppa and cake afternoon in church. Once again we are having a Christmas Tree Festival and on **Thursday 5th December** at 7pm we will be having the opening night celebration. Our organist, Charles Edmondson, will be doing a birthday concert on **Saturday 14th December** at 11 am. This is entitled 'A Seasonal Tapestry in words and music' On **Friday 20th December** at 8.45am Grange Primary School End of Term service will be held in St Paul's. Our church Carol Service will take place at 4pm on **Sunday 22nd December**. The Christingle Service is on **Christmas Eve** at 6.30pm. On **Christmas Day** at 11am there will be Holy Communion in St Paul's.

We wish you all a very happy Christmas.

United Reformed Church

Well, December is here and we have to be aware that Christmas is coming with all the excitement and fuss that generates.

The Grange lights have been on for some weeks although the climax of the Grange Christmas Tree Lights is a later treat. At church we have our Christmas Coffee Morning on **Saturday, 7th December**, 10am – 12noon with stalls etc as usual but with the addition of Carol singing led by some of the Bay Community Choir. Do come and join in. Our other special event is the Community Lantern-lit Carol service on **December 19th** at 6pm. This was a great start to Christmas proper last year, and we hope you will all come and enjoy a break from hectic preparations to remember what Christmas is all about. The Bay Community Choir with Ray Booth accompanying will be leading us again, so please join us.

St. Charles Borromeo

Greetings to all Grange Now readers.

This has been a month of both goodbyes and hellos. We have said goodbye to Father Philip on his retirement, with a party in the Father Magner room, and sadly we have also said goodbye to Father Alf Parker, our former parish priest who died peacefully at Cartmel Grange on Thursday the 7th of November with two of his nieces by his side. His funeral will take place at Boarbank Hall on

Friday the 29th of November at 11.00 am. In consequence of Father Philip's retirement we have said our hellos to Father Hugh and Father Simon, both of whom live in Kendal and share the oversight of six churches. We are still getting used to being a new kind of church presence in Grange in these changed circumstances, so I cannot tell you what will be happening in December or further into the future as we do not yet know ourselves. However, whatever the future holds, we trust in God and wish everyone a Happy Christmas when it comes.

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Cartmel Priory

We Will Remember Them

The silence was disturbed only by the muffled sound of poppy petals fluttering gently down onto the bowed heads of the congregation. Two minutes of silence and two minutes of thoughtful remembrance after the beautiful playing of the Last Post by young Mikey from Flookburgh Band.

The names of Cartmel's fallen were read together with the names of our Cartmel Martyrs taken across 'the sands' in 1536 to face their horrific death being hanged, drawn and quartered, their blood on the hands of the judges at Lancaster Assizes.

The beautiful music of Sunset, played by Priory organist Adrian Self and Mikey, concluded the commemoration.

The Vicar, Revd Nick Devenish, told the story of George Braddyll Bigland a 2nd Lieutenant in the King's Own Royal Lancashire



The Priory Church illuminated in red for Remembrance.

Regiment. who was killed in action on June 15th 1915 aged 23 years. He was leading his platoon in an attack at Festubert and his body lies buried somewhere on the battlefield. The Carrara marble plaque in the Priory was placed there by his mother who described him as 'a very perfect knight'. Before being placed in the south transept of the Priory it was exhibited at the Royal Academy.

Do take a look next time you visit, it is a beautiful work of art.



You will be very Welcome to Christmas Worship at St. Peter's in Field Broughton and St. Paul's in Grange.

Sunday 15th December

4.30pm Christingle at St. Peter's in Field Broughton.

Sunday 22nd December

4.00pm Traditional Lessons and Carols at St. Paul's in Grange.

6.00pm Traditional Lessons and Carols at St. Peter's in Field Broughton.

CHRISTMAS EVE

6.30pm Christingle at St. Paul's in Grange.

11.00pm Midnight Mass at St. Paul's in Grange.

CHRISTMAS DAY

9.30am Holy Communion with Carols at St. Peter's in Field Broughton.

11.00am Holy Communion with Carols at St. Paul's in Grange.

Services at Cartmel Priory this Christmas

Sunday 1st December
9.30am Christingle Family Service
3.30pm The Order of St John Carol Service

Sunday 8th December
3.30pm Cartmel Choral Society Concert

Sunday 15th December
3.30pm 'Light Up A Life' Carol Service

Monday 23rd December
6.30pm Nine Lessons and Carols

Christmas Eve
5.30pm Crib Service
11.30pm Midnight Mass

Christmas Day
8.00am BCP Holy Communion
10.30am Sung Eucharist

Sunday 29th December
10.30am Sung Eucharist

Weekly Sunday services at 10.30am except on 29th December when only 10.30am service

www.cartmelpriory.org.uk



Meets every Sunday at 10.30 am

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Grange Drama



After our successful play, 'One Man Two Guvnors', we are now ready to move on to our next project

This will be a rehearsed reading of two Christmas themed one act plays. The event will take place at Grange Library on Monday 9th December 2024 at 7pm. It promises to be a very pleasant evening with festive refreshments available for a donation. In previous editions we have introduced you to different members of Grange Drama. Here is the background to someone we couldn't manage without:

The planning of a Grange Drama production can cause many headaches: Which

venue? Can we cast it? How do we create the set? Will we have sufficient lighting? But there is one area we know we don't have to worry about as we can always rely on our wardrobe mistress, Hilary Stubbs, to create a period perfect set of costumes. Her knowledge of fashion through the ages is encyclopaedic.

Hilary first worked with Grange Drama in 1978 when her costume collection could fit into a suitcase stored in her spare room. She now has to rent a storage unit to house her collection which includes over 1000 hats! Over the years she has worked with other Grange societies and further afield in e.g. Walney, Barrow, Ulverston and Gosforth. She has even dressed some of the shop windows in the Lakeland Motor Museum with the help of one of our set designers Alyson Irving.

We would like to thank everyone who has supported Grange Drama this year and wish everyone a very Merry Christmas. grange-drama.org. uk

'A Seasonal Tapestry in Words and Music'

On Saturday 14th December, at 2pm there will be a celebratory event at St Paul's Church, Grange over Sands, to mark the fifth anniversary of the extensive restoration of the church's organ in 2019.



Audrey Gorman will present a varied collection of seasonal readings from works such as Charles Dickens' Pickwick Papers and Laurie Lee's Cider with Rosie. David Edmonds, Charles Edmondson and Wendy Nicholas have joined together as a "piano trio" to play pieces composed or arranged for six hands on one piano, so expect some unusual and different sounds coming from the piano as they journey through waltzes and polkas and finish with a gallop.

The event also marks the 149th anniversary of the building of the organ by William Hill & Son in 1874, which coincided with the enlargement of the whole of the east end of the church, so expect a special 150th anniversary celebration in December 2025. Wine and soft drinks, along with fruit cake, will be served during the interval when we will toast the continued good health of the organ which is heard every week year in year out in services and concerts. Also there will be a toast to all those present who have a birthday in December. There will be no charge for admission and refreshments to this event. It will be quite an informal occasion, set amongst the 34 trees decorated for the annual Christmas Tree Festival in the church. Don't miss this one-off event.



1818 Auctioneers' Junior Valuer, Rowan Hughes explores a collectable example of Victorian 'upcycling' in this latest article from the auction house.

Victorian berry spoons

"The concept of reusing and upcycling is not a modern one. For decades people have remade and updated pieces already in their possession rather than buying new when fashions change.

"A well-known example of this is Victorian 'berry spoons', silver spoons having embossed or chased berry and floral designs to their bowl. They were sometimes gilded as they were generally used to serve soft fruit and the gild protected the silver from the fruits' acids.

"Most of these spoons were created by embellishing Georgian Old English or Hanoverian pattern spoons. Although, some berry spoons were created new. Spoons with hallmarks prior to the mid-19th century should be more accurately described as Georgian spoons having later embellishment, while those with hallmarks from c.1840s onwards are Victorian berry spoons, as that's all they've ever been.

"This process began as fruits became more readily available and there was greater need for utensils specifically for them.

This coincided with a demand for fine decorative items in the Victorian era as industry boomed and wealth increased.

"However, creating the decorative spoons brand new was expensive and reserved for the wealthy. To meet the general demand from people of all wealth brackets, the cheaper alternative was to create the spoons from Georgian pieces.

"Some collectors appreciate the use of existing spoons to create new ones with the work of different eras being present in one piece. Others viewed the process as vandalising perfectly good pieces and object to the erasing of Georgian craftsmanship by Victorian hands.

"I believe the results are beautiful and 'berry spoons' are excellent pieces to add to any collection."



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Beach Hut Gallery Exhibition



The Beach Hut Gallery, on Kents Bank railway station, has launched a new exhibition showcasing the work of several outstanding artists based in the South Lakes.

A special viewing night attracted a capacity audience and Sally, Steve Trevillion and Fran Brown spoke about their work. The exhibition continues to the end of the year. As well as the current exhibition the gallery has exciting works of art by Martin Copley, Fran

Brown, John Hatton, Steve Fairhurst, Ben McLeod (our previous featured artist) and many others.

The gallery opens every Friday, Saturday and Sunday from 11.00 to 16.00. It's run on a not for profit basis and is staffed entirely by volunteers. It will be holding a Christmas Fair with its next-door-neighbours in the Station Library on Saturday December 14th between 11.00 and 16.00 with complimentary mince pies, mulled wine and other treats.

grange NOW

January Feature Healthy New Year, Healthy New You!

The New Year is of course the time when many people turn their thoughts to a fresh start by eating better food, joining a health club, or taking up exercise classes. Grange Now is running a special feature - a combination of adverts and editorial.

As a special offer, we'll match whatever space you book with free editorial, so you get twice as much space.

For example...

Book a single box in colour and make it a double box size advert for free

OR....

Book a single box in colour and have another single box free to use for editorial.

OR....

Book an eighth page advert and make it a quarter page



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ST PAUL'S CHURCH GRANGE OVER SANDS

Christmas

Tree Festival 2024

Opening Reception

Thursday 5th December 7 pm

To be opened by Tim Farron MP with musical entertainment from the Bay Community Singers & pupils from Grange Primary School Choir. Mince pies and seasonal punch will be served

St Paul's Church will be open daily from Friday 6th December – Friday 27th December 10am - 4pm

Closed on Christmas Day and Boxing Day and for any Services

Entry by voluntary contribution
Proceeds to chosen charities.



ALLITHWAITE AND CARTMEL PARISH COUNCIL

PARISH COUNCIL – VACANCIES

Allithwaite and Cartmel Parish Council still have one vacancy and in accordance with Section 87 of the Local Government Act 1972 anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@allithwaiteandcartmel-pc.gov.uk.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/planningapplications.

HIGHWAYS - HIAMS

Reporting Highways matters has now changed from the previous website. In order to report a highways or public rights of way problem you now need to do the following:

Logon to the website: www.allithwaiteandcartmel-pc.gov.uk

Select 'Council Services'

Select 'Report a Highways Problem'

Select the service you require from the 3 options:

1. Report a problem
2. Make an enquiry or request
3. Make an enquiry about Public Rights of Way

Follow the instructions which are self-explanatory.

KEEPING WARM AND WELL THIS WINTER

You should heat your home to a temperature that's comfortable for you. Try to heat rooms that you regularly use, such as your living room and bedroom, to at least 18°C if you can. You should also keep your bedroom windows closed at night. Exposure to low temperatures indoors can have a serious impact on your health as you get older, particularly for people living with health conditions or reduced mobility. Wearing several layers will keep you warmer than one, thicker layer.

WESTMORLAND AND FURNESS COUNCIL ARE WINTER READY, ARE YOU?

W&FC have launched their "We are winter ready, are you?" campaign, and invite you to join them in getting ready for winter. A wide range of information about winter-related items is available on the W&FC website at: <https://westmorlandandfurness.gov.uk/>.

W&FC frontline services have been gearing up since early spring and have the resources in place to keep our communities safe, moving, and well cared for.

From now until March 2025, they will share essential advice and guidance to help keep everyone informed, including:

- **Winter Travel:** Tips on staying safe and keeping updated with road and weather conditions.
- **General Health Advice:** Guidance on staying well this winter, including information on 'Flu' and COVID-19 vaccinations.

EMERGENCY CONTACT NUMBERS

In case of flooding or other related problems the emergency contact numbers for the various organisations are below:

ORGANISATION	CONTACT	TELEPHONE (Emergencies 24/7)	WEBSITE / E-MAIL
ENVIRONMENT AGENCY	Main switchboard	0800 807 060	www.gov.uk/flood
FLOODLINE	To report flooding	0345 988 1188	www.check-for-flooding.service.gov.uk
ELECTRICITY	Electricity North West	0800 195 4141	enquiries@enwl.co.uk
GAS	Transco	0800 111 999	www.transco.co.uk
TELECOMMUNICATIONS	BT	0800 023 2023	www.bt.com/help/contact-bt
WATER	United Utilities	0845 746 2200	www.unitedutilities.com

- **Emergency Planning:** Resources to help assess flood risk and prepare your community.
- **Cost of Living Support:** Information about local 'warm spots' and assistance available for residents.

Flooding

Flooding can have devastating impacts on local infrastructure, homes, and public safety. By knowing the risks, you can take informed steps to safeguard yourselves and your community.

Highways

Winter weather regularly impacts our road network, and it is important that residents drive to the condition that is in front of them. When road temperatures drop below zero degrees Celsius, W&C focus their resources on gritting the 840 network of priority one and priority two routes to keep people safe and moving to local hospitals, railway and bus stations and schools. Visit the W&FC website for information on the gritting routes: www.westmorlandandfurness.gov.uk/parking-streets-and-transport/

Sign up to be an Electricity Northwest 'Extra Care Customer'. If you or a person you know would benefit from a little extra help and support during a power cut, you can sign up to the www.enwl.co.uk/power-cuts/extra-care/our-extra-care-register/.

Report a power cut or an issue with your electricity supply. To report a power cut call 105 or your local electricity provider at: www.enwl.co.uk/advice-and-support/

Report an issue with your water supply. To report an issue with your water supply contact: www.unitedutilities.com/emergencies/report-a-problem/.

ALLITHWAITE – MINI LIBRARY

Whilst we're delighted that local children are making good use of Allithwaite's mini library, please can children and parents return their books once read as the children's selection seems to be dwindling. Thank you.



FRIENDS AT CHRISTMAS

Friends at Christmas is a charity run by local people who provide companionship on Christmas Day for anyone living alone in the Grange and surrounding area.

Friends at Christmas enjoy the customs of Christmas Day with food, crackers, carols, entertainment and a visit from Father Christmas. This is a free event for anyone

of any age, who lives alone. They support, and are supported by, local businesses when putting together this event. For more information on how to obtain a ticket, please call Steph on: 015395 36426.

Thank you one and all

The Parish Councillors of Allithwaite and Cartmel wish you all a Merry Christmas and a Happy New Year.

Bay Community Singers – A Festive Update



Bay Community Singers have a busy December coming up and rehearsals are sounding extremely Christmassy as they practice for their many events.

As in the past couple of years, the Singers will be leading the carol singing at the Annual Christmas Tree lighting on Saturday November 30th from 5.45 pm accompanied by Flookburgh Band. We are hoping it won't be quite as snowy as last year !

On Wednesday December 4th Bay Community Singers are taking part in Carols by Candlelight at Kendal Parish Church at 7 pm. This is a very special event organised by and raising funds for the NSPCC. It will be a wonderful evening of choral singing from several

local choirs together with a performance by Burneside Brass.

The following evening (Thursday 5th) we will be back performing in Grange at St Paul's Church for the opening concert of their annual Christmas Tree Festival. This starts at 7 pm.

On Thursday 19th December Bay Community Singers will be taking part in the Community Carol Service at the United Reformed Church in Grange 6 pm.

Last, but not least, we will be carol singing outside the Co-op on Saturday 21st December from 10 am. Enjoy some festive music whilst doing your shopping or come and join us for a sing. Our buckets will be out and we are collecting

for Kendal Blood Bikes, so don't forget to have some cash with you for this worthwhile cause.

The choir continued with their ethos of contributing to the local community as much as possible with a recent concert at St John's Church, Flookburgh raising £750 towards their building fund.

Our new term starts on January 9th at the URC Hall 7-9 pm. If you are interested in joining us or would like to book the choir for an event or concert, please drop us an email on baycommunitysingers@gmail.com. Future plans include a joint concert with Blackburn People's Choir at the Victoria Hall on 15 February 2025.

Desperately Seeking..... Sir Galahad!!

Grange Musical Theatre Society (GMTS) are looking for someone to take on the role of Sir Galahad in their 2025 production of the musical: SPAMALOT

Sir Galahad is one of King Arthur's main Knights of the Round Table. He needs to be able to sing and move to music. Without this character the Society doubts they can continue with the show.

If you could be this Knight, please contact the society secretary Ann Heap by email: heapann@yahoo.co.uk

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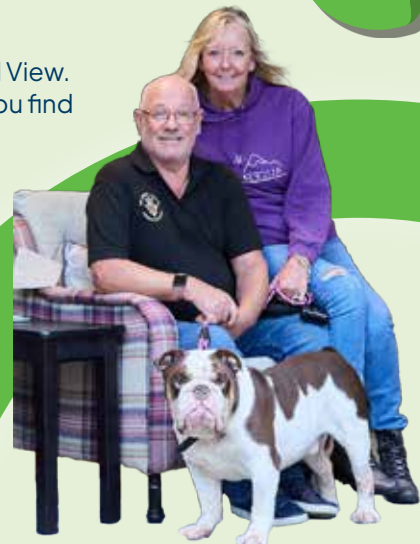


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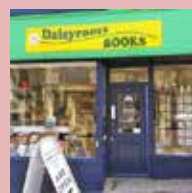


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We wish you all a very Merry Christmas and a Happy New Year.

Leven Valley Primary School



This month Lexi Davey from year three regails us with tales of her historic adventure:

All of the children from classes 2 and 3 went to St Catherine's Wood to learn how to be Vikings.

My favourite bit was we got to 'smelt' our very own coins. Did you know that if you didn't put enough silver into a coin, you would get your hand chopped off? But don't worry, this doesn't happen anymore.

This was handy, as we needed them for our huge pretend fight against the teachers. We used shields to protect



against teddies which were thrown at us. The Vikings travelled in huge groups of ninety boats, each with thirty people. And if there was no dragon head on a boat they were there to trade. But if it was on, they were there to fight.

Later in the day, we also learned how to read runes, make flooknoodles and

weave wool. Where we found out the sails were made of seventeen kilometers of thread - enough to stretch all the way from St Catherine's Wood to Leven Valley School in Backbarrow.

The guides Gareth and Ro were really fun. Thank you Woodmatters for creating such memorable day!

THE QUEEN OF PUDDINGS IS A CLASSIC DESSERT MADE FROM SIMPLE, WHOLESOME INGREDIENTS. IT TRANSFORMS EVERYDAY STAPLES LIKE BREADCRUMBS AND MILK INTO A REGAL, MULTI-LAYERED TREAT CROWNED WITH A CLOUD OF GOLDEN MERINGUE.

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INGREDIENTS FOR THE CAKE

- 110g (4oz) white breadcrumbs
- 25g (1oz) caster sugar
- Grated rind of 1 lemon
- 450ml (¾ pint) milk
- 25g (1oz) butter
- 3 egg yolks
- 2 tablespoons raspberry jam

FOR THE MERINGUE TOPPING

- 2 egg whites
- 75g (3oz) caster sugar
- 1 tablespoon granulated sugar (optional)

INSTRUCTIONS

- 1/ In a bowl, combine the breadcrumbs, caster sugar, and grated lemon rind.
- 2/ In a saucepan, heat the milk and butter gently until the butter melts.
- 3/ Pour the milk mixture over the breadcrumb mixture, stir well, and let it stand for 30 minutes.
- 4/ Beat in the egg yolks.
- 5/ Pour the mixture into a greased 900ml (1½ pint) ovenproof dish.
- 6/ Bake at 170°C (325°F), Gas Mark 3, for 30 minutes or until firm and set.
- 7/ Remove from the oven and spread the raspberry jam over the pudding.
- 8/ Prepare the meringue topping by beating the egg whites in a clean, dry bowl until stiff peaks form. Gently fold in the caster sugar using a large metal spoon.
- 9/ Spoon or pipe the meringue over the jam-covered pudding.
- 10/ Return to the oven and bake for an additional 30–40 minutes or until the meringue is pale gold.

Recipe sourced from the Dairy Book of Home Cookery (available in the farm shop)



Lindale School



We try to introduce our pupils to new experiences, so before half term children from Y1 to Y6 enjoyed a day at galleries in Kendal.

Key Stage 2 children were shown around the Abbott Hall galleries and focused on an exhibition of portraits by Charmaine Watkiss. Pupils studied the artwork, made sketches and created their own portraits in a workshop led by gallery staff. Children from Key Stage 1 went to the Brewery Arts Centre to see an exhibition called 'The Love That Remains' incorporating work by four local artists. The children spent time looking at the artwork, then took part in

a printing workshop inspired by the exhibition. It was a fantastic day where pupils experienced the work of artists first hand and had the opportunity to learn new skills and explore their creativity in an artistic environment.

Our Ethos group organised a 'Kindness Day' where they planned a non-uniform day and cake sale and also led kindness inspired craft activities, raising money for some new PSHE books.

We visited the war memorial in Lindale at 11am on the 11th of November to pay our respects on Armistice Day. The children read out the names of the fallen from our village and laid a cross bearing a poppy for each of them. We finished our service with a poem and a prayer.

Before we broke up for half term we held our Harvest festival service in school. It was wonderful to have families, including past pupils, join us in our celebration. Each class shared a performance – whether it be a song, a poem, some artwork or telling the story of breakfast!

This half term we have Rugby Tots after school club for our younger pupils. They are doing really well and developing their skills each week. Continuing the sporting theme, we were incredibly lucky to have a visit from young gymnast Reuben Ward. He wowed us with his skills and talked with honesty about the perseverance required to become an Olympic athlete.



After an interesting presentation to the whole school, Reuben then delivered a workshop to each class and even gave time at the end of the day to talk to our budding gymnasts in school for some extra special top tips!

We also had another special visitor to school on Monday 11th – Pudsey bear and his friends from BBC Radio Cumbria managed to fit in a visit on his tour around schools in the North West. Children and adults alike were thrilled to spend time with him, reminding ourselves why we take part in Children in Need every year.

Montessori

The autumn theme at the start of the term has flowed nicely into Harvest.

The children had fun building a scarecrow for our growing patch while dancing to "Dingle Dangle Scarecrow" embracing both physical development and expressive design as they worked together to create the model. Planting the produce, harvesting the crop & washing the vegetables gave the children a lovely insight into how food reaches our table. Apple picking & baking further embraced this multisensory approach to embrace nature.



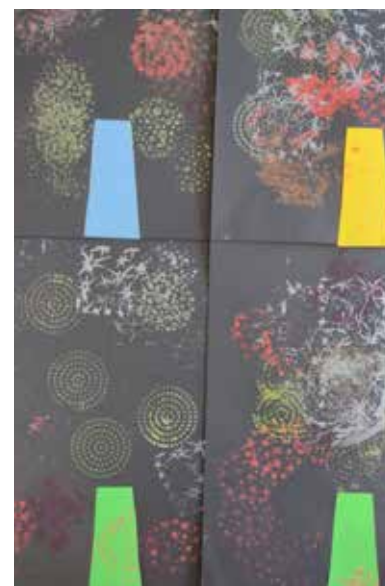
For Halloween, the colour of the week was orange. Pumpkin carving, painting & mixing colours brought a science element into the week as we recapped our secondary colour scheme. We couldn't finish the October off without a bit of Halloween magic! Potion making is always a firm favourite igniting curiosity, language development & exposing the children to snippets of fun science as the chemicals mix and react in different ways.

Grange Preschool

This half-term our craft activities are being centred around the theme of light, both natural and artificial, including festivals which use light in their celebrations.

Outdoors, we have planted Spring bulbs in our porch garden and enjoyed colour matching activities in the play park.

We are having fun with the emergency services duplo, shiny stones, dressing up in various uniforms and completing a range of jigsaw puzzles. Most of all we like making and using our balancing trails together.



Cartmel Priory

It has been a busy start to the term. Years 8 and 9 have been working on pewter-casted projects, created using our new pewter casting machine. We would like to thank Cartmel Village Society for very kindly funding the purchase of the machinery, which will enable students to create stunning pieces for years to come.

In October some of our year 10 and 11 history students were lucky enough to take a trip to Belgium and parts of northern France to visit the battlefields. To finish off, they attended the very moving Last Post Ceremony at the Menin Gate and, finally, visited Bruges. To support their curriculum, Year 7 and 8 students took part in a STEM themed roadshow earlier this term, delivered by a team from BAE, which was another fantastic opportunity for our students.

In charity news, we had a knicker tree (or pantree!) in school during early October to support an initiative in collaboration with Grange Soroptomists to collect underwear for people in Africa and the UK who either can't afford or can't access any. We also celebrated Odd Socks Day



as part of National Anti-Bullying Week; students wore odd socks to show that it's okay to be different and to stand up against bullying and discrimination.

Our rehearsals for this year's production, 'Legally Blonde' are well underway, with the support of ex-student Emily-Kate. Groups of students have been visiting the dry ski slope in Kendal in preparation for our annual Ski Trip to Austria in January.

In November, one of our year 11 students, Cat, a volunteer with Cumbria Wildlife Trust and a qualified Marine

Champion, brought a mobile rock pool in for students to experience - a wonderful opportunity for some hands-on learning. In other news, Violet in year 7, has been awarded British National Taekwondo Champion for the second successive year!

Finally, our key stage 4 team of Hannah, Jack and Lily, won the Kendal Rotary Club Youth Speaks Debating Competition and our key stage 3 team of Brandan, Holly and Noah, were highly commended. Well done to all!

Grange CE School

Lest We Forget.

Our start to this half term has been a very busy one, with our Year 6 pupils fully immersing themselves in their WW2 topic.

The Second World War brought many children from towns and cities to Keswick, to escape the bombing raids and this week, dressed as evacuees, excitement filled the air as the children arrived at the old Keswick Railway Station. After being met by the Lieutenants and, much to the enjoyment of locals and visitors alike, the class - complete with their gas masks and identity cards - marched through the town. After boarding the Keswick Launch to Hawes End Centre, their day was



filled with experiential learning: cracking secret codes and communicating using semaphore flags; responding to blackouts and air raids; learning basic first-aid skills and working together as a team to carry out a search and rescue for a doomed plane which had gone down on the west side of the lake. Much fun was definitely had by all!

On Friday 8th November, Year 6 rounded off their first week back by presenting a beautiful Good Work and Remembrance

Day Assembly, leading the whole school in prayer and reflection. They did a fabulous job, speaking clearly, singing beautifully and showing off their wonderful work from across the term.

On Sunday 10th November, pupils from the school attended the Civic Service of Remembrance at St. Paul's Church. This was followed by the laying of wreaths at the War Memorial in the Ornamental Gardens to remember service men and women, service animals and civilians who lost their lives in war, and those still experiencing conflict.



Creating a Woodland - seeking land

Looking to our 400th anniversary, Grange Now seeks a parcel of land up to 2 acres to create a new woodland.

It is a way of giving back and saying thank you to the local area, and to create a space that anyone can enjoy for peace and quiet and to enjoy the natural environment.

The idea is to try and buy an area of land that is perhaps not being used for farming or any other useful purpose, but which perhaps could be put to use as a new woodland. The aim would be to plant trees that a natural woodland in our area would have contained historically. In other words it will be authentic and suitable in the setting.

If you know of a piece of land that an owner might be willing to sell for this purpose please get in touch (happy to agree to any covenant which ensures it will never be developed for housing or anything else).

info@grangenow.co.uk

Cartmel Primary School



This month has been a sporting one! Our Year 5 and 6 netballers were thrilled to win the cluster tournament at Cartmel Priory School.

They came home elated with their trophy and certificates. Huge congratulations to them all on their success. They were excellent ambassadors for our school on the day.

Gymnastics has started this half term with our professional tutor Jenny. All classes in school participate in these lessons and in

previous years, some of our older children have gone on to participate in the cluster competition. The developing skills over time are great to see, with core strength, placement and flexibility all improving along with flair and style in this area of sport. It is also great to see our children work together in partner or group work, developing vital skills for life, a prime focus area and strength of our school.

The whole school went to the woods on November 5th for a Guy Fawkes themed 'Forest Schools'. The children made maps of the Houses of Parliament, wrote Guy Fawkes poems and used the lopper to build rafts during the day. A good time was had by all!

As part of our continuing Artsmark journey, our children have been fortunate to participate in live lessons with The Royal Ballet and The Royal Opera Companies. These will continue to take place throughout the course of this year and develop our children's musicality and understanding of these art forms. They will give them unique insight into what happens behind the scenes in props and costume departments and in the skills needed for scenery work and lighting within a theatre environment.

Flookburgh C of E School

It feels like we have already had a very busy half term and we are only in the second week in!

All our children are embracing Autumnal activities; our 2-year-old room making Pudsey Bear biscuits and firework pictures, Nursery and Reception making Diva lamps and the rest of school creating Remembrance artwork and different representations of the poppy.

Wainwright Class also got a special visit from the local poppy distributor, who told us about how the poppies we wear are made and then how the money collected is used. She explained that the paper the poppies are made from is complied at Croppers in Kendal and then sent down to London for the ex-service men and women to construct.

Bluebird Class have also been busy re-enacting ancient Rome on their Roman Day. Children made mosaics and shields and then used them to recreate battle formations. It was a fantastic day, with all of the children dressing as their favourite Roman character.

grange NOW Future Deadlines

ISSUE	DEADLINE
GN400	13th Dec
GN401	17th Jan
GN402	14th Feb
GN403	14th Mar
GN404	18th Apr
GN405	16th May
GN406	13th Jun
GN407	18th Jul
GN408	15th Aug
GN409	19th Sep
GN410	17th Oct
GN411	14th Nov
GN412	12th Dec

info@grangenow.co.uk

Merry Christmas & Happy New Year!



Seasonal Opening Hours

December	January
20th 8.30am - 4pm	1st 10.00am - 4pm
21st 8.30am - 4pm	2nd 8.30am - 4pm
22nd 8.30pm - 4pm	3rd 8.30pm - 4pm
23rd 8.30am - 4pm	4th 8.30am - 4pm
24th CLOSED	5th 8.30am - 4pm
25th CLOSED	6th CLOSED
26th CLOSED	
27th CLOSED	
28th 8.30am - 4pm	Café Grange
29th 8.30am - 4pm	will re-open
30th 8.30am - 4pm	14th Feb
31st 8.30am - 4pm	

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Allithwaite School



The Snowy Owls have been exploring a range of books by Julia Donaldson.

They have crafted their own magic potions for the witch from "Room on the Broom" and are now busy painting the deep dark wood from The Gruffalo. Additionally, they are participating in Nursery Rhyme week, learning some nursery rhymes with Makaton.

Meanwhile, the Tawny Owls are also diving into a fascinating historic topic centred around The Great Fire of London. As part of their learning, they've been learning the nursery rhyme "London's Burning" in a round and have even created their own Tudor buildings adorned with flames.

Both Snowy and Tawny Owls are hard at work preparing for their Nativity play,

"The Honky Tonky Donkey!" where their enthusiasm is contagious!

The Barn Owls have just wrapped up their Ancient Egyptian topic, where they have discovered so much about this incredible civilisation. They have recently participated in the local Cluster Schools Cross-Country session and I am thrilled to announce that two of our pupils secured both first and second place for the Year 3/4 Boys race! Both boys thought carefully before the race, sharing good tactics. Jack, who came first, proudly exclaimed, "I felt excited, good and happy." Zach who came second, excitedly stated, "I felt exhilarated!" Betsie-Rose who was the first in the Allithwaite girls, said that she felt surprised but proud!



Our Eagle Owls have returned from their residential trip to Edinburgh and Glasgow, where they took in the wonders of Aladdin at the theatre, enjoyed an open-top bus tour and explored amazing venues like the Science Museum, Camera Obscura and Dynamic Earth. Ellie, a Year 5 pupil exclaimed, "Edinburgh castle was spectacular!" Kate, a Year 6 pupil declared, "It was absolutely amazing!" and Rhys, a Year 5 pupil said, "I loved staying in a dorm with my friends"

In class, they have also been deeply engaged by writing internal monologues as Katherine Johnson after watching "Hidden Figures" for Black History Month. To top it all off, they've made some captivating clay dragon eyes as part of our art dragon project.

Edith Anice
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January Feature grange NOW

Healthy New Year, Healthy New You!

The New Year is of course the time when many people turn their thoughts to a fresh start by eating better food, joining a health club, or taking up exercise classes. Grange Now is running a special feature - a combination of adverts and editorial.

As a special offer, we'll match whatever space you book with free editorial, so you get twice as much space.

For example...

- Book a single box in colour and make it a double box size advert for free**
OR.....
- Book a single box in colour and have another single box free to use for editorial.**
OR....
- Book an eighth page advert and make it a quarter page**

Email
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Deadline 13th December

Christmas Bingo at The Vic

Monday 16th December 7.30pm – 9pm

Eyes down for Christmas bingo night at the Vic! Join us for a festive night of bingo – Christmas jumpers encouraged!

Over 18s only, £1 admission (cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.



Christmas Readings and Carols

Friday 20th December 7pm (doors 6.30pm)

Get into the festive spirit with some Christmas readings and carols in the Vic, with Sally Haines!

Adults: £5 Children £1, ticket price includes a glass of mulled wine, tea, coffee or soft drink and a mince pie.

Book in advance at www.ticketsource.co.uk/vhsg or cash/cards on the door.



Progression Solicitors is very proud to announce that we are now employee owned. This means all our employees are now able to share in our company's profits and contribute as owners to our shared success.

Research shows that employee owned companies are stronger performing with employees who are more engaged and committed.

Employee ownership allows us to continue to provide exceptional legal services that allow our clients to achieve their goals. We believe that employee ownership aligns perfectly with our core values as we are committed to upholding the highest standards of communication, pragmatism and client care, by being responsive and having empathy. This new chapter for Progression Solicitors will continue to build upon our purpose of offering a service that we would want to have ourselves if we were in the same position as our clients.

The future is bright for Progression Solicitors, because our new ownership model will not only empower our team but will foster a collaborative environment promoting innovation and excellence, strengthening our ability to deliver a top quality service in a local setting.

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What's On at The Vic

See www.grangeoversandstowncouncil.gov.uk/whats-on - for more details of all our events.

REGULAR EVENTS

Creative Photography - Alternate Thurs 7pm. Contact: seppo_hakkinen@icloud.com

Manjushri Buddhist Meditation Class. Util 11th Dec - Wed 11am-12noon in Chamber. www.manjushri.org

James Reeder Dance Classes - Weds from 7pm. Contact: james@reedersdance.co.uk

Various U3A groups - Contact U3A: 015395 35358. Monthly meeting every 3rd Tues.

Wild Soul Yoga - Contact: hello@mywildsoul.co.uk - various classes and sessions available.

CADAS (Cumbria Addictions Advice and Solutions) Wed drop-in 10am to 11am. Contact: richardc@cadass.co.uk

Parliamo Italiano - Tues & Thurs – beginners & improvers - details: caroline_hakkinen@mac.com

WFC Recycling Collection Point: Wed & Thurs 10am-3pm. Currently no boxes

Thelma (12A) Sunday 15th December 7pm (doors 6.30pm)

When 93-year-old Thelma Post (June Squibb) gets duped by a phone scammer pretending to be her grandson, she sets out on a quest to reclaim what was taken from her, helped by her friend and his mobility scooter. Feelgood comedy at its best!

Squibb is... understatedly funny and commanding” – The Guardian **Rating: 12A Runtime: 2 hours (including 20 minute interval). Bar, snacks, ice cream, interval food, tea and cake.**

Advance tickets from www.ticketsource.co.uk/vhsg Credit/debit cards, Apple Pay and Google Pay accepted on the door. Adults: £6.50 Children £4.50



INDIVIDUAL EVENTS

28-30/11 Thu - Sat - Art Exhibition & Sales in Room 4 - 9.30am – 3.30pm.

30/11 Sat - Vic Hall Christmas Fair - Stalls, Gifts, cakes, Grand Raffle, refreshments, food. 10-2pm, Free Entry

6,7,8th Dec - GMTS Panto - Hansel & Gretel - Fri 7.30pm, Sat & Sun 2pm matinee. Call Sally on 07990645581

09/12 Mon - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm

10/12 Tues - Grange Lecture Society - 'Stela Tandem'. 7pm - www.grangelecturesociety.co.uk for details.

13/12 Fri - Friday Night Dancers - Ballroom & Latin Social: start 7.30pm

14/12 Sat - James Reeder Dance - Christmas event 7pm, Contact: james@reedersdance.co.uk

Friends of Grange Library December News

On Monday December 9th at 7.00 p.m. we are delighted to play host to Grange Drama performing a 'Festive Christmas Miscellany' of one act plays. This is a free event and suitably seasonal refreshments will be available, alongside a 'Mystery' raffle. If you have never been to a rehearsed reading before and don't know what to expect it is a performance of a script in front of an audience, usually with little to no rehearsal time. Given the talented actors taking part, it is sure to be an entertaining evening!

The next Reading Friends meeting is on Thursday December 12th at 2.30 p.m. when we shall be reminiscing about our own family Christmas traditions and the party games we enjoyed at this special time of year. Did you get caught up in boisterous games such as Pass the Orange or Musical Chairs or were you kept entertained by Charades or memory games such as the Tray Game or I'm Going to Market? Join us for festive memories and mince pies ~ everyone welcome.

Cake and games will take a break next month but will be back in January.

Christmas Fayre

Date: 6th December
Time: 12pm - 4pm
Venue: United Reformed Church,
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South Lakeland Phoenixes. Drop-In for over 18s - Community Foodstore, Main Street, Grange over Sands. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, safe space, for a chat and a brew between 1:30 and 4:00 pm. www.southlakelandphoenixes.com

Sunday 1st December

Churches Together Advent Carols at 3:00pm in Boarbank Hall Chapel, followed by refreshments. Donations welcome for Derian House Children's Hospice.

Sunday 1st December 2pm

Creative Christmas – Flower arranging demonstration by Joan Bentley run by Grange Soroptimists at Cartmel Village Hall. Tickets £6 (includes tea & cake) from Isabel 015395 36378 or huggett735@btinternet.com

Sunday 1st December

Cartmel Village Society AGM at 4pm in Cartmel Square café – See club section for details.

Tuesdays 3, 10, 17, 24, 31

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Tuesday 3rd December

Mothers & Others-Members' Christmas Lunch at Woodlands Hotel at Meathop

Tuesdays 3,10,17

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m. Contact Hazel Edmondson on 015395 36213 for information.

Wednesdays 4,11,18

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon. (Not open Christmas Day!)

Wednesday 4th December

NSPCC is celebrating 140 years and holding a special Christmas Carols By Candlelight concert to mark its anniversary on Wednesday 4th December, 6.30 to 8.30pm. The event is taking place in Kendal Parish Church and will also feature a Christmas Tree festival, sale of local crafts and a raffle. Tickets £10, available by scanning the QR code on posters, from Em.J's hair

salon (cash only) or from a member of the Grange NSPCC Fundraisers (contact Lynne Jowett 07530 003627)

Thursdays 5, 12, 19, 26 December

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Saturday 7th December

Churches Together Men's Breakfast at 8:30am, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Saturday 7th December

Newton-in-Cartmel Village Hall CHRISTMAS PARTY 7.30pm doors open 7pm. Featuring music by Lauren and Martin. Tickets £10 BYO drinks and nibbles. Contact Ian Hilton admin@ncvh.org.uk call or text 07770267106

Monday 9th December

Grange Probus Club will meet at 12.30 for 1pm at the Netherwood Hotel for their Christmas Luncheon. See the club report for more information.

Wednesday December 11th

Kents Bank Station Library, monthly talk ('Mutual Improvement Class').

2.00pm in Station Library (Kentsford Road). "A selection of railway poetry: from footplate and signalbox" Free admission but please book in advance. Ring 07795 008691 or 07795 008691

Thursday 12th December, Friday 13th December, (Saturday 14th sold out)

Newton-in-Cartmel Village Hall PANTOMIME "Dick Wittington and his Cat. 7.30 pm" Tickets £8.00 (under 16s £5.00) Contact Ian Hilton admin@ncvh.org.uk call or text 07770267106

Friday 13th December

Grange Natural History Society, Members's Social Evening, 7.00 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Saturday December 14th

Kents Bank Station Library and Beach Hut Gallery: Joint Christmas Fairwith mince pies, mulled wine and cake. Free admission, 11.00 to 4.00pm. See www.stationlibrary.org.uk

or ring 07795 008691.

Sunday 15th December

Nativity service at Grange Methodist Church at 10:00am

Tuesday 17th December

Coffee and Carols at Cartmel Methodist Church from 2:00 to 3:30.

Newton-in-Cartmel Village Hall. Carol Singing. 5.30pm in the Hall. Free. All welcome

Mothers & Others-Members Christmas celebration-Silverlights band, Secret Santa, mince pies and mulled wine -7.30 p.m. in the Father Magner room behind St Charles catholic church

Sunday 22nd December

Carol Service at Grange Methodist Church at 6:00pm, followed by mince pies and tea or coffee.

Tuesday 24th December

Christmas Eve Communion service at Grange Methodist Church at 8:00pm

25th December

Christmas Day: Family Christmas celebration service at Grange Methodist Church at 10:30am

Tuesday 31st December

Watchnight service at Grange Methodist Church at 11:30pm to pray in the New Year

U3A Friendly Whist

Every Wednesday starting at 2 in the Grange Institute. Join our friendly group Half time Conversation with Tea or Coffee biscuits & prizes Never played before not a problem £4 per meet every week

Age UK South Lakeland

Gentle Exercise Class at Grange United Reformed Church every Thursday 2.30pm – 3.30pm except 26th Dec and 2nd Jan.

Grange Lunch Club at the Thornleigh Hotel on Wednesday 18th Dec.

Allithwaite Lunch Club at the Pheasant Inn on Tuesday 10th of Dec.

Cark Lunch Club also at the Pheasant Inn on Friday 13th of Dec.

Please call 01539 728118 for further details.

From the Library

Festive wishes from all at Grange Library. We are open all the way up to 5pm Christmas Eve, for your festive choices. There are festive displays and Christmas crafts in the children's area. We have Christmas cards, wrapping paper, advent calendars, candles, gift tags and bags and other festive items. CASH ONLY PLEASE.

Exhibitions – Hazel Smith still has her creations up for viewing until late December.

Daytime reading groups, one meeting every 3rd Wednesday and one meeting every 4th Wednesday of the month from 2-4pm in the library, are looking for new members. Ask in the library, if you are interested, and we can put you in touch.

Digital Drop In: - 2nd Wednesday each month for assistance with one-off problems and troubleshooting on devices. Next session - Wednesday 11 December 10 – 11 am. Sessions may be busy, depending on numbers and issues arising.

HAWC: (Health & Wellbeing Team) 2nd Wednesday each month. Pop in for help or advice. Next session Wednesday 11 December 3.30-4.30pm

Friendship Café: for crafting and nattering, all and varied crafts considered, 1st & 3rd Tuesdays each month. Next month's sessions Tuesday 3 & 17 December.

Grange Library "Booket List" 2024 "A cosy night in" to finish this year's challenge. Entries must be in by the end of January for a chance of winning the star prize!

Storytime: Thursday 10.15-10.45am. Welcome to you and your toddlers for stories, songs and rhymes.

Estuary Jazz Band, see posters in the library.

Mindful Colouring resources are out Saturday mornings – ask if you'd like them otherwise. Working and relaxing spaces and computers available for free use, also printing and photocopying facilities at a small cost. You can access emails, research online and browse the internet. We're here for advice on accessing online resources as far as we are able.

Opening: Mon–Fri: 10am–5pm, Sat: 10am–1pm Tel 01539 713154

REPAIR CAFE AT GRANGE METHODIST CHURCH

On the afternoon of 31st October, the schoolroom at the church was busy with people coming and going, to the last Repair Cafe of the year. There were helpers to do minor repairs to textiles, electrics and wooden items. Most clients left happily satisfied.

It had a Christmas theme, and there were gift items and Christmas wreath making materials and decorations available, some free and others very low priced. A demonstration of wrapping with re-usable fabrics was interesting, and as it was half term and started at 4 pm, there were many families who attended, who left with a bargain or free recycled decorations.

Delicious homemade cakes were served with tea or coffee, for those bringing items for repair to enjoy while they waited. The event appeared to be highly successful.

GRANGE FELL GOLF CLUB

Presentation Evening took place in late October celebrating a great year's golf. Several players collected two trophies, including David Wilson, Tony Hadwin, Graham Wilson, John Sayle and Pete Weston. Dean Richards had a great year picking up three trophies including the Top Ten Trophy for most consistently good golfer. Kevin Pearson also collected multiple trophies including the prestigious Club Championship. The Stan Drinkall trophy for best 3 gross scores was shared between Darryl Lomas and Mike Taylor.

In addition there were two hole-in-ones in 2024 (Tony Hadwin, Stephen Whinfield). Well done to Antony Davies for winning the November Stableford.

The Ladies section finished the season well with a 4-1 home win against Grange-over-Sands Ladies in the annual club match. We then hosted a friendly match with Casterton Ladies. Both events were thoroughly enjoyed both on the course and in the clubhouse. The Betty Hamer Michaelmas Trophy was won by Dayna Davidson, the final 9-hole was won by Kirstine Curwen and the Fell Cup was won by Margaret Shepherd. We have now started our winter programme of roll-ups and look forward to our Christmas celebrations. Many thanks to all our Ladies who have made 2024 such a good season.

GRANGE BRIDGE CLUB

Babs Matthews and John Farmer, both members of Grange Bridge Club, were half of the winning team in the Cumbria/Westmorland Swiss team competition. Both are Grand Masters and have been prominent in the local bridge scene for many years.

Grange Bridge Club held their AGM on Tuesday 5th Nov. Chairman, Chris Wilkinson, welcomed Trevor Cook as a new member to the committee. Trevor is currently responsible for the computerised dealing of the boards. Being computerised, means that the results and hands can be viewed after the event, allowing members to interrogate the hands at their leisure and see what they and their opponents bid and played. This is very important if they wish to improve their play.

Following the AGM five teams played in the monthly teams night. They played 24 boards. The winners were, Gillan Whyte, James Carlisle, Sam Norman and Alan Anderson with a score of 75 imps. Cartmel Bridge Club, who played in Cartmel but now play in Grange on Friday evenings, are desperately short of players and need more members in order to make the nights viable. Please contact Stuart Taylor, (stutay52@gmail.com) if you can help.

LOWER HOLKER W I

The November meeting was the Annual General Meeting, and at the start, President Janet welcomed everyone and mentioned that she had met two ladies who were looking to join our WI in the future.

Members listened to the Treasurer's report, which showed a healthy balance, the Secretary's report which outlined the year's activities, and the President's report which covered the previous activities. Dates of future planned events were listed, and there seemed to be many, obviously with a Christmas flavour. Names were gathered for a Christmas lunch in December.

There was a table with forty four lovely fabric bags that some members had made,

which were to be filled with the toiletries displayed on the table. These were donated by members and the filled bags would be donated to the Women's Refuge in Barrow.

Also on display, was a lovely wreath of yellow and gold knitted and crocheted flowers, made by four member. Thank you to those ladies. This was to be placed in St John's church, Flookburgh, in memory of

the Canary Girls, who were affected by the chemicals they worked with, filling shells and bullets, during the war, some of them paying the ultimate price.

The next meeting will be at Holker Village Hall, the first Wednesday in December at 1.30 pm. Do please join us there, you will be most welcome.

CRAKE VALLEY CROQUET CLUB

The dry weather spell has given members the added bonus of play throughout most of November. The last cut of the season was done and half lawns prepared for regular "roll ups" over winter. When weather allows /we are pleased to report that 2 of our members, Neil Adams and Chris Williamson, were nominated for Croquet England's "Most improved" player.

KENTS BANK STATION LIBRARY

The library is enjoying growing popularity with lots of book donations and more borrowings and purchases of duplicate books. Our links with the National Railway Museum and heritage railway societies is growing and we recently joined Friends of the National Railway Museum. Our collection of specialist railway books is probably the largest in the

GRANGE AND DISTRICT PHOTOGRAPHY SOCIETY

Grange and District Photography Society December meeting takes place 2nd December when Alan and Julie Walker present their images all around the world. 2025 kicks off with Alan Anderson's presentation "Tibet across the roof of the world" on 20th January 2025. The meetings take place on Monday afternoons at 2pm in United Reformed Church Hall, Kents Bank Road. Cost is £4 including tea/coffee and biscuits. If you require more information please contact us on seppo_hakkinen@icloud.com North-West and is free to use. Many books can be borrowed though very rare publications are reference only. We are building a good relationship with the University of Bolton, whose graphic design students are helping us with some exciting artwork.

Our partnership with The Beach Hut Gallery next door continues to flourish and the Friends of Beach Hut Gallery is pulling in lots of new members as well as volunteers to staff the gallery and library. The library has applied to become a community interest company and the process should be complete by the end of the month. Both

the library and gallery are open every Friday, Saturday and Sunday 11.00 to 4.00pm but we will be closed between Christmas and New Year. See www.stationlibrary.org.uk or ring 07795 008691.

CARTMEL ART SOCIETY

Last month we had a workshop giving advice on the printing of Christmas cards as well as a demonstration of calligraphy by fellow member Elaine White. In a last minute change to the calendar, this was followed by a full day workshop creating distance in landscape led by new guest artist Cally Lawson, who specialises in acrylic paint and markers.

The Christmas Party this year is on December 13th from 12 noon until 3.00pm, and is our final meeting of the year. The theme of this year's Christmas Picture Competition is "Let it Snow", and we hope to see entries from all our members, displaying all their varied talents. A plaque will be awarded to the winner. There will also be some art-based games, a 'Secret Santa' and a 'Jacob's Join'. Please let Rita Denby know if you will be coming to the Christmas Party, either by email on ritadenby45@gmail.com or call her on 07587 705842, to help with catering arrangements. We welcome all budding artists from beginners to more advanced artists. Please get in touch via our Facebook page or our website: cartmelartsociety.co.uk if you have any questions.

MOTHERS & OTHERS

As Christmas approaches members are looking forward to 2 exciting meetings. We are hoping to start a new tradition by enjoying a Christmas lunch together, and have chosen Woodlands restaurant at Meathop as our destination on Tuesday December 3rd. Our final meeting before Christmas will be on December 17th in the Father Magner room at St Charles' catholic church when we will be entertained by the Silverlights band with Christmas carols and festive music. This will be followed by Secret Santa, mince pies and mulled wine, so after this evening we should all be well into the Festive season! As we finish the session for the first half of the year we would like to wish all who read this article a very happy Christmas, along with good wishes for a healthy and happy New Year, and also to remind anyone who would like to come along to our meetings in January 2025 to look out for the posters around Grange, or to ring Ann on 015395 33856 or Linda on 015395 33482 for further information.

CARTMEL AND DISTRICT FLOWER CLUB

Our next meeting is the Christmas Gala on Monday 9th December at Cartmel Village Hall at 2.00pm (tickets still available) with our guest demonstrator Catherine Gledhill from Huddersfield with "Sparkle and Laughter". There will be floral raffle prizes and refreshments so come along with a friend for a fabulous Christmas afternoon. For more information contact Isobel 015395 33136.

GRANGE LECTURE SOCIETY

On November 12th a good audience enjoyed Sue Jeeves' excellent talk on her adventurous father Stanley Jeeves - photographer and stalwart of the Council for the Protection of Rural England. On the 10th of December Laura Massey-Pugh and Steven Massey present 'A Record-Breaking Tandem Tour Around the World.' Perhaps they will arrive on two wheels! Then we shall be half way through the program for this year. We return on January 21st with one for the gardening enthusiast: 'Gardening in a changing world.'

Programme Secretary Richard Hinchcliffe has been joined by Phillip Helliwell to arrange speakers for the winter 2025 to 2026 with dates provisionally confirmed with Victoria Hall.

'Taster' event would be 19/8/25, the free presentation would be 23/9/25 with the Ten Talks starting 14/10/25. By the time you read these notes we shall have for sale gift vouchers for two lectures at £15 suitable as presents for Christmas and birthdays for any two lectures in the last half of this series. These are available to buy from the entrance desk on the nights of our talks. New suggestions for speakers are always welcome as are new folk to join the committee. Please support the Victoria Hall in any way you can: the Lecture Society has been involved there for over 100 years. See our website for more info: www.grangelecturesociety.co.uk

PEAT

As we move to the close of the year many of us are fearful for what else lies in store for our planet. The floods in Spain, and hurricanes in the US, weather wise and in political terms are disturbing and clear signs of what is ahead. Yet as an elderly wise friend said we must go forward, we don't have time to despair. We are planning next year's programme and have some exciting ideas for 2025. Into the new year PEAT will be organising with Cumbria Action for Sustainability a pop up Home Energy event in Grange (more info on venue and timing to be publicised) on 21st

January. We will be bringing the Thermal Imaging Camera to the event, to show people how it works, and we are hoping to be able to take bookings too. In the meantime some things we can do - bring your ideas and get involved, contact us at peatmessages@gmail.com - check out this link on how to go green with your money <https://bank.green/> - sign this petition to support the Climate and Nature Bill <https://action.zerohour.uk/westmorland-and-lonsdale?p=1> - <https://cafs.org.uk/> lots of useful information and events.

GRANGE SOROPTIMISTS

At our November meeting we had an inspirational talk from Sarah Hardacre. Artist Sarah has researched and uncovered the stories of Barrow's extraordinary women, including Walney lighthouse keeper Peggy Braithwaite who was also a Soroptimist!

Our 'knicker tree' for Smalls for All has collected a staggering 920 pairs, so many thanks to all who donated. These will be distributed in the UK and abroad.

Seven members attended our National conference in Edinburgh exchanging ideas re projects and hearing amazing speaker Baroness Floella Benjamin.

Members are involved with our United Nations Orange the World event which started on Nov 25th and ends on Dec 10th raising awareness of Violence against Women and Girls. Look out for Cartmel Priory and Barrow Town Hall lit in Orange during the 16 Days of Activism and the Hoard lit on Nov 25th and Dec 10th only. We are still tying ribbons on the Priory gates up until Dec 10th.

Members continue with work at Barrow Women's Centre on a regular basis. Members also enjoyed a delicious, sociable lunch at Kendal College.

Anyone interested in joining the club or getting further information please contact Mary Ann on 015395 32265 or see our website www.sigbi.org/grange-over-sands/

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Property Talk

With

Craig Turner
Property Department Manager
and Valuer



FRIENDLY HONEST PROPERTY ADVICE

Christmas Offerings – How do you present yours?

What kind of a buyer are you? Most of us will be in the middle of buying Christmas presents as the big day approaches and I was wondering how people's styles of present buying relates to the variety of property purchasers out there. With the sales levels seen throughout the year we've seen our fair share of different approaches.

Are you a head or a heart buyer? It's often said that decisions on a property are made within the first 30 seconds of walking through the front door. Do you trust your gut and the feeling you get crossing the threshold or are you that person who takes notes, assesses the pros and cons and then tries to make an informed decision?

Are you a planner or perform best under pressure? Personally, when it comes to presents I find a bit of last minute pressure really focuses the mind, although I would highly recommend against the pressure purchase approach to property. Unfortunately, sometimes people have no choice - but, to know your local market and what you need before you are in a position to buy really gives you the upper hand.

Are you a bargain hunter or do you splash the cash? Everyone loves a bargain, whether it be gifts or property. Negotiating can be a great way to secure a value for money property however, once again, this isn't always the case. The current market sees many properties achieving sales very close to asking price and sometimes if there's that special property that you just have to have you may need to push the boat out a bit! Just hope you're not fighting for this year's 'must have' as you may end up disappointed if someone else gets there first.

Christmas time is an opportunity for us to reflect on the year and all the wide range of property buyers and sellers that we have helped. Hopefully, by the time this is published, I've done my Christmas shopping or it will be pressure purchases again this year.

From all of us at Poole Townsend may you have a very Merry Christmas and may you find and receive all the gifts you desire.


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LOWER HOLKER VILLAGE HALL

Grange Now December 2024. November 200 Club winners are : 1st £40-165 Jane Carr, 2nd £25 -115 Mary Cole, 3rd £15-185 Yvonne Shaw, 4th £10 -53 Tony Austin. Tai Chi, Yoga, and Dancing, and Aerial Hoops are available. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm. Table tennis from 9.00am to 4.00 pm. Cost is £2.00 per player for the booking . Table Tennis Club now running. Contact Peter on lowerbirkby@gmail.com. Bowling Green closed. Sewing Machine Classes every Friday morning 10-12pm. £15.00 per session, bring your own machine. Contact Natasha on Natasha127@outlook.com or 07901751197. Christmas Bingo Tuesday 3rd December 7.30 pm start. Fabulous night and great prizes! Christmas Quiz Night Thursday 19th 7.30 pm start. Hot supper and Mince Pies! What's not to like! Please follow us on Facebook at lowerholkervillagehall for all our latest news. Website is lnhv.co.uk. The Hall number is 015395 58304 with ansaphone.

GRANGE PROBUS CLUB

Members and guests started Grange Probus Club's November meeting on Remembrance Day by observing a two-minute silence. The guest speaker was Chris Kirk whose subject was "Identity Theft".

He highlighted the current prevalent nature of this crime with individuals being constantly bombarded with emails, phone calls and cold callers to their homes. Chris warned of the need to be vigilant and sceptical about all such contacts and particularly those claiming to be from the police and banks or requests for small payments by credit card for underpayment of postage etc. He gave many examples of the scams, including one which had caught him out. The Club's next event will be a Christmas Luncheon on Monday, December 9th at 12.30 for 1pm in the Netherwood Hotel. Grange Probus welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

CARTMEL VILLAGE SOCIETY

The CVS AGM will be held on Sunday, December 1st at 4pm in Cartmel Square café and will include reports on 2024 and plans for the future. All are welcome.

Cartmel Poppy Collection. Collection points in the village schools, surgery, shops and pubs raised £890 for the British Legion Poppy Appeal.

Mayor's Report

It would have been a quiet month if not for the big bang in Kents Bank, resulting from blasting at the construction site.

This unfortunate incident was eventually escalated up to the HSE, who inspected the site and offered advice to the contractors – advice which should have been unnecessary.

I have been a member of the Victoria Hall Support Group since its inception some years ago and we have contributed many tens of thousands to the upkeep of the Hall. For several years now I have been Bar Manager – organising the bar, ordering the stock and serving at the bar,

usually with assistance. We are getting older; we need someone to come and join VHSG and act as my apprentice with a view to taking over the bar in the near future. It's a bottle bar, we do not pull pints, so a strong arm is not a prerequisite. If you are interested – don't forget it means free entry to all the events – please contact me on tyrcrifaol@gmail.com or 34118 and we can have a chat and introduce you to the rest of the team.

Even if you don't fancy bar work, you could help us out with organising events.

Roger Handley

Fortis Kitchens



We are very excited to introduce Fortis Kitchens to you all.

We are a new, independent, small company consisting of two families living in the area and bonded with a lifelong friendship.

Over 16 years ago we moved to Grange area from Poland. We fell in love with British culture, breathtaking scenery and friendly community. We have always been involved with local community and projects close to our hearts, such as fundraising for Ukraine.

"This Kitchen Is For Dancing" - The sign on our wall is our family motto. From rushing to school and work, cooking a delicious meal to relax after a busy day, preparing nibbles for a game night with friends, baking with our 3 children- every day these moments are filled with love, laughter, and happiness. For us, kitchen is a place where magic happens.

Our dream was to create a company that offers a unique service for the local community. We believe Fortis Kitchens provides customers with exceptional level of care. From 3D visualisation to

watching your kitchen being made by our technicians at our workshop, there is nothing our team cannot do.

We don't take part in costly supply chain and we have no showroom so our clients are not charged "invisible" extra costs for expensive display maintenance.

Please check our website fortiskitchens.co.uk and get in touch to book a free appointment.

We look forward to working with you, Wojciech, Ania, Magda and Marcin

Having a limited budget we never thought we would be able to update our small kitchen, but then Wojciech arrived from Fortis Kitchens. After years of yearning, we now have a fabulous kitchen with double the storage and a fantastic look. Wojciech and team offer a bespoke service from design of the custom-made units, to fitting with a smile. Fortis Kitchen Limited is a credit to the kitchen manufacturing world and we thoroughly recommend them. What they offer is quality tailor-made kitchens that will transform any space. Chris & Andrea Mason, Allithwaite

Grange and District Natural History Society

Grange and District Natural History's winter programme started with an excellent talk by Prof Paul Carling about Ice-Age Cumbria.



Paul described the techniques that scientists can use to 'unravel' the landscape. Remote sensing has revolutionised what can be seen in the landscape, and mathematical models can recreate the complex flows of the ice sheets. At the glacial maximum around 25,000 years ago, Grange would have been covered by a Greenland-type ice cap at least 200 metres thick. Ice moved south down the Winster and Lyth valleys excavating them to a depth of 60 metres below sea level. Grange has been ice-free for the last 17,000 years ago.

Rebecca Slack, Manager of Cumbria Biodiversity Data Centre, urged everyone to send in their records of observations of Cumbria wildlife- plants, birds, fungi, mammals, in order to improve and add to the records held. She showed that you simply need 'What, Where, When and Who'.

There are several easy ways to send records, from paper, to photos and Apps like iRecord. She outlined several exciting projects for 2025. See www.cbdc.org.uk.

Guy Broome, Recorder for Carlisle Nats, explained that despite records for moth distribution dating back from 1967, it is difficult to establish long term trends. The decline in Cumbria of the spectacular Garden Tiger moth, a cold-adapted species, may be due to climate warming or to other factors such as recent weather events or being eaten by predators. We can help moth pupae to survive the winter by leaving piles of leaves in our gardens. We hope to hold a moth-trapping event next summer. Lectures continue from January to March. www.grangenats.uk.



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Letters to the Editor are published on the understanding that they may have to be shortened to fit available space. Publication of a letter in no way reflects the views of Grange Now. All letters must be accompanied by a name and address even if the correspondent requests anonymity. In this case 'name and address supplied' will be added.

Dear Editor,

This is a thanks going out to the Veterans who turned up for the first ever Veterans hub in Grange-over-sands at the United reform Church Hall on 28th September. All ages and ex service attended and thoroughly enjoyed the catch up. You will all be happy to know the hub is growing in size by the minute and there were a few more attended the second hub on October 26th. The hub has its own page on Facebook Grange Veterans hub. The next date for the hub is 23rd November 2-4pm. Come along if you are a veteran or family of a veteran. The next date is 23rd November 2-4pm. Phone 07726213203 to find out more. Thanks go to Cllrs Andy Hull Cllr Vicky Hughes for setting up the hub.
Kind regards, Cllr Jenny Boak



Fr Parker June 2015

Dear Editor,

Did you know that Fr Alf Parker died recently (on 7th November). You probably remember he was a regular contributor to Grange Now and was well known to the staff back in the day. Remember he was famous for his PS's in his Grange Now articles? ... This is my favourite ..PS: To be intoxicated is to feel sophisticated, but not be able to say it!
With best wishes,
Marian Matthews

Dear Editor,

A complaint was made about puddles on prom. That seems to have been dealt with. Mine is rather more serious. The surface created with resin, is uneven in places, poorly finished in places and missing "grittiness" in others, resulting in a surface that is not fit for purpose. Prior to my own tumble, I had seen two seasoned walkers fall and know of one runner who came a cropper. It is a trip hazard in places and a slip hazard in others. I understand the limits on accessibility, logistics and cost, but frankly it was better before the "improvement" and I hope that our "powers that be" will give the matter some consideration, as a serious accident is imminent.
Thank you, Derek Goldsmith.

Dear Editor,

Grange Soroptimists would like to thank the Treatment Rooms, EmJ Hairdressers, the Library and all the schools that kindly agreed to display our 'knicker trees', and, of course, all those who responded to our appeal for 'Smalls for All'; 920 pairs of pants have now been sent to the charity headquarters in Edinburgh. Many thanks go to Billy at the Post Office for his help in getting them there. Please watch out for our next venture in support of 'Orange the World, the UN campaign encouraging folk to wear the colour orange as a commitment to ending violence against women and girls. 25th November begins 16 days of activism. Cartmel Priory, the Hoad monument in Ulverston and Barrow Town Hall are being lit up in orange.
Penny Ward

Dear Editor,

Rather than focusing on the volume of sewage dumping, we've examined the sheer number of days with illegal spilling. With analysis from Professor Peter Hammond of Windrush Against Sewage Pollution, we now know that there has been over 500 days with illegal discharges in Windermere, including Coniston water, between 2018 and 2023. Please see <https://www.savewindermere.com/news/500-days-illegal-spills>

Dear Editor,

Yewbarrow Lodge - its Demolition
A real tragedy to see this building being demolished. Whilst insulation and fire prevention materials may not be up to 2024 regulations this was a well constructed and in my opinion an attractive structure. It provided happy homes for many elderly people for around forty years. It should have been sold to a sizeable house building contractor to upgrade under its beautiful high quality slate roof. Taking it down can hardly be described as eco friendly or contributing to a carbon neutral future. I feel so ashamed that it was not given a grade listing such as our refurbished lido building was granted some years ago. Yewbarrow Lodge was a gem on the parkland that surrounds it, the land given to Grange by the Porritt Family.
Peter Ratcliffe



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Next deadline is 13th December, subject to space. Five items max. Single items max £200, in writing to our offices or e-mail info@grangenow.co.uk, include your name and address

2 black metal bar stools, new still in boxes. £35 for both. Telephone 01539530682.

Hydraulic Trolley Jack. 2ton capacity. unused. £20. Skilsaw classic circular saw. 1400w. £20. Ryobi hand planer. £20. Oil filled radiator. 900w. Small to suit van / motorhome / office. £10. 07748663906

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GN401	17th Jan	29th Jan
GN402	14th Feb	26th Feb
GN403	14th Mar	26th Mar
GN404	18th Apr	30th Apr
GN405	16th May	28th May
GN406	13th Jun	25th Jun
GN407	18th Jul	30th Jul
GN408	15th Aug	27th Aug
GN409	19th Sep	1st Oct
GN410	17th Oct	29th Oct
GN411	14th Nov	26th Nov
GN412	12th Dec	30th Dec



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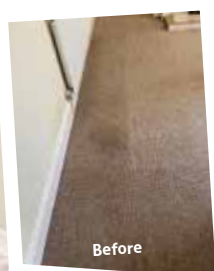
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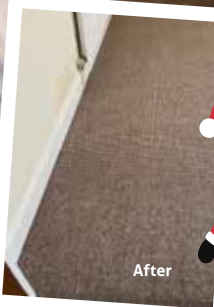
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