



‘Pop-up’ high-tide bird watch from Grange Promenade - see page 13

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As the population gets older, we are seeing an increasing demand for suitable 'later living' housing. There are some impressive providers, creating a sense of community and keeping later generations well-integrated into society. Retirement housing is usually aimed at those over 55 or 60. Most retirement housing is sold on a leasehold basis and most new-build retirement properties come with a 999-year lease.

Obtaining specialist legal advice when buying a retirement property is essential.

Service charges

Typically, the service charge associated with retirement living can be substantially higher than that of a non-retirement lease. This is owing to the facilities available in retirement homes such as beautifully manicured gardens. It is important to understand the level of service charge you will be facing and how this can be increased. The lease should be carefully examined to understand what the landlord must provide against what they choose to provide.

Event Fees

This is a fee payable under a lease on certain events such as the re-sale or subletting of the property (also known as exit fees, transfer fees, deferred management fees and contingency fees).

Why? – to contribute towards sinking funds for major works and to cover the higher cost of providing specialist facilities. This is to maintain affordable service charges. Lack of transparency and understanding can be an issue here if you are not fully advised on how these fees will operate. Upfront information should be provided and your legal advisor must fully explain to you what these are and when they will be payable (as this may not be just on a re-sale). For new homes, this must now also be declared at the reservation stage.

Regulation – the Law Commission has published a draft code to regulate these charges and to protect leaseholders from unfair or hidden fees. To date, the Government has committed to approving the code but has yet to do so.

Age Restrictions – most retirement housing will have an age restriction, typically 55. This is also often imposed as a planning condition from when the complex was first developed and there will be an assignment provision within the lease to comply with. Typically, the prior consent of the landlord will be required.

This highlights some of the points that need to be carefully considered and advised on when buying a retirement property. At Gedye & Sons, we have specialists offering to help guide you through this process and to ensure you are well-informed on all intricacies.

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Editor's Letter

Heads up one and all. Sunday March 10th is Mother's Day.

Well what a year for Ann, my mother. Congratulations on a difficult year dealt with in fine style and with sustained good humour and bravery. Thank you for everything and for setting a fine example on how it is done.

I hope you enjoy this issue of Grange Now. As always we are very grateful to our team of deliverers for doing a great job. If you fancy joining them there is an upcoming vacancy in Kents Bank and one in Grange.

Next deadline 15th March.

Happy Mother's Day to all the mums.

Chris

Grange Shed



A new addition to the Shed this month, we have WiFi! It has taken rather a long time but we now have a BT line and a fully working internet connection.

Big deal you may say but we have been struggling with communications since we set up in the Shed. We had no internet but, worse still, we had no mobile signal. We may be very close to town but the hills were blocking signals and had to walk down the road to make a call.

Of course, now we get complaints from members that we are spending too much time netting, looking for parts

and equipment, that we are not getting work done!

We are working though, its all hands together to try to repair a bench for the Fell Church. I presume they really need that if people have got to walk up Grange Fell Road to get to the church! Don't worry it will be finished before Easter?

The next Repair Café will be on 1st March and we can always take on repairs if you bring them to us. As ever we are working any Monday, Wednesday or Friday including the upcoming bank holidays! Keep an eye on our Facebook page and website.

Donation to Kendal Blood Bikes



Bay Community Singers are very grateful to all who donated during their carol singing in December.

£200 was donated to Kendal Blood Bikes, this included a donation from Beetham Nurseries where the choir had also performed as part of their Christmas Markets.

They would also like to express their appreciation to the following organisations for their generous donations towards the purchase of Ipad Pros and accessories:

The Lantern Community Hub, Grange Forum, Bay Villa Trust and Grange Masons.

Table Making Course

1 Day £120

This one day course enables you to learn all the traditional skills used to produce a useful and practical table. All the materials are sourced from the woodland on the Witherslack Estate, which is Cumbria's largest ancient woodland.

The piece you will create, and the tools you will use on this course are traditional to the woodland heritage of the Lake District. You will learn to select green Ash timber, split the logs by hand and shape the components on a shave horse. Finally creating through tenons and wedged legs.

The course is held at my workshop at Halecat, Witherslack. No previous experience required and all levels of ability are welcome.

edward.carefoot@gmail.com

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grange NOW

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Future Deadlines

ISSUE	DEADLINE	RELEASE
GN391	15th Mar	27th Mar
GN392	19th Apr	1st May
GN393	17th May	29th May



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Investment Matters

By Dan Birch DipPFS

Making pension contributions are not only a way to help save towards your retirement, they can be an extremely tax efficient investment and even a useful tool when considering inheritance tax planning. Depending on your income tax rate at the time, contributions can attract tax relief of up to 45%.

In the past there has been an upper limit on the amount you can build up in a pension over your lifetime and still receive this tax relief on your contributions, this is known as the lifetime allowance (LTA). This was last set at £1,073,100 and while most people may never reach this amount, the LTA was abolished in the governments spring budget of 2023.

While someone who does reach this figure can now continue to top up their pension and receive tax relief there are still some limitations in place. Most people can choose to take 25% of their pension pot as a tax-free lump sum, but if your pension has exceeded £1,073,100 then the maximum you can take is still 25% of this figure, so a maximum tax-free lump sum of £268,275.

This is just one example of how changes made by the government can affect your financial plans. There are at least two budgets a year and a change in government

could lead to further changes to the way we are taxed. Seeking professional advice which is tailored to your individual needs and can be adjusted when changes do occur allows you to focus on the things that are important to you.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Get off the beaten track up to Hampsfell on a FREE to use all-terrain mobility scooter



Trampers Barbara and Brian



Trampers on Hampsfell Robin Zahler

Getting outside into nature is vital to our health and happiness but this simple pleasure, that most of us take for granted, is not possible for everyone.

We all recognise the value of getting out for walks with the family, quality time with friends, fresh air and spectacular views and local charity Morecambe Bay Partnership has been working hard to create accessible trails around Morecambe Bay for you to enjoy whatever your level of ability.

They have a growing a network of Trampler (all-terrain mobility scooter) hire points around Morecambe Bay, so more people can get off the beaten track with ease. Whether you are elderly, struggle with mobility, disability or illness, or are recovering

from surgery, a ride out on a Trampler can provide a life-changing experience for those that struggle to get outdoors.

You can borrow a Trampler completely FREE of charge from a choice of hire points around Morecambe Bay, with the help of a wonderful team of volunteers. Why not venture up Hampsfell, accessing it from grange town centre? Or explore Roudsea Wood and Mosses National Nature Reserve at Haverthwaite, a delightful trail on tracks, boardwalks and through one of Britain's most important woodland sites?

For FREE use of a Trampler, please make a booking enquiry at www.waysaroundthebay.org.uk/accessible-trails-and-trampler-hire/explore-by-trampler

Mayor's Report

The social life of Grange runs on volunteers, it always has. What a rich social life that has been - how many towns, with a population as low as ours, has as many clubs, societies and working groups as Grange?

However, is that coming to an end? Post Covid several groups report falling membership and most report a lack of volunteers for their committees.

All committees need a Treasurer, Secretary, Programmes Officer and Chairman. The latest potential casualty is Concert Club. For the last 50 years, Concert Club has brought high quality chamber music to Grange and the local area. Now the Chairman, Secretary and Treasurer have all reached the end of long stints and need to put their feet up. Luckily the Programmes Officer still feels able to carry on. With no replacements in sight for the other posts, however, Concert Club will cease to be at the end of the 2024 season. Does nobody care? Of course they do! Even if you are not a classical music

fan, you might still get a kick out of a tidy set of accounts, or a well crafted letter or a smoothly run meeting. If you can offer something in these areas and would like to fill a few hours giving a little back to the community, then please come forward and contact me at tyrciafol@gmail.com or Janice at janice.carrick2@btinternet.com. I attended a meeting at the Cumbria Grand concerning the flooding of the lands around the River Winster, convened by the Lynster Farmers Group and chaired by Tim Farron. Whilst the problem is technically outside our parish, the effects are felt by many of our residents. The problem seems to be well understood, silting of the channel on the salt marsh is restricting water flow through the sluice gates at the gas works, causing back up and flooding. The answer is to dredge the channel, with an ideal window in April, but consents need to be obtained which can run into a bureaucratic bottleneck. Every one is working flat out to get the job done. Fingers crossed.

Roger Handley

Friends of Grange Library

This month we are belatedly talking about Celebrations at our regular Reading Friends meeting at 2.30 pm. on Thursday March 14th.

Unfortunately, not many people could make it to our February meeting (probably due to the inclement weather!) when we were going to chat about and share our memories of Celebrations we've enjoyed. So, be it passing a driving test or an exam, special birthday parties, weddings, anniversaries or even

street parties marking royal occasions, come along and join our celebratory discussions and if you have any photos or other mementoes from the day do bring them! Our popular Cake and Games afternoon will be on Thursday March 28th from 2.00 p.m. The afternoons provide good company and friendly competition for anyone who enjoys board games and tasty treats. Everyone is welcome, so come along to the Library for a relaxing afternoon's entertainment!

Library sessions with Grange Now

Over the last 2 years we have attended the library on the day before deadline.

Overall the experience has been worthwhile and enjoyable but often just one or two people come so for the

time being we are postponing these sessions.

If anyone wants to talk to Grange Now in person, please get in touch as we are always available. Thanks very much to the library for having us.

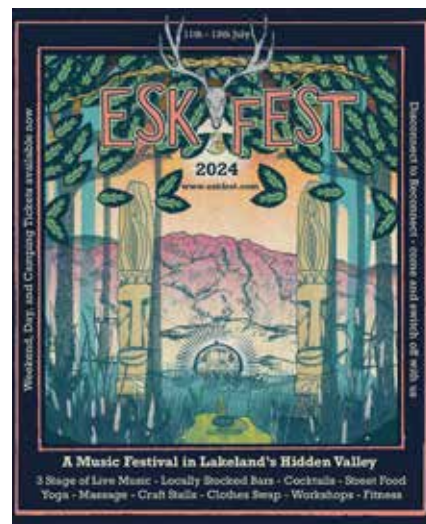
Eskfest

EskFest is back in July 2024 for its 8th year of celebrating the best local music in one of the county's most treasured valleys, Eskdale.

After seven sell-out years, the organisers are always looking to bring something fresh, curious, and exciting to the fields to give returning festival-goers something new to look forward to. Despite this annual 'refresh', the event retains its core values of family-friendly fun, affordability, being volunteer-run, and locally-supplied.

With music and entertainment across three stages, a whole host of workshops for all ages, delicious beer, cocktails, food, games, and so much more, EskFest is all about trying new things and connecting with like-minded people. In the depths of the Eskdale Valley, what with its patchy (non-existent!) phone signal, you can leave your worries at the coast and head inland, 'disconnect to reconnect', and immerse yourself in a host of quality food for the soul of all kinds.

Being just a small festival, tickets always sell out in advance, so if you're looking to go then get your tickets sooner rather than later from www.eskfest.com. Camping and weekend tickets, day tickets, and free under 5's tickets all available on their festival website.



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Lake Annecy Solution to solve the issues of Lake Windermere's water quality

This information was published by Windermere and Bowness Town Council by the admin on their facebook page on 6th February.

We have asked them for permission to publish and it appears below unedited. Grange Now takes no responsibility for the accuracy of this article but it is directly relevant to Grange Now readership area and so we are publishing it in the interests of our readers' information. Please note that it is just a feasibility study, not an agreed plan.

Here are additional details of the proposed scheme, along with maps detailing the possible route of the pipes. These have been provided by United Utilities:

Feasibility Review Summary:

Between July and December 2023, a team of 15 engineers, from multiple disciplines, conducted a high-level feasibility assessment to understand how all discharges within the Windermere catchment could be diverted and taken to a notional treatment facility at Grange Over Sands. The review has accounted for known factors, such as topography and areas of ecological importance -



to develop a detailed proposal for a scheme of this magnitude would require further detailed investigation, however the assessment undertaken to date has demonstrated what a theoretical view could entail, summarised as follows:

- In total, 247 miles of new network would be required throughout the catchment to remove all discharges, this consists of:

- o A 42 mile long 'ring main' style network, linked around Windermere from Grasmere to Newby Bridge – then flowing to Grange Over Sands, with a theorised view that treated flows will be returned to the environment in Morecambe Bay, via a long-sea outfall pipe. This section of network would look to intercept the main public network and significant foul water systems.

Using a case study from the village of

Rydal, estimates have been applied across the catchment to understand the potential scale of infrastructure to connect individual septic tanks to the new network. This study estimated that a further 205 miles of network would be required to provide connections to individual properties. The proposed route has been considered with several principles including minimising the total sewer length, minimising impact on communities, businesses and tourism, and avoiding areas of environmental, ecological and archaeological importance.

Estimates for the scheme have been produced using methodologies aligned with guidance and recommendations of the Infrastructure Projects Authority (IPA) and Association for the Advancement of Cost Engineering (ACCE). Given the scale of the proposed solution and comparative timescales to complete the review, the solution developed can only be considered conceptual and therefore subject to very high estimating tolerances, i.e. an 'order of magnitude' estimate. To remove all discharges from the catchment has been estimated between £3.5bn and £6.4bn.

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Navigating Challenges in HMCTS Probate Applications: What You Need to Know

The probate application process is often a crucial step in administering an estate, but recent challenges with HMCTS (Her Majesty's Courts and Tribunals Service) have caused delays and frustrations for individuals seeking to settle their loved ones' affairs.

HMCTS probate applications have encountered technical glitches and system overloads, leading to delays in processing and granting probate. Applicants have reported difficulties accessing the online platform, submitting required documentation, and experiencing delays in receiving confirmation of their application status.

This has resulted in increased waiting times for probate grants and difficulties in predicting when Grants will be available. Executors and administrators, already grappling with the emotional weight of loss, now face extended periods of uncertainty as they await the resolution of their probate applications. We can provide reassurance at this time and often take practical steps to prepare the administration in readiness for when the Grant becomes available.

The delays in HMCTS probate applications directly impact the timely distribution of assets and the settlement of outstanding debts. We can liaise with creditors as well as being able to communicate with frustrated beneficiaries, lightening the load of the Executors.

Our commitment to your peace of mind: At Progression Solicitors, we understand the frustrations that individuals may face. We have a dedicated and experienced team who can fully explain the process, advise whether a Grant of Probate is required, guide and support you through the complexities of administering your loved one's estate, ensuring that their wishes are honoured as smoothly as possible.

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Pam



Richard



Hayley



Rebecca

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Nacreous clouds seen from Kents Bank Road



General view over the Bay, from Kents Bank Road



Close-up

The images were taken on the first day [2023 Dec. 21st, but nacreous cloud re-occurred on a few more mornings - until the last sighting 9th January this year.

Sometimes called 'Rainbow Clouds', the colour spectrum is clearly evident in the close-up picture.

Information on the internet states the phenomena are "very rare" and are seen "before dawn". It was actually visible from dawn, but only when looking more or less towards the sun - which was mostly hidden

by the closer black clouds. On the 21st December, it continued for nearly two hours and was changing all the time.

The cloud particles temperature has to be, at the most, minus 85 deg. C

They can only be seen when looking roughly towards the affected area of sky, so it would be dangerous to use binoculars or telescope if you accidentally caught the nearby sun in the lens.

Pictures and article by Terry O'Connor

Top tips to help you shop safely!



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South Lakes Citizens Advice, your local charity, is here for you. How to access:

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- Adviceline: 0808 2787 984
- email advice via our submission page on our website www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444

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Community Orchard: South Lakes Orchard Group annual visit



Scot's Bridget after winter pruning

Grange Community Orchard was planted by Grange Civic Society in 1998 on land at Yewbarrow left to the people of Grange by Colonel Porritt, the last owner of Yewbarrow Hall.

The aim was to create a collection of different varieties of fruit trees, including some of local origin. The orchard now contains over 50 fruit trees. All are labelled giving the origin, the date when it was introduced, the type (cooker, dessert or dual) and when it is ready for picking.

The group, known as SLOG, met in the Grange Community Orchard on Saturday 27th January for their Winter Pruning Workshop. It was a fine afternoon and a great turnout of around 30 members and others for Andy Gilchrist and Dick Palmer from SLOG to discuss winter pruning theory and demonstrate techniques. They talked about how each tree should be assessed for Diseased, Damaged or Dead (DDD) wood and removed. This type of pruning is important for the health and maintenance of bush grown

apple trees in particular, if they are to retain their shape and reach their full fruiting potential. Other types of pruning were discussed, such as summer pruning to remove vigorous vegetative growth and restorative pruning for old and neglected trees. Cordon, Stepover and Espalier grown trees were mentioned as ways of growing fruit in more confined spaces. Andy demonstrated how to stress a healthy, ten-year-old tree, Bradley's Beauty which has never fruited in the orchard.

Before going home to prune their own trees, secateurs and loppers were available for everyone to practise winter pruning for themselves; shortening new growth to help stimulate trees into producing fruiting spurs for next year. This will keep the community orchard fruit trees in good shape and fruiting well.

The civic society will now be employing David Rhodes to complete the pruning of the orchard as he does every year when the workshop is over.

Jan Poskitt

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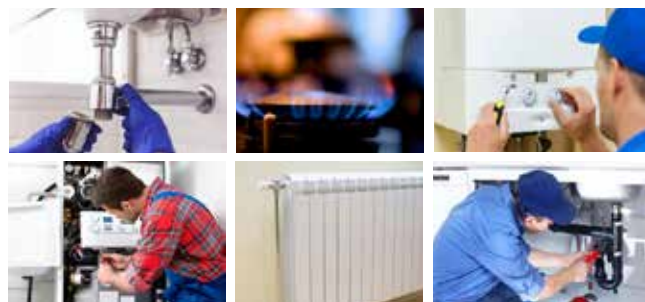
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70 years of Grange and District Natural History Society



Eycott Hill from Mungrisdale

At a meeting on 4 March 1954 at Merlewood Research Station, Grange Natural History Society was founded in its present form. An earlier society, dating from 1896 and continuing to 1907, appears to be closely linked to other societies in Grange: the Grange Lecture Society, Photographic Society and Cartmel Peninsula Local History Society.

If any Grange Now readers have any special memories of Grange Natural History Society please contact the Society web site, www.grangenats.uk

The winter programme continues, as it has done without a break since 1954. In January, Sylvia Woodhead stepped in to give a talk entitled 'A virtual rocky



Early photo of Grange Natural History Society members, courtesy CEH

ramble on the west side of Eycott Hill'. This nature reserve, west of Penrith, was formed by ancient lava flows erupting from fissures, as we have seen recently in SW Iceland. Following the AGM, the Chair, Peter Woodhead gave a talk on 'Natural History of Iceland: Land of Ice and Fire', emphasising what a hostile environment for plants and animals



The Yellow Land Iguana eats Prickly Pear fruits, photo A Brown



'Snipe Island'

much of Iceland's lava surfaces present. Following the volcanic island theme, Dr Audrey Brown entranced us with her account of the Animals, Plants and Rocks of the Galapagos Islands. Audrey was thanked by Lynne Farrell who gave a demonstration of the mating dance of a male Blue-Footed Booby. Such birds were not seen on the 'pop-up' high-tide bird watch from Grange Promenade organised by Martin Chadwick. Highlights included black-backed gulls swooping down to catch water voles, a water rail flying between bird watchers to get out of the water, and over 50 snipe on the reed patch known as 'Snipe Island'.

There are some special 70th events planned for the summer season- keep up to date on our web site.

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SCAN ME



COWBOY BANGERS AND BEANS

INGREDIENTS

- 1tbsp olive oil or vegetable oil
- 6 butcher's sausages
- 1 large or 2 medium onions, sliced
- 1 medium-hot chilli, chopped and deseeded
- 1 large or 2 medium carrots, chunkily chopped on the diagonal
- 3 celery sticks, chunkily chopped
- 250g squash, peeled, deseeded and chunkily chopped
- 700g passata
- 2tbsp English mustard
- 1tbsp soft dark brown sugar
- 1tbsp cocoa
- 2tsp smoked paprika
- 1 garlic bulb, halved through the equator
- 2 bay leaves
- 1 sprig of thyme (optional)
- 2 x 400g tins of beans (borlotti, kidney or butter), drained
- Sea salt and black pepper

We root for organic and seasonal veg and you'll find lots of choices on our farm shop shelves. Alongside some citrus flavour and colour from farther afield, Harlequin winter squash is ready to be used in any recipe calling for a versatile vegetable.

Harlequin will go down particularly well in Hugh Fearnley-Whittingstall's cowboy bangers and beans. This recipe is from his newest book, *River Cottage Comfort Food: Best Loved Favourites Made Better for You*.

METHOD

1/ Heat the oil in a large and flameproof casserole dish over medium heat. Add the sausages and cook for 5-10 minutes to get some colour and firmness. Snip each sausage into 3 or 4 pieces and return to the casserole dish.

2/ Add the onion, chilli, carrot, celery, and squash. Cook for a further 10 minutes, stirring often, to soften the vegetables.

3/ Add the passata, mustard, brown sugar, cocoa, paprika, bay, thyme if using, seasoning, and tinned beans. Pour on enough water to cover everything and bring to a simmer.

4/ Reduce the heat, cover, and cook for 30-40 minutes or until all the veg is tender.

5/ Taste and add more salt and pepper if needed. Then serve.



Sankey postcards offer snapshot of a bygone era

1818 Auctioneers' Specialist Valuer, Andy Bowden talks about a very special collection that's going under the hammer as we go to print.

"As an auction house on the border of Cumbria and Lancashire, we're well placed to sell one of the largest collections of Cumbrian postcards. The collection is a lifetime of work by its owner, and the postcards are organised into specific towns and areas as well as by postcard manufacturers.

"One of those manufacturers is Sankey. Edward Sankey was a well-known local photographer in Barrow-in-Furness for many years, and later in Cumbria and the Northwest. Edward was a keen businessman and in 1923 he gained a patent for his specially designed printing machine. It allowed the Sankey family to print more postcards with greater speed, and to produce smaller runs of cards for other publishers.

"The Sankey family also owned a car. Thanks to this, they had greater access to the Lake District and surrounding areas. They went on to make a 'Tour of Lakeland' series, which was novel at the time and popular with tourists and visitors to the region.

"Over the past few years, there has been a major project to catalogue Sankey's work, which is now stored in the Cumbria Archives. We believe the first Sankey cards started appearing around 1902; they are now highly sought after by local history enthusiasts, collectors, and researchers.

"That's because postcards are so much more than just images. They serve as snapshots of a bygone era, capturing the essence of a time and place. This impressive and extensive collection of over 9,500 postcards provides a valuable insight into social history and life in Cumbria from the early 1900s onwards.

"We feel very lucky to have handled this collection. It's the largest private collection of postcards that we have ever seen and it's sure to attract worldwide interest to our county."

The Sankey cards within the wider collection are valued at £2,500.



1818 Auctioneers Assistant Manager Simon Thompson with postcard collection c 1818 Auctioneers

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E. info@1818auctioneers.co.uk
Junction 36 Auction Centre,
Crooklands, Cumbria, LA7 7FP



ALLITHWAITE AND CARTMEL PARISH COUNCIL

PARISH COUNCIL – VACANCIES

Notice is hereby given in accordance with Section 87 of the Local Government Act 1972 that Allithwaite and Cartmel Parish Council has three vacancies for councillors for Allithwaite. Anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@allithwaiteandcartmel-pc.gov.uk.

HIGHWAYS – HIAMS

The reporting of potholes or other highway problems is via the interactive website: www.allithwaiteandcartmel-pc.gov.uk, scroll to the bottom of the page and under 'Quick Links' click on Report a Highway Problem.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/planningapplications.

CARTMEL FISH SLABS AND PINNACLE

Councils' newsletter of November referred to ongoing efforts to relocate the original Fish Slabs Pinnacle or Obelisk in Cartmel. In the absence of any suggestions from villagers or others for siting the pinnacle, Council continues to seek a solution but as funding expires at the end of March, time is now of the essence.

BUS SERVICE 532: CARTMEL - GRANGE OVER SANDS

Using funding made available through the Department for Transport's "Bus Service Improvement Plan", Westmorland & Furness Council are introducing a new service between Grange-over-Sands and Cartmel week commencing the 19th February. It will be operated by Blueworks, on a Monday; Wednesday and Friday and is intended to complement the existing Service 530 to Kendal provided by Kirkby Lonsdale Coaches.

The bus timetable can be viewed at: <https://legacy.westmorlandandfurness.gov.uk/buses/532/>

The new contract is only short term, initially running until the end of June, and there will be a further change in late March, when both operators' timetables will change to include the Lakeland Leisure Park.

On The Grapevine

Grange Drama's Spring production directed by Carol Williamson is a comedy thriller, THE GHOST TRAIN by Arnold Ridley.

To many this actor / playwright is better known to them as Private Godfrey of Dad's Army.

The play, written just over 100 years ago, is today regarded as a minor classic. It originally attracted Grange Drama's attention in both 1957 & 2001 so everyone is delighted to be now presenting a recent & slightly updated script of the play.

This version is already in the hands of the cast after successful auditions last month & rehearsals have begun. The play will be performed at Victoria Hall, Main Street, Grange over Sands LA11 6DP - curtain up at 7.30 pm, Wednesday to Saturday 15 – 18 May 2024.

In the Autumn a production is again being planned at Lower Holker Village Hall, making us

rather like the Royal Shakespeare Company - a TWO venue company in 2024 - but there the similarity ends.

Grange Drama's next community Play Reading is at 7.30pm Thursday 7 March 2024 in Grange Institute - AN INSPECTOR CALLS by JB Priestley - when Ginny Moss & Margaret McDonagh share the director's chair. Readings are open to anyone & the kettle is always on.

If you cannot make the March reading come along the following month - Wednesday 10 April 2024 - same time, same place, when Hilary Stubbs will be taking the director's chair with Adam Croft's comedy CURTAIN UP!

From next month Kathryn Kay (enters stage right) will be taking over writing On the Grapevine news from Margaret McDonagh (exits stage left).

www.grange-drama.co.uk

Grange Musical Theatre Society

As reported in last month's Grange Now, Grange Musical Theatre Society was nominated for several awards.

Well fantastic news. At the NODA Northwest Division 11 Annual Awards dinner GMTS came away with 3 awards:

1. Oliver Pearson won the Best Female Comedy Performance in a Youth Production for his performance of Madame Fifi in Beauty and the Beast.

2. The panto itself won best staging of a Youth Production
3. The main show Act Your Age also won Best Staging.

Many congratulations to Oliver on his individual award.

Many congratulations to the staging teams for both shows. You always do such fantastic work for all our shows & here is the recognition you deserve. Well done to you all.

Grange Over Sands and District Concert Club

Welcome to our 51st season. We have another interesting and exciting programme of concerts featuring many future rising stars of the classical world including in September the Deschanel Gordon Jazz Trio.

The 2024 AGM was held on January 26th and after celebrating the successful 50th Anniversary season thoughts turned to the future. After many years as committee members and club officers 3 members will be stepping down from their posts at the end of the 2024 season. This means that the club will need a new Chairman, Treasurer, Membership Officer and Club Secretary. Whilst

giving a lot of pleasure and satisfaction the roles do involve a considerable amount of work and commitment. The club can't function without these roles.

Currently there no plans for the future. If you feel that you could undertake one of these roles, please contact me as soon as possible. It is important that we know by the end of March 2024 so that financial and programme planning can proceed.

If we have not got a functioning committee for 2025 it was agreed that the club will close and the charity will be wound up.

Janice Carrick Chairman
janice.carrick2@btinternet.com
07816977612

Bay Community Singers Celebrating 10 Years

September 2013 and a dozen or so people came together at Grange Institute to sing as part of the newly formed Bay Community Singers.



Fast forward ten years and with membership regularly exceeding 60, including a group of founder members, and with their original Music Director, Jane Thedham, still at the helm, there is much to celebrate and be proud of. Not only have Bay Community Singers performed at many local community and charity events over the years raising huge sums of money for charity, but with 100s of local people having taken part, they have provided a much needed musical outlet and a wonderful sense of community. The focus of the Singers has always been 'fun and friendship' but, in addition, their passion for singing together, learning and always moving forward has meant that the choir now has a reputation for incredibly high standards and

entertaining performances.

'I always leave rehearsals with a spring in my step', 'Singing in the choir makes me so happy, it's my favourite place to be' 'I'm always buzzing after rehearsal', 'Friends are made by sharing a common interest', 'Singing lifts the spirits', 'Singing makes us smile and feel happy', 'Thursday nights are a tonic in a bottle for me', 'It's such a lovely feeling when it all comes together'.

These are just a few thoughts from our members about what being in Bay Community Singers means to them. We'd love to share some of this enthusiasm by inviting you to our special Community 'Come and Sing' on SATURDAY 23RD MARCH from 2.30-4.30 pm at the Victoria



Hall where you can sing along with the choir, have some fun and feel that sense of togetherness whilst making music. Please purchase tickets in advance for this event. £5 (inc refreshments)

Our Celebration Concert takes place on SATURDAY 23RD MARCH at 7 pm. A chance to hear some new pieces and many of the choirs 'favourites' from the past 10 years. Tickets £10 (under 16s free) £12.50 for both events. Available from Choir members, Butterfingers, Johnston's or www.ticketsource.co.uk/bay-community-singers. There will be a bar and raffle with all proceeds being donated to the Kendal based charity, Dignity in Dementia.

Cartmel Choral Society Spring Concert

Cartmel Choral Society will hold their next concert on Sunday, 24th March in Cartmel Priory at 3.30pm.

This year marks the centenary of the death of the brilliant French composer Gabriel Fauré and the choir will sing two of his pieces, the well-known Requiem, and the Cantique de Jean Racine with its lush choral harmonies, composed when Fauré was just nineteen. Also on the programme is Widor's Mass Op.36 in an arrangement by Adrian Self for choir and organ.

Soloists in the Requiem are soprano Pam Self and baritone Ron Eadington. Organist Andy Plowman will once again accompany the choir.

Entry is £10 by programme at the door, children free. If you'd like any further information please contact Jim Kitchen on 015395 35306 or visit the website www.cartmelchoral.co.uk

Flookburgh Band

Flookburgh band not only put on fantastic concerts in and around our local area, they are also a successful contesting band.

We are entered in the North of England brass band Area qualifiers at the Gala Theatre in Durham, on the Saturday 16th March.

We will compete against other North of England bands for a place at the National finals. As part of our contest preparation we are holding an open rehearsal at Lower Holker Village Hall in Cark. This will be on the Thursday 7th March from 7.30PM-9.30PM. The test piece we are working on is an exciting composition 'Corineus' by Christopher Bond. This is FREE for anyone who would like to come and see the band in a Rehearsal situation. Bring your own refreshments and pull up a chair.

Dates for your diary: Flookburgh Church concert, 20th April, 7PM, details to follow. Summer band stands: 2nd June, 14th July, 25th August. 2pm start.

Grange mobility and E-bike survey - call for responses by 4 March.

The team at Morecambe bay Partnership are looking forward to opening the new active travel hub at the station later this month and want to find out from the community, how useful they would find the service to provide free mobility vehicle hire and paid E-bike hire.

An online survey is running until Monday 4 March, or paper copies can be found at Grange Library, Victoria Hall and the Nutwood Health Centre.


All responses are completely anonymous and just takes a few minutes. Your responses will inform how the team may best serve your needs.

The link to the survey is here: <https://www.morecambebay.org.uk/what-we-do/stories/grange-mobility-and-e-bike-survey-2024> Thank you!

grange NOW

Deliverers wanted for Kents Bank and Grange, please get in touch with Chris info@grangenow.co.uk for more details

Age UK South Lakeland
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YOU!**



Exercise
Class Leader

A group of four older women are participating in an exercise class, with one woman in the foreground leading the group by raising her arms.


Exciting volunteering
opportunities in and
around the Grange area



Lunch Club
Coordinator

A group of older people are gathered around a table, enjoying a meal and conversation.

Digital
Support
Volunteer

A close-up of a person's hands holding a smartphone, displaying a grid of photos or a social media feed.

Become
a Trustee

Two older people, a man and a woman, are sitting at a table, looking at some papers together.

Age UK South Lakeland wouldn't be able to help so many local older people without the dedication & generosity of volunteers. If you too would like to help older people in South Lakeland, whether as a volunteer giving up a few hours a week, or even as a trustee, please get in touch and get involved.

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St. Paul's, Grange



St Paul's church, Shrove Tuesday pancake making

As the days get longer and we go from winter into spring it is lovely to see the beautiful spring flowers popping up everywhere.

On the last Sunday in January 75 people came to church to celebrate the Conversion of St Paul.

The service was followed by the annual Patronal lunch when 52 of us enjoyed a wonderful meal. Thank you to everyone who contributed towards this fantastic feast!

On 7th February, the first Wednesday of the month, we had our Cuppa and cake in church. This event happens on the first Wednesday of every month and everyone is welcome. Do come along and join us.

Thirty adults and children came to church on Shrove Tuesday to enjoy pancakes

and refreshments. The next day, Ash Wednesday was celebrated with a service in church to mark the beginning of Lent.

We are all invited to the Friday Lent lunches which will be starting at noon at the following venues:
23rd February - St Paul's Grange, 1st March - St Mary's Allithwaite, 8th March - United Reformed Church, 15th March - St Charles Roman Catholic Church, 22nd March - Methodist Church

Our new vicar, the Reverend David Wilmot, will be licensed at St Paul's on Tuesday 30th April at 7pm, by the Rt Reverend Rob Saner- Haigh, Bishop of Penrith and acting Bishop of Carlisle. We look forward to welcoming David and his wife to Grange.

St. Charles Borromeo

Greetings to all Grange Now readers. Well, so far February has lived up to it's name of "February fill-dyke" with rain, rain and more rain. At least it is filling the dykes with rain and not snow. The month has also got off to a start in church with the annual Ash Wednesday service where we all received our ashes on our heads to remind us of our mortality. You would think that might be a morbid thought, but in actuality, it is supposed to remind us that the things of this world are passing, whilst the things of the next world are permanent, and to be looked forward to. Lent is a time of preparation for Easter, when we will be celebrating with great joy. During Lent,

of course we have the Churches Together Lent Lunches to look forward to, a different church each Friday will provide a soup and bread lunch, with donations received going this year to the Leprosy Mission. The one at St. Charles' will be on the 15th of March. I am sure the other churches will advertise their own lunches, so if you would like to pop along and partake, you will be made most welcome, with a cheerful crowd for company and a short time of prayer following the lunch for those who wish to stay. The lunches are all 12.00 to 1.00 and the time of prayer at 1.00. Also, don't forget to look out for the QR codes I mentioned last time.

News from URC

Hello everyone

I hope you are noticing the buds coming on the daffodils, despite the still rather wintry weather. The days are lengthening now so that is cheerful.

We resumed our monthly Morning Coffee sessions in February and hope you can join us on 5th March between 10 am & 12 for coffee & chat. Women's Guild will be meeting on the 6th February for their AGM and tea.

The sessions of 'Create for Lent' will be continuing throughout March at 2pm on Mondays. Everybody welcome.

Please remember that Lent Lunches will take place at various churches on Fridays at 12noon. The URC are hosting on March 8th. Donations for the Leprosy Mission will be

welcome at all the lunches. Leprosy is still a major problem in many parts of the globe where medical services are poor and information scarce, so help is still much needed.

On 10th March we look forward to a visit from the Moderator of the Northwest Synod of the URC, Revd Clare Downing. Our friends from our churches at Kendal and Windermere will be joining with us for our Sunday worship as Clare gets to know the churches in South Lakes.

During Holy Week we will be sharing worship with our Methodist friends with a service on Maundy Thursday at 7pm at the Methodist church, led by Revd Jo Rand and on Good Friday at 10.30am at the URC, led by Revd Kate Hunt.

Blessings
Margaret Popper

St Mary's Church Allithwaite



Andrea Mason in her role as community leader for St Mary's has launched a new initiative for parents with small children in the church building.

A group of mums with 12 children attended and they were all hugely enthusiastic and grateful that a group had been started. They enjoyed singing, chatting, playing with loads of toys, snacks and a short Bible story. Anyone else who would like to join them

will be very welcome. The "St Mary's Tots" group will gather next on Friday 8th March (9.00am – 11.00am), and from then on will meet fortnightly in term time. Similarly, the Community Singing Group has been well supported and has now enjoyed several weeks meeting together on Wednesday nights, under the direction of musician Julia Carroll. Anyone who enjoys singing is welcome to come on Wednesday nights from 7.00 -8.30 pm.

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St Peter's Church, Field Broughton with Lindale

Following Shrove Tuesday and full of last night's pancakes we heralded Lenten time with an Ash Wednesday service in church: people from Grange and Leven Valley took part in the service taken by Annette Miller.

The video should be online very soon today. Copies of the book written by the Revd Robin Ham, vicar at St Paul's Barrow - 'Finding mercy on the way of sorrow' containing readings and meditations for the Lent period have now arrived and are available in church. On 1 March the World Day of Prayer will be celebrated at Field Broughton at 2pm. This year's theme is "I beg you, bear with one another in love". Going through Lent, there is Mothering Sunday on 10 March. Traditionally a day to return to one's home ('mother') parish, this is now a time to thank our families for the love we have found in our lives, reinforcing the celebration of Valentine's Sunday held in church the week before last, when we thanked God for His love. The signs by the

roadside outside the church read "Questions ??? Love is the answer", so it is.

There will be an opportunity to welcome in a new member of the church with a baptism during the 9.30am service on 17 March. We complete the beating of the parish boundary with a parish walk on 23 March, beginning at Heft in High Newton at 12.30, with a Survivors' Tea at Broughton Bank to finish. Note the change in time as previously it was given as a 9.30am start. Then, after our Palm Sunday service - 24 March - there will be a Compline service in church on the Monday of Holy Week, 25 March at 7pm. Compline services will be held on Tuesday at Staveley, Wednesday at Grange, both at 7pm, with a Holy Communion for Maundy Thursday at Grange at 6.30pm on Thursday. Of course, chocolates will be hidden in the churchyard during the 9.30am Easter service at Field Broughton! Who will find them?

Experience the risks of community!

Cartmel Peninsula Churches Together

If you read this in time, please come to the World Day of Prayer service at St Peter's Church, Field Broughton (LA11 6HR) on Friday 1st March at 2pm.

The theme is 'I beg you, bear with one another in love' and has been written by the people of Palestine, long before today's desperate situation. As we participate in this service, we are part of a great wave of prayer in native languages encircling the globe. We will be joining with people in over 146 countries and islands around the world to pray with and for the people of Palestine

Lent Lunches: During Lent each year, the churches take it in turn to host a simple lunch, usually soup and bread, from 12:00 till 1:00 each Friday, followed by a short devotional

time at 1:00. The March host churches are St Mary's, Allithwaite on March 1st, Grange United Reformed on March 8th, St Charles Borromeo Catholic on March 15th and Grange Methodist on March 22nd. All proceeds will be given to the Leprosy Mission.

On Easter Sunday, March 31st, there will be a celebration sunrise service at 6:45 am in the Hampsfell Road car park, followed by hot cross buns at St Paul's. After Easter, look out for an Easter trail with a difference - more details next month!

For more details about any of these events, contact the chair of Cartmel Peninsula Churches Together, Rev David Edmondson (015395 36213).

Cartmel Priory

Back in the pre-COVID heady days of 2017, it was thought a good idea to hold a children's party not only for children attending our monthly 9.30 Family Service, but village children and children from our Primary School.

Naturally, our chosen venue was the Cartmel Village Hall; an entertainer was booked, party food arranged and the 'annual' party was inaugurated.

It was a great success and the party continued in the village hall until 2020 when the hall was unavailable. No problem! The west end open space of the Priory seemed the perfect venue and thus the 'Priory Party' was born. Stu-di-doo, our regular entertainer, sees it as his favourite venue as he enjoys the laughter of the children and at the same time can look towards the glorious east window.

Sadly, the idea lapsed post COVID, but this year the Party was revitalised. Stu-di-doo returned to his favourite venue and over thirty children enjoyed fun, games and tea on what would have been a miserable, damp Friday afternoon. Thank you to Stu-di-doo and all our helpers.

Lent and Easter

Our monthly BCP communion followed by lunch will be on 7th March.

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At 7.00pm on the evenings of **March 7th and 21st** there will be an informal time together at the west end of the Priory, when the vicar, Rev. Nick Devenish and Helen Bailey will be 'Considering Silence'.


Compline (15 minutes of prayer at the end of the day) will take place at 9.00pm on the evenings of **25th, 26th and 27th March.**

Cartmel MU will be holding their Lenten Meditation at 11.00am on 27th March followed by a simple lunch.

Thursday 28th March
Maundy Thursday service will be at 6.30pm and the Good Friday Observance of the Hours will be from 12.00pm - 3.00pm.

The Easter Vigil will begin at 8.30pm on **Saturday 30th March** and Sunday services will be at their normal times.

Night Prayers continues to be streamed live (on Facebook and our website) Monday-Friday every week at 9.00pm. You are very welcome to join us at any of these services as we approach and celebrate the great festival of Easter.



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Property Talk

With

Craig Turner
Property Department Manager
and Valuer



FRIENDLY HONEST PROPERTY ADVICE

The market is warming up

What with the weather being so miserable and unpredictable so far this year it's good to see that the property market is warming up even if the temperatures can't seem to stay the same. The now expected New Year pick up in market activity kicked in midway through January and things have been on the up since then.

Valuation diaries are busy as more and more people look to sell, and the buyers are there waiting, meaning that the sales levels are following suit. In fact, it's not just a local trend. A national agent has confirmed that more people were looking to buy in January this year than there has been for the last decade.

Across Poole Townsend we have been to over 200 valuations in January alone, well above average for the time of the year. With an equally higher than average level of these properties coming to the open market, we have seen a productive start to the year and things are only getting busier.

We have been responsible for selling over 23% of all property across the South Lakes and Furness patch throughout January, more than double that of our next closest competitor, and with mortgage repayment rates still attractive and the expectation of falling interest rates later in the year, we are seeing a continuation of these sales levels across February.

With the market being driven by first time buyers and second steppers this increase in available mortgage affordability has stabilised the market and created a sturdy base for sales chains to be built from.

The signs for the rest of the year are positive as interest levels in property and agreed sales continue to mount up. Come and speak to us if you are thinking about taking advantage of the market and we will happily help you sell or buy your next home.


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Grange Methodist Church



As we move towards Easter, we would like to invite you to take the "Journey to Jerusalem" in our church this year.

It's an interactive walk through the final week of Jesus' life. Experience sights and sounds, tastes and smells to shed new light on why celebrate Easter. The church will be open from 10:30 to 4:00 on the Mondays, Wednesdays and Saturdays in the two weeks coming up to Easter, and from 12:00 to 4:00 on the Fridays. If evenings are more convenient, we'll be open from 7:00 to 8:00 on the Wednesdays and Saturdays. On Maundy Thursday, March 27th, there will be a service

in our church hall at 7:00pm as we recall the Last Supper, then on Good Friday we look forward to joining the service at 10:30 a.m. at the United Reformed Church.

Thank you to everyone who came to and participated so enthusiastically in our Ceilidh last month, which raised £222 towards our "Open for Community" building redevelopment project. Why not note the date now for our next fundraising event – a Kitty Brown Fashion Show on the evening of April 19th.

We also look forward to hosting the Repair Café from 6-8 p.m. on Friday, March 1st before it takes a break for Easter (no repair café in April).

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**GRANGE AND
DISTRICT u3a
OPEN AND
ENROLMENT MORNING 2024**

u3a
learn, laugh, live

On Tuesday 19th March at 10.00am at Victoria Hall Grange we are holding our annual open and enrolment morning.

This is a wonderful opportunity for anyone, retired or semi-retired wanting to know more about the u3a and all it has to offer to come and meet us and learn about the 45 activity groups that are available.

On display will be many of our activities from the thought-provoking and educational to the more energetic. Art appreciation, Cinema buffs, Pickleball, Environmental awareness and Table tennis to name just a few.

Existing members have the opportunity to renew their annual £12.00 membership and perhaps refresh their knowledge about our groups or just enjoy the company with tea, coffee and biscuits. Hope to see you there.

Cartmel CE Primary School launches playground project

Children, staff and governors at Cartmel CE Primary School have started work on an exciting new project to revamp its playground and outdoor facilities.



The ‘Cartmel Primary Goes Wild’ initiative aims to turn the school’s outdoor areas into greener spaces for outdoor learning and play, with a strong emphasis on environmental sustainability and children’s wellbeing. As well as involving the children, staff and governors at the school, the team behind the project have consulted locals and community groups. The team are very grateful for all the valuable help and support that they have already been offered and would love to speak to anyone else who has experience or an interest in projects such as this.

Plans for the overhaul have been drawn up by a local architect and relevant permissions are now being sought for the developments. Fundraising for the project has commenced and several generous pledges have been received. The project has been divided into several phases, which will be completed as fundraising



targets are met.

Rachel Battersby, Headteacher at Cartmel Primary CE School, says: “Everyone at our school is excited to be embarking on the Cartmel Primary Goes Wild project, which will transform our children’s outdoor learning and playing. It’s been wonderful to see the enthusiasm of pupils, staff, governors and locals, and

we feel confident that together we can achieve the substantial funding that will be needed to turn our dream into reality.”

For any more information about the Cartmel Primary Goes Wild project, please email Claire Welburn and Katie Wood at fundraising@cartmel.cumbria.sch.uk



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Leven Valley School



Last night, the UVHS Dance Platform witnessed a spectacular performance by Class 3 (years 5 & 6) from Leven Valley.

In front of hundreds of people, these young dancers took the stage by storm in their electrifying 'Dance Off' routine.

After weeks of putting their hearts and souls into perfecting their moves, their efforts paid off. Not only was the routine flawless, but it was the exceptional display of emotional strength that truly shone through. Scarlett, one a brave member of Class 3, admitted "I was nervous at first but excited once it was over".

That said, the success would

not have been possible without the overwhelming support of the audience. Alyssa, another talented dancer, wanted to express her thanks to the crowd, "Everyone was really supportive and people were encouraging us". Meaning, as Wren puts it, "When we were on stage, the atmosphere was incredible."

So thank you for a wonderfully unforgettable experience. Where the children's hard work left the whole school proud. But more importantly, it also left the children full of pride in themselves. Not to mention full of chips in their belly, thanks to Ulverston's famous Chippy Bank kind donation!

Grange Primary School



The first half of the term has been a busy one with sporting events such as Sports hall Athletics at Cartmel Priory school and the County Cross Country competition.

A team of 6 from Grange were successful in getting through the cluster, then S. Lakes event and ran well on the day. Congratulations to all and especially to Matilda who came 8th in her age group-a fantastic achievement. The beginning of January saw many of the Y4,5 and 6 pupils head off to Manchester AO Arena for the Young Voices Concert.

Over 9,000 children took part from all over the North West and North Wales and our children were so excited to be part of this huge choir! Many months of rehearsing both songs and dance moves led up to this day, but all was rewarded when the live band,

singers, dancers and star guests came on stage to sing with them. The experience was truly one in a lifetime! The theme for our values work is Perseverance and hope and we can all see that the children have applied themselves and lived out these values.

We were fortunate to have friends from the Baha'i faith visiting us in school recently, sharing their outlook on prayer and how service and kindness help everyone to flourish. We are looking forward to them coming in again before the end of term to talk with other classes in school.

During the next half term we will be looking at Justice and our collective worship theme is Wise Words, giving the children chance to learn from others and consider what it means to be 'wise.'

Cartmel CE Primary

Yet another busy month at Cartmel! Our support for charities has continued as we held fundraising events and activities in aid of Children's Mental Health Week.

In addition, we have also enjoyed a couple of movie nights after school to raise money for resources in each class, after listening to the ideas and suggestions from the children. C1 will hopefully have a Yoto player arriving soon.

Bikes may be seen riding around the village as we get stuck in with Bikeability. You may also see KS2 hunting for markers as they start their orienteering sessions with

Mrs Bell. Our Y5/6 children performed tremendously at the cluster sportshall athletics competition with many finishing 1st in their events, well done!

The children (and staff!) are very much looking forward to our class days at Castle Head and whole school trip to Tower Wood on Lake Windermere. We love our children engaging in outdoor adventurous activities as it supports them in developing some of our key Christian values, improves confidence, teamwork and is always a memorable day for the children to look back on. Pictures and more to come on that soon!

Cartmel Priory



Our school production of Matilda was the highlight of this very busy half term.

Involving 60 students across all year groups, 6 months of rehearsals, a number of staff volunteers and our amazing dining room team it was a show not to be missed. Audience members were drawn into the world of Matilda, Miss Trunchbull and the revolting children. A highlight of the show was hearing the students singing 'When I grow up' and 'Naughty', which brought a tear to the eyes of many parents and staff in the audience. Year 6 students from

our local primary schools were invited to watch the dress rehearsal and they clapped, laughed and sang along. We hope they were inspired to take part in our 2025 school production when they join us next year!

To celebrate National Storytelling Week, all students enjoyed participating in a whole school story relay. Key Stage 3 students enjoyed 'There's no such thing' by Paul Jennings and Key Stage 4 listened to 'Silver Ghost' by Michael Morpurgo during morning registrations each day.

Year 10 & 11 have been involved in a number of assemblies from Post-16 providers, ranging from 6th Form Colleges, apprenticeship providers and various colleges in the area, to support them to make decisions about their post 16 study.

Finally, GCSE drama students had the opportunity to travel to The Lowry to watch 'Life of Pi' as part of their curriculum. The students all thoroughly enjoyed the performance and it was a great opportunity to watch some live theatre.

Allithwaite School

We have had lots of visitors across the school this half term.

For safer internet day, we were fortunate to have Niall from the Cyber and Digital Crime Unit visit the Key Stage 2 children. As our online safety lead, Mrs. Tebay organised this session to educate our children about the importance of staying safe online. Niall's talk was informative and engaging, providing our children with valuable insights into the potential risks and precautions they should take in the digital world. PC Simon Eyres gave a talk to both our Early Years and Key Stage One children. He addressed not only online safety but also the importance of staying safe in general, both on and off the internet.

Last week, we participated in 'wear a scarf to school day' where the scarf symbolised Safety, Caring, Achievement, Resilience and Friendship. The School Council played a

crucial role in leading a whole school assembly and the children completed activities for PSHE to promote Children's Mental Health Week. Our Eagle Owl class have been learning about the Magna Carta and the impact it had on Cartmel. They had a special visitor, Rev. Nick Devenish, who delivered a captivating talk and the children were especially fascinated in the story of the Great Knight. Our Toddler group on a Monday morning is open to parents and carers with newborn to pre-school children. They have recently been enjoying a range of activities including tasting and planting new fruit and vegetables. They will soon be starting their Spring and Easter craft activities and are currently in the process of organising a First Aid Course. We are looking forward to more of our planned activities next half term, including our mathematics and science days.

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Lindale CE Primary School



Our Year 3 and 4 children have been working hard with dance teacher Lucy Everett every week this half term which resulted in an outstanding performance at Dance Platform in Ulverston on 6th February. It was a fantastic event, showcasing the dance talents of young people from our area.

Year 6 thoroughly enjoyed a trip to Cartmel Priory School to watch the production of 'Matilda'. It was a fantastic performance. I'm sure it will have inspired our pupils to make sure they get involved with the next show when they are in Year 7. We have also enjoyed visiting CPS to take part in the Cluster Schools sporting events. Our Year 1 children had great fun at Multiskills and the Year 5 and 6 children enjoyed the challenges in Sportshall Athletics.

The Friends of Lindale School (FOLS) have been busy organising lots of fun

events for our children in 2024. We had Crazy Hair day on 26th January, which was great fun. All the pupils and staff fully embraced the 'crazy' with a wonderful array of quirky barnets. The Valentine's Disco was a great success too, with lots of our pupils coming along to dance the night away. In March the FOLS have arranged a World Book Day Bake Off competition which will be judged by a member of the L'Enclume team and also the annual Easter Egg Hunt. We are really grateful to our FOLS members who give up their time to plan, organise and run these events.

The Governors said goodbye to our clerk to the governors, Heather McClure, recently. We are very grateful to her for her hard work, dedication and for keeping us organised. Anyone who is interested in taking on this role is welcome to visit our school website or contact school to find out more.



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LAUFEN



KEUCO

What's On at The Vic

REGULAR EVENTS

James Reeder Dance Classes - Weds from 7pm. Contact: james@reedersdance.co.uk

Various U3A groups - All welcome. Contact U3A: 015395 35358

Wild Soul Yoga - Contact: hello@mywildsoul.co.uk

Parliamo Italiano - Improvers: Tuesdays 7pm. Beginners: Thursdays, 7pm.

Contact: caroline_hakkinen@mac.com

U3A Pickleball - Wednesdays 10.30am -12.30pm, contact U3A: 015395 35358

Creative Photography - Alternate Thurs 7pm. Contact: seppo_hakkinen@icloud.com

CADAS (Cumbria Addictions Advice and Solutions) Peer Support Group - Thurs mornings. Contact: chardc@cadass.co.uk for more info.

NEW! Every Wed - Buddhist Mediation Class. 11am-12 noon. Room 4. email: education@manjushri.org

INDIVIDUAL EVENTS

04/03 Mon - VHSG Bingo - Doors 7pm, Eyes down 7.30pm. £1 entry, £5 per Bingo card. Cash Prizes.

05/03 Tue - Grange Lecture Soc. 'Growing up with the Beatles' with Shelagh Johnson. Doors: 7pm for 7.15 pm: www.grangellecturesociety.co.uk

06/03 Wed - NEW! Buddhist Mediation Class. 11am - 12 noon. Room 4. email: education@manjushri.org

08/03 Fri - Friday Night Dancers - Ballroom & Latin Social: 7.30pm Contact: fnd.south.lakes@gmail.com

10/03 Sun - Cinema at The Vic: The Great Escaper. Doors: 6.30pm for 7pm start - VHSG

11/03 Mon - Grange over Sands Town Council Meeting, with 'Have Your Say!' 7pm

15/03 Fri - St Patrick's Day Ceilidh - VHSG - Tickets at Johnstons

Jewellers or Ticketsource.co.uk/vhsg

16/03 Sat - Friends of Grange School Disco/social - tickets: www.easyfundraising.org.uk/causes/frogscumbria/

19/03 Tue - CAFS 'Solar Made Easy' - Information event. 7pm. https://cafs.org.uk/events/

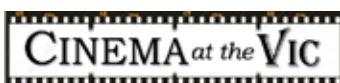
21/03 Thu - Home Instead - Companionship Café: 1.30pm - 3pm Tel: 01539 267220

22/03 Fri - NT LIVE: The Motive & The Cue. Doors: 6.30pm for 7pm start - £12 - VHSG

23/03 Sat - Bay Community Singers 'Come and Sing' & Evening Concert, tickets from Butterfingers café.

23/03 Sat - Wild Soul Yoga - In the Chamber - Yoga with Gong Bath - info at: hello@mywildsoul.co.uk

05/04 Fri - Grange over Sands Concert Club - New Season - Polaris Duo - 7.30pm doors 7pm.



NEW DATE The Great Escaper (12A) Sunday 10th March 7pm (doors 6.30pm)

In the summer of 2014 - the 70th Anniversary of the D-Day Landings - octogenarian Bernie Jordan (Michael Caine) made global headlines. He'd staged a "great escape" from his care home to join fellow war veterans on a beach in Normandy, commemorating their fallen comrades.

It was a story that captured the imagination of the world - Bernie seemed to embody the defiant, "can-do" spirit of a generation that was fast disappearing. Bernie's adventure, spanning a mere 48 hours, also marked the culmination of his 60-year marriage to Irene (Glenda Jackson) - the story celebrates their love without



sentimentality and with an eye to the lessons we can all learn from the Greatest Generation.

'Michael Caine and Glenda Jackson are remarkable as a D-Day veteran and his wife in a charming tale' - The Guardian Rating: 12A

Runtime: 2 hours (including 20 minute interval). Bar, snacks, ice cream, interval burgers and bacon buns to order, tea and cake.

Advance tickets from www.ticketsource.co.uk/vhsg (tickets purchased for our postponed February screening are valid) Credit/debit cards, Apple Pay and Google Pay accepted on the door. Adults: £6.50 Children £4.50

National Theatre Live at the Vic



The Motive and the Cue Friday 22nd March 7pm (doors 6.30pm)

The Victoria Hall Support Group is delighted to announce that our next NT Live screening at the Victoria Hall will be The Motive and the Cue.

Sam Mendes (The Lehman Trilogy) directs Mark Gatiss as John Gielgud and Johnny Flynn as Richard Burton in this fierce and funny new play. 1964: Richard Burton, newly married to Elizabeth Taylor, is to play the title role in an experimental new Broadway production of Hamlet under

John Gielgud's exacting direction. But as rehearsals progress, two ages of theatre collide and the collaboration between actor and director soon threatens to unravel. Written by Jack Thorne (Harry Potter and the Cursed Child) and designed by Es Devlin (The Crucible), the Evening Standard award-winning best new play was filmed live during a sold-out run at the National Theatre.

'A brilliant, compassionate new play' - Financial Times National Theatre Live brings the best of British theatre to local venues - unmissable theatre filmed live from Britain's most exciting stages. Come and enjoy our fully stocked bar, interval food, snacks and ice cream. Tickets £12 adults £10 children available from www.ticketsource.co.uk/vhsg Credit/debit cards, Apple Pay and Google Pay accepted on the door.

A DROP OF THE IRISH



ENJOY A CEILIDH, THE CRAIC AND A TASTE OF IRELAND SUPPER

Friday 15th March doors 6.45pm for a 7.15pm start

With St. Patrick's Day imminent, come and dine, dance, drink, quiz, sing and be entertained as we celebrate Ireland's legendary hospitality and the inimitable sense of conviviality of the Irish people.

Ceilidh with Common Ground ceilidh band and caller Dave Rogers. Table service supper by Charity & Co - steak and Guinness stew or hearty vegetable pottage, both served with colcannon mash and a choice of dessert.

Come as a group or join a sharing table! Tickets £15 - must be purchased in advance from: Johnston's the Jewellers (cash only please) or www.ticketsource.co.uk/vhsg

Victoria Hall
VHSG
Support Group

What's On

Friday 1st March

Cartmel Peninsula Repair Café in Grange Methodist Church Hall from 6-8 pm

Saturday 2nd March

Churches Together Men's Breakfast at 8:30, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Cartmel Village Society Annual Lecture on Royal Coat of Arms and Funeral Hatchments in Cartmel Priory at 7pm – See CVS report for booking information.

Tuesdays 5, 12, 19, 26

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am. Contact Ewen Cameron on 07929 833528 for information.

Tuesdays 5, 12, 19, 26:

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m. Contact Hazel Edmondson on 015395 36213 for information.

Wednesdays 6, 13, 20, 27:

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Thursdays 7, 14, 21, 28

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Thursday 7th March

Cartmel Peninsula Local History Society will meet in Cartmel Village Hall for Ian Hodgkinson's talk on The Plague in Cumbria. Entry for visitors is £3.

Friday 9th March

Grange Natural History Society Marine Conservation by Georgia de Jong Cleyndert, Head of Marine Conservation, the NW Wildlife Trusts 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Saturday 9th March

Kents Bank Station Library

open day 11.00 to 16.0. See www.stationlibrary.org.uk for more information. Entrance down steps next to Beach Hut Gallery (also open).

Monday 11th March

Grange Probus Club members will meet at 10.30 for 11am at the Netherwood Hotel for their AGM.

Tuesday 12th March

Mothers & Others- a visit by First Responders'-7.30p.m. in the Father Magner room behind St. Charles' catholic church on Kents Bank Road. Grange Forum. The Feud and the Ghost a talk by Sue Bull from Hornby Castle

Wednesday 13th March

2.00pm. 'Memoirs of a Lancashire Locoman'. Retired loco driver Raymond Watton of Blackburn will give a fascinating account of his life. Free (donations welcome) but pre-booking essential on 07795 008691.

Friday 15th March

Grange Natural History Society – The Westmorland Dales Landscape Partnership by David Evans, Scheme Manager 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Sunday 17th March

Art Heart Space, Exploring Creativity with spirituality. Come and enjoy being creative, drawing, painting or just doodling with time for reflection around our chosen theme. 2.30-4.30 pm. Allithwaite Community Center.

Monday 18th March

Opening session of "Journey to Jerusalem" at Grange Methodist Church from 10:30 am

Tuesday 19th March

7.00pm Lindale and Newton in Cartmel Parish Council meeting

Grange Forum. Discovering the Landscape of Industry.

Thursday 21st March

FLOOKBURGH & DISTRICT OVER 60'S Coach trip to Houghton Hall

First pick up Flookburgh Square 9.30am. Leaving at

4pm Contact: Wendy Bland 015395 58392

Thursday 21st March

Talk by Nick Thorne entitled "Greetings from Grange-over-Sands: stories from postcards,"Grange Civic society 7:00pm in the Victoria Hall. Tickets are £10 each, including tea/coffee and cake. Pay on the door (cash only) or reserve tickets via email to membsecgoscivicsoc@gmail.com

Friday 22nd March

Lower Holker Village Hall Jazz in the Village

March 26th

Grange Forum. AGM with refreshments and a talk by St John's Hospice.

Tuesday 26th March

Mothers & Others- 'Spring Flowers'- a demonstration by Joan Bentley -7.30 p.m. in the

Father Magner room behind st. Charles' catholic church on Kents Bank Road.

Thursday 28th March

Maundy Thursday service at Grange Methodist Church at 7:00pm

Saturday 30th March

Lower Holker Village Hall Craft Fair Easter

AGE UK

Gentle Exercise Class at Grange United Reformed Church every Tuesday 2.00pm – 3.00pm.

Allithwaite Lunch Club at the Pheasant Inn takes place on the second Tuesday of every month.

Cark Lunch Club also at the Pheasant Inn takes place on the fourth Friday of every month.

From the Library

Digital Drop In: come along to see our IT volunteer for IT support and help with devices. Next session is Wednesday 13 March 2024 at 10am. We hope to establish this as a regular drop in on the 2nd Wednesday every month, should there be the demand.

Friendship Café: warmly welcomes anyone wanting to craft and have a good natter – all and varied crafts considered. Just come along. Friendship Café will be in the library alternate Tuesdays 2-4pm. March dates are Tuesday 5th and Tuesday 19th.

Hazel Smith: an exhibition of original artwork will be on display Monday 4th – Saturday 30th March. Come and browse. We do still have gaps in the diary, so do speak to us if you fancy putting on something yourself.

A date for your diary - Estuary Jazz Band will be rehearsing in the library once again after their fantastic session last month — Friday 1st March 2-4pm.

Grange Library "Booket List"2024 has kicked off to a great start! There's still time to collect a form. March's category and accompanying display is "A book with a city setting".

Weekly storytime: is back during school term time. Come along with your toddlers for stories, rhymes and fun on Thursdays 10.15-10.45.

Book groups: There are some spaces in some reading groups meeting in the library. Please ask library staff for further details. Mindful Colouring resources are out on Saturday mornings – ask if you would like them at other times. Computers are available for free use, also printing and photocopying facilities at a small cost. You can access your emails, research online and browse the internet. We're here for advice on accessing online resources to the extent of our own knowledge.

Drop Ins

Digital Drop in - 14th March 10-11am

Further information contact Grange library: 01539 713154

Opening: Mon–Fri: 10am–5pm, Sat: 10am–1pm



GRANGE CIVIC SOCIETY

The Civic Society is hosting an illustrated talk by Nick Thorne entitled "Greetings from Grange-over-Sands: stories from postcards," on Thursday 21st March at 7:00pm in the Victoria Hall. Tickets are £10 each, including tea/coffee and cake. Pay on the door (cash only) or reserve tickets via email to membsecgoscivicsoc@gmail.com

The Promenade Gardeners are now independent of the Civic Society. We wish them and their new leader John Entwistle all the best for the future. Grange's other public gardens – Park Road Gardens, Cox's Corner, Community Orchard, Normandy Veterans' Garden, Yewbarrow Garden, Station Gardens, station planters, Wilkinson Wood, and the Ornamental Gardens - continue to be looked after by Civic Society volunteers. We are very grateful to them all!

LOWER HOLKER W.I.

After a long break, over Christmas and the New Year, ladies were happy to meet and renew friendships at the meeting in Flookburgh Village Hall.

After an update of Federation and local news, which included information about a forthcoming lunch, Grange Community Cafe and mobility assistance through 'Ways around the Bay', Ros welcomed the speaker, Peter Logan who had come to speak about Greek Islands.

Focusing his talk around Mykonos, Peter showed slides of towns and cities built following volcanic eruptions and some of the ancient civilisations still visible, some only accessible by boat.

The next meeting is on Wednesday, March 6th, at Lower Holker Village Hall when the speaker will be Rachel Kellar and her subject is Processed Foods. Grange Old Time and Sequence Dance Club

The Grange Old Time and Sequence Dance Club held a Valentine's celebration at Lindale Village Hall on Tuesday 13th February. Members enjoyed a Jacob's Join buffet followed by a selection of music and dances chosen specially for the occasion.

We meet every Tuesday at Lindale from 7.30 - 10pm, which includes a refreshment

break. New members would be welcome and if anyone would like further information, please contact Michael Fieldhouse on 07970 845573.

ALLITHWAITE BOWLING CLUB

After the season ended last year we had a specialist company in to do extensive work on the green which we hope will greatly improve the condition ready for playing this season.

There have been some repairs done to the cabin roofs and this month we will have our big cleaning up day when all the work needed to make the club look its best both inside and out will be carried out by an army of willing club members.

The season starts in April and weather and green conditions permitting the green will be open towards the end of March. If you are interested in playing bowls and would like to have a go we will be holding some beginners tuition at the club. Everything will be provided for you to come and have a go to see if it is something you would like to do. We would also like to welcome any players both experienced and newbies to join our very friendly club.

We have 8 teams playing in various leagues, and an internal club league so there is something for everyone including lots of club competitions. If you are interested you can get more

information and contact numbers on the club website which is AllithwaiteBowlingClub.com or ring Jeanne on 015395 34602

GRANGE LECTURE SOCIETY

As Spring is beginning to lift the spirits, as of writing we have only two of our TEN TALKS to look forward to. On the 20th of February, the week now gone, David Edwards - Our Energy Future. Then, of more interest to you Grange Now reader, on Tuesday 5th of March we have an evening of nostalgia for many, especially myself growing up in the 50s and 60s in Liverpool. We welcome Shelagh Johnson - whose family have close connections with members of the fab four. Shelagh will be delivering her talk: Growing up with the Beatles. Shelagh has been deeply involved with working with Yoko Ono on the National Trust work of renovating John Lennon's childhood home.

The meeting will be preceded with our Annual General Meeting with information displayed on the screen with important points for all to see

We have enjoyed, since our last Grange Now report, an entertaining evening with Richard Kay from York who gave us a history of the Musicals from the nineteenth century to the present day and beautifully sang many songs familiar and unfamiliar, from each musical, much to our surprise and delight. His professionalism as an actor and entertainer was much in evidence. At our last meeting on Tuesday the 6th of February, Judith Holder gave us an interesting talk, reminding many of us of issues which are very much in all our minds as we move onwards past 50. I never realised how many people are furious seeing absent minded folk putting their feet up on seats in trains!

Do bring a friend along to enjoy the Talks, it is quite surprising how interesting they all can be, especially subjects which you might think you have no interest in. For instance I did not consider myself interested in musicals but Richard Kay's talk was fascinating and splendid.

GRANGE CANCER SUPPORT GROUP

Our aim is to support anyone who is affected by cancer. This includes patients, carers and people who are bereaved. It can be good to talk to someone who has had similar experiences. We are quite a small group at present so it is a good time to come and see what we are about. It is a

very friendly and understanding group and everyone is made very welcome. Our next relaxation session with Marianne is 8th March. If you would like to know more before you come then ring Marie on Grange 33279 for a chat.

We meet every Friday 2pm to 4pm in Father Magner room, St. Charles Church, Kents Bank Road, Grange.

GRANGE FELL GOLF CLUB

The Grange Fell Golf Club annual general meeting (AGM) took place on Sunday 18th February. The club officials for the year were confirmed and we are delighted to announce the following appointments for 2024. Club President – Les Ollerton. Men's Captain - John Ryder. Ladies Captain – Claire Ryder. Men's Vice-Captain – Daniel Asplin. Visit our website (www.grangefellgolfclub.co.uk) for details of how to join, tee bookings and club fixtures for the year.

CRAKE VALLEY CROQUET CLUB

Preparations for the new season are well under way at Crake Valley Croquet Club based in Greenodd near Ulverston. The lawns have had their first cut of the year and regular Saturday Social GC Members Roll ups are well attended. The Club is trying to attract new members by hosting free "taster" sessions in mid April - further details on the club website crakevalley.org.uk

ALLITHWAITE BRIDGE CLUB

As from 1st March Allithwaite Bridge Club will be meeting each week in the supper room at Cartmel Village Hall on Fridays. We aim to start playing by 7pm so arrive by 6.50 at the latest. New members are very welcome at this small, friendly, unaffiliated club – please contact the Secretary via the website Allithwaite Bridge Club, Cumbria (bridgewebs.com)

LINDALE BOWLING CLUB

Just a reminder that Enrolment Day is imminent. We are holding it on Saturday 16 March commencing 10.30a.m. We will have our Official Green Opening at 12 noon followed by social bowling weather permitting. We are actively looking for new members either to bowl socially or competitively. Beginners through to Experienced Bowlers.

Why not come and have a look at what we have to offer. Have a try if you wish. We have spare bowls for you to use on the day. If nothing else you are welcome

to call in for tea/coffee and cake. For further information please ring Maggie on Grange 55928 or Ian on 33065. We look forward to welcoming you.

GRANGE FORUM

February took the Forum to the Russia Far East which proved to be an interesting talk with wonderful photos and video clippage. The 75th Anniversary lunch was once again held at the Cumbria Grand Hotel with 43 members attending and after the meal, we were entertained by the Bay Community singers.

Unfortunately Chris Bibby was taken ill, so his talk about the life of Bibby's Coaches will be delivered next year. Vice president Ian Smith stepped in and talked about the Coniston Connection which involved a murder and the death of Donald Campbell in Bluebird on Coniston Water. There is no meeting on the 5th of March and Sue Bull will talk about the Feud and the Ghost on 12th March. Season concludes on 26th March with the Forum's AGM followed by refreshments provided by Grange Bakery. The Forum resumes on October 8th and the new season programme will be sent out to Members in early September.

SOUTH LAKELAND STITCHERS GROUP

Following our stitching session in December, making our Kawandi placemats, using straight stitch or Kantha stitch and exploring all the different creative ways of stitching using Fly Stitch in January, we worked 'outside the box' in February and explored silk fibres. We participated in three workshops, each led by a member of our group. Layering very fine silk fibres over a small bowl and applying small amounts of silk glue, we gradually built up the base for a free standing decorative bowl. Natural and coloured fibres were used and once dry, embellishments and embroidery could be added. Using a similar technique of layering fibres and including dried petals and leaves, we made silk paper. This was rather a sticky process involving dollops of paste to adhere the fibres and flowers together. However, the results were very interesting and had to dry out fully before we could appreciate the samples. The final workshop involved using gummy silk, which is the first result once silk is unwound from the cocoon before cleaning. Fibres were layered over a leaf or wooden block print and when a hot iron was applied to the fibres under parchment paper, an imprint was left and the fibres were stuck together. These three techniques

were new to many of us and samples of work can be viewed on southlakelandstitchers.blogspot.com

GRANGE PROBUS CLUB

The Club's members and guests enjoyed a very informative talk by their Lecture Secretary, Vic Light, on "The Yellow Metal". Through his Dental Technical business, Vic had worked with gold and had gained an extensive knowledge and interest in the history of the metal. He described its unique nature and why it had been so important through the ages. He accompanied his entertaining lecture with the circulation of a number of very valuable coins and other gold items around the audience (all carefully accounted for at the end of the meeting). The club's next meeting on Monday, March 11th at 10.30am at the Netherwood Hotel will be its AGM. Unfortunately, it seems likely that Grange Probus Club will have to discontinue its programme of monthly lectures due the lack of any volunteer to act as Lecture Secretary and a decision will have to be made at the about whether the club will be able to continue, and in what format. Further information is available from the Secretary, Dr Neil Martin at neilandval1@gmail.com or 07985 375511.

CARTMEL PENINSULA LOCAL HISTORY SOCIETY

CPLHS's well attended first meeting for 2024 featured Ewen Cameron's talk on Cartmel Priory – its Development and Curiosities. He explained how Cartmel Village Society had carried out a study into the various major stages of development of the Priory over its 800 year history and how the local architect, David Coward, had produced computer models to graphically depict how the buildings might have looked at each point. The results had been used for the CVS Annual Lecture in December 2022 in the Priory which Ewen had since enhanced with several new views. He concluded his talk with a new section on some of the more unusual and interesting features in the Priory and suggested how these could be subjects for future studies, presentations and brochures. CPLH's next meeting will be on Thursday, March 7th when Ian Hodgkinson will talk about The Plague in Cumbria. Entry is free for members and £3 for visitors. Further information on CPLHS, membership and activities can be found at Cartmel Peninsula Local History Society | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

CARTMEL VILLAGE SOCIETY

CVS will hold its Annual Lecture in Cartmel Priory on Saturday, March 2nd at 7pm. The Guest speaker will be Francis Downing, a renowned art conservator, who will talk about the Royal Coats of Arms and Funeral Hatchments in Cartmel Priory and other historic churches. The talk is free but places need to be booked in advance and will be allocated on a first-come basis. Please apply to Ewen Cameron at e.cameron1@btinternet.com or on 07929 833528. Light refreshments will be served at the end of the talk.

CARTMEL ART SOCIETY

The first meeting in February was led by Gwen Bellamy, featuring Still Life drawing and painting in any medium. Members brought in various objects to paint and draw and were encouraged to work within ten minute blocks to develop skills in observation. The second meeting of February was a full day workshop with popular local artist Ben McLeod, working in charcoal. Members worked on landscapes on a large scale, to encourage sweeping strokes. March brings a morning session led by Ann Fitch, one of our members, demonstrating painting seedheads. The following full day session is cancelled due to the date falling during the Easter holidays. This brings us to April featuring Julia Baker, another member, demonstrating bird painting.

Please contact Rita Denby, either by email on ritadenby45@gmail.com or call her on 07587 705842, to let her know if you will be coming to the meetings.

GRANGE AND DISTRICT PHOTOGRAPHY SOCIETY

4th March: Chris Wright presents his Libyan Odyssey. An expedition to see classical Roman and Greek remains. His images also cover settlements and pre-historic rock art in the Great Sand Sea. 18th March: The Society's AGM. Everybody's welcome to discuss the future for the Society! Meetings are held in the Methodist Church Hall, Kents Bank Road in Grange at 2pm. Admission is £4 including tea/coffee and biscuits.

CARTMEL AND DISTRICT FLOWER CLUB

Our next meeting is on Monday 18th March at Cartmel Village Hall 2.00pm and the demonstrator is Kathleen Williams from Oldham with 'Seasonal Influences'. Members are all welcome and visitors have free entry in March so please come along and enjoy a lovely afternoon with flowers and refreshments. For

more information contact Isobel 015395 33136.

GRANGE SOROPTIMISTS

Members and guests enjoyed a very successful and convivial Burns Supper in Cartmel Village Hall at the end of January. "Piping in of the Haggis" by Ewen Cameron was followed by haggis, neeps and tatties. It was a most enjoyable evening with the usual speeches and singing of Scottish songs. We raised £650 for our charities including ShelterBox who provide emergency relief after disasters. Women and children are more likely to be adversely affected by disasters which is why we regularly support this charity. Many thanks to Higginson's, Fletcher's, Abi and Tom's, The Victoria Hall Support group, Cartmel Cheeses, Cartmel Village Shop for their help / generous donations. We continue to support Barrow Women's Centre helping in their Clothes room and supporting vulnerable women. Members are signing up for the Big Plastic Count 11-17 March. You could sign up too - <https://thebigplasticcount.com/> Anyone interested in joining the club or getting further information on our work please see our website www.sigbi.org/grange-over-Sands

MOTHERS & OTHERS

Ladies of any age, we would love to welcome you at our meetings in March, both of which will be held in The Father Magnier room behind St. Charles' Catholic church on Kents Bank Road. On Tuesday March 12th we will have a visit from 'First Responders', a local organisation who play a vital role in our community. At this meeting we will be making a donation towards the running of this life saving service, and we are looking forward to learning more about the organisation and also how we can help in an emergency.

At our March 26th meeting we are anticipating the pleasure of watching with awe and wonder as Joan Bentley produces beautiful arrangements of 'Spring Flowers', and also listening to the humorous tales which always accompany her skills. Hopefully we will all go away at the end of the evening with alternative ideas to sticking a bunch of flowers in a vase!

Both meetings will begin at 7.30. p.m. and will be followed by a cup of tea or coffee and a chance for a chat with friends. If you would like more information please call Ann on 01539533856 or Mavis on 91539533850. Cost to visitors is £5.

LOWER HOLKER VILLAGE HALL

February 200 Club 1st £40
145 Simon Nixon, 2nd £25
38 Margaret Keith, 3rd £15
85 Cheryl Hill, 4th £10 107
Jeffrey Fleming. Friday 22nd
March is Jazz in The Village,
tickets £12.00 available on the
door, from Cabin in Ark and
from Rhona on r.barton5353@
gmail.com, doors open 7.30
for 8.00pm start. Bring own
drinks etc. Saturday 30th March,
Easter Saturday Craft Fair from
10.00 am to 3.00 pm. Plenty
of free parking and delicious
refreshments all day. Thursday
4th April Quiz Night doors open
7.00 for 7.30 pm start. Hot supper
£3.00 plus raffle and £30.00 cash
prize. Up to 4 in a team at £1.00
per team member. Tai Chi, Yoga,
Aerial Hoops, Indoor Tennis are
available. Badminton and Table
Tennis are available all day
Thursday. Friday is Sewing
Machine Classes 10.00 to 12.00
at £15.00.

Hall phone is 01524 58304
ansaphone. Follow us on FB
lowerholkervillagehall for our
latest news.

CARTMEL CRICKET CLUB

Believe it or not the County
Cricket season starts at the end

of this month, plenty of jumpers,
thermals and mugs of soup will
be the order of the day. Cricket
is starting too at Cartmel with
our pre-season nets starting on
5 nd March 7-9pm at Heversham
Sports Hall. They last for
six weeks and then weather
permitting we start outdoors on
a Tuesday evening from 6pm. If
you would like to come along and
for further details please contact
Stuart Bailey on 07779243995.

There are a few new teams
joining the Westmorland Cricket
League and in our Division 2 we
will be playing against Settle,
Penrith, Trimpell. Our first game
is on Sunday 21 st April away
to Westgate and our first home
game is on 4 th May against
Settle.

Joe Cowperthwaite continues
to be our captain and we look
forward to another good season
of cricket. We will also continue
to do the Allstars and Dynamos
Junior cricket on Friday evenings
and we are introducing a soft ball
u11 team which will train on a
Monday night.

As always we need help not just
with new players but also people
to help out around the ground
etc. In particular we need people
to help roll the wicket using our
heavy roller, so if you have a
spare couple of hours during

the week and fancying sitting
back and enjoying the views of
Cartmel then please get in touch.
Stuart Bailey 07779243995.

PEAT

Cumbria Action for Sustainability
(CAfS) is working with Peninsula
Environmental Action Together
(PEAT) to bring Solar Made
Easy to the Cartmel Peninsula.
As a guide to which properties
are suitable for solar (PV)
panels, CAfS have produced
a ground-breaking, interactive
map of Grange over Sands,
Cartmel, Allithwaite, Flookburgh
and Ark, High Newton, Low
Newton, and Lindale. To see if
your property might be suitable,
as shown by spots on the roof
where solar panels could go, you
can copy this link: <https://cafs.org.uk/solar-made-easy/solar-pv-map-grange-over-sands-cartmel-and-surrounding-area/>
PEAT will be hosting an event
at the Victoria Hall, Grange, on
Tuesday, March 19th at 7pm.
CAfS' representatives will be
there to answer your questions
and help you decide whether
solar panels are right for your
home or business. If so, they
will help you to get quotes from
local, vetted installers. Come
along to this community event
to meet CAfS and the installers
and if you would like support to

get panels, you can register your
interest and take it from there. If
you can't make the date but you
are from the local area and would
like information, please email
solar@cafs.org.uk to register
your interest.

GRANGE GARDEN SOCIETY

Our first meeting of the year was
in February. A good audience
enjoyed a well - illustrated and
informative talk on 2 Gardens on
the Isle of Wight - The Garden
of Queen Victoria's Osborne
House and Ventnor, on the
opposite side of the Island and
a description of many interesting
plants from Africa, Australia,
Tasmania, New Zealand, China
and the Mediterranean.

Our next talk will be given by Alan
Gerrard from Milnthorpe, who
will whet our appetites for later
in the year with a presentation
on Herbaceous Borders. We
look forward to welcoming you
to the URC Hall, Kent's Bank
Rd. on Friday March 15th at 2.0
pm for the talk and refreshments.
Visitors are always welcome.

The next Grange Now
deadline is 15th March
We look forward to hearing
from you.



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Dear Editor,

The Yewbarrow Rockery which is looked after by four volunteers is being vandalised on a regular basis, the shelter destroyed as well as the coping stones from the walls. So far, the Community Police Officer has failed to catch anyone and as long as South Lakes Housing are doing nothing with the big house, the area will continue to be trashed. We have asked for help from Westmorland and Furness to repair the damage but to no avail.

If anyone sees or knows the vandals, please could they contact the Community Police officer.

Your Sincerely

Judith Shapland

Dear Editor,

My husband and I wish to express our most grateful thanks to the four kind people who came to our aid when we fell, both together, on Kents Bank road last Friday the 29th December. Their reassurances and help in returning us to our home were indeed most thankfully received, as were those of the two policewomen and the ministrations of the ambulance men who took us to Furness General for a check-up.

As usual. We cannot thank enough our kind and sportive neighbour who was, and always is, on hand when we needed her to help us, in any way she can.

In the extremely busy A&E hospital department there was time to observe the pleasant kindness and efficiency of the reception team, of the nursing staff and of the Doctor who discharged us from the immaculate consultancy cubicle.

Thank you everyone.

Anne Gooddie

Dear Editor,

Crompton's Quality Furnishers

The time has come to close our doors.

The decision was made due to the end of lease and my retirement.

I would like to say a huge thank you to all our customers' for all their support over the many years of trading. Also to Ian Moore my trusted sidekick for his hard work and loyalty to both me and the business.

I hope to see you around town in the local shops at the other side of the counter.

Many thanks once again

Barbara Purcell

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The next Grange Now deadline is 15th March

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