



We all know the famous saying that there are only two certain things in life and those are death and taxes. We also know that at the end of October Rachel Reeves will stand up and deliver the first Labour Budget for many years and it is inevitable that taxes in relation to both lifetime giving and death will be affected.

There has already been speculation in the press about the possibilities. The removal of the additional Residence Nil Rate Band Inheritance Tax allowance worth £175,000 would affect many readers. There has also been talk that Inheritance Tax (at 40%) may actually be levied on personal pension pots which currently are IHT-free.

Changes in Capital Gains Tax which may affect the passing down of second homes and investment properties to the next generation has also been much commented on.

Any significant changes in either the rate of Inheritance Tax - say an increase from 40% to 45% - or the reduction in allowances and reliefs well affect many more taxpayers – possibly your family among them.

Tax changes like these usually take effect from the commencement of the next tax year so any announcement Rachel Reeves makes on 30th October is unlikely to come into effect until SHICE 1903 6th April 2025. However there have been occasions where tax changes take effect from midnight on Budget Day – usually they are taxes on petrol and alcohol, but she may make changes for deaths on or after 1st November 2024.

Speculation and guesswork are never good guides to proper tax planning and EGAL PEACE OF MIND so waiting until the announcements are made on 30th October is the most sensible attitude. We, like all estate planners and accountants, expect to be busy in the days and weeks after Budget Day. We have a full team of specialists here at the office who will be able to help you make sense of changes in the Budget and advise how best to minimise tax.

For more information on this or any other aspects of estate planning and administration, get in touch with one of our Private Client team.

015395 32313 info@gedye.co.uk

Editor's letter

I am sure readers will be interested to see the aerial photographs from the Lido renovation on the front cover and below. Thank you to local resident Cliff Brereton www.dropter.co.uk for sending them in.

I hope you enjoy this issue as it is jam packed with news, information and suggestions of things to do - see the whats on page on p.22-23. A big congratulations to Flookburgh Band - see page 19.

Next deadline 18th October. Chris



Cliff Brereton www.dropter.co.uk

Grange Utd u12s



Grange Utd u12s looking great prior to the game against Milnthorpe in their new kit for the season, kindly sponsored by Lakeland Segways. The team train on a Thursday night at Allithwaite and if anyone is interesting in joining please contact Andrew on 07736304587

Spar Hamper Raffle results

The Grange Spar team have drawn the last charity hamper raffle of the year in aid of 1st Grange and Cartmel Scouts which raised £179.86 towards their once in a lifetime trip to attend the International Scout Centre in Kandersteg, Switzerland, to learn new skills



and make memories that will last a lifetime.

The holder of the winning ticket was Martin Wright of Paragon in Grange with a second prize of a sweet treat hamper going to Georgina. The next event will be for the younger members of Grange with Natasha organising a Halloweeen lucky dip and pumpkin event so hope you will pop in and support us. Thank you, Ray Branch manager & Debra Charity organiser.



Grange Now, Kendal Road, Bowness, LA233HU info@grangenow.co.uk www.grangenow.co.uk Tel 015395 22234

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN398	18th Oct	30th Oct
GN399	15th Nov	27th Nov
GN400	13th Dec	30th Dec





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Investment Matters

By Dan Birch DipPFS

"How much money do I need in my pension to be able to retire" is one of the questions I am asked most as a Financial Planner and according to google one of the most searched questions relating to retirement.

Like most things in life there is no stock answer, quite simply the amount you need will depend upon so many factors all of which will be personal to you.

The key objective for most people is to ensure they have enough income to cover their essential expenditure, discretionary expenditure and any capital purchases for the rest of their life and potentially their spouse/civil partner's life. It will also be important to factor in inflation, as this can have huge impact over time.

The first thing to consider is when do you want to retire and what guaranteed income sources will you have, such as State Pension, company pensions and rental income to name a few although rental income is not always guaranteed.

If you're planning on retiring before these income sources are due, then there will be a gap to fill and it will be vital that you have enough savings, investments and personal pension funds to fill the gap.

Once you have started to receive your other income sources, if these can deliver enough income for the rest of your life then this provides a great deal of reassurance. However, these often fall short so maximizing your savings, investments and personal pensions can be vital to maintain your lifestyle throughout your retirement.

Professional financial advice can help you ascertain whether your retirement provision is sufficient and if not identify ways in which it can be improved.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority

St. Mary's Hospice say thank you Bob!



Local artist and charity superstar ambassador Bob Sutcliffe of Bob On Paintings wanted to raise £1000 (a "grand") for St Mary's Hospice by donating his original watercolours to the Grange-Over-Sands shop to sell.

The tongue-in-cheek "Grand Gallery" was on display in the shop window during August and the paintings were very popular and quickly snapped up by happy customers. At time of writing 24 have been sold for a whopping total of



over £1500 plus 25% gift aid too. Mission definitely accomplished for which St Mary's Hospice is incredibly grateful!

Bob is well-known for his tireless charity fundraising and of course for his amazing creativity.

Currently he has an exhibition and book, Tree Therapy, at Levens Hall until 4th October with paintings displayed amongst the topiary.

His charity Creative Health Trust UK supports Hospices and creative activities to help wellbeing.

Find out more at www.bobonpaintings.com







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Please let us know by completing our survey on our website.

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St Paul's Christmas Tree Festival 2024



We are very excited to once again be hosting the Christmas Tree Festival at St Paul's Church.

Last year we had 34 trees in church and if there are any new groups or organisations who would like to be involved, please do not hesitate to contact us at stpaulschristmastrees@gmail. com.

The Christmas Tree Festival Reception will be held in church at 7pm on Thursday 5 December and the Festival will then be open every day from Friday 6 December 10am-4pm up to and including Friday 29 December (apart from service times and Christmas Day and Boxing Day). Everyone is very welcome.

Donations received will be sent to Barrow Foodbank and St Paul's Church to help towards the upgrade of the heating system.

The Victoria Hall Christmas Fair

This year the Victoria Hall Christmas Fair is on Saturday November 30th from 10am until 2pm.

If you would like to book a six foot table for the event, please contact Tricia Thomas by email at **plthomas1302@hotmail. co.uk** as soon as possible.

There is no charge for charity and fundraising groups. For all others the cost is $\pounds15$.

We look forward to you joining us for this lovely festive event.

There's winter wonder for the whole family at Sizergh this year.



Make memories with loved ones as you follow immersive light and sound installations, discover a story of Christmas past in the House, and get creative with festive crafts in the Great Barn. Whatever it is you get stuck into, there are sure to be magical moments as you immerse yourself in Winter at Sizergh.

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Served Monday to Saturday 12 noon - 4 pm. Full price £12.00/£15.00 not including bread & butter. Garden Peas available. No further discounts apply.

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Homemade pie with puff pastry lid, served with garden or mushy peas, chips or new potatoes & tasty gravy.

Offer price only <u>£14.50</u> per person. Served Monday to Saturday 12 noon - 4 pm. Full price £18.50 pp. No further discounts apply.

Booking is recommended!

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Tel: 015395 31222 ~ Email: stay@newbybridgehotel.co.uk Newby Bridge Hotel, Newby Bridge, LA12 8NA.



22 November – 24 December, 12–8pm

There's winter wonder for the whole family at Sizergh this year. Follow an enchanting woodland light trail, discover a story of Christmas past in the House, and enjoy festive crafts in the Great Barn.

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www.nationaltrust.org.uk/ winter-at-sizergh

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70 years of Grange and District Natural History Society

As we move into the autumn and winter seasons of our 70th year, GDNHS is looking forward to the publication of a new book.

This will give an account of each decade of the Society, from 1950s to the present day, including a mention of an older natural history group in Grange. Collated by Sylvia Woodhead, the book recounts the experiences of members of the Society, visits, expeditions, talks, previous publications and celebrations.

The Society is pleased and honoured to have a Foreword written by Sir Martin Holdgate, Government Chief Environment Scientist 1977-88 and former Director General of IUCN, the World Conservation Union. Sir Martin has long-established links with the GDNHS, and most recently gave a brief account to members about his long researches at Sunbiggin Tarn on their visit there this summer.

It is hoped that a limited number of copies of the book will be available for purchase at the Members' meeting on December 13th. Do join us on Friday evenings for our exciting programme of winter meetings. Details as always are on our web site www.grangenats.uk.

demonstrations

Christmas Repair Cafe

The autumn series of Cartmel Peninsula Repair Cafés got off to a flying start in September with plenty of people taking away their items mended and brought back to life.

Our next two cafes will be at Grange Methodist Hall on Friday, Oct 4th from 6 – 8pm and on Friday Nov 1st from 4pm – 8pm, which will be a special extended Christmas café. Following on from the phenomenal success of the craft destash event we ran at Allithwaite in April, we are holding a similar event with a Christmas theme. There will be Christmas craft kit giveaways,



of gift wrapping using more sustainable materials and repairers on hand to fix your Christmas lights. If you have amassed a collection of lights and decorations over the years and are happy to rehome some of them, please bring them along to share or come and get some for a small donation. It helps people's pockets at this expensive time of year and saves precious resources. Look out for more information on posters during October. We hope to see vou there!



70 years of Grange and District Natural History Society

> Compiled by Sylvia Woodhead



YAT WARKE CAR

Society members on Arnside Knott in 2022



Carer Support South Lakes

As part of the Carer Support South Lakes Outreach Programme we are holding regular drop in clinics for unpaid carers.

We will be in Grange-Over-Sands on Wednesday 9th October from 3.30pm – 4.30pm at the library and then Wednesday 23rd October from 10.30am to noon at the Grange Methodist Church Hall on Kents Bank Road.

If you need any support, information or want a chat about your caring role do please pop in.

If you are unable to make the drop ins but wish to have a chat you can contact the office on 01539 815970.



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ARTS & MUSIC

Grange Over Sands & District Concert Club



It was heartening to see a much larger audience for our last concert performed by the Deschanel Gordon Jazz Trio.

These young talented musicians, masters of their instruments, who play at some of London's top jazz venues showed us the intricacies of jazz music. Their fingers seemed to be on fire as they brought their instruments to life and weaved their way through complex rhythms and melodies. There was a beautiful, delicate end to the programme, with Irving Berlin's "Dancing Cheek to Cheek."

Our next concert, the final one in the 2024 season, features the Meliora Collective.

Meliora Collective

It is a Chamber Orchestra made up of 10 players, 5 strings and 5 wood-wind. They are known for their intriguing programming, spanning a range of styles that incorporates concert favourites alongside less familiar but equally enjoyable repertoire. The main work of their programme will be the beautiful Serenade No. 1, Op. 11 by Johannes Brahms.

The concert is open to all. Before the concert from 6.30pm, to celebrate 51 years of music making, and as a thank you to our members and loyal supporters, there will be a light buffet and glass of wine. Please come and join us.

St Paul's mid week concert



Charles Edmondson

The mid-week concerts at St Paul's Church. Grange over Sands continue with a concert of piano and organ music on Tuesday 8 October at 11am.

Charles Edmondson will present a varied and fascinating programme, starting with a scintillating piano sonata by Franz Josef Haydn.

This will be followed by a series of contrasting couplets; pieces which depict opposites such as Dusk and Dawn, Fire and Water, Sun and Moon and Birth and Death.

The concert will finish with a waltz and a well-known rousing march,

Tea/coffee and biscuit will be available from 10.30 onwards.

Admission to the concert is free and donations are welcome.



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Saturday & Sunday 19th / 20th October, 12pm – 3pm

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For a more detailed appointment to discuss your unique requirements, please contact katie@grange-hotel.co.uk.







CHRISTMAS PARTY NIGHTS Switch up the 9 to 5

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LOYALTY TO OUR LOCALS This October

Treat yourself to a delicious speciality coffee paired with one of our warm, freshly baked pastries for just $\pounds4.50$.

For our local guests, we're offering a little something extra. Pick up a loyalty card and, after collecting 5 stamps, enjoy a complimentary coffee and cake for two—our way of saying thank you for your continued support!



AUTUMN COMFORTS just for you

Our incredibly talented Head Chef, Gladys, is bringing the flavors of autumn to life with a selection of hearty, seasonal dishes.

One of her must-try creations is the delicious pumpkin and sweet potato soup, served with a warm, crusty roll—perfect for those crisp autumn days. Come and enjoy the comforting taste of the season with us!

GRANGE HOTEL, STATION SQUARE, GRANGE-OVER-SANDS, CUMBRIA, LA11 6EJ W grange-hotel.co.uk T 01539 533666 E Info@grange-hotel.co.uk

Grange Drama



Grange Drama presents: 'One Man Two Guvnors' by Richard Bean.

Based on 'The Servant of Two Master's by Carlo Goldini. Including the song from the original National Theatre production 'Tomorrow Looks Good From Here' by Grant Olding and Richard Bean. 7.30pm 31st October to 2nd November and 2.30pm Sunday 3rd November 2024 At the Victoria Hall, Grange Over Sands. £12 Adults £5 16 and under Book on

line: grange-drama.org.uk (no booking fee). Director Ginny Moss and the cast are rehearsing very hard with a challenging script. You can be sure of an evening of hilarious, fast paced farce following the mixed fortunes of the chaotic but loveable Francis who accidentally finds himself working for two guvnors. The acting is complemented by fantastic costumes, some lively music from a live skiffle band and alternative staging. See you there! Any questions? Contact us at grange-drama .org.uk

SCHOOL REPORT

Montessori



It has been a delight to welcome many new faces at the start of the new term and they have all settled in well.

A theme of colours has been the main focus for a wide variety of activities. We have been looking at a different colour each week, relating it to different objects in our environment and exploring how it can be changed by making it lighter and darker. The lovely sunny days have enabled us to do much learning outside, this has included creative work, number, learning about shapes, singing, finding coloured objects and an assault course created with chalk images to develop gross motor skills. We have been round the village spotting the colour of the week and visited the playground several times.

An expedition to pick blackberries yielded a wonderful crop that were then made into delicious blackberry and apple pies.

T: 015395 52548

W: heydayscare.co.uk

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community, whether that we a stroll along Grange Prom or a visit to a favourite cafe; we even have an adapted mobility vehicle to allow those in a wheelchair to get out and about

Our care packages offer lots of flexibility and are managed by our professional team we offer very competitive rates - to find out more, call our friendly team **Tel 015395 52548**



Join us on the 31st October in our Grange office (opposite Johnstons Jewellers) between 11 am and 4pm for our spooktacular care event! This is a great opportunity to find out about our care services, come along and speak to one of our specialist team whilst enjoying a monstrous cake.

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Flookburgh Cof E

What a fabulous start to the Autumn term and, oh so busy we have been with a visit to the County Show, whole school First Aid training, Brass tuition for KS2, Gymnastics coaching, swimming and an open morning, phew!

But, the most memorable start to a school year has to be our starring role at Barrow Raiders Rugby League ground on Saturday 7th of September, when our school was chosen as, 'School of the Week' at the Barrow Raiders V Toulouse game following our brilliant training sessions with some of the players during the summer term. Our children were mascots and, after meeting the players during the warm up, they walked them out onto the pitch. Our pupils, parents and staff got fully behind the home team, cheering them on. After an exciting first half, our pupils carried our school flag around the pitch waving to all the fans. It was such a surreal experience for the children to be on the pitch where their favourite players were performing. During the second half, the Raiders fought back, scoring successive tries to close the gap but, on this occasion, narrowly missed out on the win. After the game, the children had their photos taken with the players and even got their autographs. It was such a brilliant afternoon for all of our pupils, families and staff and hopefully we have inspired the next generation of sportsmen and women to try something new and see how far they can go! Thank you, Barrow Raiders for a wonderful day!

To find out more about what the 'Flookburgh Spirit' is all about, visit our website: www.flookburgh.cumbria.sch.uk, or Facebook pages: Flookburgh C of E Primary School; The Burrow

Allithwaite School

As we embark on this new term, it has been wonderful to welcome back our families and extend a warm reception to new families joining our school community.

This half term, the Snowy Owls have been exploring Traditional Tales and they are currently busy creating their very own versions of Jack and the Beanstalk. It's heartening to witness their creativity flourish as they delve into storytelling.

Meanwhile, the Tawny Owls enjoyed an engaging Science Day, where they conducted an experiment focused on generating the most foam by changing just one variable. It was a joy to watch them embrace their inner scientists while learning about various scientific careers. We may indeed have budding geologists in the class, as their enthusiasm for the subject knows no bounds!

The Barn Owls have been discovering the fascinating world of ancient Egyptians, and they have already created their own papyrus paper, unlocking their inner historians in the process.

Furthermore, the Eagle Owls participated in an inspiring Engineering STEM workshop led by Dr. Irene Wise from Lancaster University. They faced the challenge of designing and constructing a structure capable of growing food in a limited space.

Alongside this hands-on experience, they are currently enjoying our Earth and Space science topic, which has sparked a great deal of enthusiasm!

Looking ahead, we are already excited about the upcoming activities, including our Harvest Festival, where we will be welcoming parents to join us in celebration.

Grange C of E School



Another great time was enjoyed at Castlehead Outdoor Adventure Centre at the start of September. It was a glorious day with a blue sky and even a fly past by the RAF-A day perfect for canoeing, climbing, raft building, orienteering, building dens and learning how to light a fire to toast Viking bread.

Each year group had their own unique experience which built on the skills and knowledge they have gained in previous years. The children couldn't wait to challenge themselves again and to support and encourage others. It was a great team building day with staff getting fully involved too-braving the heights of the climbing ropes and canoeing down the Winster. The outdoor theme continued at school with our youngest pupils in nursery and reception exploring our own grounds-collecting leaves-learning how to take prints, finding out what can be found at this time of year in nature.

Y2 are learning about the Jewish Festival of Sukkot this half term. To understand how Jewish people, celebrate this festival, the children built their own Sukkah shelters in the school grounds. They were able to sit in their sukkah or shelter and think what they would thank God for at this time of the harvest. The school will be celebrating Harvest this year at St Paul's Church and making a collection for the food bank.

SCHOOL REPORT

Lindale School

It is so good to have the pupils back in school with smiling faces and a readiness to learn. We particularly welcome our new Reception pupils and their families.

All of the classes have had a brilliant start to the year and we have already embarked on fun learning days. We took the whole school to the Westmorland County Show.

The children enjoyed learning about their local area; in particular, the Sheep Show, tractors and emergency services were a big hit.

Shiver me timbers! On Thursday 19th September we celebrated International Talk Like a Pirate Day and had a whole load of pirate fun! Everyone embraced the opportunity to not just talk like a pirate, but to dress like one, tell lots of pirate jokes, take part in treasure hunts to find the hidden booty and generally act like a crew full of scallywags!

Our Collective Worship theme this term is TRUST. Each child has made their own trust flower, where they have thought about what trust means and who they trust. They decorated them beautifully. We have used the individual flowers to make one giant flower of trust in our school hall. We are all very proud of how





amazing it looks.

Our EYFS pupils are enjoying their brand-new home corner. It is a very welcoming space and the children have enjoyed accessing it with their new friends. Our youngest pupils are settling in really well and enjoying their All About Me topic.

Panararmer



Year 1 and 2 have started their geography work on the 'Go Wild' topic and are finding out lots about different African animals. They have been sharing ideas of how to sort animals into different groups in their Science lessons.

An exciting art project of poem portraits is taking place in Year 3 and 4. The children are exploring using continuous lines for the outlines of their faces with poems about themselves. They have experimented with different colourful media to create backgrounds for their portraits.

Year 5 and 6 are enjoying reading Cogheart, and understanding the different emotions that the characters go through. This has led to writing diary entries in character. We even practised deportment just like the pupils at Mrs Scrimshaw's Finishing Academy!

> Call Us 015395 63523

Leven Valley





A play should be written about our "Marvellous Mrs Jones".

Every year, our beloved former head of Leven Valley weaves a musical masterpiece, crafting custom roles for the children currently at the school. As a result the summer play is a highlight for everyone involved and this year was no different. Let's hear a little more from Noah Hrynkow (Year 6):

At the end of the last summer term our school performed "Fantastic Mr Fox", where I played the role of Farmer Bean. It was a bit scary at first, but when you start to get through your lines, you begin to think "I can do this!"

My favourite bit was when all three farmers tried to dig up the underground animals, because the digger scene had very dramatic music. I was a bit nervous as there were a lot of people watching and lights shining down on us, but I really enjoyed the experience of my role, the music, props and actions.

All the pupils played excellent roles and the teachers did an amazing job of putting it all together, especially Mrs Jones.

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Cartmel Priory



As the last weekend of racing approaches at the Bank Holiday weekend, Cartmel village and visitors alike eagerly anticipate the annual Steeplechase Sunday service in the Priory. This year was no exception and was particularly special.

Amongst the trainers, jockeys and racecourse personnel, we were delighted to welcome Abel Damoussi to Cartmel Priory to share in the final act of the service – the blessing of a racehorse. Abel is a very highly regarded leader, a practitioner of Sufism and closely involved in multi-faith peace-keeping initiatives.

Abel is a trustee and a creative director, engaged with a charitable foundation in Marrakech devoted to the cultural preservation of the Medina. Events there this year are centred around the horse as represented in sport, art and culture.



As the church service concluded the congregation filed out onto the driveway to meet the horse and jockey who had ridden through the village. Hundreds of people crowded onto the driveway to greet a winning horse from Jimmy Moffat's yard; Rev'd Nick Devenish and Abel, shared the final moments of the service with special blessings. Although blustery the sun shone, and as the horse returned to the stables congregation and visitors returned to the Priory for a welcome glass of 'bubbly' (provided by the racecourse) and coffee.

An appropriate end to a sporting season so important in the life of the village.

Sunday Services continue as usual in October with the weekly 8.00am BCP service, 10.30am Choral Eucharist and 3.30pm Choral Evensong. The monthly First Thursday BCP service at 12.00pm is followed by a simple lunch.

Meets every

Sunday

at 10.30 am



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St. John the Baptist Flookburgh

Our Diddi Disciples have returned after their summer break and meet on Thursday mornings in term time at 10.00am until 11.30am. There are stories, singing, play and crafts for all pre-school children, babies and their carers.

It is a lovely meeting place for children and their carers to get together to have some fun and support one another. All welcome, just come along, there is no fee.

Our Knit and Knatter group meets on Wednesdays at 10.00am. You don't have to knit! Bring along whatever craft you like, or just come and knatter! It is a very friendly group and you will be very welcome.

Next in our series of concerts: The Bay Community Singers are performing a concert in church on Sunday October 20th at 2.00pm, £10 on the door, or in advance from members of the choir.

K Shoes Male Voice Choir are performing for us on Saturday 9th November at 7.00pm.

Advance notice: our Christmas Carol Service will be held on Sunday December 15th at 4.00pm.

Grange Methodist Church

You may immediately think of the steep access, the ancient toilets, and the kitchen that is difficult to serve from!

A recent article explained that our congregation has been raising money to improve the facilities in the building. Thank you for your kind responses. We have raised over £900,000, but the hope of starting work this autumn has been shattered by the increased costs of construction, so we urgently need more funds ... Is anyone out there able to help? We are very grateful for your support so far. We plan to be 'Open for Community' – the purpose of redevelopment is to make the building more accessible and user-friendly for everyone. So we have an 'Open Giving Event' on Saturday 19th October, 10am - 12noon in our hall. The plans for the building will be available, with church leaders present to provide explanation. We invite you to come and discover more



01524 782442

about the project, and how it will impact the community once it is completed. There will, of course, be coffee and cake! Plus the opportunity to make a donation. You may also purchase a pew, or order one to your own design, and there are various items from our Big Sale back in July. We do hope you will call in on 19th October.

Meanwhile, our work and witness carry on. We have celebrated Harvest with our URC friends, marked Fairtrade Fortnight, and raised money and awareness for "All We Can". The Repair Café opens in our hall from 6-8pm on Friday, October 4th. We now work with "Carer Support South Lakes"; one of their staff will be at our coffee morning on October 23rd to offer support and information to unpaid carers. Diary date: Christmas Fair - Saturday, November 16th 10:00-12:30.



News from URC

Hello everyone

Autumn is now with us, bringing its lovely colours so let us hope we have plenty of sunshine to enjoy them.

On Sunday 15th September, our Methodist friends joined us for a joyful Harvest service and lunch in the hall afterwards. Thank you to Kate, our minister, and all who made it a good occasion. Both churches have collections at this time to support work amongst those whose harvest is not as plentiful as our own.

Our service on October 13th at 10.30am will concentrate on Climate Change and 'green things'. Do come

St. Paul's

September has been a busy month in St Paul's.

On Wednesday 4th September we had our Cuppa and Cake afternoon. On Sunday 8th September a group of Solo Diners went to Woodlands Hotel, Meathop for lunch. On Friday 13th September there was a quiz with a pie and peas supper.

We now look forward to a Silk Workshop with Margaret Wilmot on Saturday 28th September. along. You may find out about something you can do to help.

On Sunday October 27th at 2-4pm we are holding a 'Leaves and Laughter' social event, with a sing-song, quiz etc. & refreshments. Donations to 'Dignity in Dementia', a cause many of us value, so come and join in the fun.

Please remember that we Meet-up on Mondays (14th and 28th October) for company, jigsaws, games and chat, not forgetting a cuppa. Do join us!

Looking forward to seeing you on these occasions Margaret Popper

October brings us Cuppa and Cake on 2nd October at 2.30pm.

Grange Primary School will have their Harvest Festival in St Paul's on Friday 4th October at 2.30pm. The following Sunday on 6th October we will have our church Harvest Festival followed by lunch.

Then on Tuesday 8th October Charles Edmondson will give his final concert of this season at 11am. A concert of music for organ and piano. Admission is free with a retiring collection.

St. Charles Borromeo

Greetings to all Grange Now readers.

This month I can start with some good news about Father Parker. He is out of hospital and residing at the moment in Cartmel Grange. I saw him recently and he says to tell you all that he is feeling better, and to thank you all for your concern, good wishes and prayers, and that he is behaving himself. I think he added the last bit with his tongue in his cheek, as well as a twinkle in his eye.

This month we have seen the children back from their holidays and the children's liturgy has recommenced. Some of our teenagers have joined the readers rota and they are a welcome addition to our services.

We are making preparation for the time in November when we lose Father Philip and we will then have the prospect of a non-resident priest who will be living in Kendal and visiting the parish as and when he can. The Parish Pastoral Council will have to work even harder to oversee many of the matters which Father Philip used to do. We wish them all the best, and I am sure they will do a great job. Please keep us in your prayers.

Cartmel Methodist Church



On Friday 13th September Cartmel Methodist Church hosted the wellknown local Ceilidh band "CommonGround" who entertained us with a variety of music. provided by members of the congregation which added to everyone's enjoyment of the afternoon. Our thanks go to everyone who attended, and to the members of the band who worked hard to entertain us.

Tea and refreshments were

Remember...

Remembrance Day

11am on 11th Nov 2024 A short service and 1 Minute Silence at the War Memorial, Ornamental Gardens, Grangeover-Sands, LA11 6ED

Remembrance Sunday Sunday 10th Nov 2024

> 2pm: The Civic Service of Remembrance St Paul's Parish Church, Crown Hill, LA11 6BD

Everyone is then invited to make their own way from the Church to the War Memorial

3.30pm: Act of Remembrance with the laying of wreaths. Held at the War Memorial in the Ornamental Gardens LA11 6ED 3.30pm: Refreshments Victoria Hall, Main Street LA11 6DP



Join The Royal British Legion, St Paul's Parish Church, Churches Together in Grange and Grange Town Council to remember the service men and women, service animals and civilians who lost their lives in war, and those still experiencing conflict.

Alan Postlethwaite <u>FUNERAL DIRECTOR</u> Independent family firm - Complete funeral service Private Chapel of Rest - 24hr Availability - Golden Charter funeral plans arranged Golden Charter funeral plans arranged Front Planning for Later Circuit

www.alanpostlethwaite funeral director. co. uk



Organic turmeric is always among our weekly deliveries to the farm shop. As the season turns, it's a fortifying ingredient that can be used in all manner of dishes. But have you tried it in milk?

Inspired by South Asia's haldi doodh, Golden Milk is considered restorative and anti-inflammatory. The straining is key. It leaves a creamy, comforting and slightly sweet drink that is very tasty, even as it cools down.

GOLDEN MILK

INGREDIENTS

- 500ml Low Sizergh Farm organic raw milk
- 1 tbsp fresh organic turmeric, grated
- 1 green cardamon pod, lightly bashed
- 1 cm slice of fresh organic ginger
- 2 cm piece cinnamon stick
- 3 whole black peppercorns
- 1tsp Low Sizergh Farm orchard honey

METHOD

1/ Place all the ingredients except the honey in a small saucepan and warm to a gentle simmer.

- 2/ Stir well and simmer for 5 minutes.
- 3/ Strain the golden milk into a cup.

4/ Stir in the honey.



Decorative desk items remain collectable

While essentially wholly functional, desks have often been extensions of their users. Decorated to one's needs and wants, desks and their contents can be telling. In a time when basic education was a privilege afforded only to the wealthy, a desk worked to signify the high status of its user. Only those who were educated or had jobs that required reading and writing needed one—and had the funds to purchase items to furnish it.

Commonplace desk furnishings include desk stands for letters, paperwork and pens. Some stands had inkwells, although these could be separate items. More personal items were photograph frames, table lighters and cigarette boxes. Additionally, decorative and functional items include wax seals and letter openers.

All these items were regularly ornately made in silver or were silver mounted with engraved monograms, often created by makers such as Elkington & Co. Ltd, Hukin & Heath Ltd and Mappin & Webb Ltd. A further testament to the wealth and status of the owner.

While there is less need for such items today due to technological developments and societal changes, they remain popular with collectors regardless, especially those created by the makers previously mentioned or of particularly interesting design.

1818 Auctioneers hold regular sales of Silver and Silver Plate.



EIGHTEEN EIGHTEEN

1818auctioneers.co.uk

T. 015395 66201 E. info@1818auctioneers.co.uk Junction 36 Auction Centre, Crooklands, Cumbria, LA7 7FP



"What does the Grange Civic Society do?"

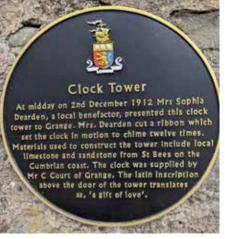
This is something that we are asked.

Volunteers from the Civic Society work in all the public gardens in Grange, with the exception of the Prom, which is gardened by the Promenade Gardeners. Civic Society volunteers help to maintain the station gardens, community orchard, Park Road Gardens, Cox's Corner, Wilkinson Wood, Normandy Veterans' Garden, and the Ornamental Gardens. Public events include Grange Open Gardens, talks (recently including photos of Old Grange, and Postcards from Grange), guided walks, and the Happy Bench initiative. The historical plaques were originally installed and recently refurbished by the Civic Society.



Civic Society Sponsor Lancaster City Brass

Grange-over-Sands Civic Society was formed in the mid-1990s, with a broad remit including promoting civic pride in the area, and preserving the Grangeness of Grange. The Society originally organised visits to places of interest.



When Grange u3a was founded in 2000, some of their interest groups assumed the mantle of organising visits. The Civic Society has moved with the times so latterly focus has shifted more to Grange and environs. Because planning is now easily accessible by individuals, the Civic Society only comments on large applications where appropriate – which is not always easy because we're an organisation made up of individuals with differing opinions!

The Civic Society is a Registered Charity





(No: 1096651). Our accounts have to be independently inspected and submitted annually to the Charities Commission, and we hold our AGM in the early part of the year. Current and prospective members are always welcome to attend.

We are entirely reliant on fundraising, membership fees, and the generosity of local people, and we are fortunate to receive the money from the Wishing Well on the Prom, which amounted to £230 in 2023. Monies are used to support projects including the provision of improved watering equipment, new sculptures, plaque restoration/re-painting, and sponsorship of a summer bandstand concert.

Membership is open to those over 18 and current membership fees are £3 individual or £5 for 2 people at the same address. Life membership is £35 individual or £50 for two people at the same address. If you'd like to join, please email Sarah Shepherd, Hon. Secretary at membsecgoscivicsoc@gmail.com



ALLITHWAITE AND CARTMEL PARISH COUNCIL

NEW COUNCILLOR – ALLITHWAITE AND CARTMEL PC (ACPC)

Following the council meeting held on Thursday 12th September 2024, we are able to announce that Mark Pendlebury has been co-opted as councillor to serve on the Allithwaite and Cartmel Parish Council.

COUNCILLOR RESIGNATION – ALLITHWAITE AND CARTMEL PC (ACPC)

At the council meeting held on Thursday 12th September 2024 Councillors noted that Cllr John Barrett had resigned from the ACPC.

PARISH COUNCIL - VACANCIES

Allithwaite and Cartmel Parish Council still have one vacancy and in accordance with Section 87 of the Local Government Act 1972 anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@allithwaiteandcartmel-pc.gov.uk.

PARISH COUNCIL MEETING WITH WESTMORLAND AND FURNESS COUNCIL

Prior to the Council Meeting in Allithwaite on the 12th September, Councillors met with a number of Westmorland Council Officers to review several outstanding and in some instances, contentious matters. Discussion included:

• Adoption by W&FC of the Cartmel River Eea footbridge completed in 2019 which is still awaiting transfer to the new Unitary Authority. It is expected progress can now be made.

• The footpath into Market Square from the footbridge and restoration of the adjacent Listed cobbles. Title and liability issues were addressed and there was agreement a solution leading to essential maintenance would be explored.

• **Cartmel TRO Review.** Future conduct of the review was discussed including the necessary funding to progress the scheme once the statutory process has been completed.

• **Parking Permits.** It was acknowledged this is a contentious issue with continuing permit abuse by some holiday lets and Airbnb's denying residents use of the limited number of parking spaces. It was agreed to continue working together towards reducing unauthorised use.

• **Cartmel Riverside Toilets.** W&FC will respond on a possible surrender of the Lease of the building which would then have to be sold in the open market. Accepting the need for suitable conveniences the PC will, nevertheless, discuss possible options for the site.

• **Roadside maintenance.** Officers were asked to respond on the Councils policy for limiting the growth of weeds etc in the villages and especially within the Cartmel Conservation Area.

• **Road Closures.** The policy of notification on temporary road closures and unnecessary signage was explored and the possibility of a better form of advance notice.

• Green bin collections. The sometimes-erratic bin collections in Allithwaite and Cartmel was raised and despite acceptance this was largely due to staff shortages and sickness, it was nevertheless acknowledged this needs to be reviewed to reduce the frustration felt by residents and impact on the street scene when bins remained uncollected.

CONSULTATION ON WARD BOUNDARIES FOR WESTMORLAND AND FURNESS COUNCIL BY THE LOCAL GOVERNMENT BOUNDARY COMMISSION FOR ENGLAND

A ten-week public consultation inviting proposals for new council wards and ward boundaries for Westmorland and Furness Council, the consultation started on the 27th August and will end on the 4th November 2024. After the Commission have considered all representations made during the consultation, they intend to publish draft recommendations in March 2025. There will then be a further period of consultation on the draft recommendations. The final recommendations are expected to be published in September 2025. The new electoral arrangements will come into effect at the local elections in 2027.

What is an electoral review?

The electoral review will recommend new electoral arrangements for Westmorland and Furness. The Commission will propose:

• the total number of councillors elected to the council in the future;

- the number of wards;
- the number of councillors representing each ward;
- ward boundaries; and
- the names of wards.

Get in touch

The Boundary Commission welcomes comments on warding arrangements by 4th November 2024. Representations should be made:

Through the website: https://www.lgbce.org.uk/all-reviews/
westmorland-and-furness

· By email to reviews@lgbce.org.uk

• Or in writing to Review Officer (Westmorland and Furness), Local Government Boundary Commission for England, 7th Floor, 3 Bunhill Row, London, EC1Y 8YZ

20MPH SPEED LIMIT - HAVE YOUR SAY

The Parish Council has provisionally secured funding through Westmorland and Furness Council to reduce the speed limit in Allithwaite to 20mph, to promote safer roads, reduce vehicle noise and enhance the environment for more walking and cycling. W&FC will include Cartmel in the next funding round in 2025/26.

Public consultation was launched on Wednesday 4th September until Friday 18th October 2024 for the 27 proposed speed limit schemes in Westmorland and Furness. Speed limits will only be reduced to 20mph if the wider community supports the scheme.

Have your say on the proposal by completing the Council's consultation before Friday 18 October:

- Online at www.westmorlandandfurness.gov.uk/20mph
- At your local library or local link.

You can also share your views with the Westmorland and Furness 20mph team from 4pm to 7pm at:

- Kendal Town Hall on Tuesday 8 October
- · Ambleside Parish Centre on Thursday 10 October

There are other events planned across the Westmorland and Furness area. To find out more, visit www. westmorlandandfurness.gov.uk/20mph.

It's noted that RoSPA (Royal Society for the Prevention of Accidents) indicate that journey times are increased minimally by a few seconds over short distances, Allithwaite being approximately 1 mile from end to end over the furthest distance. It also suggests that reducing speeds from 30mph to 20 mph decreases the risk of fatal injury from 8% to 1.5% and reduces risk of other incident's substantially. Further information with regard to 20 mph can be obtained from www.rospa.com.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/ planningapplications.

ELECTRICITY SUPPLY – CARTMEL - UPDATE

ENW have indicated three sites for a new electricity sub-station for Cartmel. They are:

- 1. outside the stables entrance for the racecourse,
- 2. adjacent to the racecourse toilets, and
- 3. against the wall at Cartmel Village Hall entrance.

ENW are talking to the neighbours at the locations, finding out who owns each piece of land, contacting land owners and looking into access issues. Cllr Johnson will be kept informed of progress.

Mayor's Report

The highlight of the month was the opening of the Victoria Hall for National Heritage Day on Saturday 7th September. Lots of people came to have a tour behind the scenes and learn how the place functions. A surprising number had never set foot in the Hall before.

After absence since Covid, Councillor Surgeries will start again on Saturday 5th October. From 10am till 12, Grange Town Councillors and, if they can make it, Westmoreland and Furness Councillors will be available in Room 4 at the Vic to listen to your queries and help in any way they can. Just drop in.

Friday 4th October will be a sad day for classical music lovers as it will be the last ever concert organised by the Grange Concert Club. After long service, members of the committee need to retire and no new volunteers have come forward to carry on the good work. We may be able to put on occasional events but it seems unlikely that there will be a full season of concerts in the near future.

However, we will be hosting the Milnthorpe Steel Band on 16th November. A different style but a first for the Vic. Let's drum up lots of support.

Roger Handley

Flookburgh Band National Final



Flookburgh Band's performance of 'The Shipbuilders Suite' at the National Championships of Great Britain Final resulted with them as runner-up in a field of 20 best Bands in the 3rd Section.

Going to Cheltenham as North of England Champions gave the Band

a perfect send off. 2024 has been incredible for the Band and we would like to take this opportunity to give a big thank you to all our generous supporters. All Trophies won this year will be on show at the Christmas concert (Victoria Hall) on 21st December.

On Your Own at Christmas?

Friends at Christmas are already planning the popular Christmas Day get-together for anyone, of any age, who lives on their own in Grange or the surrounding area.

You are welcome to join us and

celebrate with traditional Christmas fayre and companionship. The event is free to attend, all you need is a ticket and transport is available if required. Please call Steph on 015395 36426 for info.

Be a part of the community at Castlestead View

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Local club is seventy years old

On the 23rd October 1954 twenty local business and professional women met at the Grange Hotel to form the Grange Soroptimist Club, receiving its Charter from Soroptimist International.

These founding members included a headmistress, an artist, a cafe owner, a jeweller, a doctor, a butcher, farmer, music teacher, ladies outfitter and a chocolatier. The word Soroptimist comes from two Latin words soror, meaning sister and optima – best and members pledge to improve the lives of women and girls around the world.

To celebrate seventy years of service and their platinum anniversary the Club is holding an exhibition in Grange library from the 7th to the 26th October to highlight their work and the fun and friendship enjoyed, locally, nationally and internationally. Invitations to the opening reception have been sent to women in our community who are today's 'movers and shakers'. As part of their celebration the Club has chosen to support 'Smalls for All', a charity registered in 2010 to collect new underwear for women and girls in Africa and the UK whom can't afford or have no access to any, because dignity matters.

For the girls – Having no pants is a problem for girls and means they miss school for a few days each month, affecting their education with a knock-on effect for their future job prospects. With the gift of pants they have a brighter future. For the women – having access to pants may seem inconsequential but can change women's lives.

You may have seen the 'Knicker Tree' in the town at the Treatment Rooms and Em J's during the past month and it will be on display at the library during the exhibition. In addition another tree will be moving around the seven schools in our area during October. Do call in at the library and visit the display and hopefully add a donation to the Knicker Tree. Many thanks.

Grange Shed



Our fame is spreading! Having our first out of area request for help from as far away as Penrith.

Carrie Lee came with her daughter to see if we could repair her father's old chair, she was happy to be pictured and we will send her a copy of Grange Now! A couple of largish kids had been jumping on it and broken a part off the seat, a leg and the leg supports. Could we help? Oh yes!

This was a team job, Brian was able to stick the seat back together, you cannot even see the join. John turned new supports on our lathe and Alan and Duncan fastened the various parts back together and re-stained the wood so it looks like it always did. It is also stronger now than it ever was.

We are now making a seven foot long barbeque serving counter for Geoff, a charity fund raiser from Carlisle. We have lots of skills and have no boundaries.

One of our regular haunts is now back, the Repair Café. We had some good projects from the September repair night and are looking forward to the next one on 4th October. Can't get to the Café, no worries, come to us on any Monday, Wednesday or Friday 10.00 – 13.00.

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South Lakeland Phoenixes

South Lakeland Phoenixes are a beacon of hope in our community.

A volunteer-led group, we are dedicated to preserving and protecting the mental and emotional well-being of those in our town and its neighbourhood. Our work has a profound impact, offering support to those struggling with mental health issues, including loneliness, anxiety, depression, and social isolation.

Our peer support drop-in group, held every Monday afternoon (excluding Bank Holidays) between 1:30 and 4:00 p.m. at Community Food Share on Main Street, is a welcoming space. It's a mixed group (all genders) and open to everyone over 18. Although people come and go as they please, the inclusive atmosphere often keeps folks engaged for two and a half hours!

Sessions provide a safe and comfortable space to socialise and chat. We offer a hot or cold drink (often two!), a biscuit (or several!) and sundry other nibbles.

Having recently adopted a constitution, we're in the process of applying for charity registration. Once registered, we'll fundraise to ensure the project's continuation and expansion of its activities, such as additional support sessions, workshops, and resources for our members.

For more information, visit our website, southlakelandphoenixes. com, or for direct contact, email info@ southlakelandphoenixes.com



Conveyancing for Sellers: How to Speed Up Your Property Sale

Selling a property can be a lengthy process, but there are steps you can take to speed things up, especially during the early conveyancing stages. One of the most effective ways to streamline the sale is to be wellprepared from the start.

Firstly, gather all of the necessary documents early, even as soon as you plan to market your property. This includes your title deeds, energy performance certificate (EPC), any planning permissions, FENSA certificates and building regulation certificates for any home improvements. Having these ready can prevent delays once a buyer is found.

Secondly, respond quickly to requests for information. Your solicitor will likely ask for details about boundaries, disputes with neighbours, or any guarantees for work done on the property. Prompt responses help to avoid bottlenecks in communication.

Thirdly, consider getting a solicitor on board as soon as you decide to sell. Many sellers wait until they find a buyer but there are strict ID and anti-money laundering requirements that must be complied with, and you may need to provide significant information that needs professionally verifying before any work can take place. This is most often the single reason for a transaction to be on hold before your solicitor can begin.

Finally, being realistic about timescales and staying proactive can make a significant difference. By staying organised and working closely with your solicitor, you can reduce delays and enjoy a smoother, faster conveyancing process.



Contact us today to arrange an appointment.

015395 38288 Kents Bank Road, Grange-over-Sands LA11 7EY

www.progressionsolicitors.com

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Spectacles found

Found on Springbank Lane, between Springbank Farm and High Farm. The design is by a Dutch company named Dutz.





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What's On at The Vic

REGULAR EVENTS

Creative Photography - Alternate Thurs 7pm. Contact: seppo_hakkinen@icloud.com

Manjushri Buddhist Meditation Class. Until 16th Oct -Wed 11am-12noon in Chamber. £5 www.manjushri.org

James Reeder Dance Classes - Weds from 7pm. Contact: james@reedersdance.co.uk

Various U3A groups - Contact U3A: 015395 35358 . Monthly meeting 17th Sept.

Wild Soul Yoga - Contact: hello@mywildsoul.co.uk - various classes and sessions available.

CADAS (Cumbria Addictions Advice and Solutions) Peer Support Group - Wed drop-in 10am to 11am. Contact: richardc@cadas.co.uk

Parliamo Italiano - Tues & Thurs - new, beginners & improvers - details: caroline_hakkinen@mac.com

Room 2 at The Vic including Jigsaw Juggle - Open Wed and Thurs 10am-3pm. Tel 015395 92149

WFC Recycling Blue Boxes and Bags Collection Point: Wed & Thurs 10am-3pm. Just inside the Side Door

Bob Marley: One Love (12A) Sunday 13th October 7pm (doors 6.30pm)

BOB MARLEY:

ONE LOVE celebrates the life and music of an icon who inspired generations through his message of love and unity. On the big screen for the first time,

discover Bob's powerful story of overcoming adversity and the journey behind his revolutionary music. Produced in partnership with the Marley family and starring Kingsley Ben-Adir as the legendary musician and Lashana Lynch as his wife Rita.

'electrifying concert performances' – Daily Express

Rating: 12A Runtime: 2 hours (including 20 minute interval).

Bar, snacks, ice cream, interval food, tea and cake.

Advance tickets from www.ticketsource.co.uk/vhsg

Credit/debit cards, Apple Pay and Google Pay accepted on the door. Adults: $\pounds6.50$ Children $\pounds4.50$

Quiz Night at the Vic -Saturday 19th October 7pm



CINEMA at the VIC

Join us for a fun and friendly quiz night!

Doors open 6.30pm, quizzing starts 7pm.

Up to 4 people in a team, tickets £6 per person (including light refreshments and tea/coffee) from www.ticketsource.co.uk/vhsg or on the door.

Raffle, bar prizes!

A Victoria Hall Support Group event – all profits go towards hall upkeep and improvements.

INDIVIDUAL EVENTS

03/10 Thu - 'Bones of a Healthy Future' - 1.30pm. Free 2-hour fitness workshop. To book: www.goingforold.org.uk
04/10 Fri - Concert Club - Meliora Collective Chamber Orchestra.
7.30pm - www.grangeoversandsconcertclub.org.uk

05/10 Sat - Town Councillors' Surgery - 10-12noon - Room 4 - come and speak to your Town Councillor.

See www.grangeoversandstowncouncil.gov.uk/whats-on - for more details of all our events.

BINGO AT THE VIC

Monday 7th October 7.30pm – 9pm Eyes down for bingo night at the Vic! Over 18s only, £1 admission (cash on the door), £5 for 5 games, cash prizes. Bar, soft drinks, tea and coffee, raffle.



From the Library

As we move into the final quarter of 2024, look out for new displays of books, the arrival of Christmas cards and general warmth and snuggliness in the library on those frosty mornings to come.

Grange Soroptomists will celebrate the platinum anniversary of their founding with an exhibition cataloguing past and present achievements – running Monday 7th to Saturday 26th October. They are supporting the charity Smalls for All for two months (September/October), and a 'knicker tree' will be on display for donations of new knickers for women and/or girls.

Digital Drop In: - 2nd Wednesday each month for assistance with one-off problems and troubleshooting on devices. Next session - Wednesday 9 October 10 - 11 am. Sessions may be busy, depending on numbers and issues arising.

HAWC: (Health & Wellbeing Team) 2nd Wednesday each month. Pop in for help or advice. Next session Wednesday 9 October 3.30-4.30pm

Friendship Café: for crafting and nattering, all and varied crafts considered, 1st & 3rd Tuesdays each month. Next month's sessions Tuesday 1 &15 October.

Estuary Jazz Band, see posters in the library.

Grange Library "Booket List"2024" A book about an heirloom/ keepsake or family secret" is the theme – it should be a goodie.

Storytime: is back Thursday 10.15-10.45am. Welcome to you and your toddlers for stories, songs and rhymes.

There are reading group spaces - ask for details. Mindful Colouring resources are out Saturday mornings – ask if you'd like them **otherwise**. Working and relaxing spaces and computers available for free use, also printing and photocopying facilities at a small cost. You can access emails, research online and browse the internet. We're here for advice on accessing online resources as far as we are able.

Opening: Mon-Fri: 10am-5pm, Sat: 10am-1pm Tel 01539 713154

Sunday 10 November

Ladies Fashion Show and Pop-Up Shop 3.00pm at Lower Holker Village Hall, Cark.

Tickets £5, all ticket proceeds to NSPCC.

What's On - October

Tuesdays 1, 8, 15, 22, 29

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m. Contact Hazel Edmondson on 015395 36213 for information.

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Tuesday 1st October

Mothers & Others-. 'Heating your Home' talk by Maria- 7.30 pm in the Father Magner room behind St Charles' church on Kents Bank Road

Wednesdays 2, 9, 16, 23, 30 Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Thursdays 3, 10, 17, 23, 31

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Thursday 3rd October

Cartmel Peninsula Local History Society's next meeting will be on Thursday, October 3rd at 7.30pm in the Cartmel village hall when liz Critchley will talk about the Sankey Photographic Collection and Cartmel. See the club report for more information.

Saturday 5th October

Churches Together Men's Breakfast at 8:30am, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Mondays 7, 14, 21, 28

South Lakeland Phoenixes (formerly Grange Lighthouse). Drop-In for over 18s -Community Foodshare, Main Street, Grange over Sands. Are you struggling with your mental health and wellbeing? Join us in our welcoming, inclusive, safe space, for a chat and a brew between 1:30 and 4:00 pm. www. southlakelandphoenixes.com

Tuesday 8th October

Coffee and Chat at Cartmel Methodist Church from 10:30 to 12:00 noon.

Wednesday 9th October and Wednesday 23rd October

Carer Support South Lakes Outreach Programme we are holding regular drop in clinics for unpaid carers. We will be in Grange-Over-Sands on Wednesday 9th October from 3.30pm - 4.30pm at the library and then Wednesday 23rd October from 10.30am to noon at the Grange Methodist Church Hall on Kents Bank Road. If you need any support, information or want a chat about your caring role do please pop in. If you are unable to make the drop ins but wish to have a chat you can contact the office on 01539 815970.

Thursday 10th October

Quiz Night starts 7.30 pm with Hot Supper at £3.00. Up to 4 in a team with £1.00 admission each. Lower Holker Village Hall

Saturday 12th October

Grange Methodist Hall, Kents Bank Road: RNLI Autumn Fair 9:30 to 12 Noon Refreshments and usual stalls (see Club report for more information) All welcome, £2 entrance

Kents Bank Station Library: Celebrating Britain's Railway Workers: books, documents and ephemera on the social history of our railways, 11.00 to 4.00. Unveiling of historic locomotive nameplate 'REPTA 1893- 1993' at 2.00. All welcome. Details 07795 008691 www.stationlibrary. org.uk

Monday 14th October

Grange Probus Club will meet at 10.30 for 11am at the Netherwood Hotel for a presentation by Bob Sutcliffe "How Art Saved Me". See the club report for more

The Friends of Grange Library News

Everyone who came along to our September Reading Friends meeting, enjoyed a lively discussion on which 3 fictional characters they would invite to dinner.

Guests ranged from the Mad Hatter (who it was decided would enliven the evening by forever moving round the table) to James Bond (whose company the ladies would undoubtedly enjoy) and Mr Brown (who could keep an eye on Paddington Bear who was also invited)! Our next Reading Friends meeting is at 2.30 p.m. on Thursday October 10th when we shall be information.

Tuesday 15th October

Mothers & Others-. 'Fused Glass'-a talk by Fran Brown from Allithwaite- 7.30 pm in the Father Magner room behind St Charles' church on Kents Bank Road

Friday 18th October - 7pm -Newton in Cartmel Village Hall

SIMMA is BACK! A year after his last, fabulous performance. Singer, songwriter, guitarist - and irresistible Geordie humour and charm. Tickets £10 inc pie & peas. Cash bar. Booking wendyandmike26@ btinternet.com

Grange Natural History Society, The Ice Age in Cumbria by Professor Paul Carling, 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Saturday 19th October

Open Giving Event in Grange Methodist Church Hall from 10:00 till 12:00.

Coffee Morning at the U.R.C. 10.0 - 12.0 hosted by Eunice Storey in memory of her husband Kendall, in aid of both the MNDA and St Mary's Hospice Care at Home services. Admission £2, to include tea/ coffee. Cake stall, Raffle & Picture Stall.

Sunday 20th October

Art Heart Space, Exploring Creativity with spirituality. Come and enjoy being creative, drawing, painting or just doodling with time for reflection around our chosen theme. 2.30-4.30 pm. Allithwaite Community Center. For info contact Jenny on 015395 35979.

Wednesday 23rd October

Kents Bank Station Library: This month's talk features 'Best Kept Stations' by Mark Barker of Cheshire Best Kept Stations competition. Starts at 2.00, pre-booking essential on 07795 008691 or info@ stationlibrary.org.uk Carer Support South Lakes at Grange Methodist Coffee morning (in the church hall from 10:30 to 12:00).

Thursday 24th October

Flookburgh & District Over 60's Coach trip to Barton Grange Pick up from Flookburgh Square 9.30am. Leaving at 4pm Contact: Wendy Bland 015395 58392/07814470033

Friday 25th October

Grange Natural History Society, Recording Environmental Change: the work of the CBDC, by Rebecca Slack, Manager, Cumbria Biodiversity Data Centre, 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Saturday 26th October

Craft Fair 10.00 am to 3.00 pm. Nearly 40 stalls, unusual crafts/gifts. Delicious refreshments all day and free car park and WIFI. Lower Holker Village Hall

Tuesday 29th October

Mothers & Others-. Presentation by 'Bay Search & Rescue' - 7.30 pm in the Father Magner room behind St Charles' church on Kents Bank Road

Age UK South Lakeland

Gentle Exercise Class at Grange United Reformed Church every Thursday 2.30pm – 3.30pm.

Grange Lunch Club at the Thornleigh Hotel on the 3rd Wednesday of every month.

Allithwaite Lunch Club at the Pheasant Inn on the 2nd Tuesday of every month.

Cark Lunch Club also at the Pheasant Inn on the 4th Friday of every month.

Please call 01539 728118 for further details.

talking about our Feathered Friends. Do you have a favourite bird and if so what is it? Why does it mean something special to you? Have you got any bird related memories ~ seagulls plucking your sandwich from your fingers, or pigeons cooing down the chimney? There are some lovely poems about birds, so if you have a favourite bring it along to share. The next Cake and Games afternoon will be on Thursday October 24th from 2.00p.m. if you enjoy playing board or card games (and eating Cake of course!), do come along. We have lots of board games ranging from Triominos and Snakes and Ladders to Rummikubs and Articulate and even if you don't know the rules there is always someone on hand to help!

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NSPCC

Ladies Fashion Show and Pop-Up Shop Sunday 10 November 3.00 pm at Lower Holker Village Hall, Cark. Tickets £5, all ticket proceeds to NSPCC. There will be up to 70% discount off women's clothing, shoes and accessories from High Street brands, including, M&S, White Stuff etc. Unfortunately as we need to know numbers attending there will be no ticket sales on the door. Please contact Lynne on 07530003627 to purchase.

Also a date for your diaries - Candlelight Service on Wednesday 4th December in Kendal Parish Church. A magical evening of pre Christmas songs and readings. Tickets £10, children 16 and under free. Further information to follow.

Kents Bank Station Library and Beach Hut Gallery

The Railway Library continues to expand with some muchappreciated donations including a large number of tram and light railway books from the Light Rail Transit Association. The sale of duplicate books is bringing in much-needed income to develop the facilities at the library and buy special items which fill gaps in the collection. The monthly 'Mutual Improvement Class' (MIC) talks continue to be well supported and this month we welcome Mark Barker to talk on 'Best Kept Stations' (see 'What's On').

The library and gallery are open every Friday, Saturday and Sunday from 11.00 to 4.00, staffed entirely by volunteers (we need more, please get in touch if you're interested). We recently launched a 'Friends of Beach Hut Gallery' to widen our support. Or longer-term aim is to provide modest catering facilities and a customer toilet. We will be leafleting the area with more information - but why not drop in to the gallery and see the superb artwork including our featured artist Ben McLeod.

We also have a growing book section, focusing on art, local history and landscape. Contact us on 07795 008691 or beachhutgallery@googlemail. com

Crake Valley Croquet Club

Crake Valley hosted the Annual fixture between Team England and the Scottish Croquet Association. Two of our members represented England who lost 6-12 over the two days. All players enjoyed the setting and commented on the quality of the lawns. In the North West League Crake won the Handicap Golf League for the first time since 2020. The Club also won the Cumbria Tankard Association Croquet competition between locally based Clubs of Crake, Keswick, Penrith and Westmorland Taster sessions were held as the Club aims to increase its membership for 2025.

Cartmel Art Society

Following a successful Summer Exhibition in August, the Society held a morning workshop on 2nd September, using cola pens. This session was led by fellow member Joan Aitchison, showing her skills in working with unusual materials. The following workshop, on the 25th, was hosted by visiting artist Jackie Hadwin, demonstrating how to make a hand made sketchbook depicting a walk through Autumn.

The morning meeting on 9th October will be led by fellow member Gwen Bellamy, with a workshop producing collageart, using scraps of paper torn from magazines, wallpaper, etc. Please feel free to bring along any oddments that inspire you in your own creative piece!

23rd October is a full day workshop with a new artist to us, Graham Lowe, who specialises in pastel landscapes. There is a £25.00 charge for this session. Please let Rita know if you wish to book a place, on: ritadenby45@gmail.com or call her on 07587 705842.

If you are interested in joining the art society please get in touch via our Facebook page or our website: cartmelartsociety. co.uk if you have any questions. All levels of ability are very welcome to join our friendly group of both beginners and more experienced artists.

Mothers & Others

Our members have enjoyed the start to the season and it was lovely to see familiar and new faces at our meetings. In October we have 3 meetings: on 1st October Maria will give an advisory talk on 'Heating Your Home', which should prove helpful as winter approaches, on 15th October Fran Brown from Allithwaite will tell us about 'Fused Glass' and show us some of her lovely creations, and on October 29th we will welcome Bay Search & Rescue for a presentation on the lifesaving workthey do, and at that meeting we will be giving them a donation to assist their work. Our new members enjoyed being part of our friendly group, enjoying the relaxed atmosphere, so if any ladies reading this article feel they would like to join us, we would be very pleased to welcome them, either as a member or as a visitor.

Our meetings are in the Father Magner room behind St Charles' church on Kents Bank Road, starting at 7.30 pm and ending with a cup of tea and a friendly chat. For further information call Ann on 015395 33856 or Linda on 015395 33482.

Grange Forum

The Grange Forum restarts on Tuesday October 8th at 10.15(refreshments available from 9.45) at the United Reform Church Hall in Kents Bank Road with a talk entitled On the Sculpture Trail with Josephine Gosling.

There are 5 tickets available for the theatre trip to the Winter Gardens Blackpool to see An Officer and a Gentleman on October 3rd. The Forum have arranged a theatre trip in 2025 to see Calamity Jane in Blackpool. Thursday June 26th. For details and further information concerning Grange Forum please contact the secretary 33696 or the treasurer on 33057

Allithwaite Bowling Club

The bowling club season has now finished with just the Kendal League Merits to be played at the end of September. Congratulations to the Seniors A Team who have won promotion to the First Division of the South Westmorland Seniors League. The last Allithwaite event was Club Presidents Day.

This year the President is Alan Balderstone who presided over a great day which included a Jacob's Join lunch and tea and also a fun doubles competition.

The final was fought out between Alan Balderstone and his partner John Hilton and Thelma McBrarney and her partner Gillian Yates with Thelma and Gillian the worthy winners. The green will close shortly and then the work will begin on getting it ready for next season.

If you are interested in joining the club next season all the details are on the Allithwaite Bowling Club website.

Grange Probus Club.

Grange Probus Club's guest speakers for September were Rachael Halhead and Oliver Winder of the South Cumbria Rivers Trust on the subject of Lake Windermere. Thev described the background, composition, area of responsibility, and aims of their team based at Haverthwaite. Essentially, they aim to monitor, protect and conserve the rivers and lakes in their area. including England's largest at Windermere. Their activities generally involve partnerships with local organisations and communities advising and supporting their work to improve water quality against the background of climate change and other environmental challenges.

The Club's next event will be on Monday, October 14th at 10.30 for 11am in the Netherwood Hotel when Bob Sutcliffe will give a talk about "How Art Saved Me". Grange Probus welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS hosted a packed meeting with 40 members and 25 guests for Melinder Elder's talk about Furness's Links to the Slave Trade. She named a number of men from the Furness area who, during the late 18th century, had been prominent in the triangular trade of manufactured goods to West Africa, slaves to the West Indies, and raw materials to the UK. Many of them made considerable fortunes and lived in Lancaster and Liverpool with some buying plantations in the West Indies. Public opinion gradually turned and the selling of slaves was outlawed in 1807 and ownership in 1833. CPLHS's next meeting will be on Thursday, October 3rd at 7.30pm in the village hall when Liz Critchley will talk about the Sankey Photographic Collection and Cartmel. Entry is free for members and £3 for visitors. Further information on CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.



A first for Grange WI. On 9 September we had the launch of our first ever art exhibition. Several members have started meeting weekly to dabble in all things artistic and on display in Grange Library were the fruits of their efforts. Engaging in any kind of art and crafts activity is now recognised as bringing all sorts of therapeutic benefits and is a fun way to spend a few hours with friends and likeminded souls.

Grange Lecture Society

At last, it's October and after a year of forward planning by our programme secretary, we are delighted to bring you this winter's season of TEN TALKS from Grange's very special Lecture Society.

applications Membership have been coming in steadily since our successful Taster Evening on Tuesday 20th August. And by the time you read this, we will also have enjoyed another bonus talk, learning how to protect our Dark Skies in partnership with the environmental organisation PEAT. If you have missed these opportunities to sign up, there is still time. With prices held at £46 for this winter season we offer something warm and inviting to look forward to on winter evenings. You can print out an application form from our website www. grangelecturesociety.co.uk or call in Daisyroots book shop for a form and leave them with a cheque. You can pay online by bank transfer to Grange Lecture Society. Sort code 20-45-28. Account 63398110. The fee is £46. Be sure to include your name as reference.

Sadly, Secretary Tim our Leader has stepped down from the committee after several years of much valued service. If you would like to assist the Society, in any way, you will be most welcome. A publicity officer would be very useful too. The Committee are very much looking forward to welcoming you on Tuesday 15th of October. our first 'TALK' is a new series of films by Cumbria Film Archive recorded and archived by Andrew Leitch and Jim Bowness. See you at 7:15 prompt. Please support the Lecture Society and in turn the Victoria Hall and most importantly, ENJOY

Grange RNLI Branch

Grange Fundraising Branch are holding their Lifeboat Autumn Fair on Saturday, 12 October, 9:30am to Noon, Methodist Church Hall, Kents Bank Road, Grange-over-Sands. This year is the 200th Anniversary of the founding of the Institution so we hope the Fair will be successful through the support of the people of Grange and surrounding area. The format of the fair will be much as usual with Lifeboat gifts, a raffle, tombola, cakes and produce and bric-a-brac. All proceeds raised will go to support the work of the RNLI volunteers providing lifesaving services at sea and on the beaches around the shores of the UK and Eire. Please come along and support the event, you will be most welcome even if it is only for a drink and chat. Entry fee, £2, will be payable on the door and includes refreshments. If you have any donations for the stalls, please contact the Branch Secretary on 015395 83607 or at pickle 028@tiscali. co.uk.

The Friends of Kents Bank Station and Foreshore

The Friends of Kents Bank Station and Foreshore are holding their AGM on Friday October 25th at 9.30 a.m. at the Pheasant Inn, Allithwaite. If you are interested in joining the group or would like to find out more about what we do, then do come along ~ everyone welcome.

Cartmel and District Flower Club

Our next meeting is on Monday 21st October at Cartmel Village Hall 2.00pm. This month's demonstrator is Joan E Robinson from Wigan with "My Favourite Things" All our members and visitors are welcome so please come along and bring a friend and enjoy an afternoon of floral arrangements and refreshments. For more information contact Isobel on 015395 33136.

PEAT

By the time this is published the autumn equinox will have passed and we will be well and truly into the autumn season. The time when we all start to think about keeping out the draughts and keeping our homes warm for winter. PEAT will be working with Cumbria Action for Sustainability and other local communities to be able to offer Thermal Imaging surveys later on this year. It's a camera that highlights all the cold spots in your home, we will be keeping you posted. With water quality high on everyone's list we have Matt Staniek of the Save Windermere campaign coming to speak on November 26th at Lower Holker Hall, this should be a popular event especially in that area.

Grange Fell Golf Club

Breaking par has proved difficult this year under the new handicap rules and that proved the case again in the Hindley Hall Medal competition. Only two players were under par. Dean Richards with a 69 and the winner Steven Wilson with a fantastic 67. Les Ollerton hosted Presidents Day on a fine day in August. Dean Richards put in a fine score to finish second again but the Presidents Prize was won by Ian Howarth with 41 points. The golf was followed by a wonderful evening's celebration in the clubhouse. Robert Moore won the Harry Leach Trophy with a net 71. Russell Kay took the ancillary prize with a 69.

Lady Captain's Day in July was a great success with the largest field for some years. The winner was Kirstine Curwen and runnerup Flo Sweeney. Other winners were Susan Freudmann, Dayna Davidson, and Janet Crowe, A buffet afterwards was attended by several past members. The Eva Whatmough Trophy was won by Dayna, with Kirstine second. Edna Martland round 3 was won by Dayna which led to a tie for the trophy, and a playoff against Margaret Shepherd. This was won by Dayna on the 18th hole!

South Lakeland Stitchers

After a busy stitching year, we ended the season in July with a Braiding session led by Sandra, a member. Following her instructions, we twisted, wrapped and wove a variety of threads into braids which can be used on our work. We progressed to Kumihimo braiding which originated Japan. This in needed concentration. Our AGM session last month opened a new year of planning a programme which covers a wide range of creative work, including hand and machine stitching, embroidery, 3D sculpture, paper collage and much more. Following the business part of the day, Ann, another of our members, led the afternoon session. She had brought many samples of her hand stitched felt brooches,

key fobs and bird garlands. The ideas were there for us to follow or to make out own. We busied ourselves with felt, needles and thread. Many of our samples can be seen on our blog. southlakelandstitchers. blogspot.com

Grange Soroptimists

At our September meeting we reviewed our results from our participation in the Big Plastic Count and shared ideas to reduce our use of single use plastics with novel ideas including a water flosser. (See website for additional ideas and our local recycling information).

To celebrate the platinum anniversary of the founding of our club, we are putting up a display in the library from 7th - 26th October showing some of our achievements over the past 70 years. As part of the celebration we are supporting the charity Smalls for All and a 'knicker tree' will also be on display for donations of new knickers for women and girls. Members took part in the Barrow Dreams Reclaiming the Past event in Barrow with a parade and performances to celebrate the remarkable women in our lives and communities, including of course the Soroptimists! Members continue with work in the Sensory garden and at Barrow Women's Centre on a regular basis. Members also enjoyed meeting for a very sociable get together at Levens Hall in glorious sunshine.

Anyone interested in joining the club or getting further information on our work please contact Mary Ann on 015395 32265 or see our website www. sigbi.org/grange-over-sands/

Grange and District Photography Society

Grange and District Photography Society kicks off the autumn with two presentations October! in YouTube content creator Ashley Barnard a.k.a. Wildlife Photographer UK opens the season on 7th October with A year in the wild behind the camera".

In the second meeting on 21st October Chris Wright presents "Paley and Austin Lancaster Architecture". The meetings take place on Monday afternoons at 2pm in United Reformed Church Hall, Kents Bank Road. Cost is £4 including tea/coffee and biscuits. If you require more information please contact us on seppo_ hakkinen@icloud.com

info@grangenow.co.uk | 015395 22234 25

Property Talk

With

Craig Turner Property Department Manager and Valuer

FRIENDLY HONEST PROPERTY ADVICE

Time to 'Budget' for property taxes

It is officially Autumn. Although I'm sure many of us are wondering when exactly we had Summer. The summer months were kind to the property market and we saw impressively high levels of property sales. With the nights drawing in comes the onset of darker nights whilst the end of October brings a time of fear.

The end of next month brings the Autumn Budget! The first under the new Government. In fact by the time you read this it may have even been announced. The good news is that there are no predictions of ground shaking changes to the main of the property market however there are a couple of things that may be worth keeping an eye on.

Tax has been a commonly used word in political discussions and increases in it an inevitable expectation. Even the property market doesn't seem to be able to avoid the reach of His Majestys Revenue and Customs and there are suggestions that there are going to be changes to Capital Gains Tax, Inheritance Tax and Stamp Duty Land Tax.

One of the decisions used to drive the property market forward after Covid was the Stamp Duty holiday. Thankfully this is not being removed however the holiday for first time buyers looks to be reducing (although the current level is £425,000). Alongside this are expected increases in inheritance tax (the main chunk of an estates value is attributed to property) and capital gains tax (which often comes into effect when selling a second property which has been owned for a significant period of time).

It is anticipated that none of these changes will have a significant impact on the property market although some will be effected more than others.

Poole Townsend offer a range of experts, not only within the property market but also covering the financial and legal aspects of property, and we are more than willing to talk to you and advise you on the best approach to take. By providing expert knowledge and care to our clients we continue to hold a market leading position in all aspects of property.



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Property

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CLUBS & SOCIETY

Lower Holker Village Hall

Grange Now October 2024. September 200 Club winners are : 1st £40-166 Tom Dobson, 2nd £25 -197 Jack Lambeth, 3rd £15-151 Kevin Williams, 4th £10 -90 Thomas Whinfield. Tai Chi, Yoga, and Dancing, and Aerial Hoops are available. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm. Table tennis from 9.00am to 4.00 pm. Cost is £1.00 per player for the booking. Bowling Green closed. Sewing Machine Classes every Friday morning 10-12pm. £15.00 per session, bring your own machine. Contact Natasha Natasha127@outlook. on com or 07901751197. Quiz Night Thursday 10th October 7.30 pm start with hot supper at £3.00. Craft Fair Saturday 26th October 2024 10.00 am to 3.00 pm, free admission delicious refreshments all day! We are hoping to start a Table Tennis Club, contact r.barton5353@gmail for details, and look on FB. Please follow us on Facebook at lowerholkervillagehall for all our latest news. Website is lhvh.co.uk. The Hall number is 015395 58304.

Grange Gardens Society

In September we enjoyed an excellent and beautifully illustrated talk given by Alan Oatway showing us the great variety of flowers to be found in many areas of Oregon.

Our next meeting is on Friday October 18th at 2.0 pm, at the URC, Kents Bank Rd, when our speaker is lain Turnbull, the Head Gardener of The Lake District National Park.

Do join us for the talk, followed by refreshments. Visitors are always welcome.

Grange over Sands Civic Society

The last of the Grange historical plaques is now in place. The civic society obtained funding from Cumbria County Council, the Bay Villa Trust, the Council, District Council and a private donation. The 20 plaques, created as part of the 1993-97 Grange initiative, were in need of renovation. Each plaque had to be removed (they are made of cast iron), then painted by hand and replaced.

There is a historical plaque trail leaflet which was designed by Bob Sutcliffe, and these are available in various outlets around the area.

Cartmel Cricket Club

After a rained off draw against Milnthorpe, we had a double header against Sedgwick. These two games were vitally important for us to win to enable us to stave off relegation. In the morning of the game, all hands were to the pump due the ground being underwater. But the players and members managed to dry out the ground to enable the game to go ahead. Sedgwick could only muster 84 all out, star bowler was Rob Rhys who took 5 for 19. We easily knocked off the runs for the loss of two wickets. The next game Sedgwick only managed a few more runs and reached 107 for 8, Stuart Bailey taking 6 for 13. In response Cartmel were 4 for 3 and then 20 for 4 but Stuart Bailey scored 39, with good support from Phil Keith and Joe Cowperthwaite. However a flurry of wickets meant Cartmel needed 10 to win with one wicket left but father and son duo, John and Matthew Burton saw us home for a valuable win. We then had a double header against league leaders Coniston, but we lost both games. The first one we looked to be in a chance of wining, chasing 213, Tom Harvey (60) and Bob Davies (33) put on 83 for the first wicket but we eventually drew, with Kev Williams valiantly defending his wicket. We lost the return fixture by 141 runs. Against Milnthorpe John Burton took 5 for 47 restricting the opposition to 74 all out. Tom Harvey (41*) and Bob Davies (31*) saw us win by 10 wickets. A close game saw us lose to Penrith by three wickets, Mike Taylor scoring 41 and taking 3 for 43. The last game against Ambleside was rained off which meant we finished 10th out of 16 teams which is a tremendous performance against some very good sides. We have avoided relegation (six teams go down) but league restructures may mean we still play in a different division next season.



Letters to the Editor are published on the understanding that they may have to be shortened to fit available space. Publication of a letter in no way reflects the views of Grange Now. All letters must be accompanied by a name and address even if the correspondent requests anonymity. In this case 'name and address supplied' will be added.



Dear Editor,

Reason Behind New Coloured Bands on Grange Promenade Railings.

I hope you read my letter in the September edition where I informed readers of my work with the Furness and Westmorland council to divide Grange Promenade into four zones to help emergency services locate a casualty more easily. The promenade, which is over a mile long, has five access points and there are few landmarks which can help people in a crisis, especially the visitors, to accurately identify where an incident has taken place and could save lives.

Through experience we know precious time could be lost if the control staff receiving the 999 emergency call cannot find out where the incident has taken place.

A simple common sense solution to this problem has resulted in each section now having a discrete coloured band on alternate railings to enable the control staff to inform the ambulance crew and first responders to use the appropriate access to more easily attend to the casualty. This initiative could save lives.

Working from north to south each of the four zones have a different coloured band in the centre of the top alternate horizontal rails in that particular section.

Zone 1 - YELLOW: At the northern end of the Promenade the access is from the main road almost opposite the Netherwood Hotel by the footbridge over the railway to Blawith Point. This zone has railings with YELLOW bands as far as the Grange railway station where the bands change to green.

Zone 2 - GREEN: The access to the Promenade here is via the subway under the railway from the station car park. This zone has railings with GREEN bands and extends to the next access point via the subway from the Main Street car park.

Zone 3 - RED: The access to the Promenade is via the subway under the railway bridge from the Main Street car park. This zone has railings with RED bands and extends to the next access point at the base of the ramp from the Clare House railway bridge.

Zone 4 - BLUE: The access to the promenade is via Clare House Lane or from the public car park behind the Health Centre. This zone has BLUE bands on the railings and extends to the southern end of the Promenade. The access point here is from Cart Lane and the King George playing fields.

Westmorland and Furness council intend to erect signs which explain the reason for the colours on the railings.

Jane Strawbridge, Chair Grange and District First Responders

Dear Editor,

Unfortunately, the news on the wall planting project is not good. While the work to remove the ivy from the walls has begun, it has not totally been eradicated, meaning that anything planted would be in danger of strangulation as the weeks and months go by. Even if the ivy is totally stripped, late summer/early autumn is hardly a good time to begin planting and many of those on our list are unavailable at this time of year.

I have worked hard to try to bring the project to fruition and am as disappointed and frustrated as everyone else.

I did say that this was a long term project and that you might need to be patient. I did not foresee quite how long it would take in reality!

I am definitely not giving up on the plan but it will have to go on hold until the spring when we can hopefully look forward to sustainable planting in the wall tops as soon as it can possibly be done.

Councillor Tricia Thomas

Dear Editor,

To all bottle top collectors,

The bottle top collection outside Cartmel Surgery has been collecting bottle tops for Guide Dogs. Unfortunately due to a change in sponsorship we can now ONLY accept MILK BOTTLE TOPS. We are sorry about this change but hope you'll still support this good cause.

To all new collectors , please drop off your MILK BOTTLE TOPS in the allocated bin outside Cartmel Surgery.

Thank you all for your support,

Jen & Elles

Dear Editor,

As a follower of Flookburgh Band, I was delighted to hear of their recent success at the National Finals. All members deserve to be congratulated, but John Iveson (26 years as their Musical Director) merits a special mention.

A report by 4barsrest said the band were 'led with subtle authority by the vastly experienced John Iveson' and the music 'caught the ears in the box (the three adjudicators) with its richly characterised contrasts'. Praise indeed!

Thank you, John, for your entertaining and informative concerts, both indoors and at the bandstand, but especially for bringing home some silverware to Flookburgh! Kate Thorburn

For those jobs you don't have time for or struggle to get done **home & garden services**

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SITUATIONS VACANT

School Administrator

The Governors of Flookburgh C of E Primary School are seeking to appoint an enthusiastic, energetic and proactive School Administrator to join our happy and hardworking team from January 2025 or earlier, if possible.

This is a permanent, part-time, position of initially 20 hours per week; the days to be worked will be agreed in discussion with the Headteacher prior to appointment.

Further details, including the full job description and pay grade can be found on the Westmorland and Furness Council website:https://www.

westmorlandandfurness.gov.uk/schools-andeducation/school-job-vacancies

Or, the school's website at: www.flookburgh. cumbria.sch.uk Please feel free to contact the school to arrange an informal chat with the Headteacher and to take a look at our wonderful school.

Contact details: admin@flookburgh.cumbria. sch.uk or, 015395 58434

We look forward to welcoming the successful candidate into our fabulous team.

> The Governors of Flookburgh C of E Primary School

CLASSIFIEDS

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subject to space. Five items max. reclining cream leather chair £50.00 Single items max £200, in writing to our offices or e-mail info@ grangenow.co.uk, include your name and address

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The next Grange Now deadline is 18th October

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