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ISSUE 392 MAY 2024
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Grange Drama, The Ghost Train - see page 22

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BEWARE THE COLD CALL



We have all heard horror stories about cold calling scams, which can range from being an inconvenience to a huge financial blow. Perhaps inevitably, cold calling as a marketing ploy has now entered the wills and trusts industry and we as a firm which specialises in this area of law are seeing some frustrating outcomes.

A common practice is the promotion of trusts as a vehicle to save on care fees or similar. This is an area of concern for many people as they enter retirement and the companies doing the cold calling are keen to capitalise on this. In doing so, the companies concerned are acting legally but we would question whether this is the best deal for the client.

Usually, the company doing the cold calling is not staffed by qualified lawyers or strictly regulated in the way that other law firms must be. They never meet the client in person and often request that payment – at least a deposit – be made upfront before any documentation has even been produced. The end product is not always necessary or even appropriate for the person concerned.

A view sometimes expressed by the general public is that solicitors are too expensive. However, it is our experience that some of these 'trust creation' companies have charged individuals more than double that which we would have done for the same result.

We know one size doesn't fit all which is why we discuss each client's needs, usually in person at our office or the client's home – every situation is different and we do not advise on the preparation of complex trusts unless they meet the client's needs.

Regarding care fees, the situation depends on the individual's circumstances and putting assets into a trust is no guarantee that they will not be taken into account by the local authority if required.

The ability to pay for care is means tested. Your home will not be included if you receive care and support at home or if you go into a care home on a short-term or temporary basis. If you move into a care home permanently, your home will not be included if your partner still lives there or, in certain circumstances, a relative.

Please do not give in to any scare tactics by a cold caller who wants to find out all about your finances but if it is something that concerns you, please find a local solicitor and take full legal advice on this complex matter.

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Editor's Letter,

Choo choo - the trains are back on track. Read our diary of a derailment on page 29. More details to come in the future once the cause comes to light after the Rail Accident Investigation Branch publish their findings.

As always this issue of Grange Now is just packed out with news, information and announcements. What a 'happening' place to live. Talking of which, my thanks to all our contributors and advertisers - you very definitely make it happen in these pages and help deliver a fantastic service to your local community through the pages of Grange Now.

Next deadline is 17th May.

Grange Shed



April knocked us for six, that is too many of us off sick with flu and one from Arnside who could not use the train. It was literally six of us down in the early weeks of the month.

That did, of course, give the others much more space and a quieter time, slowed down our projects and repair work though. Also with the weather improving, a little, we are now able to do some outside.

The repairs are getting much more interesting as we have just got, what was known in the motor trade as a Dalek! Not an escapee from Dr Who but a machine for emptying

and filling the hydrolastic suspension systems from old British Leyland Minis, 1100's and Landcrabs, who remembers them? However, the things are quite collectable now. This one was seized but we have got it working, just need to pretty it up a bit now.

The Repair Café is back in May on Friday 3rd at Grange Methodist Church Hall, we are looking forward to seeing some more interesting stuff.

Come and see us or join us, as ever we are working any Monday, Wednesday or Friday including the upcoming bank holidays! Keep an eye on our Facebook page and website.

Firefighters On Call Appreciation Night



Firefighters from Grange Fire Station and joined by their families at the On-Call Appreciation Evening

The skill and dedication of the crew at Grange Fire Station has been celebrated at a special gathering.

The On-Call Appreciation Night was held at the station on March 20, as part of a series of events Cumbria Fire and Rescue Service is holding across its 36 On-Call stations in the county.

All Firefighters were presented with a certificate of thanks from Area Manager Lauren Woodward.

The event was also an opportunity for the service to extend thanks to the crews' families, whose support allows the On-Call Firefighters to serve the communities of Grange and the surrounding areas.

The event also marked the retirement of Firefighter Nathan Higginson, after 26 years of dedicated service to the station. Nathan, joined by his family, was presented with a commemorative firefighter's axe from the team at Grange.



Nathan Higginson (second left) receives his retirement gifts from, left to right, Garry Wareing, Watch Manager Alan Spiers and Station Manager Jamie Coward



Nathan Higginson receives his retirement presentation from Area Manager Lauren Woodward

grange NOW

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Future Deadlines

ISSUE	DEADLINE	RELEASE
GN393	17th May	29th May
GN394	14th Jun	26th Jun
GN395	19th Jul	31st Jul



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Investment Matters

By Chris Hill CFP™, Chartered MCSI

What next for UK interest rates?

The UK's interest rate landscape is currently under close observation and both savers and mortgage holders should be keeping a close eye on what happens to rates throughout the rest of the year. The Bank of England has held interest rates at 5.25% since August 2023 and for cash based savers, they have benefitted from some of the highest savings rates for 15 years.

However recent economic indicators suggest that a change could be on the way. Whilst the Bank of England governor has previously indicated that rates may not change until the Bank is confident that inflation will return to the 2% target, current economic data has led market analysts to expect that the next action will be for interest rates to be cut. The potential timing, and extent of any rate cuts are not yet known, and whilst any rate cut would be embraced by mortgage holders, this news will be less welcome to savers.

Cash remains an important part of any savings strategy, but for savers who have relied solely on high interest rate accounts for the last couple of years, depending on the extent of any interest rate cuts, there is likely to be a need to reassess whether this remains a suitable long term approach. Longer term savers may need to consider alternative investment options.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Cockles at The Lantern



Cockles at The Lantern is a new family run convenience store which has just opened on Church Road in Allithwaite.

Our grand opening was held on 28th March, the ribbon was officially cut and we had a visit from the Easter bunny who handed eggs and goodies out to all the children who came to the event.

Cockles at the Lantern is the newest of three convenience stores operated locally by the Howe family, along with

Cockles Convenience Store in Flookburgh and Cockles in Cartmel.

The store is open 7 days a week and will stock daily newspapers, a large range of everyday items as well as produce from local suppliers such as Hazelmere, Higginsons, Lakes Sandwiches and many more.

A huge thank you to all our customers who have supported us so far and we look forward to welcoming our new customers soon.

Beep Doctors Sponsored bike ride

Please support the Fourth annual Beep Doctors Charity Cycle Ride around the perimeter of Cumbria, covering 260 miles.

Chairman Dr Theo Weston, MBE, will take on this challenge along with five supporters starting on Friday 24th May and finishing on Tuesday 28th May. They would be very grateful for any support

that can be given for the ride either by cheering the amazing cyclists along on the roadside or by sharing our information on your social pages. They hope to reach our target of over £5,000 this year.

www.justgiving.com/campaign/beep-cumbria-cycle-ride-2024
Further info, please contact us by emailing: info@beepdoctors.co.uk

The Newby Bridge Hotel

Here at the Newby Bridge Hotel, we would like to thank all the Grange Now readers who have taken up our Winter Warmer and Fish and Chips lunch offers over the past few months.

We've enjoyed welcoming you all and we've been really struck by how many guests said that they weren't aware that we do bar meals, Sunday Carvery or family functions. What might also not be common knowledge is that

we also do a Locals Discount Card, which we have decided to extend to cover both the LA11 and LA12 postcodes areas. This card entitles holders to 10% off food and drink, at both lunchtimes and evenings (T's and C's do of course apply). If any readers would like to acquire a local discount card, just call in with proof of address and we'll issue one straight away! We hope to see you soon!

Open Day at South Windermere Sailing Club May 18th



Photo - Jeremy Lambert/SWSC.

SWSC will be holding an open day with taster sails on Saturday, 18 May, 10am to 3pm. This is part of the RYA's Discover Sailing initiative.

Club members will be on site to share more information about all things sailing and our club community. Advance booking is not required. Buoyancy aids are provided for sailing and being on the jetty. We recommend wearing comfortable clothes and footwear that you don't mind getting wet. A windproof coat would be beneficial. Members will also be on hand to explain rigging and the elements of sailing, and you can try helming on land. Learn how to tie different types of knots, and identify the parts of a boat. Good quality used sailing gear for children and adults will also be available for sale. Parking available, payable to YMCA Lakeside. You can also walk/cycle via the "West Windermere Way". Tasty cakes, light lunches, drinks available on site. South Windermere Sailing Club is located at YMCA North Camp. LA12 8BD For more information visit swsailing.co.uk or email enquiries@swsailing.co.uk

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Kents Bank station wins Gold!

The achievements of station volunteers from all over the UK were celebrated at Community Rail Network's (CRN) national awards event in Swansea on 18 March 2024.

The Friends of Kents Bank Station and Foreshore (FKBS&F) were delighted to receive a Gold Award in the Its Your Station category. This was awarded in recognition of the great team effort by volunteers who have made Kents Bank station a very special station on the Furness line.

Since the group was founded in 2015 FKBS&F volunteers have enhanced the historic and natural environment of 'their' small coastal Victorian station situated in Grange-over-Sands' Conservation Area 3. They have nurtured the platform and foreshore gardens; designed and installed historical and environmental information boards; set up a book exchange; and ensured that the Victorian waiting rooms on platforms 1 and 2 are interesting places where visitors and residents can relax.

During 2023 volunteers worked hard to bring the community and visitors together and to mitigate the adverse impact of Network Rail's new platform 2 safety fence on 'their' station's heritage. They



Fence painting on platform 2

convinced Network Rail representatives to paint their intrusive safety fence black so that so that it was more in keeping with the station's Victorian heritage, and to provide grants towards two heritage projects. The funding received from Network Rail, plus additional funding from SLDC and Northern, enabled the group to commission three historical boards with photographs illustrating Kents Bank station's history and to purchase two replica Victorian Furness Line squirrel benches to replace the modern benches on platforms 1 and 2. Throughout 2023 volunteers have supported station work morning gardening and fence painting projects. The group also held a very successful Connecting with the Community event at Kents Bank station to mark the beginning of Community Rail week in May 2023. Musical entertainment



Gardening on platform 1

was provided by the Sands Band, there were popular plant, cake and card stalls, a local enthusiast demonstrated a small steam engine and CRN funded a free bus to link between Kents Bank station and Cartmel. In addition, FKBS&F committee volunteers have regularly updated the group's Facebook pages, the Poetry on the Platform and Community Notice Boards, produced Newsletters, organised group lunches as well as looking after the station's well-used and much-loved waiting room book exchange. And our volunteer gardeners have maintained the station and foreshore gardens to provide enjoyment for residents and visitors. It has been another worthwhile year for the FKBS&F!

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It all depends on who you leave behind. Intestacy (where an individual dies without a valid will) can lead to unintended consequences, such as distant relatives inheriting assets or estranged family members receiving a share.

If a person dies leaving a surviving spouse or civil partner but no children, then the position is straightforward. The survivor will inherit the entire estate. However, things are drastically different if there are surviving children besides the spouse or civil partner. In this scenario, the surviving spouse or civil partner receives a statutory legacy; a fixed sum set out by law. They will receive all the deceased's personal belongings and one half of the residuary estate, which is 'everything else'. The remaining half of the residuary estate will be shared between the children.

The statutory legacy was increased in July 2023 from £270,000 to £322,000. Now consider that as of June 2023 the average UK house price stood at just over £287,000, this means that for those in towns and cities where property commands higher prices, they might end up unintentionally owning their home with children or stepchildren.

To avoid this uncertainty, it is wise to create a will that reflects your true intentions. Taking the time to draft a will can provide peace of mind and ensure your estate is passed on as you wish.

Should you require any advice regarding this, or any other related issue please do not hesitate to get in touch with a member of our experienced private client team.



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Higginsons make the cut for two prestigious awards

Renowned independent Butchers, Higginsons of Grange are enjoying a double helping of recognition after going through to the finals of two separate business awards this Spring.

Throughout their 40 years in business, Higginsons have been at the forefront of their trade and have become a household name not just within their local community of Grange-over-Sands, but across the county and the wider North-West region for their top-quality local meats and legendary pies.

In March, they were named as a finalist in the North West Family Business Awards - Culinary Trailblazers category and in the same week, also clinched a Gold Award at the Q Guild of Butchers Smithfield Awards.

Owner, Mark Porter

commented, "We're very proud of what we do here and over the years we've picked up lots of awards, but being recognised in two separate awards like this demonstrates that we're still up there at the top of our game as independent, family-owned high street butchers!"

Higginsons were one of seven businesses named as finalists in the North West Family Business Awards Food & Drink Producers category, which celebrates exceptional family-run culinary producers who contribute to putting the region firmly on the culinary map. As finalists, Higginsons will now receive a visit from a panel of judges from across the region before the winners are announced at the awards celebration on Friday 10th May.

By-election in the Grange and Cartmel ward of Westmorland and Furness Council

On 2nd May, electors across the county will be electing their next Police, Fire and Crime Commissioner (PFCC). There's also a by-election in the Grange and Cartmel ward of Westmorland and Furness Council, as well as Town and Parish Council elections across the Westmorland and Furness area.

Voters are also reminded that you are now legally required to show photo identification, when voting in person at a polling station. You may already have a

form of photo ID that is acceptable. You can use any of the following:

- Passport
- Driving licence (including provisional license)
- Blue badge
- Certain concessionary travel cards
- Identity card with PASS mark (Proof of Age Standards Scheme)
- Biometric Immigration document
- Defence identity card
- Certain national identity cards

Volunteer Wanted

Age UK South Lakeland need new Volunteer Gentle Exercise Leaders for our chair-based classes in Grange and Endmoor, and relief cover for the South Lakes.

If you can spare a few hours a week, or just a few hours a month and would like to get involved, please call Suzanne Ambrose on 01539 728118 for more information.

Homecare

Open Day

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Wednesday, 29th May
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- **Discover our Services:** From Home Help and Companionship to End of Life Care
- **WorkBuzz 5-Employer Award:** Ask us how we achieved this accolade
- **Gold Standard Framework:** Learn about our commitment to end-of-life care
- **Meet our Experts:** Including Leigh, Dementia Champion, Rachel B our End-of-Life specialist, and Rachel D our medication and Basic Life Support Expert
- **Community Events:** Explore our events, such as our Companionship Cafes
- **Client Testimonials:** Hear how we have achieved 9.9 on homecare.co.uk
- **Outstanding Care:** Learn from Louise, our Registered Manager, why we've earned an Outstanding rating and how it benefits you.



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Dramatic return of pair of breeding ospreys to South Lakeland nature reserve



Ospreys at Foulshaw Moss

Cumbria Wildlife Trust welcomes Blue 35 and White YW back to Foulshaw Moss Nature Reserve

A pair of breeding ospreys has returned to Foulshaw Moss Nature Reserve, for the 12th year running. Hopes are high for another successful breeding season at this stunning wetland nature reserve near Witherslack. The osprey pair known as Blue 35 and White YW first nested at Foulshaw Moss in 2013 and a year later raised their first chicks here. Since then they have successfully raised 27 chicks.

White WY (the male) arrived on Sunday 24 March and Blue 35 (the female) arrived on Thursday 28 March. Her return was quite dramatic: she arrived to a crowded nest, as in addition to her mate there was an intruder osprey there as well, which she quickly dispatched!

Paul Waterhouse, Reserves Officer for Cumbria Wildlife Trust, said: "Last year we had a few nerve-wracking days, as White YW returned first but his mate Blue 35 didn't arrive till five days later. She arrived a few days later this year too, but we're delighted to see them both now back at their summer home here at Foulshaw Moss Nature Reserve, having once again safely made the 4,000-mile-long migration. Last year we celebrated a real landmark – the 10th consecutive year of osprey chicks at Foulshaw Moss. This year, will we reach another landmark? Maybe 30 osprey chicks raised here since 2014? Keep watching our live streaming webcam to find out!"

To view the ospreys close up, watch the 24-hour live streaming osprey cam, with sound, at <https://www.cumbriawildlifetrust.org.uk/osprey-cam>.

Grange Now by Post

Did you know that you can buy a subscription for yourself or a friend to have Grange Now delivered each month.

Copies are posted out each month all over the UK. A

year's subscription costs just £36 which just covers the postage and envelope and that is for 12 issues. To buy a subscription just send yours and the recipient details to info@grangenow.co.uk

Mayor's report

A rather frustrating month if you are a rail user but at least no one was injured in the derailment. As I write this, it is hoped that the trains will be running again by the end of the month.

I received a copy of the application from the Lynster Farmers Group to Natural England for a licence to carry out the planned work on the Winster channel across the salt marsh. It was hoped that restoration could start in April but the preparation of the application has taken time and the spring window for the work is almost past. With luck the job will be completed before next winter and a

dryer summer will keep the water levels lower.

The highlight of my month was the performance by the Bay Singers at their tenth anniversary concert at the Vic. The quality of the singing was outstanding and the choice of programme was nicely varied and always entertaining. What will the next ten years bring?

North West Air Ambulance have asked for my support, which I give most willingly. They have been called out to Grange several times recently and deserve all the support we can give them. They are life savers.

Roger Handley

MP urges PM to rethink decision

Cumbrian MP Tim Farron has written to the Prime Minister, Rishi Sunak, encouraging him to reconsider his decision to reject an offer from the European Commission for a youth mobility scheme between the UK and the EU.

The proposal would allow young people (aged 18-30) in Europe to live, study or work in UK for up to four years, and vice versa. The UK currently has a very similar scheme with Australia, Canada, New Zealand and South Korea.

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FR

Grange and District Natural History Society



The Knott, Orton, photo David Evans



Electro-fishing in the river Lune, photo David Evans



Sketching at Meathop, photo Peter Woodhead

In the last lecture of the indoor programme of GDNHS, David Evans, Scheme Manager for the Westmorland Dales Landscape Partnership, outlined some of the achievements of this scheme.

The area is in the NW extension of the Yorkshire Dales National Park, in Cumbria, north of the Howgill Fells. It is an area of 'dales-type' limestone scenery with fantastic all-round views. David focussed on the natural heritage projects-just six out of the total 22: geology, species-rich grasslands, tree and hedge planting, re-naturalising rivers, holding events to help farmers test their soils, and 'electro-fishing' in the River Lune to assess populations of salmon and trout. Archaeological surveys and peat cores

taken at Sunbiggin Tarn showed how early Mesolithic people had used the area in the past.

Five types of stone wall were recognised, some related to 'Granges' of abbeys. Projects also surveyed barns, and the restoration of Smardale lime kilns. David just had time to mention the schools' outdoor art, and the 'singing drumlin' sound sculpture. There is a new car park near Orton, and several new interpretation panels. Now that the project has ended, all the findings can be accessed on its website, hosted by Friends of the Lake District.

On a cool day in early spring a select band of artists gathered at Meathop quarry by the river Winster. The limestone

from this quarry, a good freestone, was used to build many houses in Lindale. Karen Lester, our Artist-in-Residence, showed us how to capture the layers of limestone and vegetation using water soluble graphite sticks. Returning to the studio, for warmth and a welcome cup of tea, Karen gave further help and advice for creating artists' views of the quarry face. Details of our full summer programme are on our web site www.grangenats.uk.

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SCAN ME



Vegetable Growing Tips For New Gardeners

Growing your own food is an empowering experience — but only if you are successful. Here are a few tips to ensure that your initial food growing experience will lead to a lifetime of home-grown meals.



Start with the Soil! Good garden soil is crumbly and full of organic matter. It is home to an array of organisms, including helpful bacteria and fungi, and insects of all sizes. It retains water yet drains well. Grab a handful of your garden soil and squeeze it. If it holds its shape, yet crumbles easily when you drop it, you're off to a good start. If it stays in a ball or crumbles as soon as you open your hand, add compost. This will correct poor drainage, and help your soil retain water and nutrients. Add about 3 inches of compost to your problem soil, and gently

work it in with a garden fork.

Start Small. Tilling up an area that is so large that you won't have the time to keep the weeds under control will lead you to feel discouraged. If you're busy (and who isn't!) start with a single raised bed or a 4-foot by 8-foot plot. This is enough to plant a couple of tomatoes, basil, salad greens, maybe a row of beans. This may seem obvious, but plant what you want to eat, and concentrate your early efforts on those plants. A salad and herb garden is a good choice for beginners. As you become more comfortable with plant habits and growing techniques, you can add to your growing space.



If you're Growing in Containers, Make Sure They're Big Ones. It may look odd in spring to have a small tomato seedling in

a 5-gallon container, but by mid-summer, the roots of that fast-growing plant will completely fill the pot. Why plant in large containers? The larger the container, the less the likelihood that it will dry out if you skip a day of watering. Plus, as your plant grows large and productive, it will need the nutrients contained in the soil mix. This is true no matter what you grow in pots. Salad greens, peppers, tomatoes, and even cucumbers can produce a satisfying harvest in containers, provided that you fill them with a water-retentive, well-draining soil mix that is meant for containers, and treat them every two weeks with a balanced, soluble fertilizer. Filling pots with soil you've dug from your garden is a bad idea. It is much more dense than a container mix, and will not drain well.

When Sowing Directly in the Soil, Pay Attention to Spacing. Many seeds can be sown directly in the garden once nighttime temperatures are consistently above 50°F (10°C), including salad greens, beans and peas, root vegetables, and many flowers. Vegetable seed packets generally tell you how close your plants should be in the garden. Try to sow seed sparingly, following the packet instructions, and when your seedlings are about 2 inches in height, thin them to the recommended spacing.



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Kendal Walking Festival striding ahead in May



A bright day for one of the walks at a previous Kendal Walking Festival

There's a walk for everyone at this year's Kendal Walking Festival over the late Spring Bank Holiday weekend in May, say the organisers.

Whether people want waterfalls, classic 'horseshoe' routes, sea views or a family outing, they will be hard pressed to not find something that gets their feet moving.

The team behind this year's festival, Wellbeing Westmorland CIC, says there is an open invitation to everyone to join in. As well as visitors to the town, it is hoped that many locals will take up the challenge and perhaps try a walk they

have never done before.

"The Kendal Walking Festival is an ideal opportunity to sample some great walks under the watchful eye of our experienced and knowledgeable walk leaders, who will guide you round the walk routes and share a wealth of interest about the area," said Stuart Lockton, from Wellbeing Westmorland CIC.

The walks are graded from easy to moderate to strenuous. Locations range from Arnside in the south to Helvellyn and Ullswater further north.

"As Kendal was home to Britain's most famous walks writer Alfred Wainwright (AW), we are again featuring a number of walks which will give opportunities for people to bag a few of the 'Wainwrights'," said Stuart. "Some of the walks are on public transport routes, while others have transport available to reach the start point. There are also some walks that are very close to Kendal, so if you've never been to The Helm or Scout Scar, for example, now is your chance!"

The festival takes place from Saturday, May 25 to Monday, May 27. People can see the full programme of walks at kendalwalkingfestival.co.uk where they can also book tickets. "We've have worked hard to arrange an appealing selection of local walks, working with



Walkers enjoying the scenery and exercise during a previous Kendal Walking Festival

Kendal businesses, professional walking guides and volunteers," said Stuart. "We hope everyone will be able to take part."

Peter Brendling, the manager of Kendal BID, which is supporting the festival, said: "Kendal has both the Lakes and the Dales on its doorstep and is a great central base from which to start many great walks.

"With its impressive range of shops, cafes, restaurants and accommodation providers, Kendal can cater for people's breakfast, packed lunch, dinner and overnight accommodation.

"And Kendal's hostelries provide a great place for people to relax and discuss the day's walk with their fellow walkers."

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LAUFEN



KEUCO



Two decades ago, we let a piece of land to the visionary founders of a social enterprise. Now, Growing Well is celebrating 20 years of supporting people's mental health through horticultural activity on their plot here on the farm. It's hard to believe volunteers have braved all weather to produce such wonderful organic vegetables all these years.



This month's recipe showcases the delicious spinach and kale grown in their polytunnels. Rainton Tomme cheese from Dumfries makers Ethical Dairy adds a sweet and nutty flavour.

KALE & SPINACH PATTIES

(Serves 4)

INGREDIENTS

- 400g chopped spinach
- 150g fresh breadcrumbs
- 60g finely chopped kale
- 60g finely chopped onion
- 60g Rainton Tomme cheese
- 5 large eggs, beaten
- 1/2 tsp salt
- Pinch of cayenne pepper
- 2 tbsp extra virgin olive oil

METHOD

1/ Mix together the spinach, breadcrumbs, kale, onion, cheese, eggs, salt and cayenne pepper in a large bowl.

2/ Heat the oil in a large frying pan over a medium heat. Once hot, drop dessertspoons of the mixture into the pan. Cook for five minutes on each side until browned and crisp.

3/ Serve with a salad or side dish of choice.

The recipe is adapted from Renée Elliot's version in Super Grains, Nuts & Seeds, which is available in the farm shop.

The lucrative world of vintage toys

In early April, The Herald Series published an article highlighting the unexpectedly high price achieved for a seemingly unremarkable diecast model car, a Dinky Oldsmobile.

Despite its worn appearance, the toy fetched an impressive £992, sparking interest from 29 bidders. This shows us the value of nostalgic collectables.

Our quarterly Toys, Models and Railwayana auctions here at 1818 Auctioneers attract a diverse range of enthusiasts. Specialist valuer David Hunter brings a wealth of knowledge to the cataloguing of these auctions, recognising the potential value even in play-worn items.

Yes, it would be great to have diecast models with their original cardboard boxes, but there is certainly money involved in loose examples, too. The Oldsmobile proves that! When it comes to these models, collectors seek the rarer variations with unusually coloured bodies and unique hubs, as well as the pre-war models.

Beyond diecast cars, the toy market encompasses a broad spectrum of interests. There's always a strong market for model locomotives and train sets, particularly the more modern digitalised versions. However, we still get respectable results for the old tinsplate and pre-war locomotives, such as the larger 0 gauge models. Again, they are still very saleable if they aren't too damaged or rusted.

Other toys to consider selling through auction are early comics by Marvel, early 20th-century wood wool teddy bears and soft toys, Sindy and Action Man dolls, and live steam models.

With a dedicated team and a vibrant marketplace at 1818 Auctioneers, it's worth checking through your old toys and models.

**EIGHTEEN
EIGHTEEN**
AUCTIONEERS



The image shows an impressive lineup of boxed Dinky diecasts during a recent Toys, Models and Railwayana auction.

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ALLITHWAITE AND CARTMEL PARISH COUNCIL

ANNUAL GENERAL MEETING (AGM) AND PARISH MEETING

This year's Annual Parish Meeting will be held on Thursday 9th May at 7.00 pm in Cartmel Village Hall Supper Room. It will be followed by the Annual General Meeting of the Parish Council.

The Annual Parish Meeting is the occasion for the Parish Council, District and County Councillors to report on the last year and an opportunity for parishioners to ask questions and comment on other activities in the parish. The Annual Parish Council Meeting is the council's AGM at which the chairman and vice chairman are elected.

Parishioners are welcome to attend this meeting, as they are invited to attend all Parish Council Meetings. The minutes of meetings and agendas can be found on the noticeboards in Allithwaite and Cartmel and on the Parish website:

www.allithwaiteandcartmel-pc.gov.uk.

NEW COUNCILLOR – ALLITHWAITE AND CARTMEL PC

After a long time trying to co-opt people to the Parish Council, which has had 3 vacancies for over 2 years, it is with pleasure, following the recent council meeting, that we are able to announce that Rachel Gill has been co-opted as councillor to serve on the Allithwaite and Cartmel Parish Council.

Unfortunately, this means we still have 2 vacancies. If you have some spare time and would like to support and help the Parish Council as a councillor, or require further information on the role, then please email our clerk Christine: clerk@allithwaiteandcartmel-pc.gov.uk

HIGHWAYS – HIAMS

The reporting of potholes or other highway problems is via the interactive website: www.allithwaiteandcartmel-pc.gov.uk, scroll to the bottom of the page and under 'Quick Links' click on 'Report a Highway Problem'.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/planningapplications.

COCKLES IN ALLITHWAITE - YOUR LOCAL CONVENIENCE STORE AND OFF-LICENCE

Cockles have now opened a convenience store in Allithwaite which is situated on Church Road and corner of Quarry Lane, in the old Lantern shop. The store is filled with an array of recognisable brands, daily newspapers, as well as locally sourced produce, including meat and pies from the multi-award-winning Grange-Over-Sands Butcher, Higginsons and Hazelmere for fresh bread and rolls. The store has an off-license. Opening hours: Sunday 8am – 4pm Monday to Saturday 7.30am to 7pm. Why not pop in and give them your support I think you'll be pleasantly surprised.

WILD GOAT FESTIVAL 2024 - HOLKER HALL

The 2024 event will take place across 3 days from Friday 30th May-Sunday 2nd June and will welcome around 1000 people to the site to enjoy a range of activities including a number of runs and rides in the local area. The event site itself will be contained within the Holker Hall Estate, however we will be heading out on public footpaths and bridleways during some of the runs and rides. Please find a link to all of the routes attached here: <https://www.komoot.com/user/wildgoatfestival>

CARTMEL FISH SLABS AND PINNACLE

Relocation of the former Pinnacle to the village Primary School and weather permitting, is now planned to take place towards the end of the summer half term. Due to lamination and corrosion of the metal reinforcement within the base it will not be possible for it to be placed on a plinth however it will be set securely and treated against ongoing weathering. In addition to an appropriate stone surround and paving, there will be an information display board and sitting bench alongside.

Conversations spark creativity as hundreds of people become “Rhythm Makers” at Eden Project event

Hundreds of people have taken the opportunity to help co-create the content and visitor experience of Eden Project Morecambe at a landmark gathering at the Morecambe Winter Gardens.

The vibrant two-day event, known as Rhythm Makers in reference to the theme of nature's rhythms that will inform all aspects of Eden Project Morecambe, provided the chance for attendees to find out about the latest work being done by the Eden Project and its partners and share their stories and experiences of life in Morecambe Bay.

Those in attendance were able to hear from and speak directly to the Eden Project team, participate in workshops and see the latest design imagery for the project.

Conversations from the event will be used to further inspire the exhibits and public experience. Carolyn Goodwin, who lives and works in the area and attended the event, said: "I am very excited about Eden Project Morecambe. I think it can bring jobs, visitors and a great reputation for the area because I think that is what Morecambe needs. We need to show people what a great part of the North West it is here. "The event has been really informative and I've learnt so much more about what it is all about, so I'm even more excited now!" Garry Owen, who runs a local Facebook group and also participated in the event, said: "It's been quite a revelation to see some of the plans for things that are going to be at Eden Project Morecambe. I'm so excited about the project. The sooner it's up and functioning the better, but it's going to be worth waiting for without a doubt.

Advice on the National Minimum Wage



I heard that pay was going up this April, but my employer says he can't afford to pay me any more money. How can I find out what I'm entitled to?

Most people over 16 who work, including casual workers, are entitled to get paid at least the National Minimum Wage. There are some exceptions – call the Acas helpline (0300 123 1100) to check.

The hourly rates went up on 1 April 2024 as follows:

- Workers aged 21 and over (down from age 23) - increase from £10.42 to £11.44. (This is called the National Living Wage)
- Workers aged 18 - 20 - increase from £7.49 to £8.60
- Workers aged 16 - 17 - increase from £5.28 to £6.40
- Apprentices - increase from £5.28 to £6.40

Get advice if you're not paid for travelling between appointments, training, or being 'on call', or if your employer takes money from your wages for accommodation.

If you're not being paid the minimum wage when you are entitled to it, speak to your employer. If you're not getting anywhere, contact Acas to help you work out your options. Acas is an organisation that provides independent support to help sort out employment disputes. If you need more help at any point, you can get advice from South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

- Call 015394 46464 - this is being staffed from 9:30 – 2pm
- Adviceline: 0808 2787 984
- email advice via our submission page on our website www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444

Grange and District Natural History Society Platinum Jubilee (70 Years) 1954-2024

Editor note - the tree planting will be happening on the day we begin delivery so too late, but the report below is still interesting and informative. Congratulations to the society on their 70th anniversary.

As part of our celebrations in our Platinum Jubilee Year, we are planting a tree in the Community Orchard in Grange.

We have purchased a Bradley's Beauty from SLOG (South Lakelands Orchard Group) and are having a Dedication Ceremony on Wednesday 1st May 2024 at 10.30 in the Orchard.

Roger Handley, the Mayor, will be present in both his official capacity

and as a long-standing member of the Natural History Society and ex Treasurer. We have also invited Sarah Bradley, as the tree is named after her husband who grew the original stock in his garden at Witherslack. Sarah is also a member of the Natural History Society.

Members of the Committee will also be present and we are hoping for many general members as well.

Later on in the summer 48 members are going on a Cruise on the Lancaster Canal to celebrate our Platinum Jubilee and to observe the excellent habitat the Canal offers for wildlife and waterfowl .

Shirley Evans' merger with Arnold Greenwood The first anniversary

Local solicitor, Shirley Evans is celebrating the first anniversary of the merger of her longstanding firm with Kendal solicitors, Arnold Greenwood.

"The year has flown by and has been a tremendous success. In addition to providing the personal, high quality legal service that I have always provided here, my new colleagues can provide advice and assistance in other legal areas such as matrimonial, trusts and all property matters including sales and purchases of houses, flats, land and farms. We have also been able to introduce a long-awaited thriving, highly professional estate agency to Grange.

There have also been personal benefits – as a result of stepping back from management, I have been able to spend more time pursuing my interests of travel and learning Italian and have been able to spend more time with my family.

All in all, an exceptional year and I look forward to continuing to serve the lovely people of Grange for many years to come."

Shirley Evans

Leading Solicitors in Kendal and Grange-over-Sands



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JOIN US FOR *Pizza & a Pint Saturday*

11TH MAY | FROM 12-4PM

We are excited to announce Pizza Saturday, an event hosted by Kendal Firehouse. We invite you to join us for a delightful day filled with delicious pizzas, crafted by our talented chefs, and a pint of Poretti. It promises to be a wonderful opportunity to indulge in mouthwatering flavors and enjoy the warm ambiance of our establishment. We look forward to welcoming you to this special occasion! All for only £19.50.

FANCY SOME *Afternoon Tea?*

£22.50 PER PERSON

Unwind on our terrace or cosy up in our lounge while enjoying our renowned afternoon tea experience amidst the springtime ambiance.



JOIN US FOR *Food and Wine*

23RD MAY | £55 PER PERSON

Stellenzicht Wine Estate, from Stellenbosch South Africa, will be joining us for a special event featuring a set menu food and wine pairing. Indulge in a five-course meal expertly curated to complement the exquisite wines from Stellenzicht.

Sunday Lunch

Treat yourself to the bliss of Sunday lunch, where you can revel in delicious flavors and the joy of good company.

£20.95 for 2 courses | £24.95 for 3 courses



A Spring Sing with Bay Community Singers and Of One Accord



Top - Bay Community Singers. Bottom - Of One Accord

Following the success of their 10th anniversary concert in March, Bay Community Singers were thrilled to be able to donate £1250 to the local charity, Dignity in Dementia. The choir would like to thank everyone who supported the event and helped to make it such a great occasion.

We are excited to announce our next concert on SATURDAY MAY 4TH 2024 – A SPRING SING in collaboration with Of One Accord, a fabulous award-winning choir based in Shrewsbury. They have chosen to travel to our beautiful town for a choir tour and we are delighted to be sharing the stage with them and also performing a couple of songs together. The concert is at the Victoria Hall, Grange

over Sands 7.30 pm and entry is £10 on the door with under 16s free. This includes refreshments during the interval. There will also be a raffle and, in line with our ethos of supporting local charities, we will be donating proceeds to Carer Support, South Lakes. We would really appreciate your support once again so please spread the word. This is sure to be a lovely evening of entertainment and high quality choral singing.

Our new term is well under way, but new members still have a chance to join us starting Thursday May 9th 7-9 pm at the URC hall in Grange. Please contact us on baycommunitysingers@gmail.com for more information.

All Those On Board



Drip Drop Theatre will premiere E.C.R. Roberts's musical All Those On Board from May 30th to June 8th with the final show in Grange-over-Sands.

All Those On Board tells the story of a group of outdoor swimming enthusiasts who are intent on saving and reopening the town's 1930s art deco lido which has been closed for almost 30 years.

Writer, E.C.R. Roberts, Emily, says "it's the most colourful musical I've written to date. There are stripy deck chairs, multicoloured beach balls, several rounds of vibrant swimming hats and there's even a scene with umbrellas and waterproofs in keeping with the British climate. These colourful items are all incorporated into the choreography."

The idea for the musical came up after a chance meeting with members of Save Grange Lido. Emily was inspired by their determination to restore the town's lido which closed in 1993.

Emily has connections with Grange-over-Sands which go back to the 1970s. She remembers swimming in the lido as a young child when visiting her aunt and grandfather who lived in the town. Her mother, Christine Ord-Smith, lives in Grange, having retired there in the 1990s not long after the lido closed.



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Drip Drop Theatre Presents

ALL THOSE ON BOARD

A new lido-based musical by E.C.R Roberts



May 30 Ripley Town Hall May 31 Ripon Arts Hub June 1 Kirkby Malzeard Mechanics Institute June 5 Saltburn Theatre June 6 Helmsley Arts Centre June 7 Otley Courthouse June 8 Grange-over-Sands Victoria Hall	All shows start at 7.30pm Swimming hats by Cool Bathing For tickets visit dripdroptheatre.com
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Flookburgh Band



8,7,6,5,4,3,2,1....Brassed off!

In the North of England Flookburgh Band are known as a musical "Halley's Comet" because whenever they turn up they make an impact. And so it was on the 16th March at the North of England Brass Band Championships 2024 when the Band claimed the 3rd Section Regional Title.

This is the 8th Title they have won since

their first in 1991! Some members have been around since those early successes but this performance included two 13 Yr old cornet players. After winning the Title at the Durham Gala Theatre, one of those teenagers picked up the 'Youngest Player Award'.

The Band are now looking forward to competing at the National Finals in September with 'The Shipbuilders Suite' by Peter Yorke.

Grange Over Sands & District Concert Club



An enthusiastic Victoria Hall audience welcomed and applauded The Polaris Duo, to launch our 51st Concert Season.

The Duo, made up of a Harpist and a Saxophonist, formed in 2011 when they both studied at the Royal Northern College of Music. Since then, they have travelled the world promoting their combination. They treated us to an exceptional evening of music making, demonstrating the musicality and versatility of this uncommon pairing. Their programme was a delightful musical Potpourri with Baroque, Jazz, classical, folk songs and commissioned

works, all skilfully and lyrically arranged. Both of them were charming and skilful communicators, and it was fascinating to learn about the technicalities and sound production of the harp and the three saxophones.

Our next concert is on Friday May 3rd in the Victoria Hall at 7.30 pm. This will be given by a Scottish Brass Quintet, Brass Tracks who will take us on a journey through 500 years of Brass. They will be well warmed up by the evening, as in the afternoon at 1.30 pm the hall will be full with 150 pupils and their teachers from local primary schools. Do come and join us.

May Bank Holiday Fair in Allithwaite

The Made in Allithwaite artists and craftspeople will be hosting a May Bank Holiday Fair on Saturday 25th May 10.30-3.30 pm at Maychells cottage, Back Orchard Road, Allithwaite LA11 7QG

There will be a range of beautifully made art and craft to see in a cosy cottage setting and an opportunity to sit in a garden (hopefully in the sunshine) and eat delicious homemade cakes.



Who's going to be there:-

- Lakeland Rings, sustainably crafted.
- Steve Fairhurst watercolours and acrylics
- Angela Pollard wellbeing, soap and ceramics
- Floral Linings, leather notebooks and journals.
- Wendy Graham glorious bags
- Fran Brown fused glass designs

For further information take a look at the Made in Allithwaite Facebook page or on Instagram

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Grange Drama

Rehearsals for Grange Drama's production of the Ghost Train, by Arnold Ridley, are racing full steam ahead.



Director Carol Williamson

Director Carol Williamson has theatre in her blood- her grandfather was a close friend of Leo Franklyn of The Whitehall Farces. She studied English Lit and Drama at university and has been a member of Lancaster Footlights for many years.

After developing her skills backstage she gradually came out of the shadows and directed several plays for them, Arthur Miller's 'A View from the Bridge' being the most memorable. An invite from Grange Drama has seen her in the director's



Jonathan as John, Deb as Julia

chair for 3 productions-Neil Simon's 'California Suite', Helene Hanff's '84 Charing Cross Road' and Noel Coward's 'Still Life' which later developed into the screen play for 'Brief Encounter'. She says she is proud and privileged to be part of GD's commendable history of productions and performances. And GD is very lucky to have her!

The publicity photo shoot for the Ghost Train took place at Kent's Bank station. It certainly had a ghostly abandoned atmosphere due to the line closure and Storm Kathleen provided the perfect eerie backing track.

Hopefully the photos will whet your appetite and we will see you at one of the performances:

Venue: Victoria Hall, Main Street Grange



Steve as Saul



L-R Sheila as Miss Bourne, Sarah as Peggy, Matthew as Charles Jim as Jackson, Tanya as Elsie, Steve as Saul, Howard as Richard, Jonathan as John.

Dates: Wed 15th to Sat 18th May at 7.30pm

Tickets: Online from www.grange-drama.org.uk and on the door.

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Singing and drama students win awards at South Cumbria Music Festival

Singing and drama students from Grange and Cartmel entered the South Cumbria Music Festival in Ulverston last month and won various awards. It was the first time performing at the festival for all three of them and they worked so hard and creatively in the lead up to the event, which really showed on the competition days.



Photo left - Rosie Eccles. Photo 2 and 3 - Bailey Alexander (left on both photos) and Emilia Law (right on both photos). The first photo of the two of them is from the Speech and Drama day and the second photo of the two of them from the Vocal/Singing day.

Rosie Eccles

The Soroptimists International of Grange-over-Sands Bursary for Speech

1st place - The SCMF Langdale Cup for own choice poetry class (school years 5 & 6)

1st place - The Bill Shaw Great Gable Cup

for 'Write and Recite' poetry class (up to and including school year 6) - performing own piece of writing

1st place - SCMF Cup

for acted dramatisation class (up to and

including school year 6)

Rosie also received 2nd place in the prepared reading class (up to and including school year 6).

Emilia Law

1st place - SCMF Cup for own choice poetry class (school years 7-9)

1st place - The SCMF Robson Cup for acted dramatisation class (school years 7-9)

1st place - The 1st Chapman Bequest Cup for vocal solo, own choice class (school years 7-9)

(Emilia also received 2nd place in the musical theatre solo class for school years 7-9)

Bailey Alexander

1st place - The Glen Meay Cup for 'Write and Recite' poetry class (school years 7 - 9) - performing own piece of writing

1st place - The Mr & Mrs J A Gardner Shield for musical theatre solo class (school years 7 - 9)

(Bailey also received 2nd place in own choice poetry class and acted dramatisation class, both for school years 7-9)



Young People's Charity Concert

As in previous years, the young people of Grange and District are showing their care and concern for others who are living in the developing countries of the world who, through no fault of their own, live in poverty.

Christian Aid supports people of Faith, or non-Christian, and other religions, and consequently does tremendous work throughout the world.

We would welcome your support at the Methodist Church in Grange on Friday 17th. May at 7:00 pm. for an evening of music, laughter and entertainment provided by these caring young people. No ticket or entrance fee, just donations collected during the concert.

Please try and come to support this worthy cause.

A CONCERT

BY THE YOUNG PEOPLE
OF GRANGE OVER SANDS
WILL BE HELD IN THE METHODIST CHURCH

FRIDAY 17th MAY
7:00pm until 8:30pm
FREE ENTRANCE -
DONATIONS ONLY

Ulverston International Music Festival 20th Anniversary

31 May - 9 June 2024

Tickets are on sale for Ulverston International Music Festival's more than classical 20th anniversary programme

To celebrate our 20th anniversary there will be twenty-four concerts, in twelve locations in ten days - more music, in more locations and more than classical. For Festival goers who enjoy a diverse programme we offer - classical, ukelele, jazz, choral concert, baroque, light opera, tango, music outdoors, food & music and children's events.

For details on all events please visit ulverstonmusicfestival.co.uk or pick up a brochure at The Coro or in your local shop. Tickets on sale now at thecoro.co.uk/uimf

St. John The Baptist, Flookburgh



St. John's looked beautiful on Easter Sunday morning when we met to celebrate Easter and all that it represents for Christians.

We are really grateful to the talented group of volunteers, who always work so hard to make the church beautiful especially at Christmas and Easter, and our Easter Garden was particularly stunning this year.

At St. John's we aim to be as eco friendly as possible, and so once again we will observe 'No Mow May', when selected sections of

our lawns around the church will be left untouched for the wildlife. In previous years this has resulted in a profusion of wildflowers.

Our services in May:

- 5th May – 10.00 am Holy Communion
- 12th May – 10.00 am Holy Communion
- 19th May (Pentecost) – meet at 3.30pm for tea and cake, and short café service in the church room
- 26th May – 10.00 am Benefice service at St. Mary's Allithwaite.

Grange Methodist Church

We very much enjoyed providing a new venue for "Home Instead" to run their "Companionship Café" in our hall in April.

The next one will be in our hall from 1:30 to 3:00 on Thursday, May 30th. The repair café returns after the Easter break, between 6:00 and 8:00pm on Friday, May 3rd.

Thank you to everyone who supported the Kitty Brown Fashion Show in April, especially the four volunteer models, who were amazing! Around 80 ladies enjoyed the show and then the chance to buy some of the items for themselves. The next fundraising event for our "Open for Community" building redevelopment project is the "Open Garden". You are invited to visit the home of Sue and Peter Nicol,

Hollin Head Wood, Canny Hill, Newby Bridge LA12 8NT on Saturday 11th May between 10.30am – 4pm, or Sunday 12th May between 12.30pm – 4pm. We are hoping the rhododendrons will be out and it will be a sunny weekend!! Refreshments (tea and coffee etc.) and cake stall. Donations welcome – card reader available. Then in June we will celebrate our 150th Anniversary – look out for full details next month of our "Celebration of Community", showcasing all that we and those who use our building offer to the local community, from 10-4 on Saturday, June 22nd. Then there will be a home-grown concert that evening, and a celebration service on Sunday, June 23rd. We hope that Tim Farron MP will be able to join us on the Saturday.

St. Paul's

Easter was well celebrated in St Paul's with good congregations for all of the services.

Our new vicar, the Reverend David Wilmot, has moved into the Rectory with his wife and two daughters. We wish them well in their new home. Preparations are well in hand for his licensing and installation on Tuesday 30th April at 7pm. Deputy Lieutenant Mr Henry Bowring will be attending along with representatives from all sectors of the community.

On Tuesday 9th April Charles Edmondson gave a Concert of Dance music. The programme was an anthology of dances from the early seventeenth century to modern day dances

and were taken from countries throughout the northern hemisphere. The audience were certainly uplifted on a rainy April day! The next concert in St Paul's, on Saturday 11th May, will be an organ concert by Father Neil Kelly in aid of Grange Primary School. Father Kelly is a Canon of Blackburn Cathedral and a well known organist. The Reverend Penny Driver has been appointed Archdeacon of Carlisle for the next four months until the Reverend Ruth Newton from the Ripon Diocese takes up the post.

Our craft group has started up again, the next one being on 23rd May at 2pm. Do come and join us, no craft expertise is necessary. Finally, our Spring Fair originally planned for Saturday 20th April has been postponed until June. The date has yet to be confirmed.



Meets every Sunday at 10.30 am

Lindale Village Hall, School Hill, Lindale, LA11 6LE

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Cartmel Methodist Church

Cartmel Methodist Church, the "Chapel by the River", is open daily between 10am and 4pm. All are welcome to drop in to enjoy the peace of this sacred space, or to sit a while in the garden.

The visitors' book shows how much this is valued.

The chapel is near the "new" footbridge over the river Eea. Over the summer, the chapel is offering "Coffee and Chat" on the second Tuesday morning of the month, starting on May 14th. Come between 10:30 and 12:00 for a hot or cold drink and biscuits, and to share conversation.

St. Charles Borromeo

Greetings to all Grange Now readers.

After a busy March, April has been a little quieter. Easter, of course, was the Big Day, and the celebrations lasted for a whole week as usual. After this, Father Philip took a well-earned break, so the rest of us carried on without him. He is training us for when we may not have a resident priest, and I think we are doing very well. The church florists are now more able to use flowers from the church garden, and the gardeners are working hard to keep the grounds in good condition and produce as many blooms as possible for the flower arrangers to practise their

talents on. On Saturday 20th we gathered, along with others from our two sister churches in Milnthorpe and Arnside for a day at Boarbank Hall, led by Sister Margaret on "The Vocation of the Laity", in order to better understand our role in the church, especially if we do not have a resident priest. I have heard that there are plans afoot for a celebration in May, more about that next time, but suffice it to say it will be on the occasion of Father Parker's 60th anniversary of his ordination. We wish him all good things, and hope he will enjoy his special day. As the holiday season looms, I wish all Grange Now readers a safe and happy time.

A Note from Revd. Mark Houston, Vicar of St. Mary's Allithwaite and St. John the Baptist Flookburgh

Hello, I'm Rev Mark. My wife, Ruth & I moved to Flookburgh in February. After being licensed by the Bishop of Penrith in March I have been busy taking services across both St Mary's Allithwaite & St John's Flookburgh. I've also visited both schools and am making my way around the different nursing homes. Before coming here, I was

vicar of seven churches near Penrith. I play guitar badly and I enjoy listening to many sorts of music! As always there are a lot of you to get to know but I hope that over time we will get to know each other. In the meantime, if you wish to make first contact, please contact me on 07810655684.



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Cartmel Peninsula Churches Together

There will be a Men's Breakfast in the Methodist Church Hall from 8:30 am on Saturday, May 4th - come to share a simple breakfast, conversation and prayer together.

May brings Pentecost Sunday, often seen as the "birthday" of the church. It's

on May 19th this year, and we will be celebrating on St Charles' field. Bring a picnic to enjoy from 1:00pm, and there will be games and a bouncy castle. Ulverston Town Band will entertain from 2:00, then they will help to lead worship at 3:00. No charge for anything; all welcome.

Being Kind



In the Bible, Jesus spoke about being kind. Everyone has basic needs – we all need to eat and drink, we all need clothes to wear and someone to look after us when we are poorly.

We also need friendship when we're feeling alone and forgiveness when we've done something wrong. Sadly, some people don't have even the most

basic things, like food, water and clothes. Helping people, whatever their need, is really important to God. Some of the ways Jesus suggested to be kind were:

- Giving a hungry person some food
- Giving a thirsty person a drink
- Giving someone who has few clothes something to wear
- Being a friend to someone who is alone, even if you don't know them yet
- Caring for someone who is poorly
- Visiting someone who is in prison

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Flookburgh C of E Primary

A super start to the Summer term and with sunshine at last!

It has been great to see our 2-3 year olds enjoying our new provision and already making lots of new friends. We have been busy exploring with the paint, having fun in the sand, riding the bikes and scooters and lots of running down



Great News!

Flookburgh C of E Primary & Nursery School is now welcoming 2-year olds to join us in our bespoke Nursery!



Full and Part Time hours now available.

If you would like to join our wonderful school and take advantage of the expanded 15 hours of government funding, please get in touch, we would love to hear from you!

Work full time and need full time childcare hours? No problem, just come and speak to us for details and to arrange a visit.

'Open Days' will be held throughout the Summer term for parents and families to come and visit, meet the staff and see the wonderful opportunities we offer.

Our next Open-Day is Friday 17th May between 8.45am and 11.45am

Further dates for Open Days will also be posted on our school website and Facebook page

For more information about funding, please go to <https://www.childcarechoices.gov.uk/>

Flookburgh C of E Primary and Nursery School, Winder Lane, Flookburgh, Grange-Over-Sands, LA11 7LE

Tel: 015395 58434

Email: admin@flookburgh.cumbria.sch.uk Website: www.flookburgh.cumbria.sch.uk Facebook: <https://www.facebook.com/flookburghprimary>



the big school field! We really are making the most of all the wonderful space we have and, this has only been week 1!

Coding Club started this week with children from Y3-6 exploring computer programming using the BBC micro:bits. The children will be designing, making and programming different projects such as moving cars or cranes to name a couple of possibilities. This week we turned our micro:bits into sleepy hamsters! Our sleep hamsters giggled and smiled when we touched a specific

button and cried when we shook the micro:bits. How cool is that!

Year 6 are looking forward to visiting Grange Fire Station as part of a Junior Citizen workshop where they will be taught about water and fire safety, first aid, internet safety and much more.

Years 3-6 also have a STEM Challenge workshop provided by the STEM Ambassadors through BAE Systems as part of our role as the Lead School for Computing within our local area. The children will be working on solving engineering and maths puzzles using a variety of tools, including LEGO as well as developing their working together skills to reach their goal.

To find out more about what the 'Flookburgh Spirit' is all about, visit our website: www.flookburgh.cumbria.sch.uk, or Facebook pages: Flookburgh C of E Primary School; The Burrow

Cartmel CE Primary



The children obviously had a fantastic break as they have come back eager to learn and have already become immersed in their learning this term.

Before the break, Class 3 thoroughly enjoyed the Dance Platform at The Brewery Arts Centre in Kendal. Their dance was focused upon their topic, the Romans. Suspenseful music, gymnastics and fighting scenes all came together to produce a fantastic final performance. We had some great feedback and the children loved meeting and watching other schools in the area perform too. Another musical addition was a visit from Paddy Davies, a drummer and percussionist who is currently studying at the Royal Academy of Music. The school were lucky enough to have a morning with him learning about and exploring many different instruments, as well as hearing some beautiful music from Paddy himself. This included playing a huge marimba with 4 mallets, very

skillfully!

We have started our cricket on a Friday afternoon with Adam from Cumbria Cricket, always a favourite in the summer term! Our keen green fingered children are doing wonders with their planted flowers and vegetables, lots of repotting and adding stakes for support. All classes are enjoying watching their seeds grow as well as it being a valuable tool in supporting their science topics and learning.

We are very much looking forward to our class days at Castle Head this half term; raft building, pond dipping, climbing and minibeast hunting! More to come on that after our visit, which I'm sure will be one to remember, as always!

We are now on Instagram! Please give us a follow on 'cartmelceprimary' if you would like to keep up to date with what the children are doing and be informed of any news/upcoming events.

Allithwaite School



Our recent whole school outdoor afternoon that took place in our house teams was a fantastic event filled with opportunities for the children to showcase their problem-solving skills, enhance communication, and embrace the power of teamwork.

The Barn Owls had an enriching experience visiting the Roman Vindolanda Fort & Museum and the Roman Army Museum. The children were enthralled by the remarkable collection of Roman artefacts displayed in both museums, the expansive Vindolanda fort, and the lifelike statues of Roman soldiers



alongside their shields and chariots. Additionally, they even had the chance to learn basic Latin phrases for counting and greeting each other. The trip was truly memorable, and we extend our gratitude to the PTA for their support in funding this educational opportunity.

The Tawny Owls had a wonderful visit to Boarbank, where they looked after their recently planted trees including adding mulch. Snowy Owls are eagerly looking forward to their upcoming trip to meet the sheep and lambs next week as part of their topic. The Eagle Owls cannot wait for the local author, Tom Palmer to visit school to discuss his book that they are reading, *After the War*.



It is heartening to see the children engaging in such diverse and educational experiences that not only support their learning but also encourage their curiosity and exploration of the world around them. We encourage you to discuss these experiences with your child, as it provides them with an opportunity to reflect on their learnings and share their excitement with you.

On Monday 24th June, we will be having an open afternoon between 1:30 – 2:30 to have a look around our well established Early Years extensive area, do pop in if you can.

Lindale School



Before the Easter holidays we had lots of sporting, outdoors and Easter-related activities on the go.

Year 5 and 6 attended their final Forest School session with John where they put up hammocks and lit a fire to cook soup. It was also really muddy with Leah and Kaden ending up covered from head to toe!



Some of our KS2 children also took part in a Hockey tournament at Cartmel Priory

School having the opportunity to put their PE lesson work on dribbling and passing skills into practise. The children enjoyed the opportunity to play against children from other local primary schools



The final KS2 orienteering session with Jean Bell took place at Fell Foot Park. Despite the cold winds, the children had an excellent time. They enjoyed the challenge to find the markers in a different, larger setting.

On the run up to Easter, our collective workshops told another instalment of the Easter story each week. Year 5 and 6 visited St Peter's church at Field Broughton to meet with Terry to find out about The Eucharist. In school the staff organised an afternoon of Easter Crafts – all the children worked in their house teams (Owls, Foxes, Badgers and Bats) so that the older children could support the younger ones. They made beautiful stained-glass effect windows, 3D eggs and much more. FOLS (Friends of Lindale School) kindly organised an Easter Egg Hunt too. Each class went

out to hunt for a plastic egg hidden in the school grounds, which was then exchanged for a chocolate egg.

On our return from the Easter holidays, we have been blown away by our awesome new EYFS classroom built by Cool Canvas. The children have had a great time exploring the new areas, which brings the outdoors to the indoors. Our first open day is on April 26th.



On Wednesday 17th April, Key Stage Two had a visit from Rachel for an afternoon of activities called Volcano Island – STEM Crisis, which is a STEM programme where students undertake a range of group tasks around STEM and Engineering. These sessions have been funded by the Royal Air Force (RAF) and are themed on a natural disaster.

Mrs Law has been busily working on the Primary Engineer Project with children throughout school. The Key Stage One children are building tipper trucks and the Key Stage Two children are constructing towers. They have done a superb job of planning, designing, making and evaluating.

Grange School

The term has started with a celebration for two of our staff who have worked for Cumbria Local Authority for 25 years.

Both Lisa Phillips and Helen Hill were presented with flowers to mark this dedication in service to the children of the Cartmel Peninsula. Tim Farron our local M.P. was in school on the day and thanked them for the difference they have made to the lives of our young people.

The children are learning about 'service' as a value this half term and looking at this from a variety of different viewpoints including: people in the community, how religious groups support and serve others and how they themselves can recognise and be part of serving others.

A visitor from the Muslim Learners Service is coming to lead workshops for the children about the Islamic faith and



Grange School Lisa Phillips and Helen Hill celebrate 25 years service to Cumbria schools

will begin the day talking about charity and how Muslims support others.

This term we are also looking forward to welcoming our new vicar Revd David

Wilmot to the parish; the children were pleased to meet him when he visited recently and we look forward to him being part of our school.

Leven Valley School



March madness has been sweeping through Leven Valley this month. First off the mark was the Year 5&6 team competing in the Cartmel cluster hockey tournament. Where all their effort focusing on teamwork paid off, since not only did they have a blast playing with the other schools, but also worked their way up to first place!



Not only that but thanks to the inspiration and support of the class above, the Year 3&4 team bounded into second place.

This was particularly impressive considering they had spent much of the month preparing for the regional gymnastics tournament. Where after winning not one, but two nail biting local

competitions, they ended up representing the entire of the South Lakes in the final.

So this month we're going hear from Nieve (Year 4) on how she found the experience: "The gymnastics competition was amazing, it took a lot of practice to get to the 3rd round, even though we came 5th we were still the 5th team in Cumbria! It was nerve-wracking, but fun. I'm happy for the other schools, but mostly for how far we got.



The leisure centre gymnasium was bigger than Cartmel Priory School hall, it was all set up ready for us to start. We got to school at 7.30am and got going! It was a long drive to Penrith but we finally got there.

When we got there we got on our bibs and practiced our routines. We also practiced on the vault and all the equipment before we started. The order of the routines were vault first, floor second and body management last.

After we finished our competition it was the big schools comp, then we got our results. Mr Cooper and Miss Leaman were great coaches! My favourite part was the joy of just doing it! And I loved every single bit of it!"

Home to School Transport application reminder

Home to School Transport applications are open and Westmorland and Furness Council are reminding parents and carers of children starting mainstream primary or secondary school in September 2024, to apply online.

Free school transport is available to pupils who attend their catchment or nearest qualifying school and live more than two miles away (up to 8 years old) or three miles away (aged 8 years old and over). Applications need to be made before the deadline on the 31 May.

Children from low-income families (those receiving free school meals and uniform vouchers, or those whose families qualify for Working Tax Credit or Universal Credit at the maximum level) may also qualify for transportation assistance.

For further information on eligibility and to apply online please visit <https://legacy.westmorlandandfurness.gov.uk/childrenservices/schoolsandlearning/schooltransport.asp>

It is important that applications be submitted by 31 May 2024, to enable each council to assess whether a child is eligible for transport, inform parents, and plan routes for the start of September 2024. Applications received after this date may not be processed until after the start of term.

Diary of a Derailment



Day 1: 22 March 2024: The morning of the derailment.



Day 6: Following re-railing of the stricken diesel unit, Network Rail's self-propelled Kirow crane has re-assembled the crane train. Northern's rescue 'tractor' unit is arriving on site behind a Person-in-charge, at walking pace, through the Engineer's 'possession'. (In such circumstances, NR's Engineer is in charge of the railway from Kents Bank to Holme Island.)

As most Grange Now readers will know, at around 06:05 hrs on 22 March 2024, a passenger train travelling between Preston and Barrow-in-Furness derailed after crossing over a section of unsupported track which gave way as the train passed.

The track had become unsupported because a cavity had opened in the embankment on which the railway sits.

More than 8100 hours of work has taken place to get the railway restored so trains can run again. Engineers removed 400 tonnes of spoil from the embankments, and installed almost 84 tonnes of new materials to repair the damage at the location.

Phil James, Network Rail's North West route director, said: "This has been a very complex recovery and repair job. We're continuing to work with the Rail Accident Investigation Branch on the investigation into what

caused the derailment, but we're really glad we've been able to work quickly to get the railway fixed. I'm pleased that the line is open again for passengers on the busy Furness line."

Editor Note - thank you to Terry O'Connor for sending in the photos and notes. As we went to press the line had just reopened. Following an investigation by the Rail Accident Investigation Branch there will no doubt be more to report in a future issue of Grange Now.



Day 11: It was the 2nd of April before the rescue succeeded. Never an ideal solution, 'Wheelskates' had nevertheless to be used to raise one of the damaged bogies above railhead level - so that the units could be moved to Ulverston Yard.

Property Talk

With

Craig Turner
Property Department Manager
and Valuer



FRIENDLY HONEST PROPERTY ADVICE

Cleaning up in sales

Spring is finally here, allegedly. A time for new beginnings. And traditionally a time for the property market to spring into life.

In reality, the market has been active since the beginning of the year having returned to a market very similar to that of 2019. A healthy market with equal amounts of influence from both buyers and sellers. One with a small degree of negotiation on asking prices in most cases but where the right property at the right price will still go at or above an asking price.

However, as always, the Easter and Spring market is triggering a rise in property marketing and sales. As the weather becomes nicer and gardens burst into life people are venturing out to view property. Viewing diaries are filling quickly and offers are flooding in.

So if you're thinking of selling, now is the time to get your property ready to show the world. That dreaded Spring clean can make a whole world of difference both inside and outside of the property. Presentation has a huge impact on a viewer's first impression and we all know how important these can be.

Anything from a quick tidy round to a fresh coat of paint can help. Clean, fresh and bright matches in with the season and presenting a property with minimal distractions allows a viewer to concentrate on the space and layout of the rooms.

The same goes for the outside. Tidy gardens and vibrant colours bring a pleasant scene to any outside spaces, be it sprawling lawn or courtyard garden. Seating spaces can offer a peaceful retreat or an entertaining epicentre and showcase the versatility of a property.

For further ideas on how to present your property to get the best out of it you can check out the blog on our website or drop into one of our offices to have a chat with one of our local negotiators.


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What's On at The Vic

REGULAR EVENTS

James Reeder Dance Classes - Weds from 7pm.
Contact: james@reedersdance.co.uk

Various U3A groups - All welcome. Contact U3A:
015395 35358 Incl. main meeting 3rd Tues.

U3A Pickleball - 2 sessions: Most Weds 10-12 &
12.30 - 3.30pm.

Wild Soul Yoga - Contact: hello@mywildsoul.co.uk -
various classes and sessions available.

Parliamo Italiano - Improvers: Tues 7pm from 16th
April Post Beginners: Thurs 7pm from 18th April.
Contact: caroline_hakkinen@mac.com

Creative Photography - Alternate Thurs 7pm from
11th April. Contact: seppo_hakkinen@icloud.com

**CADAS (Cumbria Addictions Advice and
Solutions)** Peer Support Group - Thurs drop-in
10am to 11am. Contact: richardc@cadass.co.uk

Room 2 at The Vic - Open Wednesday and
Thursday 10am-3pm. Tel 015395 92149

Manjushri Buddhist Meditation Class.
Wednesdays 11am-12noon. For info visit: www.
manjushri.org

INDIVIDUAL EVENTS

03/05 Fri - Concert Club - Brass
Tracks Quintet. 7.30pm - www.
grangeoversandsconcertclub.org.
uk

04/05 Sat - Bay Community
Singers & Of One Accord - 'Spring
Sing'. 7.30pm

07/05 TUES! - VHSG Bingo -
Doors 7pm, Eyes down 7.30pm.
£1 entry, £5 per Bingo card. Cash
Prizes - 18+

10/05 Fri - Friday Night Dancers
- Ballroom & Latin Social: 7.30pm
Contact: fnd.south.lakes@gmail.
com

13/05 Mon - Grange over Sands
Town Council Meeting, with 'Have
Your Say!' 7pm

15/05 Wed - Grange Drama – The
Ghost Train – 7.30pm: Tickets at:
www.grange-drama.org.uk

16/05 Thu - Grange Drama – The
Ghost Train – 7.30pm: Tickets at:
www.grange-drama.org.uk

17/05 Fri - Grange Drama – The
Ghost Train – 7.30pm: Tickets at:
www.grange-drama.org.uk

18/05 Sat - Grange Drama – The
Ghost Train – 7.30pm: Tickets at:
www.grange-drama.org.uk

19/05 Sun - VHSG - Cinema at
The Vic: One Life (12A). Doors:
6.30pm for 7pm start - www.
ticketsource.co.uk/vhsg

21/05 Tue - Grange Lions
Presents: Charity Fashion Show.
6pm start.

25/05 Sat - VHSG – NT Live -
'Nye' (15): info & Tickets at www.
ticketsource.co.uk/vhsg 7pm start

31/05 Fri - Friday Night Dancers
- Ballroom & Latin Social: 7.30pm
Contact: fnd.south.lakes@gmail.
com

02/05 Sun - Ulverston Music
Festival - The Sourcerer by Gilbert
& Sullivan - Book tickets: www.
thecoro.co.uk/uimf

See www.grangeoversandstowncouncil.gov.uk/whats-on - for more details of all our events.

Cinema at the Vic



**One Life (12A) Sunday
19th May 7pm (doors
6.30pm)**

ONE LIFE tells the true story of Sir Nicholas 'Nicky' Winton, a young London broker who, in the months leading up to World War II, rescued 669 predominantly Jewish children from the Nazis. Nicky visited Prague in December 1938 and found families who had fled the rise of the Nazis in Germany and Austria, living in desperate conditions with little or no shelter and food, and under threat of Nazi invasion. He immediately realised it was a race against time. How many children could he and the team rescue before the borders closed?

Fifty years later, it's 1988 and Nicky lives haunted by the fate of

the children he wasn't able to bring to safety in England; always blaming himself for not doing more. It's not until a live BBC television show,

'That's Life', surprises him by introducing him to some surviving children – now adults – that he finally begins to come to terms with the guilt and grief he had carried for five decades.

'A handsome and soberly stirring period piece' – Daily Telegraph

Rating: 12A

Runtime: 2 hours 10 minutes (including 20 minute interval).

Bar, interval hot food, tea, coffee, cake, snacks, ice cream.

Advance tickets from www.ticketsource.co.uk/vhsg

Credit/debit cards, Apple Pay and Google Pay accepted on the door.

Adults: £6.50

Children £4.50

National Theatre Live at the Vic

**Nye (15) Saturday 25th May 7pm
(doors 6.30pm)**

The Victoria Hall Support Group is delighted to announce that our next NT Live screening at the Victoria Hall will be Nye.

Confronted with death, Aneurin 'Nye' Bevan's deepest memories lead him on a mind-bending journey back through his life; from childhood to mining underground, Parliament and fights with Churchill. Rated 15 (strong language).

'A mighty, moving piece of theatre' – Financial Times

'A valiant and valuable affirmation of the NHS' – Telegraph

National Theatre Live brings the best of British theatre to local venues – unmissable theatre filmed live from Britain's most exciting stages.

Bar, interval hot food, tea, coffee, cake, snacks, ice cream.

Tickets £12 adults £10 children available from www.ticketsource.co.uk/vhsg Cash, credit/debit cards, Apple Pay and Google Pay accepted on the door.



Grange Musical Theatre Society

SPAMALOT UPDATE

GMTS are having a Social Get Together on Friday 14th June at 7.30pm (venue to be confirmed- see next month's Grange Now) for anyone interested in being involved in our 2025 production of SPAMALOT.

GMTS is desperately short of members so please come along and join us, even if you have no experience in Musical Theatre, enthusiasm and commitment is all we ask. Tea and cake available so do come and join us, have a chat and get involved. It will be great fun.

Rehearsals don't start until September but we need to know now that we have the members available to put on this show.

If you are unable to make this get together, please contact: Christine Bell by email: bell.christine99@yahoo.com to register your interest.

Also: GMTS will be having its AGM on Wednesday 29th May at 7.30pm in the Methodist Church School Room, Grange. All welcome but only members will have the right to vote

What's On

Wednesdays 1, 8, 15, 22, 29

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Tuesday 14th May

Coffee and Chat at Cartmel Methodist Church from 10:30 to 12:00 noon.

Sunday 19th May Churches Together Pentecost Party in St Charles Field - see article

Thursdays 2, 9, 16, 23, 30

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Friday 3rd May

Repair Café from 6:00 to 8:00pm in Methodist Church Hall

Saturday 4th May

Churches Together Men's Breakfast at 8:30am, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Tuesdays 7, 14, 21, 28

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m. Contact Hazel Edmondson on 015395 36213 for information.

Saturday 4th May

Bay Community Singers in collaboration with Shrewsbury choir Of One Accord. The concert is at the Victoria Hall, Grange over Sands 7.30 pm and entry is £10 on the door with under 16s free.

Tuesday 7th May

Mothers & Others-Beetle Drive followed by Fish & Chip supper-7.30 p.m. in the Father Wagner room behind St Charles Catholic Church on Kents Bank Road.

Wednesday May 8th

Kents Bank Station Library. 'Confessions of a Train Spotter'. Malcolm Kimber presents a fascinating story in words and pictures of his railway life. 2.00pm in Kents Bank Station Library (entrance by gate on Kentsford Road). Admission free. Pre-booking essential on 07795 008691 or info@stationlibrary.org.uk

Thursday 9th May

Cartmel Peninsula Local History Society will meet in Cartmel Village Hall at 7.30pm for Chris Craghill's talk about Around the Farmhouse Fireplace. Entry for visitors is £3.

Saturday May 11th

Kents Bank Station Library: Open day 11.00 to 16.00.

Book launch of Pete Kellon's locomotive biography of LMS Jubilee "Bahamas" at 12.30. Entrance by steps next to Beach Hut Gallery (also open). Come round and browse our growing collection of railway and other transport books. Borrow something you like or pick up a bargain from our book sale. Book donations welcome. Info on 07795 008691 or www.stationlibrary.org.uk.

Sunday 12th May 5pm

St John's Church Silverdale Ensemble Pro Victoria in concert: 'The English Chapel Royal to Venice' Tickets £10-£20 (under 25s £5) from www.trybooking.com/uk/DEUH

Monday 13th May

Grange Probus Club will meet at 10.30 for 11am at the Netherwood Hotel for a lecture.

Mondays 13, 20

Drop-In for over 18s - Community Foodshare, Main Street. Are you struggling with your mental health and wellbeing? Join our peer support group for a chat and a brew between 1:30 and 4:00 pm.

Saturday 18th May

Lower Holker Village Hall Friday Concert by Ulverston Victoria High School Swing Band. Tickets £8.00 available from Rhona on r.barton5353@gmail.com from the Cabin in Cark or on the night. Doors open 7.00 pm for 8.00 pm start. Bring your own drinks nibbles and glasses!

Saturday 18th May

Friends of Kents Bank Station Community Garden Party from 1.30 p.m

Sunday 19th May

Art Heart Space, Exploring Creativity with spirituality. Come and enjoy being creative, drawing, painting or just doodling with time for reflection around our chosen theme. 2.30-4.30 pm. Allithwaite Community Center. For info contact Jenny on 015395 35979.

Tuesday 21st May

Mothers & Others- AGM followed by Pie & Peas supper-7.30 p.m. in the Father Wagner room behind St Charles Catholic Church on Kents Bank Road.

Tuesday 21st May

DAN WALSH - Newton in Cartmel Village Hall - 7pm. Unique opportunity to see this world-class folk musician - banjo player, guitarist, singer songwriter. Virtuoso playing, winning songwriting and lively humour! "Absolutely terrific!" Mark Radcliffe BBC Radio 2. £10 inc hot supper - cash bar.

Booking: wendyandmike26@btinternet.com

Thursday 23rd May

FLOOKBURGH & DISTRICT OVER 60'S Coach trip to Liverpool Pick up from Flookburgh Square 9.30am. Leaving at 4pm Contact: Wendy Bland 015395 58392

Saturday 25th May

SPRING PLANT SALE - Newton in Cartmel Village Hall - 11am-2pm. Plants, stalls, activities, BBQ, cakes, tea & coffee. All welcome! Info: ncvh.org.uk

31 May - 9 June 2024

Ulverston International Music Festival 20th Anniversary Tickets are on sale for Ulverston International Music Festival's www.thecoro.co.uk/uimf

Age UK South Lakeland

Gentle Exercise Class at Grange United Reformed Church every Thursday 2.00pm - 3.00pm.

Grange Lunch Club at the Thornleigh Hotel takes place on the 3rd Wednesday of every month.

Allithwaite Lunch Club at the Pheasant Inn takes place on the 2nd Tuesday of every month.

Cark Lunch Club also at the Pheasant Inn takes place on the 4th Friday of every month.

Please call 01539 728118 for further details.

Age UK South Lakeland need new Volunteer Gentle Exercise Leaders for our chair-based classes in Grange and Endmoor, and relief cover for the South Lakes. If you can spare a few hours a week, or just a few hours a month and would like to get involved, please call Suzanne Ambrose on 01539 728118 for more information.

From the Library

Lots occurring this month! Come for books, talking books, working and relaxing spaces, free wifi, online resources, help and advice or simply to socialize.

Seppo Hakkinen is displaying his scenic photography under the theme "Frozen" Tuesday 29th April - Saturday 1st June.

Cartmel Peninsula Local History Society will be displaying documents and photographs from their archives - Thursday May 9th 10am-5pm

Estuary Jazz Band will be rehearsing Friday 24th or 31st May 2-4pm - confirm date with staff/ on posters in library.

Digital Drop In 2nd Wednesday each month for assistance with one-off problems and trouble-shooting on devices. Next session - Wednesday 8th May, 10 - 11 am. Sessions may be busy, depending on numbers and issues arising.

HAWC (Health & Wellbeing Team) are resuming monthly drop ins - 2nd Wednesday each month. Pop in for help or advice. Next session Wednesday 8th - 3.30-4.30pm

Android Smartphone for Beginners: Friday 10th / Friday 17th/ Friday 24th May. Smartphone for Improvers - June, for 3 weeks Friday 28th June/ Friday 5th July/ Friday 12th July. Phone 01539713257 or email Kendaladultlearning@westmorlandandfurness.gov.uk. Limited places, booking essential.

Friendship Café: for crafting and nattering, all and varied crafts considered, alternate Tuesdays 2-4pm. May dates - Tuesday 14th and 28th.

Grange Library "Booket List"2024: May's theme is "A Right Royal Title".

Storytime: (school term time)- Stories, rhymes and fun - Thursdays 10.15-10.45. We're looking at the timing of this session - please speak to staff if you have feedback.

Ask for details of reading group spaces, if interested. Mindful Colouring resources available Saturday mornings. Computers are available for free use, to access emails, research online and browse the internet, also printing and photocopying facilities at a small cost. We're here for advice on accessing online resources to the extent of our own knowledge.

Opening: Mon-Fri: 10am-5pm, Sat: 10am-1pm. Tel: 01539 713154

Grange Forum

Nine Forum members met Andy Lowe, a National Parks conservationist, on Tuesday 16th April in Askam near Lowther. Andy gave an interesting, informative and inspiring talk on the features of the buildings, the village layout and the history of Askham. Andy hopes to take Forum members on another walk next year in addition to a talk at the Forum which we will all look forward to.

A decision re The planned Grange Forum summer outing on Thursday July 4th will be made at the end of May. This trip is to Beningborough Hall near York and the Himalayan Garden near Ripon. This is open to all and further information can be obtained at 33696. Sixteen places have been reserved but 12 more are needed for this event to take place.

An Officer and a Gentleman theatre trip on October 3rd still has a few tickets available. If you are interested please contact 33696.

The Grange Forum restarts on Tuesday 8th October and the new season's documentation will be sent to members in September.

If you are interested or want further information regarding Grange Forum please contact Alan Anderson on 33696 or Ken Taylor on 33057

PEAT

Pedology might sound like something related to foot care, but it's actually the science of soil health. This is a hot topic nowadays with the realisation that intensive farming methods have depleted soil around the world to alarming levels. Next to water and sunlight, soil is the most necessary thing for life on the planet, sustaining plant life, which in turn feeds animals such as us! You might think of soil as just that dark-coloured stuff that anchors plants into the ground, but it's so much more than that; it's a complete eco-system supporting micro-organisms and minibeasts at the base of the food chain that we all rely on. Healthy soil gives us healthy food bursting with nutrients. Conversely, depleted soil means fewer nutrients and more pests and diseases attacking the plants growing in it. At PEAT's main meeting in May, soil scientist Tony Harrison will talk about the way soil has been degraded around the world and we'll also be looking at the new thinking about farming methods to nurture soil and keep it healthy and productive in more natural ways. Everyone is welcome to attend this talk, which will be at Flookburgh Village Hall, Tuesday, May 28th at 7pm. For more information, please contact us at peatmessages@gmail.com

Cartmel Art Society

The meeting on April 10th was a very popular session with Julia Baker leading a workshop featuring birds. The AGM was held at the following meeting on the 24th, and combined the Spring Party and the seasonal competition featuring 'An Old Ruin'.

The first meeting in May, on the 8th, is a chance for members to bring in a current painting project with the object of encouraging group discussion. This will be followed on the 22nd by a full day workshop with Kev Bell. The theme of this session will be "A Trip Down Memory Lane", and members are asked to bring in childhood memories to create a pictorial collage. There will be a £25.00 charge for this workshop, and members should remember to bring some lunch and drinks for themselves. Please contact Rita Denby, either by email on ritadenby45@gmail.com or call her on 07587 705842, to let her know if you will be coming to the meetings. We welcome all budding artists from beginners to more advanced artists. Please get in touch via our Facebook page or our website: cartmelartsociety.co.uk if you have any questions.

Repair Café is back!

After the break for Easter, the Peninsula Repair Café will be welcoming people back with a host of repairers to breathe new life into items you might have thought were only fit for the bin. The first café will be on Friday, May 3rd, 6pm – 8pm at Grange Methodist Hall on Kents Bank Rd. If you can't get along to that one, there will be cafes on June 7th and July 5th. Each café will have a good number of repairers for textiles, electrical items including laptops and phones, leather, wood, metal and glass. As we are coming up to the active-outdoors time of year, there will also be a bike repairer who can help with punctured tyres, seized-up chains and more. The repairers are always happy to show you what they are doing so you can develop your own mending skills. As ever, there will be hot drinks and delicious homemade cake, all for a donation for whatever amount you can afford in a warm and friendly atmosphere. Repair Cafe saves you money, keeps loved and useful items out of landfill and helps the planet – a win for everyone!

Lower Holker W.I.

First Wednesday of the month, was a damp, drizzly day, but WI Members braved the cold weather to attend the monthly meeting in Flookburgh Village Hall. There was a lot of discussion about

future social plans, and a visit to Holker Hall for lunch was planned. We look forward to that, with relish, and also a pie and pea lunch preceding the AGM in May.

Names were being confirmed of a visit to Barton Grange later in the year, before the speaker arrived to set up for a slide show. The topic was the Ospreys at Foulshaw Moss. From being almost extinct in the U K, there are now quite a number of breeding

pairs throughout the country. Particular to our area are those at Esthwaite Water, but nearer to Grange are the pair at Foulshaw Moss.

It was so interesting to hear how they return from an African migration to their old nest, which is on a convenient site for fishing, as fish is their only food. Still slides and a video confirmed their activity. What intelligent creatures they are. Paul Waterhouse from Cumbria Wildlife Trust shared his passion for the birds and he was applauded by an appreciative audience. We then shared a welcome cup of tea and delicious biscuits before we migrated to our homes. The next meeting is the AGM preceded by a pie and pea lunch which we look forward to. We shall meet at Lower Holker Village Hall at 1.30. Will you join us then? You will be most welcome.

Mothers & Others

Our meetings in April have been well attended, with a very tasty evening meal at 'At Home' on April 9th, and a fascinating illustrated talk by Neil Honeyman on Old Mardale on April 23rd. Our 2023-2024 season concludes in May with a slight change of plan from the planned programme for Tuesday May 7th - because of the unreliable weather we have decided that a Treasure Hunt on foot is a bit risky! So instead we will have a Beetle Drive followed by a Fish & Chips supper, and then on Tuesday May 21st, as planned, we will hold our AGM followed by Pie & Peas. As you can tell from our recent meetings, we all have good appetites! We are a very friendly group of ladies who would welcome ladies of all ages to our meetings, which are held in the Father Magner room behind St Charles Catholic church on Kents Bank Road, starting at 7.30 p.m. and ending with a cup of tea or coffee and biscuits and a time to chat together.

If you would like to know any more about us or our meetings please call Ann on 015395 33856 or Mavis on 015395 33850 and we would be pleased to tell you about Mothers & Others.

Grange Probus Club

The members and guests of Grange Probus Club welcomed Mike and Lynda Garforth who gave a talk on the National Memorial Arboretum in North Staffordshire. They explained how the facility had been established to commemorate service and sacrifice on behalf of the nation with land being provided in 1994, planting starting in 1997 and it being opened to the public in 2016. The 150 acre arboretum is under the management of the Royal British Legion but incorporates some 400 separate memorial areas to not only military units but also a very wide variety of civil organisations. There are many sculptures as well as the trees but only two buildings stand on the site. Although large, the site is very accessible and mobility scooters can be hired. The Arboretum's website provides detailed information about visits. The next meeting will be Monday May 13th and the speaker will be Robert Wheatley on the subject of "Every Picture Tells a Story" at 10.30am at the Netherwood Hotel with an admittance charge of £7 for visitors. Grange Probus welcomes retired people as new members and meets on the second Monday of each month for a talk, other than June and December for luncheons and March for its AGM. Further information is available from the Secretary, Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Cartmel Peninsula Local History Society

CPLHS's members and guests welcomed Diana Matthews who talked about Lake Shore Villas of Windermere. She explained that she currently lived at Rayrigg Hall and how her family, the Pattinsons, had been involved in the building of many of these important houses since the 19th century. Her talk included over a dozen of the properties and she described how some had dated back to the 14th century but how there had been increased development at the end of the 18th century with the arrival of the Romantic Movement and particularly in the mid-19th century when the development of the railways had made the Lake District more accessible. Diana is kindly hosting a visit by CPLHS to Rayrigg Hall later in the year. The Society's next meeting will be on Thursday, May 9th at 7.30pm in the village hall when Chris Craghill will talk about Around the Farmhouse Fireplace and the development of the typical Cumbrian inglenook. Entry is free for members and £3 for visitors. Bookings will also be taken at the meeting for CPLHS's summer outings. Further information on

CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

Cartmel Institute

Cartmel Institute was originally established in 1865 as a recreational and educational facility for working people in the village with the building being donated by the Rev Holgate. Its original role as the social hub of the village has reduced since the opening of the village hall in the 1930s and there has been concern since the 1970s about how best to run it for the benefit of the community. The Institute Trustees have spent several years trying to identify a new role for the listed building but have reluctantly concluded that they cannot afford to restore and maintain the premises. It is planned to sell the Institute building and to use the proceeds to set up a new Community Trust to support community activities and facilities in the village. The opportunity will be provided over the next few months for local residents to give their views and suggestions about the new trust and how it should operate. Further information will be published as it becomes available and enquiries can be made to the Institute's secretary Ewen Cameron at e.cameron1@btinternet.com or 07929 833528.

Grange Fell Golf Club

The bad weather has been unrelenting over winter and into spring. However, the sun shone for the Captains Drive-in in late March and the course was in good condition for Captain John Ryder's inaugural tee shot. The competition season traditionally starts at Easter. The Easter Medal played over 3 days was the first trophy competition of 2024. The Friday competition was won by Antony Davies (70). Saturday saw Mike Garnett (70) win. But Sunday produced the overall winner with John Storey scoring 69. The April Stableford competition was won by Martyn Willacy with 33 points. The Carlsberg Pairs competition was close fought but the winning pair with 42 points was Kevin Pearson and Pete Weston. The Ladies section continued to play golf over the winter and had some social trips to Carus Green driving range in early March to improve skills! We welcomed our new Lady Captain, Claire Ryder at the AGM in January. The 2024 season began on March 26th with Lady Captain's 9-hole drive in, won by Margaret Shepherd. A buffet after the golf included members past and present. A fun competition was played in early April and we welcomed new ladies to the section.

Crake Valley Croquet Club

Crake Valley Croquet Club has been busy during April. Despite the poor weather the lawns were in great condition for 4 successful "free taster" sessions where 30 people tried the game for the first time. A good proportion of whom have signed up for a further 3 sessions at a cost of only £25. If they then join as members then the £25 will be deducted from their annual subscription. Further "taster" sessions can be arranged later in the season.

The Club also played its' first matches in the North West Leagues. Crake has teams in the Advanced Association Croquet, Handicap Association, Level Play Golf Croquet and Handicap Golf. The Club Internal competitions have been drawn with about half of the membership signing up to play through the summer. Members Social "roll up" play continues, at least twice a week, to attract good numbers. Any enquiries, please email info@crakevalleycroquet.org.uk

Grange Cancer Support Group

Our aim is to support anyone who is affected by cancer. This includes patients, carers and people who are bereaved. It can be good to talk to someone who has had similar experiences. We are quite a small group at present so it is a good time to come and see what we are about. It is a friendly and understanding group and everyone is made very welcome. We have activities such as poetry afternoon (reading a favourite classical or humorous poem, or indeed, making up one of their own!) Once a month, we have a raffle table and everyone is a winner! Marie, our group leader, is currently convalescing following knee replacement surgery and we all send our love and wish her a speedy recovery. We had a visit in April from Lynn, (the daughter of one of our former members), who brought us lots of gifts which we are able to use as prizes in our monthly raffle (where "everyone is a winner"). We gave Lynn some photographs taken of her mum with the group and received an email from her: "The photos you sent are great: nice to see them and Mum!, everyone looks very happy and enjoying themselves, I know Mum always had a good time on her trips to the drop in on a Friday. Appreciate all the support you all gave over the years". How nice it was to get such feedback. And on that note, we want to say a big thank you to our wonderful ladies Joan And Marilyn, who have stepped in to look after us every week (helping us set up with chairs and tables, putting the heating on and making our tea, coffee and cakes .. and washing up afterwards!). They are truly

lovely and always so cheerful.

If you would like to know more about us, then ring Norma on 07546 058224, for a chat. We meet on Fridays, 2pm to 4pm in the Fr Magner meeting room behind St. Charles Church, Kents Bank Road, Grange LA11 7EY.

Grange Over Sands & District Lions Club

We have had a busy few months. We held our annual presentation night in March where we gave over £5,000 to various local charities including 3 Hospices .Derian House, St Mary's and Jigsaw, Grange Over Sands Foodshare, Allithwaite Playground and some individual donations. We were delighted to induct 5 new members. If you are interested in seeing what we do, you will always be welcome – contact Helen for details 07970 414909

Our next fundraising event for local charities is a Fashion Show using clothes from local charity shops at Victoria Hall Tuesday 21st May at 7pm. £10 per ticket with welcome drink. For tickets call in at Johnstons Jewellers in Grange or contact Helen 07970 414909

Cartmel & District Flower club

Our next meeting is on Monday May 20th at Cartmel Village Hall 2.00pm with Zena Stone from Bolton with "A Bit Of This and A Bit Of That". We are still take membership fees and orders for the Flower Arranger Magazine and a warm welcome to all our new members as well as existing members so please bring a friend for an afternoon of creative floral arrangements and refreshments. For more information please contact Isobel 015395 33136

Grange Lecture Society

Whilst the summer months may seem a dormant time for Grange Lecture Society there is much going on to ensure the winter season of TEN TALKS arrives in October with an interesting and educational programme of lectures. Our program secretary Richard Hinchcliffe has already put the program on paper 'in pencil'. Inevitably we find nearer the summer some speakers cannot attend or sometimes, at very short notice, are not available!

We have welcomed three new committee members this Spring who already are providing much useful input and, together at our mid-May committee meeting, we shall be finalising the new season before going to print in August.

Recently we have been delighted to be approached by PEAT (Peninsula Environmental Action Together) to merge an extra lecture, a free bonus to our society with a talk about the benefits to

civilisation of dark or at least darker skies: reducing light pollution for the benefits, not only of nature, but for us all. If this extra free talk goes ahead, it will be on Tuesday 24th September. Give you close friends a gift of Lecture Society membership this winter. They will be given some remarkable memories (prices unchanged from last year £46 or £10 on the night). Card machine is always available for payment. Happy Summer to our members and visitors; we look forward to seeing you all again (and more) just four months on into the year.

Grange Garden Society

Our April meeting was a fascinating talk on the history of the rose given by Elaine Taylor who gave a well - researched and illustrated presentation beginning in Persia in the late 16th century and finishing with England's own David Austin, who died in 2018, via many gardeners and artists.

Our next meeting is at the URC , Kent's Bank Rd, on Friday 17th May at 7.0 pm (refreshments from 6.30) and will be a demonstration by Kevin Preston on " Spring / Summer Baskets and Containers " - plants will be on sale. Visitors are very welcome. Our COFFEE MORNING and PLANT SALE is on Saturday May 25th from 10.0 am at the Methodist Church Hall - also with cake stall and tombola. Admission £2 to include refreshments. We hope to see you at both events.

Lower Holker village hall

Grange Now May 2024. April 200 Club winners are : 1 st £40 41 Susan Trotter, 2 nd £25 185 Yvonne Shaw, 3 rd £15 67 Suzanne Allsworth, 4 th £10 87 Jeanne Tattersall. Friday 18 th May Ulverston Victoria High School Swing Band, tickets £8.00 available from Rhona on r.barton5353@gmail.com, from the Cark Local Shop (the Cabin) or on the door. Doors open 7.00 pm for 8.00 pm start. Bring your own drinks, nibbles and most importantly those Glasses. Tai Chi, Yoga, Dancing, Aerial Hoops. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm and from 3.30 pm to 9.00pm. Table tennis from 9.00am to 9.00pm. Cost is £1.00 per player for the booking. Bowling Green Open. Sewing Machine Classes every Friday morning 10-12pm. £15.00 per session, bring your own machine. Contact Natasha on

Natasha127@outlook.com or 07901751197. Please follow us on Facebook at lowerholkervillagehall for all our latest news. Website is lhvh.co.uk. The Hall number is 015395 58304.



Cark River Group

After the positive report last month, it was revealed that despite all of the work done at the Pumping Station by United Utilities, the discharges have actually INCREASED! In 2022 the discharges amounted to 4420 hours = 185 days and we were 7th worst United Utilities Location. In 2023 the discharges amounted to 6472 hours = 270 days. We were now the worst United Utilities location, and actually came 2nd in the country for the discharges. United Utilities had said that they couldn't stop every spillage, but it would appear that they are not trying very hard. As ever our local MP Tim Farron is on the case as is Lower Holker Parish Council, and as ever their help is greatly appreciated.

Grange Soroptimists

We met early April for our AGM and had celebratory prosecco and cake afterwards. Club members were delighted to know that our swimming team raised a final total of £557 for ShelterBox with our sponsorship at the Swimathon. The Soroptimist gardeners and helpers have worked hard in the Sensory garden which is looking lovely and is very much enjoyed by locals and visitors. Our walking group had a very wet walk at Grizedale but the weather didn't dampen our spirits and everyone enjoyed the walk, sculptures and a relatively dry picnic under some trees! We continue to support Barrow Women's Centre helping in their Clothes room and supporting vulnerable women. Anyone interested in joining the club or getting further information on our work please contact Mary Ann on 015395 32265 or see our website www.sigbi.org/grange-over-sands/

Dear Editor,

Thank you to all those who helped when I fell on the prom. I am home now and recovering.

Jean Hubbard

Dear Editor,

Many residents may be wondering whether the wall tops at the Ornamental Gardens, usually planted up in spring and summer, have been totally abandoned. The answer is, no, Grange Town Council is working to plant them sustainably and in a more environmentally friendly way. Working with Tom from Tom and Abi's Garden Centre for technical advice, we aim to put in plants which will be not only sustainable, but interesting and pollinator friendly too. This is obviously a big project as there are somewhere in the region of 330 metres of wall tops and they will need emptying, a new mix of compost put in and then planted up and mulched. In the past, each year bulbs and then begonias were planted and removed, sometimes with more success than others. There was the recent year when the local squirrels discovered the tulip bulbs and decided they were for their delectation and stole and ate lots of them! And when miniature daffodils were tried in order to thwart the squirrels, the bulbs mostly came up blind or not at all. Biannual planting was costing Grange Town Council well over £1200 each year just in bulbs and plants so it became obvious that another way of working was needed. Some residents will no doubt be shaking their heads at what we are trying to achieve but we have taken lots of informed advice about what plants would be suitable in the wall top location as well as what compost mix would support the somewhat variable weather conditions the plants might encounter.

So please be patient. This is a long term project and we are working very hard to achieve a long term solution.






Councillor Tricia Thomas



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Dear Editor,

The time has come for me to retire and take some time off for myself and my family, so I would like to thank all of you who supported me, voted for me and put up with me over the last twelve years.

I have really enjoyed my time as councillor of Westmorland and Furness and SLDC, and before that, Grange Town Council. I was honoured to have held the position of Mayor for four years and also President of the Chamber of Trade, but all things must come to an end. I hope that my successors will enjoy their time as much as I have.

Once again thank you.

Pete Endorsor



Dear Editor,

For some time now I have been contacting various people about the possibility of a new bus service connecting Grange with Windermere/Ambleside direct, maybe one or two days per week leaving AM and returning PM. So far this has been to no avail but when I heard that Westmorland and Furness Council were to receive Government money for just such a scheme I rang the portfolio holder for transport at W & F who surprisingly was not completely dismissive. I do however have to establish a need for this service and wondered if you may be able to assist with this by printing an article in Grange Now asking for feedback. I have also contacted a member of Grange Town Council and hope to attend full council next week to ask for their support.

Many thanks

Rosemary Jones

EDITOR NOTE - Please send any comments to Grange Now regarding this and I will forward to Rosemary.

Dear Editor

For 50 years Grange over Sands & District Concert Club has played a prominent role in bringing live, high-quality classical music to the town. The concerts have provided a platform for many young rising stars who have gone on to achieve national and international fame. Martin Roscoe, John Lill, and Jess Gillam to name a few. It has also given the residents of Grange the opportunity to hear first class classical music in the excellent venue of the Victoria Hall.

Since 1953 many local residents have been members, facilitating and enjoying club life, and meeting together to enjoy chamber music without having to travel out of the area. Local school children have also benefitted from free concerts that have been a revelation and an inspiration to them.

Sadly, the club is now in a position where there is no one to take over the key roles, and because of this will close in October at the end of this season.

Surely, we don't want this to be the end of music in Grange. With the talent and enthusiasm in our area there must be a way forward. Possibly with a broader and more diverse brief? The ingredients are there; an ideal venue, a whole host of talented artists wanting to play live and enough people living in the Grange area to fill the hall. All we need is a few people to come forward to organise Music at the Vic.

Could it be you? If so, please contact the Mayor Roger Handley tyrciafol@gmail.com or myself janice.carrick2@btinternet.com Chair GOSCC

Thank you, Janice Carrick

Dear Editor

Judith Shapland writes in April's Grange Now that she would like the option to choose euthanasia should she so wish, commenting that this would help to relieve pressure on the NHS and on housing.

While Mrs Shapland's motives are clearly selfless, she inadvertently highlights some of the reasons why such a move would be so dangerous. Vulnerable sick and elderly people would increasingly be encouraged to think of themselves as a burden, and a 'right to die' would quickly become a perceived 'duty to die' for many. In countries where assisted suicide is already legal, there is a reduced incentive to provide expensive palliative care for those who would prefer to die a natural death, when hastening death is so much cheaper.

I am currently caring for my 91-year-old mother in Grange. I am very grateful for both our sakes that, as the law stands, the decision as to when to die is not one that she will be forced to make.

Prudence Dailey, Nutwood Crescent, Grange-over-Sands

Dear Editor,

The Grange Spar team would like to thank everyone who supported the Easter Bunny raffle which was drawn on 29th March and raised £207.00 for Marie Curie, who we have been supporting since 2017. The winner of the Bunny was Alfie Gibson and the second prize of a Lindt Easter egg went to Lilly Thurston.

A raffle to raise funds for St Mary's Hospice will be taking place shortly, and we hope you will support this worthy cause. Thank you.

The Spar team.

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The next Grange Now deadline is 17th May

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