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ISSUE 389 FEBRUARY 2024
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Allithwaite School perform Shrek - see page 20

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Emma Kelly, who joined Gedye & Sons last year, has now become a fully qualified solicitor within our Private Client team.

Emma grew up just across the bay in Morecambe and graduated with her law degree from the University of Liverpool. She then went on to continue her legal studies at the University of Law in Manchester before returning to the area.

When not at work you can find Emma with her partner and her puppy, Milo out on lots of walks or curled up with a good book.

Her specialisms include the preparation of wills, estate planning, powers of attorney and Court of Protection applications.

Director Richard Roberts says, "We are delighted to welcome Emma to our firm and carry on our 120 year heritage of providing comprehensive and pragmatic private client advice to the people of the Cartmel peninsula and beyond".

Head of Private Client Emma Tams adds "Emma has become an integral part of our team in the last few months, and we are thrilled to have her qualify into our specialist area of practice. The firm is looking forward to another busy year and we are committed to the ongoing training and development of our staff so that our clients receive a tailored, personal service."

Here at Gedye & Sons we have solicitors with a wealth of knowledge so call us today and book an appointment to discuss your requirements.



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Editor's Letter

Having received so many interesting stories this month, we have had to up the pages to 36. Many thanks in particular to Ewen Cameron for some great contributions.

The Shrek pictures from Allithwaite School's production of Shrek are fantastic - thanks to them for sending those in for us to share with all our readers.

No sooner have you got the Christmas tree down than talk springs up of Valentine's Day. 'Roses are red, here's your Grange Now, I hope it delivers good news, and makes you think WOW!'

Lots of fabulous good news for you to read in this issue so pull up a chair, grab a brew and enjoy.

On the not such good news we have an article about scammers, provided by our local Citizens Advice Bureau. As we go to press the BBC are running a big feature on this issue as it is so prevalent at the moment. Please be careful and on your guard in this respect. If you are worried about any phone call or contact or email approach, hang up or delete and ask someone for help please.

Finally can I ask for your support for all the local businesses who advertise in Grange Now and without whom we could not provide this service.

Next deadline is 16th February.

Best wishes,
Chris

Buckle up for the Feb Repair café!

At the Peninsula Repair Café we now have a repairer who mends buckles, belts and the fastenings on bags etc where possible, and who had several happy customers at our January café.

We also made some draught excluders and will have a few spare ones at the Feb café if anyone would like one for a small donation. We should have our jewellery mender with us this month and all the usual wonderful repairers who sort out your wayward laptops, ailing electricals, hang-me-down hems and many more things besides. Don't waste money on new items when we can breathe new life into your existing ones! The next café is Friday, Feb 2nd, 6 – 8pm at Grange Methodist Hall, Kents Bank Rd.

Future Deadlines

ISSUE	DEADLINE	RELEASE
GN390	16th Feb	28th Feb
GN391	15th Mar	27th Mar
GN392	19th Apr	1st May

Christmas in Cartmel Donations to Local Charities and Groups



Pictured with two members of the Christmas in Cartmel team (Rachel Holcroft and Ewen Cameron) are Elizabeth Holliday from 1st Grange Brownies and Ro Lewis from Cartmel Peninsula Holiday Boxes accepting their donations.

Following last year's most successful Christmas in Cartmel festival, over £2000 has been distributed to help worthy local causes through these current trying times.

The beneficiaries have included Cartmel Peninsula Holiday Boxes, 1st Grange and Cartmel Scouts, as well as the 1st Grange Brownies. In addition, smaller donations were made to Cartmel Priory Church and Cartmel Methodist Church for kindly providing their premises for activities on the day.

The Christmas in Cartmel stall, run by volunteers, made over £1,700 and a huge thank you is also due to the event sponsors including

UK Carline, the Cavendish Arms/Perfect English, the Kings Arms, Unsworth's Yard (including Oscar's, Cartmel Cheeses and Unsworth Yard Brewery), Cockles Store and Cartmel Square, who helped to subsidise the costly elements of the day. In addition, Cartmel Village Shop raised over £500 by running a raffle, offering one of their quality hampers, as well as from carrier bag sales.

The organisers wish to thank all who attended and those who donated via the Christmas in Cartmel Just Giving page, as well as the village schools who put so much into making the event a success.

An Oak tree for the King!

Grange Town Council Chairman Cllr. Roger Handley planted an oak tree in Park Road Gardens on Friday 12 January to commemorate the coronation of King Charles III.

The oak was chosen by the Council as a long-lived, native British species with favourable associations with the monarchy and should make a lasting contribution to the landscape of Grange.



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Investment Matters

Ian Hartley MCSI, CFP

It is getting towards that time of year once more when we should review our 'end of tax year checklist', the tax breaks on offer to each of us are often left unused and therefore lost.

There are many tax allowances available but a few of the main ones to consider are as follows:

ISA allowance:	£20,000
Capital Gains Tax allowance:	£6,000 for an individual (this will reduce to £3,000 from the 6th April 2024)
Personal Savings Allowance:	£1,000 for basic rate taxpayers and £500 for higher rate taxpayers.
Dividend allowance:	£1,000 (this will reduce to £500 from the 6th April 2024)
Pension Annual Allowance:	£60,000

There are many other tax allowances available and an investment should never be made simply based on tax savings. The allowances available and being able to utilise them fully is often not straight forward, it is often the headline figures that are shown but there is far greater detail that sits behind the availability of these allowances, professional financial advice is recommended to fully understand your own personal circumstances.

The comments in this Editorial are only general and should not be taken as specific advice. It is important that you seek independent advice before taking any action on the above, or any other, subjects. It should be noted that the value of some investments can fall as well as rise therefore you may get back less than originally invested. Past performance is not necessarily a guide to the future. Independent Investment Associates Limited is authorised and regulated by the Financial Conduct Authority.

Cartmel Village Society Lecture on Saturday, March 2nd Royal Coats of Arms and Funeral Hatchments in Cartmel Priory



Francis Downing working on Cartmel Priory's 1681 Royal Coat of Arms.

The Cartmel Village Society Annual Lecture will be held in Cartmel Priory on Saturday, March 2nd at 7pm. The Guest speaker will be Francis Downing, a renowned art restorer, who will talk about the Royal Coats of Arms and Funeral Hatchments in Cartmel Priory and other historic churches. The talk is free but places need to be booked in advance (please see details below).

As part of Cartmel village and the Priory's celebration of the Coronation of King Charles III it was decided to restore the 1681 Royal Coat of Arms of King Charles II which hangs in the Priory. Francis Downing was selected due to his extensive experience on similar projects around the United Kingdom and overseas. The restoration was carried out in the Priory during September 2023.

Royal Coats of Arms have been a common feature in

English churches since Henry VIII's Reformation in 1535, establishing the monarch as head of the Church of England. The earliest COAs were destroyed during Oliver Cromwell's Commonwealth but new ones were installed on the Restoration of King Charles II as Monarch in 1660. Cartmel Priory's COA is one of the earliest in existence and other local churches at Witherslack, Cartmel Fell and Helsington have interesting later examples. Cartmel Priory also has a fine set of funeral hatchments for the Lowther and Cavendish families dating from the early 18th and 19th centuries.

The lecture will be held in Cartmel Priory on Saturday, March 2nd starting at 7pm with light refreshments afterwards. Entry is free but places must be pre-booked and will be allocated on a first-come basis. Please apply to Ewen Cameron at e.cameron1@btinternet.com or on 07929 833528.

BAY COMMUNITY SINGERS 10TH ANNIVERSARY

To celebrate 10 years of Community singing in Grange over Sands, Bay Community Singers are holding a special musical celebration in the Victoria Hall and they'd love you to join them.

SATURDAY MARCH 23RD 2024

2.30 - 4.30pm: Community

'Come and Sing'

Learn some fun songs and sing alongside members of Bay Community Singers

OPEN TO ALL – NO PREVIOUS MUSICAL OR SINGING EXPERIENCE NEEDED

Have you ever been a member of Bay Community Singers?

We'd love to welcome you back for this event and help us celebrate something you have been part of. Songs from the afternoon session will be performed at our

10TH ANNIVERSARY CELEBRATION

CONCERT 7PM

This promises to be the biggest and best Bay Community Singers Concert yet and we'd love to perform to a packed Victoria Hall, We promise you a very entertaining evening. Charity Raffle and Bar available

TICKETS:

£5.00 Community 'Come and Sing' (includes refreshments)

Please purchase in advance

£10.00 Concert (under 16s free)

£12.50 Combined ticket for both

Tickets can be purchased from: Members of Bay Community Singers, Johnston's Jewellers, Butterfingers Café or online via www.ticketsource.co.uk

Email: baycommunitysingers@gmail.com to reserve your place or for more information. Tickets available on the door.



St Paul's Christmas Tree Festival 2023

Once again the festival was a great success, thanks to the continued support of organisations and individuals. This year 34 trees filled the church with twinkling lights and beautiful decorations, all based on the theme 'The Beauty of the Earth'. The trees looked amazing and received so many positive comments from visitors to the festival.

Despite only being open for 3 weeks (due to the date the first Thursday fell in December), the festival had over 740 visitors and, through voluntary contributions, raised a fantastic £1575. Both of these figures show a significant increase on last year. In addition to the visitors who came specially to view the trees, over 250 people also attended the opening reception. Tim Farron opened the festival, and everyone enjoyed music

from the Bay Community Singers and the choir from Grange Primary School, before ending the evening with seasonal drinks and mince pies.

The money raised has been shared equally between Bay Search and Rescue and St Mary's Hospice (specifically the Sue Wymer Cuddle Bed appeal).

During the opening reception, Sarah from Country Life was taking photos and chatting to people. There will be a piece about the festival in the February edition of Country Life. We do hope you will get a chance to read a copy.

Thank you again to everyone who supported the festival in any way. Without all of your support it would not be possible.

Margaret and Gill



Lots of work happening at the Lido. We'll have a full update in the next issue. If you have any great pictures of progress why not send them in to info@grangenow.co.uk

Successful event at Kents Bank Station



We had a very successful event at Kents Bank station. About 60 guests. Lord Hendy, chair of Network Rail, and Our mayor Roger Handley did the honours. Station sign unveiled and plaque commemorating official opening of the library.

Lord Hendy and Cllr Handley both commented on the great work done to make Kents Bank Station a showpiece for community endeavour.

Prof. Paul Salvesson, manager of the Library, welcomed the visitors - from near and far - and thanked everyone for their support in raising the funds to buy the historic sign. Paul also thanked the many supporters who had donated books to the library.



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Surrogacy laws in England and Wales.

A recent report by the Law Commission (of England and Wales, and the Scottish Law Commission) have suggested that the current law governing surrogacy needs updating.

Most of the legislation dates from the 1980's and 1990's and hasn't kept up to date.

The report suggests a new system of a 'new pathway' which would come into force. This would start pre-conception of the child and would involve rigorous screening and safeguarding. If the right conditions are in place, it would enable the intended parents to become the legal parents of the child from birth, subject to the surrogate's right to withdraw her consent.

The USA has various laws which differ from state to state, and we will all be familiar with celebrities, such as Kim Kardashian and Kanye West who have used 'gestational carriers' but the system in the UK will not be like that and it will not be monetary based. Most surrogates in the UK agree to do this, out of love, i.e. a sister having a baby for a sister who cannot, or friends to gay parents who would like a child.

There would be important protections and checks and the report states it aims to incentivise intended parents who are considering surrogacy to enter an arrangement here in the UK without having to go abroad.

Should you require any advice regarding this, or any other related issue please do not hesitate to get in touch with a member of our experienced family team.

Fixed fees available.



Michele Ashton



Lisa Bell



Judith O'Brien

Contact us today to arrange an appointment.

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Mayor's Report

As I write this on Thursday 18th Jan, the sun is shining brightly and at first sight the weather looks great – that is until you put your nose out of the door and you then realise that the temperature is arctic.

I had intended to sow some seeds of alpine plants today – they like a bit of frost – but I can't open the greenhouse door, it's frozen shut. It makes a change from the rain I suppose. I had the pleasure of planting an oak tree in Park Road Gardens to commemorate the coronation of King Charles III last Friday. Well, I didn't actually dig the hole or put more than one lot of compost in but I did have a nice shiny spade and posed for the photos. Tomorrow, the 19th, I am attending Kents Bank Station to mark the opening of the Station Library, an extensive archive of railway literature assembled by Dr Paul Salvesson. I should report this after the event but, as

Grange Now copy deadline is tomorrow, I thought I had better mention it now. Also tomorrow will be the unveiling of the old Kents Bank Station sign, which was sited at the station in the 50's and 60's and 67 which I must have passed every school day for 7 years as I took the 'Grange Train' to and from Ulverston. The sign has been purchased from funds raised by the Fiends of the station. I will be holding a Councillors' Surgery on Saturday 10th February at Grange Library, hopefully in company with a Councillor from Westmorland and Furness Council, from 10am to 12 noon. If you have anything you would like to discuss, please pop in and I will do our best to help. We might not be able to answer your questions on the spot but we will find answers if we can.

Roger Handley

Looking Back



Grange School Choir winner of Morecambe Music Festival 1920s



1923 Carnival parade



Swimming Pool view in pool with crowds swimming and diving



Grange Carnival Britannia float

Sometimes it can feel like the world has never been more scary, more dangerous, or complex.

This can leave us pining for a simpler, more stable past, and seeking out films, books, music, or tales of fads that transport our

nostalgia-hungry minds back to a rosier time.

These snippets are from the Grange Now archives looking back over the years. Many thanks to Grange Civic Society for permission to publish these images from their collection



We are very *proud* to say we've achieved the WorkBuzz 5-Star Employer Award!

It's awarded to **top performing employers** based on an **independent survey**, which our Care Professionals complete each year. We had to 'score' over 87% overall and only 15% of companies who do the survey are recognised as a **5 Star Employer!** Our Clients completed a survey too, some of the highlights are below!

Our Care Professionals say:

- **98%** said they understand why Home Instead is different from other care companies
- **93%** said they are proud to work for Home Instead
- **93%** said they are well matched with their clients
- **96%** said they can be their true self at work

Our Clients say:

- **95%** rate the overall quality of service
- **95%** agree their Care Professionals have an understanding of their needs
- **100%** agree their Care Professional arrives on time
- **100%** agree their Care Professional takes an interest in them as a person
- **95%** agree their Care Professional makes them feel safe when they visit

We work very hard at **prioritising the well-being** of our Care Professionals and our clients who entrust us with their care. We ensure all our Care Professionals are **valued and supported** to enable them to provide **OUTSTANDING** care and its **truly heart-warming** that our team feel we are doing a fantastic job and it's an honour to be recognised for this.

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Dealing with scammers

I bought a car costing £3,325 via an online marketplace.

I hadn't seen any negative reviews about the company so I just thought it was fine and transferred the money. But the car never arrived, and then I saw it re-advertised in different places. I tried to contact the company but they've changed all their numbers and email addresses. What can I do?

Anyone can be targeted by a scam and sadly anyone can fall for one. Talk to your bank or card company immediately to see if you can stop or recover the payment. Report the scam to Action Fraud on 0300 123 204. You can also contact the Citizens Advice Consumer Service for help with what to do next.

Citizens Advice Consumer Service received over 9,000 reports of scams between January to April 2023. The charity is urging more people to report scams to help protect others from falling victim. As scammers get ever more sophisticated it's more important than ever that we all work together to raise awareness, report scams and share our experiences to help protect ourselves from their tricks.

The most common scams faced by the public so far this year are malicious parcel delivery messages with scammers attempting to get hold of personal information or bank details. Several of the most frequently encountered forms of scams involve quite sophisticated impersonation



of official organisations.

It is important to keep alert to signs of a scam. These include offers that seem too good to be true, like a holiday that's much cheaper than you'd expect, or pressure to send money quickly, or in an unusual way – like by an iTunes voucher or a transfer service. Other clues are if you are asked to give away personal information such as passwords, PINs or verification codes - a reputable organisation will never ask for these things. Always step back and double check. If there is any hint that the organisation or person you are dealing with isn't genuine, such as a suspicious email address, don't part with any money or information.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access: Call 015394 46464 - this is being staffed from 9:30 – 2pm

Adviceline: 0808 2787 984 email advice via our submission page on our website www.southlakescab.org.uk Help to Claim (Universal Support): 0800 144 8 444

PromArt Dates 2024

Sunday April 28th,
May 12th, May 26th,
June 9th, June 30th,
July 28th, August 25th, September 29th.

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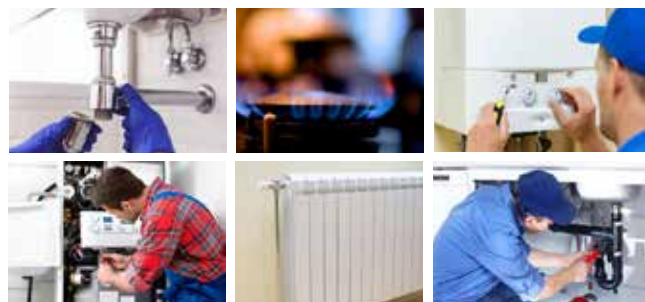
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Walk of the Month

With Grange Ramblers



A walk taking in field paths, tracks and bridleways, with extensive views of the Troutbeck valley, Lake Windermere and the surrounding high fells.

DISTANCE: 8.5 miles DIFFICULTY: Moderate, ascent 900 feet

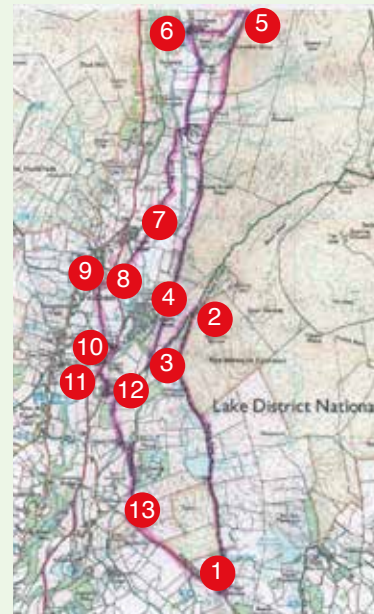
TIME (INC BREAKS): 3.5 hours

Start at the junction of Moor Howe Road and Dubbs Road. Map ref: NY423006 (OS Explorer OL7)

1. Head north up the good track of Dubbs Road. Pass Dubbs reservoir.
2. Where the road changes to Garburn Road do a sharp U-turn left downhill towards the Troutbeck Valley.
3. On reaching the tree line turn sharp right, through a gate.
4. Follow the track above Limefitt Holiday Park. Continue north along the valley.
5. Looking down on Hagg Gill (to the left), watch for a footbridge. Turn sharp left to go over the bridge. On reaching a cart track turn left to Troutbeck Park.
6. Walk through the farm yard, turn left between the buildings and left again in front of the house to leave by the driveway. Continue along the quiet lane.
7. Take a left fork onto a footpath to walk along the valley below the hamlet of Town Head.

8. At the end of the path cross the road into the track straight ahead.
 9. Take the footpath on the left (sp The Church)
 10. At Troutbeck Church turn right along the A592.
 11. Turn left up a track (sp The Howe). Pass the buildings.
 12. As the track ascends turn right, through a gate, onto a footpath. Go through the fields to Longmire Road and turn right.
 13. At the end turn left onto the road and continue back to the start point.
- NOTE:** This walk can be shortened to 5 miles by starting from Troutbeck Church. Walk north up the A592 to Limefitt Holiday Park. Follow the road through the park to turn left onto the path at point 4. Then follow the directions to point 10. The walk could also be lengthened by turning right at point 13 and heading to Orrest Head, before returning through field paths to the start point.

MAP SUPPLIED FOR ILLUSTRATION PURPOSES ONLY



The planned walks for February 2024 are show below. More details can be found on the Ramblers website.

Thur 1 Feb Kingsdale. - 8.6 miles, 1459 feet ascent. Moderate. Turbary Road, Yordas Cave and Braida Garth.

Wed 7 Feb Leven's Vallley. - 8.5 miles, 233 feet ascent. Moderate. Heversham, Crooklands, Stainton, Hincaster returning via Leven's Deer Park.

Thur 15 Feb Details will be released nearer the day

Thur 22 Feb White Moss Tarn, the Coffin Trail, Rydal Hall Tearoom, Rydal Quarry Caves, Loughrigg Terrace and Grasmere Lakeside.

Thur 29 Feb Woodland Church, Raisthwaite, Green Moor, High Kep, Cumbria Way to Tottlebank, and Thornthwaite. - 8.2 miles, 1450 feet ascent. Moderate.

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Tuesday to Saturday

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Grange and District Natural History Society

Members' Evening

In a packed meeting hall our Chair, Peter Woodhead introduced a series of short talks by members.

Sue King updated us about the Curlew Recovery Project in the Lyth valley. 60 volunteers are liaising with farmers to maintain survival of lowland curlews, to try to improve their breeding success. In 2023 18 nests were discovered. 8 were predated; by crows, sheep, foxes and badgers. 49 eggs were laid, 25 chicks hatched, but only 4 fledged, 3 more than last year. They hope to get some volunteers to help next year.

Martin Chadwick told us about the Small Eggar Moth (its Latin name means Woolly Belly). 70 years ago this moth was very common, but now is rare, perhaps because the caterpillars prefer untrimmed hedges. Their presence is

deduced by the webs spun by caterpillars. 30 webs were reported in Cumbria this year, centred on Allithwaite. Martin asks if anyone sees the webs to note the grid reference and take a photo. The only other colonies are in North Yorkshire and South Devon.

A refreshment break allowed members time to chat and look at the displays of fungi, birds' skulls and rocks. Sylvia Woodhead gave a review of the many activities of the Society in 2023. David Benham ended proceedings with his usual excellent photos of his most interesting finds, from parasitic Toothwort, Split Gill fungus on silage bales, ending with a False Widow Spider on his carpet at home which had given him a painful bite on his heel. Cumbria certainly has some interesting wildlife. The programme for 2024 is on the web site.



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SCAN ME





VEGETABLE BROTH INGREDIENTS

- 2 tbsp Eden Yard rapeseed oil
- 1 medium organic onion, chopped
- 1 small organic leek, cleaned and sliced
- 150g organic carrots, cut into small cubes
- 125g organic swede, thickly peeled and cut into small cubes
- 250 g Suma organic broth mix* – soaking overnight reduces the cooking time. With no pre-soak rinse the broth mix, cover with cold water, bring to the boil, reduce heat and simmer gently for about 1/2 hour then follow the method
- 100g Great Scot Dried Green Lentils, rinsed
- Few sprigs of thyme
- 1.2 litres vegetable stock (made with 2 low-salt stock cubes)
- 200g organic curly kale or green veg

We're advocates of seasonal eating and organic farming here at Low Sizergh Barn. So, our shelves are currently filled with vegetables without the hothouse production, air freight and excess packaging.

It's a selection that is filling and nutritious, warming, and delicious. Let's hear it for the swedes and carrots, leeks, and onions, and, oh go on...sprouts and Jerusalem artichokes.

This month's recipe is humble and hearty, tasty and filling. And front and centre of its simple ingredients list is a good selection of organic vegetables.

METHOD

1/ Cover the broth mix (red lentils, green split peas, yellow split peas, pearl barley, and barley flakes with cold water and bring to the boil. Reduce the heat and simmer gently for about 1 hour or until all the liquid has been absorbed and the broth mix is tender.

2/ Heat the oil in a large pan and cook the onion and leek over a medium heat for about 5 minutes or until soft, stirring frequently.

3/ Add the carrots and swede and cook for 5 minutes.

4/ Stir in the broth, thyme and stock and bring to a fast boil for 5 minutes. Cover the pan, reduce the heat and simmer gently for 35 minutes. Add more stock or water if necessary. Add the kale and cook for a further 5-10 minutes.

5/ Serve with crusty bread.



Virtual Auctioneering

Those of you who know our auction house at J36 will also know that we like to stand out from other auctioneers on the bidding scene. A big part of what makes us different is the virtual format of our auctions.

The journey to move away from rooms full of bidders began almost four years ago. It was March 2020, when then Prime Minister Boris Johnson's lockdown announcement saw businesses scramble to adapt. In the auctioneering world, busy rooms were no longer an option, and many temporarily turned to online bidding. But here at 1818 Auctioneers, we looked beyond virtual auctions as simply a pandemic workaround and instead embraced them as a bold evolution.

Fast forward four years, and we now offer a huge range of regular and specialist auctions via the online, timed auction format. But what does that mean in practice? Imagine an auction without the theatrics of an auctioneer physically orchestrating bids. Our auctions unfold online and worldwide, at the-saleroom.com. There, our catalogues are available for over a fortnight. Each auction ends on a Sunday evening, which is the perfect time for treasures to find new homes.

During this extended window, bidders can place their bids online, and seek detailed condition reports, all from the comfort of home. The experience is free from the usual auction bid pressures. Customers can take their time to research items, call in and view them on a Wednesday, Thursday, or Friday, and then decide whether to bid and at what level.

Our customer base has skyrocketed, thanks to the easy access to our auctions, which attract bids from around the globe. Our sellers benefit from a higher sale rate of lots too: 79% of the lots we offered online found new homes in 2023. In contrast, the national average for lots sold via in-room auctioneering was just 61% of those offered.

The average price secured for each lot we sell has also increased along with the number of bidders. And we're sustainable too; not only do we save pre-loved items from landfill but we also help our customers save on emissions by buying second-hand.

It's all a positive endorsement that our auctioneering business, which goes back more than 200 years, is as relevant as ever, even if it does look a little different these days.

So, if you are thinking of a Spring clean that includes finding a new home for some of your treasures, we have a packed schedule for 2024. And we would very much enjoy helping you try out the virtual auction experience.

**EIGHTEEN
EIGHTEEN
AUCTIONEERS**



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ALLITHWAITE AND CARTMEL PARISH COUNCIL

PARISH COUNCIL – VACANCIES

Notice is hereby given in accordance with Section 87 of the Local Government Act 1972 that Allithwaite and Cartmel Parish Council has three vacancies for councillors for Allithwaite. Anyone interested in serving the community in this way and who want to become a councillor for co-option should write to the clerk at: clerk@allithwaiteandcartmel-pc.gov.uk.

HIGHWAYS – HIAMS

The reporting of potholes or other highway problems is via the interactive website: www.allithwaiteandcartmel-pc.gov.uk, scroll to the bottom of the page and under 'Quick Links' click on Report a Highway Problem.

PLANNING APPLICATIONS

Details of all planning applications can be viewed on the Parish Council website: www.allithwaiteandcartmel-pc.co.uk and the Westmorland and Furness link to the planning applications of the South Lakes: www.westmorlandandfurness.gov.uk/planningapplications.

HOW TO DRIVE SAFELY IN SNOW AND ICE

The roads can be dangerous in winter when there's snow, ice or sleet. Our top tip is to take it slow. Stopping distances can be 10 times longer when it's icy. Gentle manoeuvres and slow speeds are the key to safe driving in ice and snow.

In the season of winter colds, don't drive with a cold if you're feeling unwell and are on any medicine that could make you drowsy. It could affect your reaction times.

What do you need in your car for winter driving?

There are a few essentials you should keep in your car when you're driving in winter. These will help you deal with ice, snow and dark winter nights. Here are a few things to keep in your car:

- Ice scraper
- De-icer Torch and spare batteries
- First aid kit

You should also keep a fully charged mobile phone and power bank. That way you can let friends or relatives know if your journey's taking longer than usual or call for help in an emergency.

ALLITHWAITE QUARRY

Residents will be aware that Allithwaite Quarry has been closed to the public for some time. Having completed works recommended to the PC the area is now again open to the public. Work in removing fallen trees, replacing boundary fencing and new safety signage is complete, much rubbish has been removed in skips and this will be a continual process by volunteers as required.

Visitors are advised not to ignore the warnings on the new safety signage for their own safety, it should be remembered that the area is an unsupervised site and

although the area is a tranquil, secluded area rich in wildlife, flora and fauna it is an ex industrial site which should be approached as such. Work will continue on the quarry as per the ten year ecology plan which is available on the Parish Council website along with a general risk assessment.

Please enjoy this quiet tranquil site which can be enjoyed by most but please be aware of the limitations the site may have and your own safety over the rough and uneven ground.

KEEP WARM, KEEP WELL

Cold weather can be seriously bad for your health. That's why it's important to look after yourself, especially during the winter. If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice from your pharmacist.

It is important to keep warm - both inside and outdoors as it can help to prevent colds, flu and more serious health problems, such as heart attacks, strokes, pneumonia and depression. Heat your home to at least 18°C (65°F), if you can, you might prefer your living room to be slightly warmer.

Keeping an eye out for elderly relatives and neighbours and supporting them in the cold weather can help them Stay Well This Winter too

INCONSIDERATE CAR PARKING

Once again residents have contacted councillors about irresponsible parking. The Parish Council would ask motorists to be aware of where they are parking and not to park across dropped kerbs which are there to enable people with restricted mobility, and children in pushchairs, to get around.

Parking at road junctions and corners obstructs viewing for both motorists and pedestrians causing potential major road hazards. The Police and County Council Traffic enforcement are aware of these problems. Please use a little common sense and park with a thought for other road users and pedestrians. A reminder, from 11th December 2023, a new motoring law in the UK empowers authorities to issue £100 fines, or remove vehicles, for pavement parking violations.

20MPH – ALLITHWAITE AND CARTMEL

Allithwaite and Cartmel Parish Council (ACPC) are in the preparatory stages of applying to Westmorland and Furness Council (W&FC) to implement 20mph travel restrictions in Allithwaite and Cartmel.

Before holding a public meeting, we would like to hear from as many residents as possible their opinions, concerns, suggestions and also if you know of any vehicle related accidents in and around Allithwaite and Cartmel in the last 10 years, these DO NOT need to have involved pedestrians or police and will remain confidential. Please send your comments, opinions, etc to: clerk@allithwaiteandcartmel-pc.gov.uk”.

‘Pink Floyd Come To Grange’

After a string of sell out performance at Manchester Cathedral, Leeds Minster and Conyngham Hall, like a sonic time machine, Paradox Orchestra take you on a journey through 50 years of some of Pink Floyd’s most iconic music, arranged for string orchestra, this adaptation presents universally timeless music in

a setting like no other.

The divine string instrumentation has bought sell out audiences across the UK a completely new perspective of this forever-touching music.

Paradox Orchestra destroys stereotypes with collaboration, diversity, innovation and access to music, proud to be raising funds through its concerts for national and regional charities.

On the Grapevine

Watching the recent drama **MR BATES v THE POST OFFICE** one was reminded of the power that a factually based script can have on viewers.

The drama, besides being so very informative, reminded the audience of what it takes to challenge the establishment. Occasionally we have performed plays which opened our own eyes to injustice, illustrating how the truth can be hidden, swept under the carpet when it suits those in power.

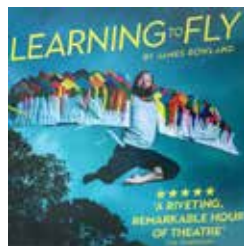
So what’s new now? Our first community play reading of the year came & went last month when everyone enjoyed Arnold Ridley’s updated comedy thriller, **THE GHOST TRAIN**,

a play written in 1923 & today regarded as a minor classic . This actor / playwright’s fame lives on & for many he is best known for his role as Private Godfrey in another classic, the TV show **DAD’S ARMY** written by Jim Parry & David Croft.

Last but not least at 7.30 pm Wednesday 7 FEBRUARY 2024 Grange Drama will be holding its first AUDITION READING NIGHT of the year at **GRANGE INSTITUTE** when director Carol Williamson will be casting her May production. Further details are posted on the Grange Drama website & anyone wishing to take part needs to register their interest so that audition pieces can be sent to them in advance - go to www.grange-drama.org.uk.

“A riveting, remarkable hour of theatre”

This is how **The Guardian** described James Rowland’s one-man show **Learning to Fly** being performed on February 2nd at Newton in Cartmel Village Hall.



The show first appeared at the Edinburgh Festival in 2022 and has been touring ever since to both remote rural locations and leading regional theatres.

Learning to Fly is the story of a remarkable friendship between James, as a lonely, unhappy teenager, and an old lady who lived in a spooky house on his street. Uplifting, big-hearted and hilarious, the show is a captivating mix of comedy, music and storytelling.

This is a great opportunity to see a piece of top-class theatre

performed by one of the UK’s most acclaimed storytellers. James is best-known for his Songs of Friendship trilogy, **Team Viking**, **A Hundred Different Words for Love** and **Revelations** which toured in the UK and internationally for 4 years before being published by Oberon Books. His work has received much praise described by **The Stage** as “Joyous... and incredibly moving.” and “Captivating...A generous, deepening hymn to friendship.” by **The Sunday Times**.

Grange Musical Theatre Society

2023 has been a successful year for the society. Following the success of our main show: **Act Your Age** back in March 2023 (was it that long ago!!) our pantomime **Beauty And The Beast** was “a cracker!”

Many thanks to all involved from the young people on stage to the adults helping backstage and Front of House. GMTS could not put on a show without you!! Thanks also to you, the members of the public, for your support. Without an audience, all the effort is worthless.

You may or may not know that GMTS is affiliated to NODA, the National Operatic and Dramatic Association that was set up in 1899 to provide support and education and to inspire amateur theatre across the UK. Grange is part of Division 11 in the North West area (Garstang to Barrow). An area rep attends one of the performances for each show, gives a critique and puts forward names of standout productions and performances for a NODA award.

This year GMTS have received more nominations than ever before and not just for the pantomime but also for the main show **Act Your Age**.

BEAUTY AND THE BEAST nominations:

- Best Youth Musical
- Best Staging of a Youth Production
- Best Youth Ensemble
- Best Choreographer – Grace Heap
- Best Musical Director – Ann Heap
- Best Director – Grace Heap
- Casper Brocklebank (Jacques) – Best Male Comedy
- Oliver Pearson (Madame Fifi) – Best Female Comedy
- Maxwell Muldoon-Smith (Gustave) Best Supporting Male
- Alice Payne (Bella Donna) – Best Supporting Female
- Amos Rand (The Beast) Best Leading Male
- Emilia Law (Belle) – Best Leading Female

ACT YOUR AGE nominations:

- Best Musical
 - Best Stage
 - Best Director – Grace Heap
 - Reece Carter (Gerry Jackal) – Best Male Youth Performance
 - Simon McCleery (The Reporter) – Best Male Comedy Performance
 - Howard St Quentin (Mario) – Best Supporting Male
 - Deborah Wilde (Pat) – Best Supporting Female
- Well done to all the nominees – what an honour to be nominated. Fingers crossed for the results

Do you have any free time?

Are you retired and would like to give time and skills to working as a volunteer in your community?

Due to a number of committee members retiring at our next Annual General Meeting, Lower Holker Village Hall are seeking new committee members who have time and skills that can contribute to the running of the village hall. We meet once a month on a Tuesday at 6.30 pm. Why not come and join our team. You can visit our website at www.lhvh.co.uk

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This is a National Park not a Theme Park

While this article is not in our immediate area, we thought readers might be interested. It forms part of a wider debate about the balance between tourism and the maintaining of the original character of a place.

In our own area there is the potential for a pedestrian and cycle crossing of the viaduct, a possible lido restoration and the Morecambe Bay cycle way. I would suggest it's all a matter of balance and compromise. Some developments will enhance an area while some will detract, but the debate is interesting. The Lake District is well frequented by many of our readers so if it is of interest, please have a read.

Landscape charity Friends of the Lake District today announced that it will continue to oppose plans for a major visitor attraction at Elterwater Quarry, despite the changes the developer has made to the proposal. Plans for the 'cavern explorer' rope course and zip wires were re-submitted immediately before Christmas, after the initial proposal was rejected by the planning committee.

Quarry owners Burlington Slate Ltd are working with Zip World, who operate 23

zipwire courses across the UK, to develop the adventure attraction. There has been widespread opposition to the plan, including from ICOMOS (the International Council on Monuments and Sites), who are concerned that the proposal will damage aspects of the Lake District which underpin its status as a World Heritage Site. They've previously said the development is "...of a type that would transform the quarry or part of it into a theme park and would trivialise the experience of an important aspect of the Lake District's heritage".

90,000 people signed a petition against the pre-application proposal, which also included a 'cavern coaster'. The proposal was refused by the planning committee largely due to the inadequacy of the travel plan (which describes how visitors are intended to get to the attraction). Friends of the Lake District's position is that there is no justification for the adventure attraction, and that the new version of the proposal will still result in significant extra traffic through the already highly congested village of Elterwater.



With another zipwire proposal also re-emerging at Honister slate mine, these applications raise further questions about what sort of visitor attractions are appropriate for the Lake District. Friends of the Lake District says many of its members feel that 'theme park' type plans are exploiting the area, rather than enhancing it or complementing its special qualities.

It's thought that the revised Elterwater application will be considered at planning committee in March at the earliest. Friends of the Lake District says there's growing local anger at the proposal and they're urging people to submit their own response as soon as possible, using a special web page the charity has created. They're also planning an event in the area ahead of the committee meeting.

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Allithwaite School



We started the term with a bang by putting on a spectacular production of Shrek. Under the direction of Mrs. Paton, the show was a tremendous success.

Many parents have commented on the high professional standard of the production and the laughter it brought to the audience. It was a delight to see such talent and creativity flourishing amongst our children.

The Snowy Owls children have been fully immersed in the fascinating world of space. They have shown great enthusiasm in exploring various aspects of this topic and have already discovered numerous interesting facts. Additionally, they have thoroughly enjoyed the

recent snowy weather and conducted a range of science experiments in the snow and it was a delight to see their curiosity and hands-on approach to learning.

Tawnys are delving into the magical world of "Where the wild things are" and have been engaged in a range of activities that has brought the story to life. The children are expanding their imagination and creative thinking through this beloved tale.

The Barn Owls have embarked on a captivating journey back in time to the era of the Romans. Their immersion in the rich history and culture of this time period has been commendable.

Our talented Eagle Owls have been thoroughly enjoying their STEM (Science,

Technology, Engineering, and Mathematics) sessions. They have been actively involved in hands-on experiments and critical thinking exercises, honing their scientific skills and knowledge. Additionally, they have begun their gymnastics sessions with the Barn Owls in preparation for the upcoming cluster competitions. It is fantastic to see them energised and motivated for both physical and mental challenges.

Acorn Montessori

The weather this month has provided many opportunities for discussion and spontaneous planning and new songs.

It was a shame that the rain washed away the beautiful snow so quickly!

The children have been learning about shapes. During the week we focused on circles, the children looked at various ways to use circles to create 2D artwork in the form of caterpillars and teddy bears. This theme extended to Maths as some of the younger children did number recognition of 1-5 using number circles to make a caterpillar's body.

Simple outdoor activities further reinforced how circles can be used for play. The



children followed an obstacle course, which incorporated jumping inside circles that led to a circular maze to find the treasure! The children also did circle tracing using stones while others did some colour recognition games using hula hoops. A fun time was had by all.

Cartmel CE Primary

We have all settled back into school after the Christmas period well, despite the bugs and wild weather!

Our love of sport and exercise has taken off to a strong start as we are dancing and performing with Miss Jayne from Rigney Bank. Our keen runners attended the South Lakes Cross Country trials at Casterton Sedbergh Prep and ran amazingly. 3 of our girls were in the top 16 and are ready to race at the upcoming districts in Penrith. We wish you all the best of luck! Alongside this we are still loving our weekly sessions with Mr Blair, this half term's focus is hockey, and have started preparing for the upcoming cluster Key Steps Gymnastics competition. Class 1 are undeniably enjoying their focus text for this half term "The Adventures of Eggbox Dragon" by the author of Watership Down, Richard Adams. Some impressive designs were created, made and evaluated as the children worked in a group to conjure up their



creations. They have since flew off and are currently on an adventure of their own...

Class 2 have taken on the role of health advisors, creating healthy meal plans for some of their favourite famous athletes in science and have been hands on in DT making some non-edible examples, for now!

Class 3 have been enjoying some more dance, with Robbie from the Dance Platform. Children have also been improving their speaking and listening through their 'Big Speak' as they shared who inspires them and why.

If you are interested in more about our school and what it's like to be part of the family here at Cartmel, please contact us and we would be delighted to show you around/ tell you more.

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Cartmel Priory

We have had a busy start to the year at Cartmel Priory School!

GCSE Drama students paid a visit to the Lowry Theatre in Manchester to watch *Life of Pi*, as part of their drama curriculum. The students thoroughly enjoyed the performance and gained an insight into a professional production.

A group of Year 11 students attended the Florence Nightingale Day hosted by University of Lancaster. The event showcased the varied career paths available to young women. The students enjoyed presentations by postgraduate students from various maths-related fields.

Alpendorf is the ski resort of choice this year. A mixture of

beginners and intermediate skiers from Years 8 & 9 have taken to the slopes this month. A stop at Salzburg on the first day and then the remaining days were filled with skiing, followed by swimming and quizzes in the evenings. Check out our social media to see all the pictures and videos.

Matilda arrives at CPS on the 7th & 8th February. With a cast of over 50 students, this is show not to be missed! There will be 'revolting children' dancing in the aisles and some of the best performances to grace our stage. We have a limited number of tickets left. Please contact school for details on how to book, as tickets are only available by pre-booking.

Flookburgh School

A belated Happy New Year to all! As usual, the Spring term has got off to a flying start!

As part of our work as the Lead Cluster School for Computing and STEM (Science, Technology, Engineering and Mathematics) we hosted a really fun professional development workshop for local schools and beyond to support staff training in the use of Micro:bits – they have all sorts of programmable applications such as, working out what time the dawn chorus begins to becoming a gaming controller! Our children and staff are really excited about the applications across our whole curriculum.

Our younger children have been learning all about 'People Who Help Us' and have had a wonderful time thinking about and dressing up as, superheroes but, not quite as you would recognise! The children were thinking about who in our community helps us and does heroic deeds every day – we can't wait for our visit from the Fire Service – real-life super heroes!

We've also enjoyed putting our Lego to good use too –



designing and constructing all kinds of fabulous structures!

'JAM' Club has begun this term with the support of Andrea Mason; the children are focusing on Epiphany; listening to stories and making arts and crafts.

We've also had a very successful Open Afternoon in our Nursery; it was lovely to see so many 2 and 3-year olds investigating the space and provision; having fun with parents and families getting involve too.

To find out more about what the 'Flookburgh Spirit' is all about, visit our website: www.flookburgh.cumbria.sch.uk, or Facebook pages: Flookburgh C of E Primary School; The Burrow

Grange School



A bright and crisp start to the term has made us all feel energised after a rather wet autumn term.

The youngest children in our nursery have been wrapped up and outdoors enjoying the sunshine and the snow in our large grounds. The outdoor area provides a place to play with their friends and to explore. Early writing or mark making using large chalks is one thing the nursery children love to do, but recently they have learnt how to use our special felt-tipped

pens and to mark make with paper on a clipboard. Lots of conversation and concentration as they share their ideas. The snow brought an opportunity to investigate how and why water changes. The nursery children loved finding their 'tuff spot' tray filled with ice cubes and icebergs with hidden animals inside them. They watched and waited to see what would happen during the morning. Their love or learning and those wow moments are truly magical!

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Property Talk

With

Craig Turner
Property Department Manager
and Valuer



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Negotiating a changing market

When you've got to get an important job done you need to make sure that the right person is handling things for you. Your boiler breaks and you call the plumber, your beloved pet has an accident and you visit the vet, you want the best price for your property and you contact a local agent with skilled negotiators.

Negotiating a property sale is a skilled art form and one that has become an integral part of the process again. As the sellers' market has passed, we have returned to a more level playing field with regard to property sales with the need for a skilled and knowledgeable negotiator is paramount. Gone are the days when you can list a property one day and be choosing between several asking prices and better offers the day after.

It's no wonder we are seeing the retreat of the online estate agent as more expert, local knowledge is needed to guide clients' sales and help buyers find the right home.

As buyers return to the market in the New Year, buoyed by lower and more competitive mortgage rates, we are seeing sales levels increasing already. But to achieve an acceptable sale on your property you need a team that has exceptional knowledge of both the local property market and the processes involved.

With years of experience within our sales teams we are proud to be agreeing sales at an average of 97-98% of asking prices. Negotiation is a large part of the property market so why wouldn't you want an expert with a proven track record to be representing you when agreeing a sale on your home?

As the year moves on the market is just getting busier and if you are looking at selling your home, or finding one, come and speak to us at Poole Townsend where our negotiators would be happy to help you.


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Lindale CE Primary School



Happy New Year to everyone from all of us at Lindale Primary.

We have had a fantastic start to the new Spring term. We are having a focus on energising our bodies (to help recover from the festive break), with a variety of after-school clubs available, our amazing PE lessons in school and also Forest Schools.

We have an after-school club almost every day. On Mondays we have Rugby Tots with specialist coach, Edward Vittery. On Wednesdays we have KS1 gymnastics with Miss Barker, On Thursdays we have KS2 gymnastics with Mrs Watson and on Fridays it's Judo with Tracy. In our PE lessons we have a focus on gymnastics and for our outdoor PE we are developing our hockey skills.

Our Year 3 and 4 children are enjoying working with Lucy Everett in preparation for Dance Platform. Great

dance moves, great costumes and great music are all in the pipeline.

Year 5 and 6 have had the first of 3 Forest School sessions at Hay Bridge (near Bouth) with John from Furness Outdoor Learning. The day was cold but bright. We explored the woods, played games, made friendship bracelets, set up dens with tarps and hammocks and had a campfire with the all-important smores. However, the favourite part of the day was definitely damn building in the beck and testing the resilience of our waterproofs and wellies. We can't wait to go back for our next session. The rest of school will be taking part in Forest School later in the term.

We have lots more to look forward to before we reach half term: Crazy Hair Day, Number Day (raising funds for the NSPCC) and a Valentines Disco organised by FOLS (Friends of Lindale School).



An update from 1st Grange and Cartmel Scouts



It's been a busy few months! I've just completed the census and we now have 111 Scouts across the Dray, Colonies, Packs and Troop. With all this growth I'm proud to say we'll be reopening Wednesday Scouts in the coming weeks / months.

We will be running Scouts on Mondays and Wednesdays (19:30 - 21:00), Cubs on Tuesday and Thursday (18:30 - 20:00), Beavers Monday and Wednesday (18:00 - 19:15) and Squirrels on Tuesdays (16:30 = 17:30)

With a few more Scouts getting older I can see us needing to re-open Artemis our explorer section for the ages 14-18.

This year we took the decision to not parade the Scouts in Grange for Remembrance instead went to hike out to the site of a downed WW2 bomber to pay our respects to the crew of the Halifax LL505. Unfortunately the ice was too much for us so we hiked out to Elterwater and held our remembrance there. It was a very special moment of reflection in a fabulous place. Apologies to anyone who missed us being there.

At Xmas our youngest sections the Squirrels (4-6) and Beavers (6-8) made the decorations for our tree at St Pauls, the church looked amazing with the 30 or so Xmas trees inside. If you've

never been, don't miss it next year!

Recently the Beavers have been focussing on their experiments badges, with tests on foods, vehicles and all sorts. All manner of glorious fizzing messy mayhem.

Thanks to Neil at CAMHTS who took the Scouts on a guided tour of the Coniston Coppermines with lots of history and some fabulously gruesome stories as well

With all this growth comes a need for a few more volunteers, I need someone to help with Hut Bookings, a fundraising manager and of course the frontline Scout leaders and Helpers.

We have a full training program, all we need from you is the time to come down and play! Many hands make light work. Don't imagine we just need wild outdoors types, we also need floor sweepers, games masters, crafters, wildlife experts and organisers. Each of our sections runs as a little community, so its not an every week need just when you can (be warned its an awful lot of fun..)

Lastly I'd like to thank our local groups and businesses that have supported us over the last few months, we've had donations from Xmas in Cartmel, the Coop and epic events.

GSL Nick - 07813112652



Precept for 2024-25 Agreed

Modest increase in budget for Town Council

At the Council's meeting on Monday 8 January, Grange Town Councillors voted to approve the budget and associated precept demand for 2024-25.

The precept demand goes to the billing authority, which then collects the tax for the Town Council.

Our billing authority has been South Lakeland District Council (SLDC), this changed to Westmorland and Furness Council (WFC) on 1 April 2023.

The precept is converted into amounts for each different Council Tax band which is added onto residents' Council Tax bills, along with charges levied on behalf of the Westmorland and Furness Council, the Police and Crime Commissioner for Cumbria Police and the Cumbria Fire and Rescue Authority.

A precept of £235,114 has been agreed for Grange Town Council, which represents an increase of £21,374 compared to last year. This amount comes to the Town Council.

For Grange residents, there is also a charge from Westmorland and Furness Unitary Council for street lighting, which is added to the Town Council's section of the bill. This doesn't come to the Town Council. Westmorland and Furness Council retain it.

The Town Council's budget includes services such as running the Victoria Hall, the three blocks of public lavatories, Christmas lights, the Recreation Ground on the Prom, two allotment sites, the War Memorial with surrounds and the Lengthsman's services taking care of the town.

Grange Town Council is unusual in continuing to provide three blocks of public lavatories. Most local authorities now run no public loos at all. Maintenance and running costs are anticipated to rise this year. Councillors have tried to keep increases as low as possible for a number of years but eventually the rising cost of pretty much everything catches up with even councils in the end.

The Town Council offers grants to community groups via the Bay Villa Trust, a fund totally independent of the Council Tax precept.

At the end of the next financial year, the Town Council will lose the Council Tax Grant from Westmorland and Furness Unitary Council, a sum of £7,850, which has been paid to Grange historically by SLDC and more recently, WFC, in addition to the precept, to help maintain the town. This forthcoming loss has been taken into account in setting the precept figure, with a view to providing something of a cushion to ease the pain later.

Although fuel costs eased earlier in this financial year, of late they have started to rise again, with no real prospect of returning to previous levels. Another factor to be taken into account.

Despite the slight increase in its precept demand, the Chairman of the Council, Councillor Roger Handley says "GTC is well aware of the financial stresses on households in the current climate but, as usual, is faced with the difficult balancing act between keeping the Town running as usual and keeping the precept to a minimum. I do hope we are achieving that goal".

If you require any further information on the Town Council budget, please contact the Town Clerk at townclerk@grangeoversands.net

St. Paul's, Grange

Happy New Year to all, and as we move into 2024 let's pray for peace throughout the world.

Christmas, as always, was a lovely time in church with the Christingle on Christmas Eve attracting 180 grown ups and little ones. Our 10th Christmas Tree Festival was a great success with over 740 visitors, we raised £1575 for a 'cuddle bed' for St Mary's Hospice and Bay Search and Rescue. We also raised £500 for WaterAid from our alternative Christmas card and £461 for the Children's Society from the Christingle service and the primary school.

On Friday 5th January we had a final celebration of Christmas with a programme of readings and music put together by Audrey Gorman and Charles Edmondson with the Sine Nomine Singers. It was a delightful festival of music, lovely singing and a wonderful collection of readings. Thank you so much Audrey and Charles. The Rt Rev'd Rob Saner-Haigh, Bishop of Penrith and acting Bishop of Carlisle will be presiding over our Patronal Festival on 28th January. He and his wife will join us for the parish lunch afterwards. Lastly, we are very happy to announce that the Reverend David Wilmot has been appointed as Team Vicar of the Benefice of Cartmel Peninsular Team Ministry, with special responsibility for Grange Over Sands and Field Broughton with Lindale. We look forward to welcoming David and his family to Grange.

St. Charles Borromeo

Greetings to all Grange Now readers.

The month of January got off to a slow start, as we progressed through the Christmas season. On the 6th we celebrated the feast of Epiphany when the three wise men, or Magi, or kings if you prefer, finally reached the crib, having made their way from the rear of the church to the front by slow, weekly stages throughout the season of Advent. Then, on the 18th, the week of prayer for Christian Unity began, with St. Charles' church taking their turn to provide the daily service on the Friday of the first week. Our members also attended other churches throughout the week in Grange itself, and also in Flookburgh and Allithwaite. It is good to join with our Christian neighbours. Otherwise, a quiet month. When we get to February of course, we have the beginning of the season of Lent, which this year begins early.

Ash Wednesday is on the 14th of February, which, being a fast and abstinence day may somewhat hamper Valentine's celebrations, but there is always the Tuesday to celebrate instead, when traditionally all the yummy things we intend to give up during Lent are consumed. From then, we look forward to Easter of course. Look out for the QR codes in the town, placed by Churches Together, which will give you a chance to see and hear the Easter Story played out in drama form. Best wishes to you all. I hope your Christmas was a happy one.

Cartmel Priory

The new year began with a 'catch up' from 2023. Our 9.30 Family Service is in addition to our usual services and is held on the first Sunday of the month.



Sadly, what should have been our family Christingle on 3rd December proved to be the weekend of snow and the service was postponed until January. On this occasion, the weather was in our favour, and our Christingles helped everyone celebrate the Feast of the Epiphany and the arrival of the Wise Men at the crib. In addition, we were able to applaud one of our young members on gaining 200 stars

for his attendance at, and participation in, our Family Services. Several children have gained 100 stars, but Henry is the first to reach this high total of 200. In discussion with Henry and his parents, it was agreed that he should be rewarded with a laptop to support him in his final year at Cartmel Primary School and as he continues into Y7 and beyond. The rewards given to the children are supported by a local charity to whom we are very grateful.

Our first community lunch of 2024, preceded by a Book of Common Prayer communion service, was very well attended. If you would like to join us, the service is held at mid-day on the first Thursday of the month. Details can be found on the website – you will be made very welcome. Meanwhile, we look ahead to Shrove Tuesday – and Pancakes in the Priory. Check our website, book in and come along!

St Peter's Church

St Peter's Church Field Broughton is delighted that a Vicar has been appointed to minister to Grange and Field Broughton with Lindale parishes.

The Revd David Wilmot, at present Rector of Grasmere and Vicar of Rydal and Chaplain to Rydal Hall, is formally appointed as Team Vicar of the Benefice of Cartmel Peninsula Team Ministry, with special responsibility for the parishes of Grange over Sands and Field Broughton with Lindale. We prayed for David and his family as they prepare to move to the Vicarage in Grange. St Peter's raised £857 in total for charities over Christmas (Village Carol singing sessions, Christingle and Christmas services) and Remembrance.

What's happening in the next month or two?

11 February Valentine's Sunday Agape service (9.30am) to celebrate the love in our lives – Bidy Hibbert. 14 February Ash Wednesday service (7pm) - Reverend Annette Miller. 17 March World Day of Prayer service (2pm) - Cartmel Peninsula Churches Together. 10 March Mothering Sunday service (9.30am) with distribution of flowers – Reverend George Wilson. 17 March Service with baptism – Reverend George Wilson. 23 March Parish Walk – beginning at Heft (9.30am) to Broughton Bank – everyone! This year, at the end of June we celebrate 130 years of St Peter's church building consecration, with a weekend of musical and other events: watch this space! Experience the risks of community!



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Grange Methodist Church

At the beginning of January, our Church family party was enjoyed by around 40 people of all ages. We played a variety of games in teams around our tables before enjoying a bring and share buffet tea, enhanced by tasty chips from across the road.

It's very handy having Fish over Chips so close by! Our next social gathering is the Ceilidh flagged up last month. Come to the church hall from 6:30 to 9:00 p.m. on Friday, February 9th to enjoy foot-tapping live music from the Sands Band. All who are able will be encouraged to join in the dancing by our caller, Dave Rogers; watching others attempting the moves can also be quite entertaining! This is also our next fundraising venture; there are no tickets and no need to say if you're coming, but donations are invited towards our "Open for Community" building redevelopment project. There will be a break for light refreshments.

At our morning service on February 11th, we look forward to welcoming Arthur in baptism. Arthur and his mum are regulars at our Baby group on Tuesday mornings. Some former regulars are now going to nursery or child minders as mums go back to work after maternity leave, so Arthur could do with a few new playmates. All mums, dads and carers are welcome to come with their babies to the church hall from 9:30 for a relaxed morning with friendly chatter, toys for the little ones and a brew made for you. No set charge, though donations are welcome.

February brings the start of Lent, with Shrove Tuesday (pancake day) on February 13th. The Methodist Lent theme this year is "Unbounded Love". Keep your eye on our notice board!

We also look forward to hosting the Repair Café from 6-8 p.m. on Friday, February 5th.

Cartmel Peninsula Churches Together

Lent Lunches: During Lent each year, the churches take it in turn to host a simple lunch, usually soup and bread, from 12:00 till 1:00 each Friday, followed by a short devotional time at 1:00.

The first two host churches are St Paul's, Grange on February 23rd and St Mary's, Allithwaite on March 1st.

Stillness & Song

Grange Methodist Church
Sunday 4th February
6-7pm

Quiet, reflection and song
in the style of the Taizé community
Music led by local musicians



All proceeds are given to charities which help those most in need in the developing world.

For more details about any of these events, contact the chair of Cartmel Peninsula Churches Together, Rev David Edmondson (015395 36213).

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St Mary's Church

Allithwaite

A busy but convivial start to the New Year.

On the coldest day of the year so far, 25 people arrived at St Mary's for the January community lunch. The lunch was hot jacket potatoes with a choice of filling, homemade cakes and hot drinks. This is warm spaces, free community event to which everyone is welcome. The next lunch will be held on Wednesday 21st February from 12.00 – 1.30pm.

Following on from our fun December singing day, the new community singing group also met in the church on the 17th January. The group is being led by Julia Carroll every Wednesday evening from 7.00 – 8.30pm. Again, everyone is welcome. There is no charge for either event. Before this is printed St Mary's and St John's will have said farewell and thank you to Rev Jane Maycock who has been working with us while we waited to appoint a new incumbent. We look forward to welcoming to the Rev Mark Houston to our parishes in early March.



News from the URC

Christmas may seem rather a distant memory, but, as promised, news of our celebrations, especially our new Community Carol Service.

We were delighted to see so many of you from the local community enjoying the carols in our church and wish to thank everyone who contributed to the evening, the Bay singers with their accompanist, Ray, our cornetist, Mikey, our minister, Lis together with our readers, Neville, David & team who put up the lanterns, and the ladies in the kitchen who provided welcome cuppas to wet our throats after all the singing. If I've missed anyone, apologies. We all enjoyed singing the traditional carols. It was a lovely time away from the commercialisation of Christmas and we hope you all enjoyed it so much you will join us again next year on Thursday 19th December 2024 and bring your friends. However, we did take time to think about the serious side of life and our collection for St Mary's Hospice and Alzheimer's research raised £400 which was wonderful! Many thanks to all. On Thursday, 15th February at 6.30pm, we are holding a short presentation ceremony in the hall when representatives of both organisations are coming to tell us about their work and receive the donations, so we would love to see you then – the appeals are always open as this work is continuous and it is good to understand what is being done by these organisations.

Now we settle down to our usual activities. Morning coffee will once more be served on the first Tuesday of each month 10am -12, and the Women's Guild will be meeting on the 1st & 3rd Wednesday of February at 2.30pm.

Do remember we have services at 10.30am on Sunday in the church and Thursday in the hall. Everybody welcome.



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MOTHERS & OTHERS

At our first meeting in January we welcomed Dorothy from Dorothy's Teas at the Hazlemere who gave us a fascinating talk about everything there was to know about Tea-its history, types, and methods of production as well as a tasting session. At the time of writing we are now anticipating being together for our annual New Year Dinner at the Cumbria Grand Hotel. We are looking forward to our next meeting, on February 6th, which will be a talk by former M.P. Hazel Blears entitled 'A Life in Politics-Just keep going', and then on February 27th local author Hazel Smith will be telling us about her novel 'Mr Martin & Mrs Middleton make music'; we are sure that the speakers on both evenings on two very different subjects will be very interesting.

As usual, both meetings will be held in the Father Magner room behind St Charles' Catholic church on Kents Bank road, will begin at 7.30 p.m. and will be followed by a warm drink, biscuits and a chance for a chat with each other and the speakers. Ladies of all ages are very welcome, and if you would like more details about our group please contact Ann on 015395 33856 or Mavis on 01539533850.

GRANGE-OVER-SANDS CIVIC SOCIETY

Grange-over-Sands Civic Society has two forthcoming events: our AGM is at 7pm on Monday 19th February at the URC Hall. On Thursday 21st March at 7pm in the Victoria Hall, Nick Thorne is talking about his collection of postcards of Grange. Ticket details will be in next month's Grange Now! We are all saddened to learn of the death of Pauline Turner, a valued Civic Society member and until recently Prom Gardeners' leader, and we send our condolences to her family and friends. Membership subs were due by 1st January, so if you haven't renewed your membership, please do so! membsecgoscivicsoc@gmail.com

CARTMEL ART SOCIETY

The New Year began with many of our members coming together for the first meeting of the year. A workshop in Agricultural drawing and painting, led by fellow member Kev Bell, was a huge success. Included, was a quiz, the answers all being linked to aspects of architecture; plus, Kev surprised us yet again, with a folk song with architectural connections, inviting us to join in with the chorus to his guitar accompaniment.

The meeting was followed on

the 24th with a workshop led by popular local artist Caren Threlfall. She demonstrated her expertise in Silk Painting techniques, developing skills that some members had been able to gain in a previous workshop.

The session on 14th February is led by Gwen Bellamy, featuring Still Life drawing in any medium. Members are welcome to bring their own subject matter, but Gwen will bring various items with we will produce 10 minute sketches. The aim is to develop skills in observation without getting too detailed.

The second meeting of February is a full day workshop with returning artist, Ben McLeod, working in charcoal. Members are requested to contact Rita Denby, either by email on ritadenby45@gmail.com or call her on 07587 705842, to book their place.

GRANGE CANCER SUPPORT GROUP

We have had our first relaxation session with Marianne. It was really good, and we enjoyed it enough to ask Marianne to come again next month.

We simply sat at the table, heads down on cushions and soft blankets and listened to Marianne's lovely soft voice. I don't think anyone went to

sleep but anyway, why not? It was lovely and relaxing. Just what you need, especially when you are feeling tense, or a bit off colour.

Poetry: For those who don't already know, once a month we have a poetry session, where members bring along a poem, or poems, that they like. It could be a saying, or something out of the paper. These are read to the group. It contributes to a very pleasant afternoon. Of course, anyone can just sit and listen if they don't want to read out loud.

We can offer you support and friendship at any stage of your illness. It is good to have someone to talk to. If you are caring for someone with cancer or if you are bereaved, we can support you.

We meet every Friday 2pm to 4pm in the Father Magner room, St. Charles Catholic Church, Kents Bank Road, Grange. for more information please phone Marie on Grange 33279

GRANGE FORUM

We started the New Year with a musical session entitled "my life in Music" by Hilary Wade which was well received by everyone. Unfortunately the talk on the 16th was cancelled due to bad weather. In February the Grange Forum 75th Anniversary lunch will be held at the Cumbria Grand which will include a short concert by the Bay Singers. The lunch will be followed by Presentations by Bibby's of Ingleton on February 13th, Cuthbert the Bad and the Lancashire Witches on the 20th by Colin Penny and the story of the Berlin Wall by Malcolm Kimber will take place on the 27th. More information and membership queries please contact the secretary on 33696. The Forum are organising a theatre outing on October 3rd to see An Officer and a Gentleman, the musical, at the Winter Gardens, Blackpool. Please contact 33696 to book tickets.

GRANGE FELL GOLF CLUB

As we start the new year why not come and join us for 2024 and enjoy a decent fell walk

with fantastic views. All whilst enjoying a round of golf with as friendly a group of people you could hope to meet. Full Annual Membership costs just £430. Under 30 members £270. If you want to try it before you buy it give our Taster membership a try at just £95 for 3 months.

The Grange Fell GC annual

general meeting (AGM) will take place at 6pm on Sunday 18th February.

LINDALE BOWLING ASSOCIATION

With the new bowling season not far away our Green Team have been carrying out pre season maintenance work along with a Specialist Contractor. We hope that these improvements will provide us with a good playing surface for our social enjoyment and for our league matches.

Our Enrolment day will be Saturday 16 March commencing at 10.30am followed by the Chairman's Roll out at 12.00 noon to officially open the green for the season. Weather permitting social bowling will take place following this. Tea/Coffee and cake will be provided. We offer Social or Full membership and new members, beginners, experienced or anything in between will be very welcome. If anyone wishes to have a try out we have club bowls available.

Prior to Enrolment we are having a Pie and Peas Supper followed by a Talk/Slideshow in Lindale Village Hall on Wednesday 21 February commencing at 7.00pm. The topic is Gorilla Trekking in Uganda by Ken Taylor. Cost to be £5.00 per head. Payment to be made at the door. Please bring your own drinks. It is open to non members and this would be an ideal opportunity for anyone considering joining the Club to come along and meet us. To book please phone 015395 33065 and speak to Ian/Di or email ianmsisson@gmail.com.

To all our current and new members we wish you a Happy Bowling Season.

GRANGE LECTURE SOCIETY

Grange Lecture Society began the 2024 half of the 'Ten Talks' on Tuesday the 9th of January with former BBC TV and Radio sports commentator Peter Slater. Peter replaced our original speaker Prof Kay Schiller who had to cancel after our programme was printed.

Peter has had, and continues to have, a much travelled life even though he has retired from national broadcasting, and in his retirement he's written a book on his experiences: Do you Know Who I am? 45 years being ignored by the rich and famous. Our seventh Talk will be by Richard Kay, entitled 'A History of the Musicals-West End to Broadway' and

will be over by the time you are reading this report! After Richard Kay we have, on the 6th February, Judith Holder: 'Older and Wider - a celebration of being over 50'. And then, on the 20th of February we have David Edwards, who talked to us last year about Pompeii. David will have a much different but highly topical subject: 'Our Energy Future.'

The Lecture Society continues to attract quite a few visitors to each talk which contributes considerably to the financial success of the organisation. As always, it is an interesting hour of entertainment with surprising information dispensed by our speakers, don't let a chilly night keep you at home! Please come along and enjoy! If you have a particular speaker who you believe could entertain us all for an hour, please get in touch with any of the committee. For contact details see our website www.grangelecturesociety.co.uk, or drop a note in to the office at the Victoria Hall.

GRANGE GARDEN SOCIETY

Happy New Year to all gardeners - on a beautiful crisp, bitterly cold day but preferable to the weather we are to expect this coming weekend!

The Society's 2023 finished with a Christmas lunch at The Thornleigh Hotel, which was thoroughly enjoyed by us all. Our first meeting of 2024 will be on Friday February 16th at 2.0 pm, when Steve Halliwell will present "From Victoria to Ventnor" - a talk about two contrasting gardens on the Isle of Wight.

We meet in the URC Church Hall on Kents Bank Rd - the 2.0 pm talk will be followed by refreshments. We look forward to welcoming existing and new members.

CARTMEL AND DISTRICT FLOWER CLUB

Our first meeting of the year is on Monday 19th February at Cartmel Village Hall the demonstrator is our own fabulous Joan Bentley with "Spring into Summer". and don't forget the increased membership and flower arranger magazine is due this month. So please come along for flowers and refreshments and enjoy a lovely afternoon. For more information contact Isobel 015395 33136.

GRANGE SOROPTIMISTS

The Soroptimists enjoyed taking part in the St Paul's Christmas Tree Exhibition and interpreted the theme "The Beauty of the Earth" by making baubles highlighting

the contribution of women, who over the ages have worked to preserve the world's beauty. We were pleased to include honorary member Sarah Neill, marine biologist who works to preserve life in our oceans.

Members enjoyed the January Club meeting with a fun and thought provoking activity exploring famous characters and quotes and also a chance to look more closely at the information in the baubles from our Christmas Tree featuring inspirational women.

The Club are starting to plan events to celebrate the Platinum anniversary of the chartering of the Grange Soroptimist Club in October 1954.

Members who work in the Sensory garden are delighted that as a result of our Grange Now appeal for additional gardeners several extra people are now on the gardening team. Thank you Grange Now!

Anyone interested in joining the club or getting further information on our work please see our website www.sigbi.org/grange-over-sands/

LOWER HOLKER VILLAGE HALL

200 Club winners are : 1st £40
21 Helen Rhodes, 2nd £25
12 Suzanne Alison, 3rd £15
164 Stuart Croft, 4th £10
135 Stephen Whinfield
Christmas Quiz raised £150.65.
Friday 22nd March is Jazz in the Village. Doors open 7.30 pm, starts 8.00 pm to 10.00 pm. Tickets £12.00 from the Cabin in Cark, from Rhona on r.barton5353@gmail.com, or on the night. Bring own drinks etc. Saturday 30th March (Easter Saturday) Craft Fair from 10.00 am to 3.00 pm. Tables £12.00 from Rhona as above. Thursday 4th April Quiz, doors open 7.00 pm for 7.30 start. Up to 4 in a team at £1.00 per team member. Hot supper £3.00. Cash prize £30.00. Tai Chi, Yoga, Dancing, Aerial Hoops, Indoor Tennis are available. Thursday is Badminton/Table Tennis day. Badminton 9.00am to 2.00pm and from 3.30 pm to 9.00pm. Table tennis from 9.00am to 9.00pm. Cost is £1.00 per player for the booking. Bowling Green closed. Sewing Machine Classes every Friday morning 10-12pm. £15.00 per session, bring your own machine. Contact Natasha on Natasha27@outlook.com or 07901751197. Please follow us on Facebook at [lowerholkervillagehall](https://www.facebook.com/lowerholkervillagehall) for all our latest news. Website is lhvh.co.uk. The Hall number is 015395 58304.

GRANGE AND DISTRICT PHOTOGRAPHY SOCIETY

5th February Lee Kitchingman presents is photography on the Falkland Islands; their wildlife, scenery and history.

19th February Malcolm Kimber confesses to his Trainspotter alter ego.

His presentation goes through his journey from youthful transporting to a mature interest and involvement in railways.

Meetings are held in the Methodist Church Hall, Kents Bank Road in Grange at 2pm.

Admission is £4 including tea/ coffee and biscuits.

PEAT

PEAT is working with Cumbria Action for Sustainability (CAFS) to roll out a Solar Made Easy event across the peninsula. It's very exciting and exceeded our expectations because it involves taking aerial photographs of properties (solar mapping) to see which properties, both homes and small businesses, are suitable for having solar panels installed. To begin with, CAFS had said that due to the cost of this, they would only do Grange itself, but we asked if they would consider extending this to the other larger settlements, since PEAT would be promoting it and we represent all of the peninsula, not just Grange. We were absolutely delighted when they agreed to include Cark, Flookburgh, Cartmel, Allithwaite, Lindale and High Newton! We are planning to hold a public meeting at the Victoria Hall in mid March where people can come and find out if their properties are suitable for UV panels. They can get lots of information about solar power and be introduced to installers who have a proven good track record and can give them quotations. Obviously, having gone to all the trouble and expense of the solar mapping, we'd like to make sure that plenty of people hear about the event. As it will be of local interest, would we be able to have an article about it in the March edition of GN? It would really help as Grange Now has such good coverage of the peninsula and we know people read it. Please let me know your thoughts about this.

THE SHED

It's a New Year and a new image for the Shed - we now have a website. It's still fairly basic but will be work in progress. Please help us by letting us know how to improve it and what you would like to see on the site. There is a direct email link on

the site to allow you to make contact.

It is getting near to the bird nesting season and time to get your new bird boxes. We are even making some cat shelter boxes for cats living wild in the woods behind the Netherwood Hotel!

Don't forget the Repair Café on 2nd February. Or bring things down to us when we are working which is on any Monday, Wednesday or Friday morning at Back Yewbarrow Terrace, between about 10.00 and 13.00. Keep an eye on our Facebook page, message us via the website or phone 07909 911728

GRANGE PROBUS CLUB

The Club's members and guests enjoyed a very informative talk by Chris Kirk on "Learn More About Mobile Phones". Chris gave a step-by-step presentation on the features and capabilities of modern smartphones and included clear instructions and advice on how to get the maximum benefits from these powerful and versatile tools. His talk concluded with a valuable question and answer session and some one-to-one practical advice to individuals afterwards. The club's next meeting will be on Monday, February 12th at 10.30am at the Netherwood Hotel when Vic Light's talk will be on "the Yellow Metal". It seems likely that Grange Probus Club will have to discontinue its programme of monthly lectures due the lack of any volunteer to act as Lecture Secretary and a decision will have to be made at March's AGM about whether the club will be able to continue, and in what format. Further information is available from the Secretary, Dr Neil Martin at neilandval1@gmail.com or 07985 375511.

CARTMEL PENINSULA LOCAL HISTORY SOCIETY

CPLHS's first meeting for 2024 will be on Thursday, February 1st at 7.30pm in the village hall when Ewen Cameron will give a talk on Cartmel Priory - its development and Curiosities. Entry is free for members and £3 for visitors. The following meeting will be on Thursday, March 2nd when Ian Hodgkinson will talk about the Plague in Cumbria. Further information on CPLHS, membership and activities can be found at [Cartmel Peninsula Local History Society](https://www.cartmelpeninsula.org.uk) | Bringing Local History to the Community (wordpress.com) or from Stuart Harling on 015395 36296.

What's On at The Vic

REGULAR EVENTS

James Reeder Dance Classes - Weds from 7pm.
Contact: james@reedersdance.co.uk

Various U3A groups - All welcome. Contact U3A:
015395 35358

Wild Soul Yoga - Contact: hello@mywildsoul.co.uk

Parliamo Italiano - Improvers: Tuesdays 7pm.
Beginners: Thursdays, 7pm. Contact: caroline_hakkinen@mac.com

NEW - U3A Pickleball - Wednesdays 10.30am
-12.30pm, contact U3A: 015395 35358

Creative Photography - Alternate Thurs 7pm. Contact:
seppo_hakkinen@icloud.com

CADAS Peer Support Group - Thurs mornings.
Contact: richardc@cadass.co.uk for more info.

INDIVIDUAL EVENTS

01/02 Thu - Home Instead -
Companionship Café: 1.30pm -
3pm Tel: 01539 267220

03/02 Sat - The Telling - Into the
Melting Pot, Medieval play. www.
thetelling.co.uk/events/itmp-grange

05/02 Mon - VHSG Bingo - Doors
7pm, Eyes down 7.30pm. £1 entry,
£5 per Bingo card. Cash Prizes.

06/02 Tue - Grange Lecture Soc.
Judith Holder: Older and Wider.
Doors: 7pm for 7.15 pm: www.
grangelecturesociety.co.uk

09/02 Fri - Friday Night Dancers
- Ballroom & Latin Social: 7.30pm
Contact: fnd.south.lakes@gmail.com

11/02 Sun - Cinema at The Vic:
The Great Escaper. Doors: 6.30pm
for 7pm start - VHSG

12/02 Mon - Grange over Sands
Town Council Meeting, with 'Have
Your Say!' 7pm

17/02 Sat - Paradox Orchestra -
50 years of Pink Floyd - Classical
concert. Doors: 7pm for 7.30pm
start

20/02 Tue - Grange Lecture
Soc: Our Energy Future - David
Edwards. Doors: 7pm for 7.15pm
start

23/02 Fri - NT LIVE: Vanya -
starring Andrew Scott. Doors:
6.30pm for 7pm start - £12 - VHSG



The Great Escaper (12A) Sunday 11th February 7pm (doors 6.30pm)

In the summer of 2014
- the 70th Anniversary
of the D-Day Landings -
octogenarian Bernie Jordan
(Michael Caine) made global
headlines. He'd staged a
"great escape" from his
care home to join fellow
war veterans on a beach in
Normandy, commemorating
their fallen comrades. It was
a story that captured the
imagination of the world -
Bernie seemed to embody
the defiant, "can-do" spirit
of a generation that was
fast disappearing. Bernie's
adventure, spanning a mere
48 hours, also marked the
culmination of his 60-year



marriage to Irene (Glenda
Jackson) - the story
celebrates their love without
sentimentality and with an
eye to the lessons we can
all learn from the Greatest
Generation. 'Michael Caine
and Glenda Jackson are
remarkable as a D-Day
veteran and his wife in
a charming tale' – The
Guardian Rating: 12 Runtime:
2 hours (including 20 minute
interval). Bar, snacks, ice
cream, interval burgers and
bacon buns to order, tea and
cake. Advance tickets from
www.ticketsource.co.uk/vhsg
Credit/debit cards, Apple Pay
and Google Pay accepted on
the door.
Adults: £6.50
Children £4.50

National Theatre Live

at the Vic



Vanya (15) Friday 23rd February 7pm (doors 6.30pm)

The Victoria Hall Support
Group is delighted to
announce that our next NT
Live screening at the Victoria
Hall will be Vanya (15)
starring Andrew Scott.
Andrew Scott (Fleabag)
brings multiple characters to
life in Simon Stephens' radical
new version of Chekhov's
Uncle Vanya. Hopes,

dreams, and regrets are
thrust into sharp focus in this
one-man adaptation which
explores the complexities of
human emotions.
'Andrew Scott is mesmerising'
– The Telegraph
Filmed live during its sold-out
run in London's West End.
Rating: 15 (strong language).
Runtime: 2 hours 20 minutes
(including 20 minute interval).
National Theatre Live brings
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Friends of Grange Library

**This month we are celebrating
Celebrations at our next Reading
Friends meeting on Thursday
February 8th at 2.30 p.m.**

These meetings are open to anyone
who would like good company and
enjoy a friendly discussion on whatever
subject has been chosen that month.
In the case of Celebrations, I am
sure Birthday parties, Weddings and
Anniversaries will be at the forefront, but
we may also chat about Street Parties
marking Royal occasions, traditional
events local to the area you grew up in
or celebrations after passing your driving
test or school exam. So come along
and share your thoughts and memories

of those special days. We may not have
champagne, but tea and coffee are
provided!

Later in the month on Thursday February
22nd from 2.00 p.m. we are holding our
monthly Cake and Games afternoon. We
have some new games for you to try out
including Articulate, Codenames, and
Sequence alongside the old favourites
of Rummikubs, Tri-ominos and Boggle.
We may even get out Pass the Bomb! If
you enjoy board games but don't have
anyone to play them with, then come
along to the Library for an afternoon of
tasty cakes, friendly competition and
good company!

What's On

Thursdays 1, 8, 15, 22, 29

Grange Wellbeing Walks from the pay-and-display car park behind the Commodore Pub at the Memorial Park end at 11am. Contact Ewen Cameron on 07929 833528 for information.

Thursday 1st February

Cartmel Peninsula Local History Society will meet in Cartmel Village Hall for Ewen Cameron's talk on Cartmel Priory. Entry for visitors is £3.

Thursdays 1, 8, 22, 29

Newton-in-Cartmel Village Hall. Gentle Yoga. 9.30am

Friday 2nd February

Cartmel Peninsula Repair Café in Grange Methodist Church Hall from 6-8 pm

Saturday 3rd February

Churches Together Men's Breakfast at 8:30, Methodist Church Hall. Share a simple breakfast, fellowship and prayer together.

Friday 2 February

Newton-in-Cartmel Village Hall. 7pm. LEARNING TO FLY by James Rowland. £15 inc. HOT SUPPER. Booking: wendyandmike26@btinternet.com

Fridays 2, 9, 23

Newton-in-Cartmel Village Hall. Gentle Yoga. 10 am

Sunday February 4th:

Taizé-style worship at 6:00 p.m. at Grange Methodist Church, led by local musicians

Sundays 4, 11, 18, 25

Newton-in-Cartmel Village Hall. 3 - 5pm. Winter Table Tennis. £1 incl tea/coffee. All welcome. Contact admin@ncvh.org.uk.

Mondays 5, 12, 19, 26

The Lighthouse Community Mental Health Hub. Grange Drop-In for over 18s - Community Foodshare, Main Street. Are you struggling with your mental health and wellbeing? Join us for a chat and a brew between 1:30 pm and 4:00 pm. Contact The Lighthouse on 07307 618914 for information.

Tuesdays 6, 13, 20, 27

Cartmel Wellbeing Walks from Cartmel Racecourse grandstand entrance at 11am.

Contact Ewen Cameron on 07929 833528 for information.

Tuesdays 6, 13, 20, 27

Baby group for parents, carers and their little ones at Grange Methodist Church Hall from 9:30 a.m. Contact Hazel Edmondson on 015395 36213 for information.

Tuesday 6th February

Mothers & Others-'A Life in Politics-Just keep going'-a talk by former M.P. Hazel Blears-7.30 p.m. in the Father Wagner room behind St Charles' catholic church on Kents Bank Road.

Tues 6, 13, 20, 27

Circle Dancing. No partner or dance experience needed. Gentle to moderate pace. Variety of music from around the world. Allithwaite Community Centre 2.15-4.15. All welcome

Wednesdays 7, 14, 21, 28

Community Coffee morning in Grange Methodist Church Hall from 10:30 to 12 noon.

Wednesdays 7, 21,28

Newton-in-Cartmel Village Hall. Gentle Yoga. 7pm.

Friday 9th February:

Ceilidh with live band and caller from 6:30 – 9:00 p.m. in Grange Methodist Church Hall.

Friday 9th February-

Grange Natural History Society The Galapagos Islands by Dr Audrey Brown 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Saturday February 10th

Kents Bank Station Library: Saturday February 10th: open 11.00 to 4.00pm. Feel free to browse the collection, borrow up to three books or pick up a bargain from our railway book sale. Details ring 07795 008691

Monday 12th February

Grange Probus Club will meet at 10.30 for 11am at the Netherwood Hotel for Vic Light's talk about "the Yellow Metal". Entry for guests £7.

Wednesday February 14th

Kents Bank Station Library: at 14.00: illustrated talk by historian Martin Bairstow on 'Railways in the Lake District'. Free but pre-booking essential, ring 07795 008691.

Sunday 18th February

Art Heart Space, Exploring Creativity with spirituality. Come and enjoy being creative, drawing, painting or just doodling with time for reflection around our chosen theme. 2.30-4.30 pm. Allithwaite Community Center. For info contact Jenny on 015395 35979.

Friday 23rd February

Grange Natural History Society – Lake District Tees, Woods and Forests by Andrew Weatherall 7.30 pm, United Reformed Church Hall, Kent's Bank Road. Non-members welcome £3.00 per head

Tuesday 27th February-

Mothers & Others-'Mr Martin and Mrs Middleton make music'-a talk by local author Hazel Smith- 7.30 p.m. in the Father Wagner room behind St Charles' catholic church on Kents Bank Road.

Age UK Grange Gentle Exercise Class

Stay active and healthy with simple, chair-based exercises aimed at improving your mobility & fitness at our Gentle Exercise Class for the over 50's which meets every Tuesday afternoon at the United Reformed Church, Kents Bank Road, Grange from 2.00pm – 3.00pm. There is a voluntary donation of £2.50 per session . There's no need to book a place or call ahead - simply come along to a class!

Age UK Grange Lunch Club

Our lunch club meets at Grange Golf Club on the 4th Thursday of the month for a two course lunch at 12 noon. The cost per person is £13. If you want to enjoy a catch up with friends and a freshly cooked meal contact our Admin team on 01539 728118 to book your place.

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From the Library

Competition winner: We were delighted by the number of entries for both the 2023 Book Challenge and the Christmas Reindeer Trail. Winner of Book Challenge is Annie Southward and Mila Thickett won the children's Reindeer Treasure Trail. Congratulations both!

New phone number: our phone number is to change from 31 January 2024, so make a note of the new number - 01539 713154.

Grange Library "Booket List"2024 is up and running for the rest of the year. Don't forget to collect your new form. Following on from January's "Book about a real person", February is themed around "A classic Read" with a display of suitable titles to give you a head start.

Weekly storytime is back during school term time. Come along with your toddlers for stories, rhymes and fun on Thursdays 10.15-10.45.

Book groups: There are a couple of spaces in some of the book groups meeting in the library. Please ask library staff for further details.

Last year we enjoyed hosting many and varied exhibitions, ranging through textiles, watercolours, photographs and mixed media. We already have bookings in the diary for this year and there are slots available for anyone wishing to rustle up a display or small exhibition. These bring great pleasure to library customers and staff and feedback from those who exhibit, some of whom have done so for the first time ever, is positive.

Mindful Colouring resources are out on Saturday mornings – ask if you would like them at other times. Computers are available for free use, also printing and photocopying facilities at a small cost. You can access your emails, research online and browse the internet. We're here for advice on accessing online resources to the extent of our own knowledge.

Further information contact Grange library: **NEW TELEPHONE NUMBER 01539 713154**

Opening: Mon–Fri: 10am–5pm, Sat: 10am–1pm

OBITUARY



Farewell to a Village Character

Residents of Cartmel village and the local area said a sad farewell, at a funeral in the Priory Church, to Frances Jarvis, an ex-resident who had died at the age of 96. Known as Violet in her earlier years, she had been born in Egypt in 1927 and grew up there before and during the War, and spent much of her life living and working in other exotic countries before settling in Cartmel in the early 1990s.

She attended school in Egypt and returned to England after the war to train as a radiographer. After 3 years in Kent, she moved and worked overseas for almost 40 years. These places included Malaya, Kuwait (where she took up desert rallying and met Peter Jarvis who she married in 1962), the Seychelles, (where she set

up a photography business and was national Girl Guide Commissioner), and Libya. She and Peter settled in Cartmel in the early 1990s. Though well past retirement age, Frances started a salad sprout business in Cartmel, threw herself into many local clubs and activities. She supported Cartmel Priory working several hours a week in the shop, helped with fundraising for the Brook Animal charity at Cartmel races and local fairs, and provided respite for local carers by sitting with their housebound relatives to allow them to get out for a break. Into her nineties, Frances was a common sight (and astounded visitors) travelling around the village on her Segway. She remained fiercely independent but circumstances eventually forced her to move in 2022 to live with her daughter in Buckinghamshire, where she died peacefully last December. She had requested that her funeral be held in the Priory so that she could be buried in Cartmel graveyard, alongside Peter who had died in 1997.

SITUATIONS VACANT

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Knowledge of Local Government organisation, governance and risk management is preferred.

The Clerk will be home-based and the salary is based on 4 hrs per week at £14.50 per hour.

Contact the current Parish Clerk for application details and job description via email clerk@haverthwaitepc.co.uk

If you would like more information on what we do, please visit our website www.haverthwaitepc.co.uk

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Dear Editor,

My husband and I wish to express our most grateful thanks to the four kind people who came to our aid when we fell, both together, on Kents Bank road last Friday the 29th December. Their reassurances and help in returning us to our home were indeed most thankfully received, as were those of the two policewomen and the ministrations of the ambulance men who took us to Furness General for a check~up.

As usual. We cannot thank enough our kind and sportive neighbour who was, and always is, on hand when we needed her to help us, in any way she can.

In the extremely busy A&E hospital department there was time to observe the pleasant kindness and efficiency of the reception team, of the nursing staff and of the Doctor who discharged us from the immaculate consultancy cubicle.

Thank you everyone.

Anne Gooddie

Dear Editor,

Thank you to the kind person who placed keys in a safe place after finding them in the road on Abbots Way during Christmas Eve afternoon.

S.James

Dear Editor,

On the morning of Jan 20th walking along our beautiful promenade I pass by the shelter just under the signal box and find the following. There are more than enough bins along the prom so why oh why? If such things continue we will surely lose these historic landmarks like many things our country has lost due to the selfish minority. Do you know where or what your loved ones are doing out at night?



Name and address supplied

OBITUARY

Ann Patricia JAMES (nee Breeze) formerly of Meadowbank Lane, Grange over Sands, beloved widow of George, died peacefully, aged 90, surrounded by her family on 27th December 2023 at Beckenham Park Care Home. Ann's funeral took place on Friday 26 January at Dalton Woodland Burial Ground. Donations in her memory welcome to North West Air Ambulance at nwairambulance.org.uk.

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Alix Jagger, appointments in Grange and online. BACP member. 07818 896 170. www.alixjaggercounselling.co.uk

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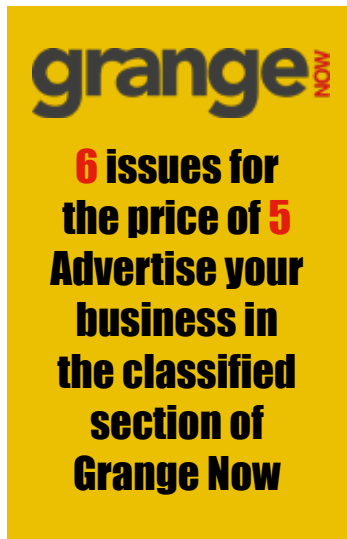
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